

# PSYCHNOW INTAKE ASSESSMENT REPORT

<b>Patient ID:</b>	N/A
<b>Assessment Date:</b>	N/A
<b>Patient Name:</b>	Jaime Rodriguez
<b>Risk Level:</b>	MODERATE
<b>Urgency:</b>	ROUTINE

## CHIEF COMPLAINT

Feeling depressed and anxious for the past 6 weeks

## SUMMARY IMPRESSION

Patient presents with moderately severe depression and moderate anxiety symptoms that began approximately 6 weeks ago. Patient reports significant impact on daily functioning, including sleep disturbances, appetite changes, and difficulty concentrating. No current suicidal ideation or safety concerns identified. Symptoms appear to be reactive to recent life stressors including work pressure and relationship difficulties.

## RECOMMENDATIONS

1. Consider referral to mental health professional for comprehensive evaluation
2. Discuss medication options with primary care provider
3. Implement sleep hygiene strategies
4. Consider cognitive-behavioral therapy for anxiety management
5. Schedule follow-up appointment in 2 weeks
6. Provide crisis resources and emergency contact information

This is an AI-assisted intake summary for provider review. Final diagnosis and treatment plan to be determined by licensed clinician.