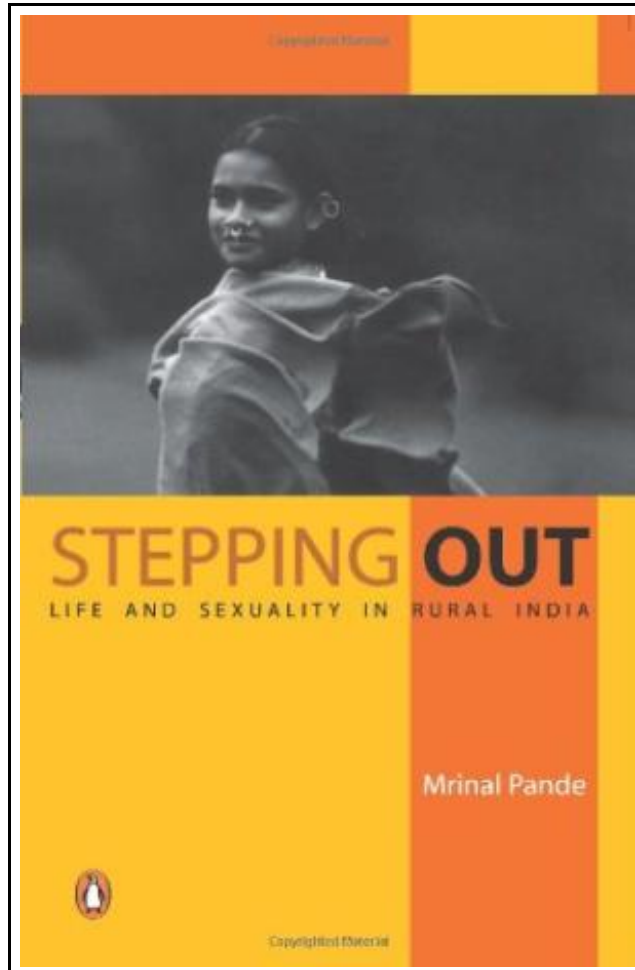


## Stepping Out: Life and Sexuality in Rural India



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### ***Reviews***

*It is a single of the best book. This is for those who state there had not been a well worth reading through. Once you begin to read the book, it is extremely difficult to leave it before concluding.*  
*(Dr. Barney Robel Jr.)*

## STEPPING OUT: LIFE AND SEXUALITY IN RURAL INDIA



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Penguin, New Delhi, India, 2003. Paperback. Book Condition: New. Dust Jacket Condition: New. First Edition. Consider the following: Eleven out of twelve abortions in India are illegal. The 2001 Census showed a decline in the number of females per thousand males in the most literate and prosperous states, especially in the 0-5 age group. The private sector has more doctors and fewer beds than government hospitals, thereby emphasizing outpatient care. And while Indian traditions sanctify fertility and motherhood, government policies and health care services are focused on controlling fertility. These are some of the paradoxes of Indias health care system Mrinal Pande encountered when she set out on her journey across several states to put together information on the health of Indian women. She soon realized it could not be a mere documentation of the history of reproductive health in India and the state of Indias public health care system. Through listening to womens perspectives on their bodies when they came for treatment and conversations with dedicated health workers, she gained an insight into larger realities. The result is a patchwork quilt of narratives about womens liveshow they are affected by their environment, their perspectives on male and female sexuality, the mystery of pregnancy, the joy of birth, the fear of infertility, the pain of backroom abortions and the often bleak world of adolescent girls. Mrinal Pande also discusses important issues like the population policies followed by the government over half a century and the consequences of a welfare state abdicating its obligation to provide basic health care for all in its pursuit of globalization and market economics. Through it all she reveals enormous faith in the role of non-governmental organizations in providing better health care servicesthe dedicated doctors and attendants who are making a difference, helping women step out...



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