



# The **CTRL** Model Proof of Concept

## Profile

### Introduction

This profile is your mirror to mindset maturity which helps you to orientate, not rank yourself.

This profile belongs to:

Note that whilst I do recommend to share this profile, please do so within a psychologically safe / trusted environment.

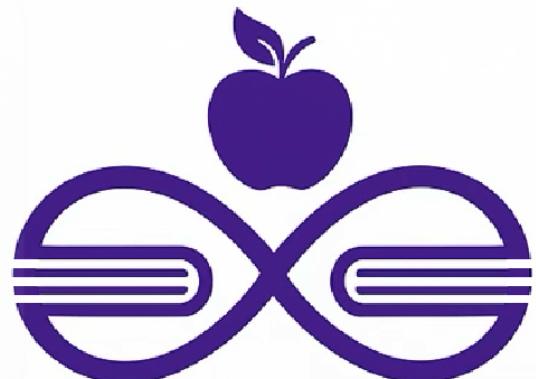
Date of completion:

#### **Contact details:**

For questions about this report, requests regarding your data, or permissions, please contact:

Email: [info@tnlearner.com](mailto:info@tnlearner.com)

LinkedIn: [www.linkedin.com/in/theneverendinglearner](https://www.linkedin.com/in/theneverendinglearner)





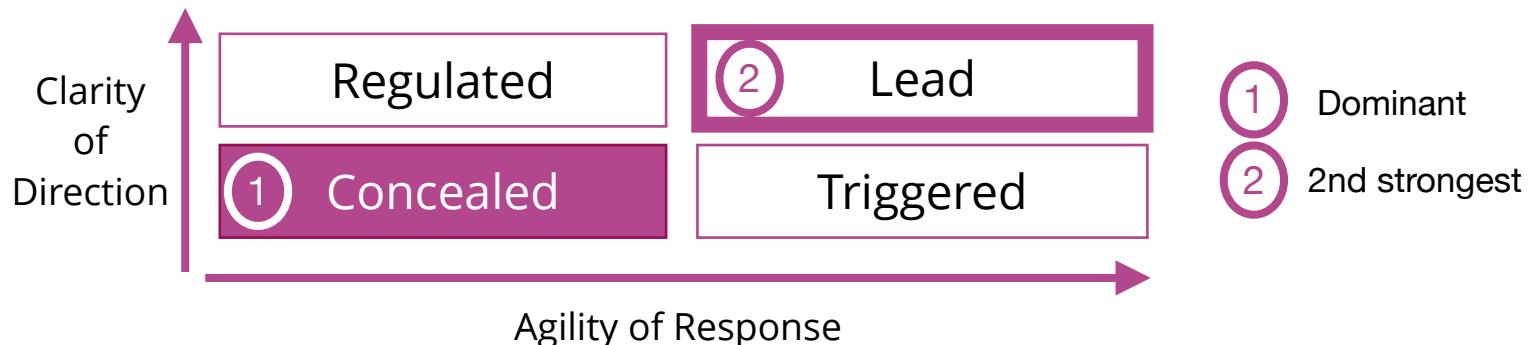
# Table of Contents

- 1.....Cover Page**
- 2.....Table of Contents**
- 3.....Executive Summary**
- 4.....CTRL Deep-dive**
- 5.....Frequency overview (your chart)**
- 6.....Sequence analysis**
- 7.....Theme analysis**
- 8.....Collaboration insights**
- 9.....Actions**
- 10.....Legal notices**



The **CTRL** Model PoC Profile for

# Your Results: Executive Overview





The **CTRL** Model PoC Profile for

# CTRL Deep-dive



The **CTRL** Model PoC Profile for

# Frequency Overview



The **CTRL** Model PoC Profile for

# Sequence Overview



The **CTRL** Model PoC Profile for

## The Role of Themes

Self-awareness doesn't happen in isolation. It always appears in context.

The CTRL level shows how clearly you see yourself. The theme shows which mirror you were looking into.





The **CTRL** Model PoC Profile for

# Interactions with Others

How you relate to others often depends on both your own awareness level and theirs. By understanding how someone typically reacts you can improve relationships.

Here's what to look out for when others show behaviours associated with...

*Concealed*

*Triggered*

*Regulated*

*Lead*



The **CTRL** Model PoC Profile for

## Actions

From here, it is less about changing who you are and more about making small, intentional shifts in how you show up in everyday moments, be it in meetings, in conversations, and especially when things feel pressured or emotional.

It can be easy for all of this to feel overwhelming. Typically when there are too many things to act on, *nothing gets acted on!* The ideas below are not targets or fixes, but simple invitations to notice what is happening and try slightly different responses, in ways that fit naturally into your day.



# Legal

## Copyright

© 2025 Toby Newman / The Never-Ending Learner. All rights reserved.

This document and its contents, including but not limited to text, design, charts, and methodology, are protected under copyright law. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the copyright owner, except in the case of brief quotations used in reviews, educational settings, or permitted under applicable copyright law.

All trademarks, service marks, and logos appearing in this document are the property of their respective owners.

## Disclaimer

This assessment is intended for personal development and self-reflection only. It is designed as a reflective tool to support learning and growth. It is not a psychological test, diagnostic instrument, or substitute for professional advice. The insights provided are interpretive in nature and should be considered as guidance for reflection rather than definitive conclusions.

## GDPR & Data Protection

We are committed to protecting your personal data and ensuring compliance with the General Data Protection Regulation (GDPR).

- Data collected during the assessment is limited to what is necessary for generating this report.
- Your personal data (such as name or responses) will not be shared with third parties without your explicit consent.
- Data is processed securely and retained only for as long as necessary to fulfil the purposes outlined.
- You have the right to request access to, rectification of, or deletion of your data at any time.

By participating in this assessment, you acknowledge and consent to the processing of your data in accordance with these principles.

## Limitation of Liability

The creators of this assessment accept no liability for actions taken or decisions made based on the contents of this report. Responsibility for personal or professional outcomes rests with the participant. While every effort has been made to ensure accuracy, completeness, and reliability of the information provided, no warranties, express or implied, are given.