

Vid höftledsartros får du ont från området kring ljumsken när du rör dig. Du får sämre rörlighet i höften när brosket och ledytan förändras och förtunnas. Man blir oftast hjälpt av träning och ökad kunskap.

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A minimalist line drawing of a landscape. The scene is composed of several horizontal lines of varying lengths and positions, creating a sense of depth and perspective. The lines are drawn in a dark blue or black ink on a plain white background. The top line is the longest and is positioned near the top of the frame. Below it, there are several shorter lines, some of which are slightly offset to the left or right, suggesting a series of hills or a riverbed. The lines are simple and clean, with no additional details or shading. The overall effect is that of a quick, gestural sketch, possibly representing a horizon or a distant landscape.

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Inställningar för kakor

