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Dating After Trauma How to find the love of your life after experiencing an abusive relationship, rape, or sexual abuse

By Emily Avagliano

Bad Kitty Print Shoppe. Paperback. Book Condition: New. Paperback. 140 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. Dating After Trauma teaches readers how to date again after being raped or experiencing an abusive relationship. Dating after rape, date rape, or an abusive relationship presents unique challenges as most survivors experience Post Traumatic Stress Disorder (PTSD) which alters their perception of the world and makes it more difficult to develop relationships, build trust and experience intimacy. It takes tremendous courage to date after suffering an abusive relationship or sexual trauma. It can be even more difficult to be open to love from a good person without experiencing fear. However, once you know what to look for in terms of roadblocks, the path to love becomes much easier. In Dating after Trauma Emily Avagliano discusses the common obstacles abuse victims have when trying to find love. Her story is based on her own personal struggle to overcome past trauma and find her soulmate. Through this insight, she provides a methodology for dating that builds trust and intimacy in a safe and healthy way. She can help you let go of your fear and date in a manner that love becomes possible. For rape...



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