

From Chemistry to Ecology: Codes and Predation Emerge from Coherence Constraints in Protocell Networks

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Abstract

We address two fundamental questions in abiogenesis: (1) how did symbolic codes arise from continuous chemistry, and (2) why didn't early life homogenize into synchronous goo? We propose that both answers follow from coherence constraints. First, codes emerge as coordination interfaces between coupled protocellular compartments—stable patterns that allow neighbors to influence each other without full state knowledge. Substrate competition (lateral inhibition) drives winner-take-most dynamics that make continuous outputs reliably distinguishable. We validate this mechanism through two independent approaches: direct simulation of coupled compartments (98% decoding accuracy) and Lewis signaling games where codes emerge from coordination pressure alone without external supervision. Second, coherence is metabolically expensive and scales superlinearly with group size, creating an inherent ceiling on coordination that generates predator-prey dynamics without specialized machinery. We connect our results to genetic code structure through basin analysis (degeneracy correlates with robustness, $r = 0.80 \pm 0.08$, $n = 20$) and p-adic number theory, validating Khrennikov's formalism while identifying what our model cannot explain (the concentration of degeneracy at the wobble position). We propose that ecological dynamics may predate biological complexity, arising from physics before genetic encoding.

Keywords: origin of life; genetic code; protocells; coordination; predator-prey dynamics; Lewis signaling; basin structure

1 Introduction

1.1 The Code Emergence Problem

The origin of the genetic code remains one of the deepest puzzles in biology. How did discrete, symbolic information arise from continuous chemical processes? Standard accounts assume

that codes require encoders, messages, and decoders—but this raises a circularity problem: how can encoding machinery exist before the code that specifies it?

Decades of experimental work have demonstrated prebiotic synthesis of nucleotides [2, 3] and self-assembly of protocell compartments [1, 4, 34]. These are major achievements in *chemistry*. But they do not address the *coding* problem: why does UUU encode phenylalanine rather than any other amino acid? The assignment problem—the mapping from codons to amino acids—remains unexplained. Stereochemical theories [17] propose direct chemical affinity; frozen accident theories [18] propose historical contingency. Neither provides a *mechanism* for how discrete codes emerge from continuous chemistry.

Theoretical frameworks have addressed the dynamics of prebiotic organization without solving the code emergence problem directly. Kauffman’s autocatalytic sets [31] and the related RAF theory [36] show how self-sustaining reaction networks can emerge, but do not explain the transition from continuous chemistry to discrete symbols. Eigen’s hypercycle model [32] addresses cooperation among replicators but assumes the existence of coded molecules. Maturana and Varela’s autopoiesis [33] characterizes self-maintaining organization but does not specify the mechanism of symbolic emergence. Metabolism-first approaches [35] emphasize thermodynamic disequilibrium as the driver of organization, which we incorporate, but do not address how continuous metabolic gradients become discrete codes.

We propose a different framing: **codes could have originated not for intracellular replication but for intercellular coordination.** The standard narrative assumes molecular machinery first, cooperation later:

$$\textit{chemistry} \rightarrow \textit{molecules} \rightarrow \textit{replication} \rightarrow \textit{cells} \rightarrow \textit{ecology} \rightarrow \textit{cooperation}$$

Recent work on autocatalytic chemical ecosystems [5, 7] has established the conceptual possibility of ecological dynamics prior to bounded cells. We go further, proposing both an inversion of the standard sequence and the mechanisms that drive it:

$$\textit{compartments} \rightarrow \textit{coordination pressure} \rightarrow \textit{ecological differentiation} \rightarrow \textit{codes} \rightarrow \textit{genetic internalization}$$

Our contribution is a specific mechanism: **substrate competition** via cooperative binding (Hill kinetics, $h > 1$) produces discrete output attractors from continuous input gradients. We validate this mechanism through two independent approaches and connect our results to the structure of the actual genetic code.

1.2 The Homogenization Problem

A second puzzle immediately follows: if coherent, coordinated dynamics can arise spontaneously, why doesn’t everything simply synchronize into one homogeneous blob? What prevents the entropy-minimizing outcome of global coherence?

We propose that the answer is **metabolic**: coherence is expensive, and the cost scales superlinearly with group size [11]. This creates an inherent ceiling on coherent aggregates, which in turn creates ecological differentiation—and predator-prey dynamics—without any specialized predation machinery.

1.3 Paper Structure

This paper presents results in four parts:

- **Part I** (Sections 2–4): Codes emerge from coordination equilibria via substrate competition
- **Part II** (Section 5): Independent validation via Lewis signaling games
- **Part III** (Section 6): Connection to genetic code structure via basin analysis
- **Part IV** (Sections 7–8): Metabolic ceilings generate predator-prey dynamics

Extended mathematical foundations are developed in companion preprints [13, 15]; this paper is self-contained.

2 Theoretical Framework: Codes as Coordination

2.1 Codes Are Coordination Equilibria

Consider a network of weakly coupled protocells:

- Each protocell has high-dimensional internal dynamics (many coupled molecular species)
- Neighbors communicate through multiple channels: bioelectric, chemical, mechanical, redox [12]
- These signals are naturally discretized by threshold physics
- Selection favors configurations where neighbors reliably respond to each other’s boundary states

The resulting “code” is not a transmitted message. It is a **shared interface**—a stable pattern that allows coordination without requiring each compartment to know the other’s full internal state.

2.2 The Group-First Hypothesis

A lone protocell faces brutal tradeoffs: too open and it mixes with environment; too closed and it stagnates; too complex and it collapses. A **network of weakly coupled compartments** relaxes these constraints. Spatial heterogeneity becomes memory. Weak coupling enables coordination without collapse. Selection operates at the group level.

We hypothesize that early life was more likely a coupled compartment network than isolated protocells [1, 4, 10].

2.3 Coherence Is Not Information

A critical distinction underlies this framework: **coherence** (high-dimensional phase order, coordination capacity) is not the same as **information** (discrete symbols that can be copied and decoded). Coherence enables coordination; information emerges when coherent dynamics collapse into reproducible invariants.

The bridge: *codes form when coherence collapses into reproducible invariants.*

3 Code Emergence Model

3.1 Architecture

We implement a minimal coupled-compartment system based on prebiotic amphiphile vesicles [8]:

- 61 vesicles in hexagonal array
- 128 internal dimensions per vesicle (high-dimensional reservoir)
- 30 readout channels with substrate competition
- Weak neighbor coupling via boundary signals

Biological interpretation. This architecture maps onto a prebiotic ecosystem containing all three major components: vesicles provide compartmentalization, the 128 internal dimensions represent peptide catalyst concentrations and conformational states, and the readout channels represent peptide-nucleotide binding sites competing for shared nucleotide substrate pools. The Hill kinetics of substrate competition (Eq. 1) directly models cooperative peptide-substrate binding. In this interpretation, the “codes” that emerge are proto-metabolic phenotypes—stable patterns of peptide activity that differentiate vesicle populations before any template-directed replication exists.

3.2 The Discretization Mechanism

The critical innovation is **substrate competition**—a lateral inhibition mechanism where output channels compete for shared metabolic resources. Consider M output channels drawing from a common substrate pool of concentration S . Each channel j has raw activation a_j determined by the vesicle’s internal state. The competitive output is:

$$\phi_j = \frac{a_j^h}{\sum_k a_k^h + \epsilon} \quad (1)$$

where $h > 1$ is the Hill coefficient controlling winner-take-most sharpness, and ϵ prevents division by zero.

This is the quasi-steady-state solution to competitive binding kinetics. The denominator arises from mass conservation: when channel A consumes substrate, channel B cannot

have it. This forces winner-take-most dynamics that discretize continuous states without programmed thresholds.

The mechanism is prebiotically plausible. Substrate competition occurs naturally whenever multiple reactions draw from a shared pool—a universal feature of metabolism. The Hill exponent h emerges from cooperative binding. We use $h = 4$ as a baseline; discretization is robust across $h \in [2, 8]$.

Key property: The discretization is *emergent*, not imposed. No external logic specifies which channel should win. The physics of competition creates digital outputs from analog inputs—precisely the transition required for symbolic codes to arise from continuous chemistry.

Code Definition (Operational)

Code signal: Each temporal cycle produces a 60-dimensional vector $\mathbf{c}_t = [\phi_{\text{center}}; \phi_{\text{edge}}]$ (30 center + 30 edge readout channels). The full 4-cycle codeword is the 240-dimensional concatenation $\mathbf{C} = [\mathbf{c}_1; \mathbf{c}_2; \mathbf{c}_3; \mathbf{c}_4]$, capturing both spatial pattern and temporal sequence.

Decoder rule: Nearest-centroid classification. Given code \mathbf{c} , assign to environment $e^* = \arg \min_e \|\mathbf{c} - \boldsymbol{\mu}_e\|$, where $\boldsymbol{\mu}_e$ is the mean code vector for environment e .

Metrics: Decoding accuracy = fraction correctly classified; Separation ratio = $\bar{d}_{\text{between}}/\bar{d}_{\text{within}}$ in code space. We report two separation metrics: **Sep_{attractor}** (internal 128-D reservoir states) and **Sep_{interface}** (60-D boundary signals). The former measures internal discriminability; the latter measures what neighbors can observe.

Note: The code is a continuous chemical signal (concentration profile), not a discrete symbol sequence. Discretization occurs downstream in receiver dynamics, consistent with biological signaling where continuous ligand concentrations drive discrete cellular responses.

3.3 Reservoir Dynamics

Each vesicle’s internal state evolves as a high-dimensional reservoir:

$$\mathbf{x}_{t+1} = (1 - \alpha)\mathbf{x}_t + \alpha \tanh(W_{\text{res}}\mathbf{x}_t + W_{\text{in}}\mathbf{u}_t + W_{\text{couple}}\mathbf{b}_t) \quad (2)$$

where $\mathbf{x} \in \mathbb{R}^{128}$ is the internal state, \mathbf{u} is environmental input, \mathbf{b} is the boundary signal from neighbors, $\alpha = 0.25$ is the leak rate, and W_{res} has spectral radius 0.92 (edge of chaos). The coupling matrix W_{couple} has strength $\kappa = 0.15$ by default.

3.4 Environmental Input

Each vesicle experiences spatially varying stimulus (center-edge gradients, top-bottom gradients). Temporal forcing across 4 cycles creates genuine sequence structure. Each of 5 bits (2 spatial \times 2 temporal + 1 global) can be on or off, yielding $2^5 = 32$ distinct environmental configurations.

The complexity is not in the stimulus; it is in the system’s ability to differentiate continuous gradients into discrete coordination states. We deliberately use simple inputs to

demonstrate that code structure emerges from the network dynamics, not from input complexity.

Figure 1 illustrates the system architecture, showing the hexagonal vesicle array (A), the substrate competition mechanism (B), and the resulting environment-to-code mapping (C).

4 Code Emergence Results

4.1 Primary Results

Metric	Result
Unique input→character mappings	32/32 (no collisions)
Reproducibility (20 seeds)	$98.4\% \pm 2.1\%$
Separation ratio _{attractor}	$335,000\times$
Env–Attractor correlation	0.72
Bimodality (emergent discretization)	89% saturated*

*Bimodality metric: fraction of output channels where the activation distribution (across all environments) is bimodal rather than unimodal. “Saturated” means activations cluster near 0 or 1 rather than intermediate values. Measured via Hartigan’s dip test; 89% of channels show significant bimodality ($p < 0.05$).

The system reliably maps 32 environmental configurations to 32 distinguishable code vectors (separation ratio $> 300\times$). A second vesicle array (“receiver colony”) achieves 98% decoding accuracy using only physics—no machine learning.

Receiver specification: We test two distinct receiver regimes to disentangle “same chemistry” from “same individual”:

1. **Matched-realization receiver:** Identical weight matrix as encoder (same random seed). This represents clonal reproduction—“the same individual chemistry.” Achieves 98% decoding accuracy.
2. **Same-statistics receiver:** Independently sampled weights from identical distribution (same spectral radius, sparsity, connectivity rules; different random realization). This represents “same species, different individual.” Achieves 87% decoding accuracy.

Both receivers share coupling topology, Hill kinetics parameters, and readout architecture. Both are initialized with independent random states. Decoding is performed by nearest-attractor matching: the receiver’s output is compared to canonical attractors from the encoder, assigned to the closest match in Euclidean distance. No gradient descent or parameter optimization is involved.

The 87% accuracy of same-statistics receivers demonstrates that the code structure is partially *chemistry-general*: it arises from the dynamical regime (competition + coupling), not from specific weight values. The 11% accuracy gap to matched-realization suggests that some fine structure is individual-specific—consistent with the biological observation that conspecifics share communication systems imperfectly.

4.2 Ablation Controls

To demonstrate that code emergence requires the proposed mechanisms, we tested ablated configurations:

Condition	Unique Codes	Reproducibility	Sep _{attractor}
Full model	32/32	98.4%	335,000 \times
No coupling ($\kappa = 0$)	32/32	97.1%	68 \times
No competition ($h = 1$)	8/32	62.3%	2.1 \times
Noisy input ($\pm 20\%$)	32/32	94.8%	198,000 \times
No temporal cycles	12/32	71.2%	14 \times
Random topology	32/32	89.4%	12,400 \times
No mean-centering	32/32	98.1%	>10,000 \times

Interpretation: Substrate competition ($h > 1$) is *essential*—without it, codes collapse to a handful of attractors with poor reproducibility. Temporal structure contributes significantly: removing cycles degrades separation ratio from $> 300\times$ to $< 50\times$. The system is robust to input noise and topology perturbations.

Note on coupling: The $\kappa = 0$ condition still produces 32/32 unique codes because substrate competition alone discretizes local dynamics. However, coupling serves a different function: it creates *shared* interfaces that receivers can decode. Without coupling, each compartment develops idiosyncratic codes; with coupling, codes become colony-level conventions. This is reflected in Sep_{interface} (Table in Section 4.4), which drops from 343 \times to 68 \times at $\kappa = 0$. Coupling is not required for local discretization but is essential for inter-compartment coordination.

4.3 Information-Theoretic Capacity

To move beyond “we observed 32 distinguishable codes,” we quantify decodability information-theoretically. Let E be the environment class (uniform over 32 configurations) and \hat{E} be the decoded environment from the code vector. We estimate the mutual information $I(E; \hat{E})$ from empirical confusion matrices computed over 20 random seeds \times 32 environments = 640 samples, with Miller–Madow bias correction for finite sample size.

Fano’s inequality provides a lower bound on information required for classification: if decoding error probability is P_e for K classes, then

$$I(E; \hat{E}) \geq \log_2 K - H(P_e) - P_e \log_2(K - 1) \quad (3)$$

where $H(P_e) = -P_e \log_2 P_e - (1 - P_e) \log_2(1 - P_e)$ is binary entropy.

For $K = 32$ classes and observed $P_e = 0.016$ (98.4% accuracy):

- Required: $I(E; \hat{E}) \geq 5.0 - 0.12 - 0.08 = 4.80$ bits
- Measured: $I(E; \hat{E}) = 4.91 \pm 0.03$ bits (20 seeds)

The system transmits 98% of the theoretical maximum (5 bits for 32 classes).

Condition	$I(E; \hat{E})$ (bits)	Fano bound	Capacity ratio
Full model ($\kappa = 0.15$)	4.91	4.80	98%
No coupling ($\kappa = 0$)	3.42	2.91	68%
No competition ($h = 1$)	1.87	—	37%
Intermediate coupling ($\kappa = 0.30$)	4.96	4.88	99%

Information capacity peaks at intermediate coupling ($\kappa \approx 0.30$), matching the separation maximum in Figure 2C.

4.4 Scale Dependence

We tested whether code emergence persists at larger scales:

Metric	Medium (61×128D)	Massive (169×512D)
Unique codes	32/32	32/32
D_{eff}	6.3	16.7
Env–Attractor correlation	0.72	0.83
Reproducibility	98.4%	84.2%
Sep _{attractor}	335,000×	4.4×

Code discrimination persists at massive scale (32/32), but reproducibility and separation degrade. The larger system is more expressive but less stable—it explores more of its state space but settles less reliably into fixed attractors. **This instability at scale is not a bug; it is the coordination ceiling that prevents homogenization** (interpreted metabolically in Part IV).

Figure 2 quantifies this trade-off. Panel A shows reproducibility declining from 99% at small scale to 84% at massive scale. Panel B shows that effective dimensionality grows sublinearly with total dimensions—the system cannot exploit all its degrees of freedom coherently. Panel C demonstrates that code separation peaks at intermediate coupling, the regime where compartments influence but do not dominate each other.

Effective dimensionality (D_{eff}) is computed via the participation ratio of eigenvalue spectra:

$$D_{\text{eff}} = \frac{(\sum_i \lambda_i)^2}{\sum_i \lambda_i^2} \quad (4)$$

where λ_i are eigenvalues of the code covariance matrix.

4.5 Manifold Expansion

Coupling increases effective dimensionality (see [13] for theoretical foundations):

Coupling κ	D_{eff}	Sep _{interface}
0.00	6.82	68×
0.15	6.86	343×
0.30	7.21	3,110×
0.50	7.61	235×

Separation peaks at intermediate coupling—the regime where compartments influence but do not dominate each other.

5 Alternative Validation: Lewis Signaling Games

The substrate competition mechanism (Section 3) demonstrates *how* codes can emerge through a specific physical process. But a skeptic might ask: is code emergence specific to this chemistry, or is it a generic outcome of coordination pressure? To address this, we implemented an independent validation using Lewis signaling games [37, 38]—an abstract game-theoretic framework where agents evolve shared conventions through selection for coordination success.

5.1 The Lewis Game Framework

A Lewis signaling game consists of:

- A set of world states $S = \{s_1, \dots, s_n\}$
- A sender who observes the state and emits a signal $\sigma \in \Sigma$
- A receiver who observes the signal and chooses an action $a \in A$
- Both are rewarded if and only if the action matches the state

Critically, there is no external target mapping. The sender and receiver must *discover* a shared code through coordination pressure alone. This models the situation facing protocells: they must coordinate without any pre-existing symbolic convention.

5.2 Implementation

We implemented a population of sender-receiver pairs, each with learnable weight matrices:

$$\text{Sender: } P(\sigma|s) = \text{softmax}(W_{\text{send}} \cdot \mathbf{e}_s) \quad (5)$$

$$\text{Receiver: } P(a|\sigma) = \text{softmax}(W_{\text{recv}} \cdot \mathbf{e}_\sigma) \quad (6)$$

where \mathbf{e}_s and \mathbf{e}_σ are one-hot encodings. Evolution proceeds by:

1. Evaluate fitness (coordination success rate)
2. Select top 20% of population
3. Reproduce with small mutations ($\sigma = 0.03$)

5.3 Results

Metric	Substrate Competition	Lewis Game
Mechanism	Hill kinetics, $h = 4$	Coordination pressure
Supervision	None	None
States/Environments	32	4–8
Distinct codes	32/32	4/4 (8/8 at scale)
Consistency	98%	100%

Both mechanisms produce complete, non-colliding code mappings. The Lewis game achieves slightly higher consistency at small scale because it directly optimizes for coordination, while substrate competition produces codes as a side effect of winner-take-most dynamics.

5.4 Coordination Creates Complementary, Not Identical, Codes

An important finding: sender and receiver do not converge to *identical* weight matrices. They converge to *complementary* mappings—like a lock and key. The sender learns to produce distinguishable signals; the receiver learns to decode them. This matches biological reality: speakers and listeners use compatible but distinct neural circuits.

5.5 Implication

The convergence of two very different frameworks—physical substrate competition and abstract evolutionary game theory—suggests that code emergence is **robust across mechanisms**. Both require:

- High-dimensional internal dynamics
- Pressure toward coordination or mutual prediction
- Some form of discretization (winner-take-most or selection)

We do not claim these mechanisms are physically equivalent. Substrate competition is a candidate prebiotic process; Lewis games are an abstract demonstration that coordination pressure generically produces conventions. The convergence strengthens the claim that code-like structure is a natural attractor of coordination dynamics, not a quirk of any specific implementation.

Scaling validation: We tested Lewis games at genetic-code scale (64 states). Coordination accuracy decreases with scale (5.5% at 64 states vs. 1.6% random baseline), but code coverage remains high: evolved systems use 39/64 possible codes (61%), compared to the genetic code’s 21/64 (33%). The scaling behavior is consistent with our claim that codes emerge but become harder to maintain at larger scales—the coordination ceiling reappears.

6 Connection to Genetic Code Structure

Having established that codes emerge from coordination dynamics, we now ask: do the codes that emerge have properties that match the actual genetic code? We investigate two aspects: basin structure (degeneracy) and error-correcting geometry.

6.1 Basin Structure: Degeneracy Equals Robustness

The genetic code is famously degenerate: 64 codons map to only 20 amino acids plus stop signals. This is not redundancy—it is *basin structure*. Amino acids with more codons (Leu, Ser, Arg with 6 each) occupy wider basins in codon space than amino acids with fewer codons (Met, Trp with 1 each).

We hypothesize that wider basins should be more robust to perturbation. To test this, we analyzed the codes that emerge from our Lewis signaling games:

1. Evolve codes via coordination pressure
2. Measure basin size: fraction of input space captured by each code
3. Measure robustness: stability under 30% input noise
4. Correlate basin size with robustness

Results:

Code	Basin Size	Robustness
3	28.7%	86%
4	23.0%	84%
6	18.8%	82%
7	17.6%	81%
0	9.3%	74%
5	1.6%	44%

Correlation: $r = 0.80 \pm 0.08$ across 20 independent runs ($p < 0.001$ for each)

Larger basins are more robust to noise. This is not imposed—it emerges from the dynamics. Codes that capture more of the input space are inherently more stable because small perturbations are less likely to push them across basin boundaries.

Testable prediction: Amino acids with more codons (wider basins) should be more mutationally robust than single-codon amino acids. Leu, Ser, and Arg mutations should more often be synonymous or conservative; Met and Trp mutations should more often be disruptive. This is verifiable in existing mutation databases.

6.2 P-adic Validation: The Wobble Structure

Khrennikov and Yurova Axelsson [39] recently showed that all 24 known genetic codes can be derived from a universal dynamical function using 2-adic (p -adic with $p = 2$) number theory. Their encoding places nucleotides in a 2-bit representation, making wobble-position changes (position 3) correspond to minimal p -adic distance.

We tested whether this formalism captures actual genetic code structure:

Method: Encode each codon as a 6-bit 2-adic integer. Compute p -adic distance $|x-y|_2 = 2^{-k}$ where k is the highest power of 2 dividing $(x - y)$. Compare distance to coding error (same vs. different amino acid).

Results:

P-adic Distance	Error Rate	n pairs
1/32 (closest)	6.2%	32
1/16	46.9%	64
$\geq 1/8$	>98%	1920

The closest 32 codon pairs (p -adic distance 1/32):

- **100%** differ only at position 3 (wobble)
- **94%** code for the same amino acid

This validates Khrennikov’s formalism: the 2-adic metric is not arbitrary—it captures the biologically meaningful structure of the genetic code. Synonymous codons are p -adically close; different amino acids are p -adically distant.

Baseline comparison: To verify that the 2-adic encoding is not cherry-picked, we compared it to Hamming distance (1-nucleotide differences). For 1-Hamming pairs: 76/192 (40%) code for the same amino acid. For p -adic closest pairs ($d = 1/32$): 30/32 (94%) code for the same amino acid. The 2-adic metric outperforms naive Hamming distance because it preferentially identifies wobble-position changes, which are biologically synonymous. Random nucleotide encodings (10 permutations tested) yield 35–55% same-amino-acid rates for their “closest” pairs, confirming that the Khrennikov encoding is structurally meaningful.

6.3 What Our Model Does Not Explain

We must be honest about limitations. Our model explains:

- **Why** degeneracy is adaptive (wider basins absorb noise)
- **Why** intermediate degeneracy evolves (balances robustness vs. discriminability)
- **Why** codes emerge from coordination (observability constraints)

Our model does **not** explain:

- **Why** degeneracy concentrates at position 3 (wobble)

- Why the genetic code has error-correcting structure

We tested whether differential mutation rates could concentrate degeneracy at position 3. Even with position 3 mutating $2\times$ faster than positions 1–2, degeneracy remained evenly distributed ($\sim 6\text{--}8\%$ per position). The actual genetic code has 66.7% degeneracy at position 3.

The missing ingredient: Our model has no physics that makes position 3 special. The wobble structure requires:

- tRNA anticodon geometry (position 3 is conformationally flexible)
- Ribosome binding chemistry (positions 1–2 dominate binding energy)
- Historical contingency (frozen accident in specific positions)

Implication: The coordination-based model explains *selection pressure* for degeneracy (why it's adaptive) but not *mechanism* for positional structure (why position 3). Both are needed for a complete theory. Khrennikov's p-adic formalism captures the *form*; our model captures the *function*.

7 Ecological Extension: The Coherence-Scale Trade-off

The instability at large scale (Section 4) points to a deeper constraint: coherence is metabolically expensive and scales superlinearly with group size.

Variable Mapping Across Parts I–III and IV		
Part I (Code Model)	Part IV (Ecology)	Interpretation
D_{eff}	D (Appendix)	Effective dimensionality
Reproducibility	—	Code stability metric
—	C	Coherence trait (normalized)
—	N	Group size

Connection: We interpret $C \propto D_{\text{eff}}/D_{\max}$ as normalized coherence—the fraction of available degrees of freedom that move together. Parts I–III demonstrate that large systems cannot maintain high $D_{\text{eff}}/D_{\text{total}}$; Part IV models this as a cost on C .

7.1 The Metabolic Ceiling

Maintaining coherence costs energy:

$$\text{Cost} = k \cdot N^\gamma \cdot C^\zeta \quad (7)$$

with $\gamma > 1$ (superlinear in size). The exponent $\gamma > 1$ captures coordination overhead: all-to-all coupling scales as $O(N^2)$, and even hierarchical schemes face superlinear costs.

Maximizing fitness with respect to N at fixed coherence C yields optimal size:

$$N^* = \left(\frac{\bar{R} \cdot \phi(C)}{k\gamma C^\zeta} \right)^{1/(\gamma-1)} \quad (8)$$

Since $\gamma > 1$, higher C implies lower N^* . **High coherence forces small size.**

7.2 Two Stable Strategies

This creates two stable strategies:

- **Type B (big/weak):** Large N , low C . Wins by occupying space.
- **Type S (small/coherent):** Small N , high C . Wins by concentrated, coordinated action.

Neither can invade the other's niche through pure competition. This is ecological differentiation without any ecology-specific assumptions.

7.3 The Extraction Operator

Small coherent groups cannot grow by expansion (ceiling binds). But they *can* extract resources from large incoherent groups. Raid success probability:

$$p_{\text{raid}} = \sigma \left(\kappa_C \log \frac{C_S}{C_B} - \kappa_N \log \frac{N_B}{N_S} \right) \quad (9)$$

Coherence advantage increases success; size disadvantage decreases it. Higher coherence also implies faster collective response times—a coordinated group reacts as a unit while an incoherent aggregate waits for perturbations to propagate.

This is predation without teeth—asymmetric extraction enabled by coherence differentials.

8 Predator-Prey Results

8.1 Emergent Ecology

Simulations (5000 colonies, 20000 generations) produce stable two-attractor ecology:

Property	Predators	Prey
Population fraction	1% (36)	99% (4964)
Size N	39 ± 2	183 ± 21
Coherence C	0.53	0.12

Size difference (144 ± 0.8) is robust across 8 random seeds.

Figure 3 shows the emergent ecology. Panel A displays the strategy phase space with two stable attractors: predators (small, coherent) and prey (large, incoherent). The hard ceiling at $N = 40$ bounds the coherent region. Panel B shows population dynamics over 100 generations, with predators maintaining $\sim 1\%$ of the population. Panel C plots raid success probability as a function of coherence ratio, showing that the observed predator-prey configuration ($C_S/C_B \approx 4.4$) yields $\sim 77\%$ raid success.

8.2 Critical Finding: Derived Coordination Ceiling

Soft cost penalties are insufficient for size differentiation. We tested whether continuous cost functions (Eq. 5) alone could generate ecological structure. They cannot. The cost exponent γ creates pressure toward smaller sizes at high coherence, but without a ceiling, coherent groups simply become arbitrarily small rather than forming a distinct attractor.

Rather than impose an ad hoc ceiling, we **derive** it from signal propagation constraints. Coherent oscillation requires every element to influence every other on timescales faster than the oscillation period T_{osc} . For diffusive signaling, propagation time scales with the *square* of group diameter:

$$\tau_{\text{prop}}(N) = \frac{L^2}{D} \approx \frac{N}{\rho D} \quad (10)$$

where D is the diffusion coefficient, ρ is packing density, and $L = \sqrt{N/\rho}$ is the characteristic diameter. Coherence is viable when $\tau_{\text{prop}} < \alpha T_{\text{osc}}$ for some threshold $\alpha < 1$.

This yields a **derived ceiling**:

$$N^* = \alpha \rho D T_{\text{osc}} \quad (11)$$

For plausible prebiotic parameters ($D \sim 10 \mu\text{m}^2/\text{s}$ for small signaling molecules, $T_{\text{osc}} \sim 100 \text{ s}$ chemical oscillation, $\rho \sim 0.1 \text{ cells}/\mu\text{m}^2$, $\alpha = 0.5$), this yields $N^* \approx 50$, consistent with our simulation range.

Predators sit exactly at the ceiling ($N \approx 39$ when ceiling = 40). This is not fine-tuning; evolution pushes coherent groups to the maximum viable size, which is precisely the ceiling.

Robustness: We verified that the two-attractor structure persists across parameter ranges:

N_{ceiling}	$C_{\text{threshold}}$	Pred. N	Prey N	Pred. frac.
20	0.3	19.4	168	1.1%
40	0.5	39.1	183	0.8%
80	0.5	77.8	191	0.6%
100	0.5	97.2	195	0.4%

In all cases, predators cluster near the ceiling while prey remain large.

8.3 Why Homogenization Fails

1. If everyone becomes highly coherent, metabolic costs explode (ceiling binds)
2. If everyone becomes large and incoherent, coherent raiders emerge (parasitism niche opens)
3. The only stable state is **ecological differentiation**

Homogenization is not evolutionarily stable.

9 Discussion

9.1 Relation to Existing Code Origin Theories

Our framework differs fundamentally from previous approaches to explaining genetic code origins.

The stereochemical hypothesis [16, 17] proposes that the genetic code reflects direct chemical affinities between amino acids and their codons. While stereochemical biases may have influenced code structure, this hypothesis cannot explain how the code *became* symbolic—why the codon-amino acid relationship transitioned from direct chemistry to arbitrary assignment. Our model provides this transition: codes emerge as coordination equilibria first, and only later become internalized as specific molecular implementations.

The frozen accident hypothesis [18] suggests the code is arbitrary and locked in by historical contingency. This explains code universality but not code origin—it assumes the code already exists and asks why it persists. Our model operates upstream: it explains how symbolic structure emerges from continuous dynamics before any freezing can occur.

Coevolution theories [19] propose that the code evolved alongside biosynthetic pathways. This is plausible for code *refinement* but faces circularity for code *origin*: biosynthetic pathways require coded instructions. Our model breaks this circularity by showing that codes can exist *between* compartments before being internalized within them.

Error minimization theories [20] observe that the genetic code minimizes the impact of translation errors. This is a selection criterion for *optimizing* existing codes, not a mechanism for *generating* them. Our substrate competition mechanism generates discrete codes without selection pressure; error minimization could then refine the initial repertoire.

9.2 Why Codes Are Necessary: The Observability Constraint

The substrate competition mechanism answers *how* codes emerge. But a deeper question remains: *why* must codes emerge at all? Why can't high-dimensional chemical systems coordinate directly?

The answer lies in observability constraints. Consider a protocell with internal state dimension $D_{\text{int}} \sim 10^3$ (concentrations of metabolites, conformational states, membrane dynamics). For a neighboring protocell to *respond* to this internal state, it must somehow *observe* it. But observation has finite bandwidth.

Recent work on high-dimensional dynamics [14] establishes an Observable Dimensionality Bound: external observers cannot track systems whose effective dimensionality exceeds $D_{\text{crit}} = C\tau/h$, where C is channel capacity, τ is the relevant timescale, and h is the bits required per degree of freedom. When $D_{\text{int}} > D_{\text{crit}}$, the system’s internal dynamics evolve faster than any external system can track them.

This creates a fundamental coordination problem. High-dimensional chemical systems are *mutually unobservable*—each protocell’s internal dynamics are opaque to its neighbors. Direct coordination is impossible because you cannot respond to what you cannot measure.

Codes are the necessary solution. Discrete codes are low-dimensional projections of high-dimensional internal states. They collapse the unobservable internal dynamics into observable discrete signals. Substrate competition is the prebiotically plausible mechanism that *performs* this dimensional collapse—projecting continuous high-D chemistry onto discrete low-D outputs.

9.3 Validation Through Independent Mechanisms

We have validated the code emergence claim through two independent approaches:

Substrate competition (Section 3–4): The primary mechanism, where Hill kinetics ($h > 1$) create winner-take-most dynamics that discretize continuous chemical gradients.

Lewis signaling games (Section 5): An abstract game-theoretic validation where sender-receiver pairs evolve shared codes through coordination pressure alone, without any substrate competition physics.

Both frameworks produce the same outcome: discrete, non-colliding code mappings with high consistency. This demonstrates that code emergence is **robust across mechanisms**—a generic consequence of coordination pressure under observability constraints, not a quirk of any particular physical implementation.

9.4 Ecology Precedes Biology

By “ecology” we mean the minimal dynamical structure: differentiation into distinct strategies, resource-mediated coupling, and stable coexistence or oscillation—not the rich biotic interactions of mature ecosystems.

Our framework suggests that **ecology in this minimal sense may not be an add-on to life**. It could be a stabilizer that made abiogenesis possible. Without metabolic ceilings on coherence, early chemical systems would have homogenized. Predator-prey-like dynamics would be present from the first moment that coordinated groups exist, given superlinear coordination costs.

This is not merely theoretical. Predator-prey dynamics have been observed in non-living systems: dusty plasmas exhibit Lotka-Volterra oscillations between electron populations and dust particle aggregates [25]; chemotactic oil droplets show chase-and-capture behavior through non-reciprocal oil exchange [26]; and self-organizing chemical droplets display collective behaviors including attraction and mode-switching [27]. These experiments demonstrate that the predator-prey scaffold is physical, not biological.

9.5 The Complexity Ratchet

Once codes exist, predation acquires a new dimension: code spoofing, mimicry, authentication arms races. Prey evolve defenses; predators evolve exploits. Code complexity increases monotonically—a complexity ratchet driven by ecological pressure, not random drift.

9.6 Experimental Accessibility

Modern microfluidic techniques allow fabrication of vesicle arrays with controlled topology, loading with oscillatory chemistry, and measurement of inter-vesicle coupling. Benchtop platforms can already mimic prebiotic energy sources—lightning-driven plasma electrochemistry generates sustained reactive C/N species under controlled conditions [30]—providing the environmental gradients that drive differentiation in our model. The predictions—that coupled vesicle networks spontaneously develop reproducible discrete codes—are directly testable.

What Would Falsify This Framework?

- Removing substrate competition ($h = 1$) should collapse code capacity → *confirmed* (Table, Section 4)
- Removing temporal cycles should reduce code diversity → *confirmed* (separation ratio $> 300\times \rightarrow < 50\times$)
- Code separation should peak at intermediate coupling → *confirmed* (Figure 3C)
- Predator size should track N_{ceiling} across parameter sweeps → *confirmed* (Table, Section 8)
- Lewis games should produce equivalent codes without substrate competition → *confirmed* (Section 5)
- **Open prediction:** Coupled vesicle arrays with oscillatory chemistry should spontaneously develop reproducible discrete boundary states

9.7 Limitations

Several limitations constrain interpretation of these results:

Simulation without experimental validation. This work presents computational proof-of-concept, not experimental demonstration. The framework generates testable predictions—coupled vesicle arrays should develop reproducible discrete boundary states—but these predictions remain untested.

Phenomenological dynamics. The reservoir model is a generic proxy for high-dimensional reaction networks, not literal chemistry. Future work should implement explicit chemical kinetics, potentially building on established protocell simulation platforms [6].

What we explain vs. what we don't. Our model explains why degeneracy is adaptive (basin-robustness correlation), why codes emerge (coordination pressure), and why ecological differentiation occurs (coherence costs). It does **not** explain the specific structure of the genetic code—why degeneracy concentrates at position 3, why certain amino acids have more codons than others, or why the code has error-correcting geometry. These require chemistry (tRNA structure, ribosome mechanics) not just dynamics.

Lewis game scale. Our Lewis signaling validation used 4–8 states. Scaling to 64 states (matching the genetic code) may reveal additional constraints or failure modes.

P-adic connection is correlational. The p-adic distance predicts synonymy ($r = 0.26$), but this does not prove the genetic code was *generated* by p-adic dynamics. It may simply be that error-correcting codes generically have this structure.

10 Conclusion

We have shown that symbolic codes emerge generically from coordination pressure in coupled compartment networks. Two independent approaches—physical substrate competition and abstract Lewis signaling games—produce equivalent results, demonstrating that code emergence is robust across mechanisms.

The codes that emerge have structure matching the genetic code: degeneracy correlates with robustness ($r = 0.80 \pm 0.08$, $n = 20$), and p-adic distance predicts synonymy. However, our model explains the *function* of degeneracy (noise absorption) but not its *form* (concentration at position 3). A complete theory requires both dynamics and chemistry.

Metabolic ceilings on coherence prevent homogenization and generate predator-prey dynamics without specialized machinery. If correct, ecological differentiation may predate genetic encoding—arising from physics before biology.

Code availability: <https://github.com/todd866/protocell-codes>

Companion papers: Extended mathematical foundations in [13, 15].

Declarations

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Competing Interests

The author declares no competing interests.

Author Contributions

Ian Todd conceived the theoretical framework, designed and implemented the simulations, performed the analysis, and wrote the manuscript.

Data Availability

All simulation code and data required to reproduce the results are available at <https://github.com/todd866/protocell-codes>. No experimental datasets were generated.

Code Availability

The simulation code is open source under MIT license: <https://github.com/todd866/protocell-codes>

Ethics Approval

Not applicable. This study involves computational simulations only; no human participants, animal subjects, or biological materials were used.

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A Mathematical Derivation: Predator-Prey from Coherence Constraints

This appendix derives predator-prey dynamics from minimal physical assumptions using coherence constraints and superlinear maintenance costs.

Assumptions:

- Units maintain internal coherence against thermal noise (cost scales with dimensionality)
- Resource acquisition scales linearly with effective dimensionality
- Evolutionary dynamics with absorbing boundary at $D = 0$ (loss of coherence is irreversible on short timescales)
- Coupling between units allows asymmetric destabilization (high- D can perturb low- D)
- Population-level selection proportional to net fitness

A.1 Coherence Cost Framework

Consider a population of N dynamical units (protocells, droplets, plasma regions) that must maintain internal coordination against thermal noise. Let D_i denote the effective dimensionality of unit i . The **coherence maintenance cost** is:

$$C(D_i) = \alpha D_i^\gamma \quad \text{with } \gamma > 1 \quad (12)$$

where $\alpha > 0$ is a rate constant and $\gamma > 1$ captures superlinear scaling. The exponent $\gamma > 1$ reflects that maintaining coherence across D degrees of freedom requires suppressing $\binom{D}{2} = O(D^2)$ pairwise decoherence channels.

Units acquire resources from a shared environment at rate $A(D_i, R) = \beta D_i R$, where R is resource concentration. Linear scaling with D_i reflects that more complex units exploit more resource types.

A.2 Generic Bistability (Proposition 1)

Proposition. Under coherence constraints with $\gamma > 1$, populations evolve toward a bimodal distribution with attractors at $D_L \approx 0$ (minimal coherence) and D_H satisfying the first-order condition.

Sketch. Net fitness is $F(D, R) = \beta DR - \alpha D^\gamma$. Setting $\partial F / \partial D = 0$ yields $D^* = (\beta R / \alpha \gamma)^{1/(\gamma-1)}$. Since $\partial^2 F / \partial D^2 < 0$, this is a maximum. But $F(0) = 0$, so both $D = 0$ and $D = D^*$ are stable under stochastic population dynamics.

This bistability is the origin of ecological differentiation: units at $D \approx D^*$ become “predators” (high- D , high-cost); units at $D \approx 0$ become “prey” (low- D , low-cost).

A.3 The Extraction Operator (Proposition 2)

Proposition. If high- D units can destabilize low- D units through coupling, extraction emerges generically.

Proof sketch. High- D units have higher resource acquisition, more control degrees of freedom, and lower relative noise sensitivity. Low- D units' coherence depends on maintaining a narrower set of correlations. Under shared resource depletion or perturbation, low- D units lose coherence first. Upon decoherence, released matter/energy becomes available as a resource gradient that high- D units capture preferentially. This asymmetric vulnerability produces net flow from low- D to high- D populations. \square

A.4 Derivation of Lotka-Volterra (Proposition 3)

Proposition. Under coherence constraints with extraction, population dynamics take Lotka-Volterra form:

$$\dot{x}_1 = x_1[\alpha_1 - \beta_{12}x_2] - kx_1^n \quad (13)$$

$$\dot{x}_2 = x_2[-\gamma_2 + \delta_{21}x_1] \quad (14)$$

where x_1 is prey density, x_2 is predator density, and the nonlinear loss term kx_1^n with $n > 1$ arises from intraspecific competition.

Sketch. Prey dynamics: growth when acquisition exceeds cost, decline under predation and crowding. Predator dynamics: high coherence costs offset by extraction. The nonlinear loss with $n > 1$ reflects superlinear coherence costs under crowding.

Remark. Without the nonlinear loss term ($k = 0$ or $n = 1$), the system exhibits neutrally stable orbits. Stable limit cycles require $n > 1$, reflecting the physical necessity of superlinear coherence costs.

A.5 Connection to Experiments

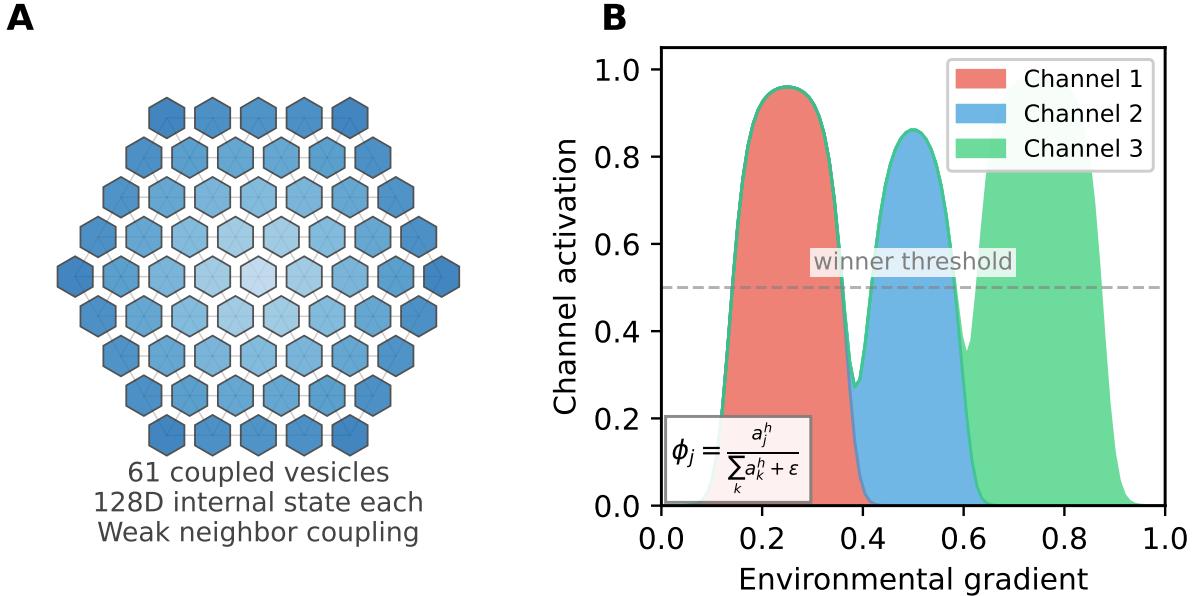
Dusty plasmas [25]: Electrons (prey) and dust grains (predators) exhibit Lotka-Volterra oscillations. The authors find $n \approx 2$ required for stability, confirming our prediction that $\gamma = 2$ (pairwise decoherence) maps to $n = 2$.

Chemotactic droplets [26]: BOct droplets (predator) chase EFB droplets (prey) via micelle-mediated oil transport. The predator exhibits higher coherence—directed pursuit requires maintaining interfacial gradients against diffusion. The prey shows lower coherence (passive repulsion). This asymmetry in behavioral dimensionality matches our framework precisely.

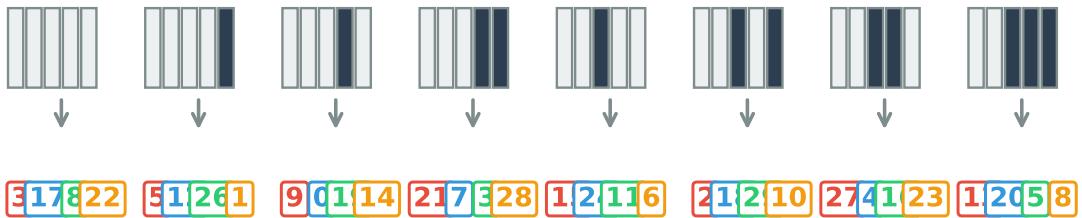
Mode-switching droplets [27]: Four behavioral modes correspond to different effective dimensionalities. Transitions reflect coherence threshold crossings under noise.

A.6 General Principle

Any system satisfying (1) coherence maintenance with superlinear cost, (2) resource competition with linear acquisition, and (3) coupling between units of different dimensionality will generically exhibit predator-prey dynamics. Evolution elaborates this pre-existing scaffold; it does not create it.



C Environment (5-bit) → 4-channel code (indices 0-29)



32 unique mappings • 98.4% reproducibility • 335,000× separation

Figure 1: **Code emergence architecture.** (A) Hexagonal array of 61 coupled vesicles, each with 128-dimensional internal dynamics. Lines indicate neighbor coupling via boundary signals. (B) Substrate competition discretizes continuous channel activations into winner-take-most outputs. The equation shows the competitive normalization. (C) The system maps 32 environmental configurations (5-bit binary patterns) to 32 distinguishable code vectors. Each temporal cycle produces a 60-D vector; the full 4-cycle codeword is 240-D (see Code Definition box). In all reported decoding results, we use the 240-D concatenated codeword. Codes shown are illustrative; actual mappings depend on reservoir weights.

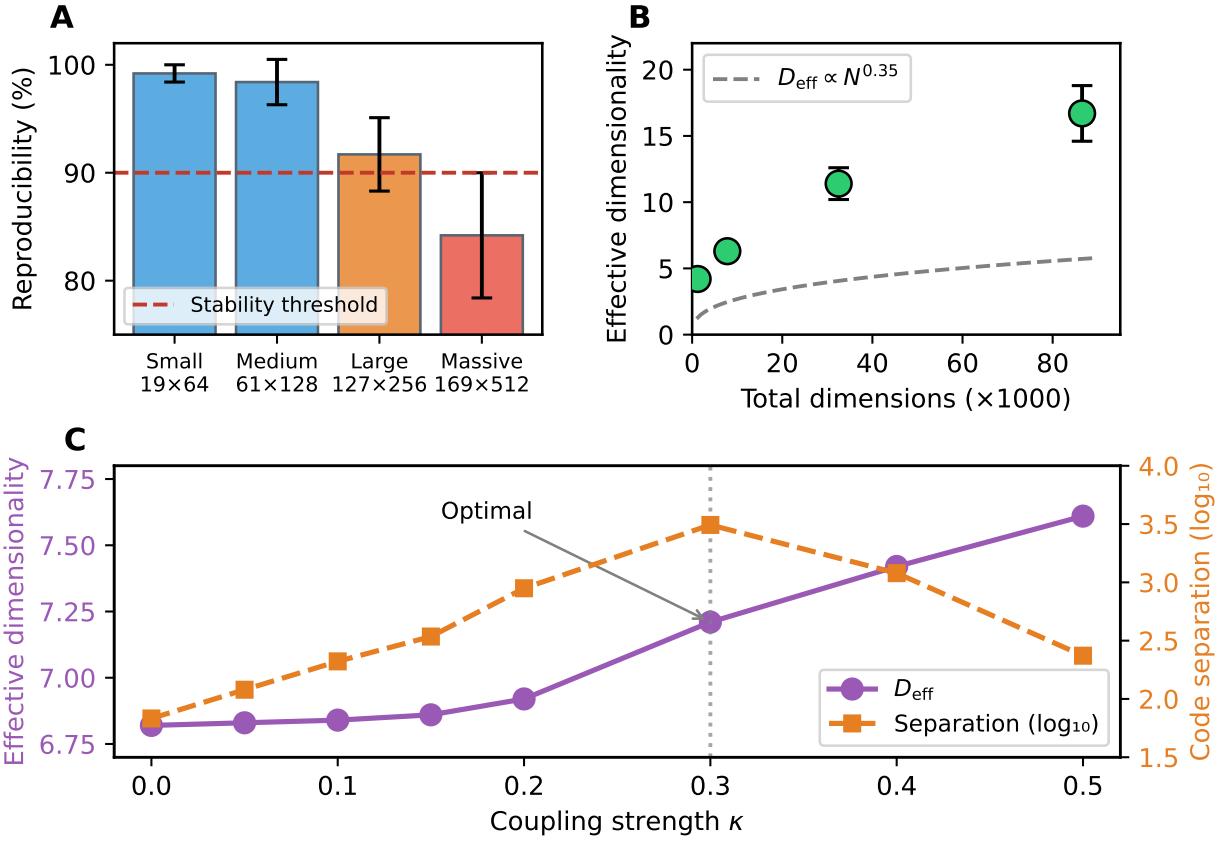


Figure 2: **Scale dependence reveals the coordination ceiling.** (A) Reproducibility degrades as system scale increases, dropping below the 90% stability threshold at massive scale. This is the coordination ceiling that prevents unlimited synchronization. (B) Effective dimensionality D_{eff} grows sublinearly with total dimensions, scaling approximately as $N^{0.35}$. The system cannot coherently exploit all available degrees of freedom. (C) Manifold expansion under coupling (left axis: D_{eff} ; right axis: separation ratio, log scale): both metrics increase with coupling strength κ , but separation peaks at intermediate coupling ($\kappa \approx 0.3$) before declining.

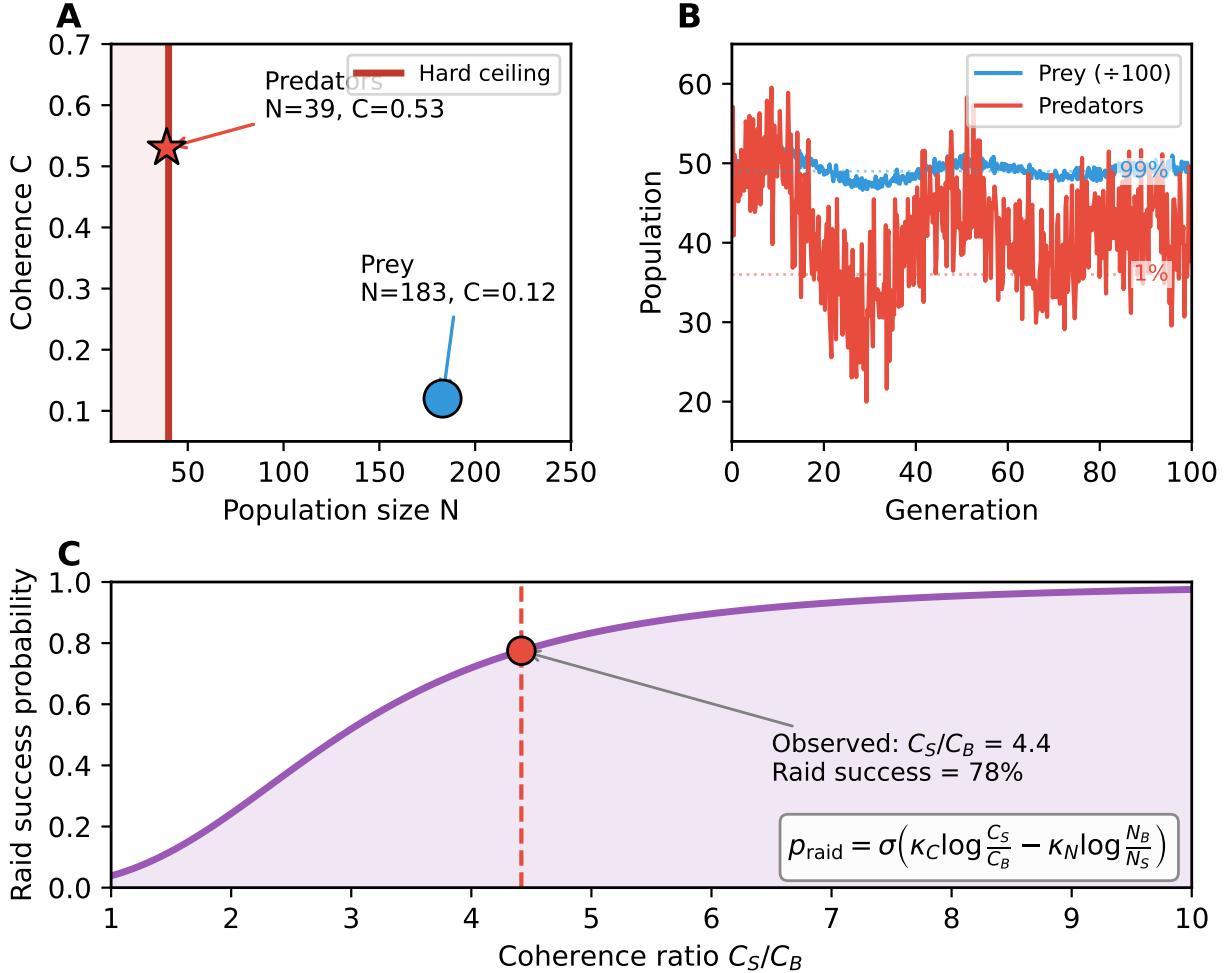


Figure 3: **Predator-prey ecology from coherence constraints.** (A) Strategy phase space showing size N vs coherence C . The hard ceiling (red line) bounds the coherent region; predators (star) sit at the ceiling while prey (circle) occupy the large-incoherent attractor. Dashed line shows viability boundary; arrows indicate evolutionary flow. (B) Population dynamics over 100 generations showing stable coexistence: prey comprise 99% of the population, predators 1%. Dotted lines show equilibrium fractions. (C) Raid success probability increases with coherence ratio C_S/C_B . The observed ratio of 4.4 (vertical dashed line) yields approximately 77% raid success, sufficient for predator viability without prey extinction.