



## Sport Psychiatry: Theory and Practice (Hardback)

By -

WW Norton Co, United States, 1999. Hardback. Book Condition: New. 242 x 163 mm. Language: English . Brand New Book. For mental health professionals, sports medicine specialists, physicians, coaches, and other sports enthusiasts, Sport Psychiatry: Theory and Practice provides a comprehensive framework for understanding the psychological challenges and pitfalls of being an athlete. From Little League to the Olympics, it tracks the lives of athletes: their biopsychosocial development, family issues, drug use and abuse, mental disorders, performance issues, and treatment for these problems. These essays unfold basic ideas about the athlete's mind, body, and social roles. In the telling, they reveal the psychological process of becoming an athlete, the complex interactions of endocrine systems during training and competition, and the perils for the psyche of an athletic career. Such perils include some of the fundamental clinical phenomena of sport psychiatry: the variety of mental illnesses among athletes, the abuse of drugs (including performance-enhancing ones), the problems endemic to youth sports, and the common difficulties encountered by athletes in training and competition, such as choking and slump. In response to these challenges, Sport Psychiatry: Theory and Practice explains how the basic evaluation and treatment modalities of psychiatry, including psychotherapy, pharmacotherapy,...



**READ ONLINE**  
[ 7.4 MB ]

### Reviews

*I just began looking over this pdf. It is one of the most amazing pdf i have study. I discovered this book from my dad and i recommended this pdf to understand.*

-- **Merritt Kilback II**

*Good e book and useful one. I have got read and that i am confident that i will likely to go through once more again later on. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Angela Blick**

## See Also



### [The Thinking Moms Revolution: Autism Beyond the Spectrum: Inspiring True Stories from Parents Fighting to Rescue Their Children \(Hardback\)](#)

Skyhorse Publishing, United States, 2013. Hardback. Book Condition: New. 231 x 157 mm. Language: English . Brand New Book. The Thinking Moms Revolution (TMR) is a group of twentythree moms (and one awesome dad) from Montana to Malaysia who all have children...



### [Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .](#)

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



### [Weebies Family Halloween Night English Language: English Language British Full Colour](#)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and Junior Children how to read with this...



### [The Thinking Moms' Revolution: Autism Beyond the Spectrum: Inspiring True Stories from Parents Fighting to Rescue Their Children](#)

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, The Thinking Moms' Revolution: Autism Beyond the Spectrum: Inspiring True Stories from Parents Fighting to Rescue Their Children, Helen Conroy, Lisa Joyce Goes, Robert W. Sears, "The most amazing, inspiring, ball busting, loving bloggers...



### [Art appreciation \(travel services and hotel management professional services and management expertise secondary vocational education teaching materials supporting national planning book\)\(Chinese Edition\)](#)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pages Number: 146 Publisher: Higher Education Pub. Date :2009-07-01 version 2. This book is a secondary vocational education and management of...



### [Tales from Little Ness - Book One: Book 1](#)

Lulu.com, United Kingdom, 2015. Paperback. Book Condition: New. 210 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Two of a series of short Bedtime Stories for 3 to 5 year olds, of a family of three hedgehogs,...