

The **CTRL** Model

Perspective

Assessment

Introduction

This report is your mirror to mindset maturity which helps you to orientate, not rank yourself.

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Date:

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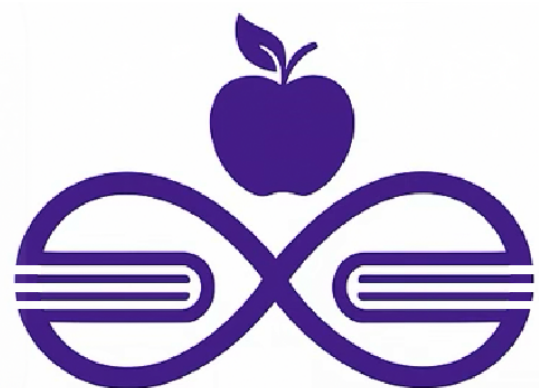




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Your Results: Overview

Your current State is...

Concealed

- Holds back until safe
- Reads the room first
- Keeps doubts private
- Hard to read at times

Triggered

- Reacts quickly to cues
- Speaks plainly in the moment
- Shows emotions openly
- Risks overreacting

Regulated

- Balances feelings and fairness
- Seeks feedback openly
- Steady under pressure
- Sometimes too understated

Lead

- Reads unspoken dynamics
- Adjusts before issues escalate
- Creates safety for others
- Guides with calm authority

Representing the character...





The **CTRL** Model *Perspective* Assessment for

Frequency Overview

Your chart looks like this...

How this shows up is...





Sequence Overview

What the way you responded to each situation means...

Your Notes:



The **CTRL** Model *Perspective* Assessment for

Theme

Your Notes:





The **CTRL** Model *Perspective* Assessment for

Working with / for others



The **CTRL** Model *Perspective* Assessment for

Tips

Potential Next Actions

How will you make these a reality?

Notes:



Legal

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