

# The **CTRL** Model

## **Perspective**

## Assessment

### **Introduction**

This report is your mirror to mindset maturity which helps you to orientate, not rank yourself.

**Name:**

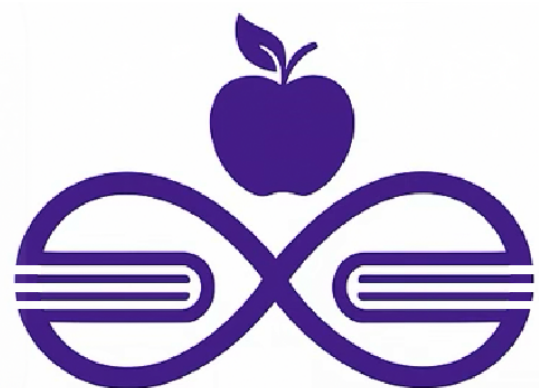
**Date:**

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## Your Results: Overview

Your current State is...

### Concealed

- Holds back until safe
- Reads the room first
- Keeps doubts private
- Hard to read at times

### Triggered

- Reacts quickly to cues
- Speaks plainly in the moment
- Shows emotions openly
- Risks overreacting

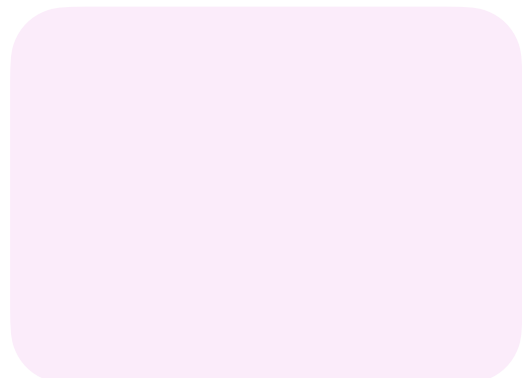
### Regulated

- Balances feelings and fairness
- Seeks feedback openly
- Steady under pressure
- Sometimes too understated

### Lead

- Reads unspoken dynamics
- Adjusts before issues escalate
- Creates safety for others
- Guides with calm authority

Representing the character...





The **CTRL** Model *Perspective* Assessment for

## Frequency Overview

Your chart looks like this...

How this shows up is...



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## Sequence Overview

What the way you responded to each situation means...

Your Notes:



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# Theme

Your Notes:





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## Working with / for others



## Tips

## Potential Next Actions

How will you make these a reality?

Notes:





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