**EMERALD ROYAL INTERNATIONAL SCHOOL, MPAPE ABUJA**

**LESSON PLAN AND NOTE FOR 8 ENDING FRIDAY 23RD JUNE, 2023.**

**TERM : THIRD**

**WEEK : 8**

**DATE : 19TH - 23RD JUNE, 2023**

**CLASS : JS 2**

**SUBJECT: HOME ECONOMICS**

**TOPIC: FOOD PRESERVATION**

**SUB-TOPIC: 1. Reasons for food preservation .**

**2. Definition of food processing .**

**3. Importance of food processing .**

**TIME: 11:50 – 12:30**

**DURATION:**  **40 minutes**

**PERIOD: 6th**

**NUMBER IN CLASS:**  **13**

**AVERAGE AGE: 12 years**

**SEX: mixed**

**LEARNING OBJECTIVES: By the end of the lesson, the students should be able to;**

1. State the reasons for food preservation.
2. Define food processing.
3. State the importance of food processing.

**RATIONALE:** The students should understand the importance of food preservation and processing .

**PREVIOUS KNOWLEGDE:** The students have been taught methods of food preservation .

**INSTRUCTIONAL MATERIALS:** chart showing different food processing methods.

**REFERENCE MATERIALS: Comprehensive Home Economics Book 2 for Junior Secondary schools by Ogunjimi etal.**

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| **STEPS** | **TEACHER’S ACTIVITIES** | **STUDENTS’ ACTIVITIES** | **LEARNING POINTS** |
| **INTRODUCTION** | The teacher introduces the lesson by reviewing the previous lesson. | The students were active during the review. | To arouse the students interested. |
| **PRESENTATION**  **STEP 1** | The teacher states the importance of food preservation. | The students pay attention. | To keep them focus. |
| **STEP 2** | The teacher asks the students to define food processing | The students defines food processing | To encourage critical thinking. |
| **STEP 3** | The teacher explains the importance of food processing | The students pay attention. | To keep them focus. |
| **SUMMARY** | **REASONS FOR FOOD PRESERVATION**  1.To prolong the shelf life of food.  2.It prevent the decay or spoilage of food.  3.To make seasonal foods available throughout the year.  4.To add variety to the diet.  5.Food preservation stablizes food prices.  6.It takes care of emergency like war and poor harvest.  **FOOD PROCESSING**  It is a physical or chemical techniques used to change raw food ingredients into food.  **OR**  It is a process used to change A specific into other forms for consumption.  **IMPORTANCE OF FOOD PROCESSING**  1.It helps to preserve food and reduce food scarcity.  2.It helps to make food available in countries that can not produce such food items.  3.Proccessed food can easily be prepared and served by the consumer. | The students asks questions for more clarification. | To create room for slow learners. |
| **EVALUATION** | The teacher evaluates the students with the following questions;  1.state at least 3 reasons for food preservation.  2.define food processing.  3.state at least 2 reasons for food processing. | The students attempt the questions. | To ascertain their level of understanding. |
| **CONCLUSION** | The teacher concludes by coping note on the board. She checks and marks the note | The students copy the note on the board. | For future reference. |
| **ASSIGNMENT** | State at least 2 items that can be processed from the following food ;  1.cassava  2.yam  3.corn | The students did and submit their assignment for marking and correction. | To encourage the students to study at home. |



23RD JUNE 2023

DEPUTY HEAD INSTRUCTOR ADMIN

NB: APPROVED!