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The Struggle for Your Mind: Conscious Evolution and the Battle to Control How We Think

By Kingsley L. Dennis

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, The Struggle for Your Mind: Conscious Evolution and the Battle to Control How We Think, Kingsley L. Dennis, Within society there exists a silent war. The battlefield is our everyday lives: our education, our work, our leisure, our emotional and spiritual well-being, and our thinking and perceptions. Our very sense of "reality" is deliberately engineered to work against conscious evolution and preserve social norms. In short, we are all part of a war of consciousness. And the opportunity is at hand for us to win. Assessing the ways modern societies limit consciousness and keep humanity obedient and distracted from their inner lives, Kingsley Dennis presents an eye-opening investigation of the way our minds have been programmed to preserve incumbent power structures and their rules. He exposes the tactics employed for thousands of years by the elite to control our minds, including misinformation and propaganda, debt systems, consumerism, religious doctrine, scientific authority, economic "uncertainties," fear of terrorist attacks and armageddon, distraction through entertainment and technology, as well as the false belief that we are separate from Nature and the Divine. Despite these obstacles, humanity is awakening to culture's imposed limits...



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