



Borderline Personality Disorder in Adolescents: What to Do When Your Teen Has BPD: A Complete Guide for Families (2nd Revised edition)

By Blaise A. Aguirre

Fair Winds Press. Paperback. Book Condition: new. BRAND NEW, Borderline Personality Disorder in Adolescents: What to Do When Your Teen Has BPD: A Complete Guide for Families (2nd Revised edition), Blaise A. Aguirre, This second edition of Borderline Personality Disorder in Adolescents offers parents, caregivers, and adolescents themselves a complete understanding of this complex and tough-to-treat disorder. It is a comprehensive guide which thoroughly explains what BPD is and what a patient's treatment options are, including an overview of the revolutionary new treatment called dialectic behavior therapy. Author Blaise A. Aguirre, M.D., one of the foremost experts in the field, describes recent advances in treatments and brings into focus what we do and don't know about this condition. Revised and updated from the previous edition, readers will learn all about the scientific development of BPD; treatment options (e.g., medication and therapy); myths and misunderstandings; tips and strategies for parents; the prognosis for BPD; and practical techniques for effective communication with those who have BPD. They will also hear from BPD adolescents and parents who have learned how to make the best of the cards they have been dealt. Praise for the previous edition: "Families and their children with BPD will...



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