**LESSON PLAN AND NOTE FOR WEEK 4 ENDING FRIDAY 2ND, FEBRUARY 2024**

**TERM: SECOND TERM**

**WEEK:** **WEEK 4**

**DATE** : **29TH, JANUARY - 2ND, FEBRUARY, 2024**

**SUBJECT: BIOLOGY**

**TOPIC: NUTRITION IN MAMMALS**

**SUB - TOPIC: 1. Food test.**

1. **Mode of nutrition.**

**PERIOD : 7th**

**TIME : 12: 30 - 1:00**

**DURATION : 40 minutes**

**CLASS : SS1**

**NUMBER IN CLASS : 8**

**AVERAGE AGE : 14 years**

**SEX: mixed**

**LEARNING OBJECTIVES:** by the end of the lesson,the students should be able to;

1. Explain the food test for various classes of food.
2. List the mode of nutrition.
3. Explain the mode of nutrition.

**RATIONALE:** the students should understand food test and mode of nutrition.

**PREVIOUS KNOWLEDGE:** The students can list the classes of food.

**INSTRUCTIONAL MATERIALS:** chart showing the classes of food, examples of balanced diet, materials for various food test.

**Reference Material:** Essential Biology foe Senior Secondary School by M.C. Michael.

**LESSON DEVELOPMENT**

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| **STAGES** | **TEACHER’S ACTIVITIES** | **PUPILS ACTIVITIES** | **LEARNING POINT** |
| **INTRODUCTION** | The teacher introduces the lesson by reviewing the previous lesson. | The students pay attention. | To arouse the students interest. |
| **PRESENTATION**  **STEP 1** | The teacher explains the food test. | The students pay attention. | To keep them focus. |
| **STEP 2** | The teacher ask the students to list the mode of nutrition. | The students lists the mode of nutrition.. | To encourage critical thinking |
| **STEP 3** | The teacher explains the mode of nutrition. | The students pay attention. | To keep them focus. |
| **BOARD SUMMARY** | **NUTRITION IN ANIMALS**  **FOOD TEST**  **foodtest**  **MODE OF NUTRITION** | The students ask questions for further clarification. | To create room for slow learners. |
| **Evaluation** | 1. Define food substance. 2. State the classes of food and give 2 sources of each. 3. State the food test for the following; 4. Starch. 5. Fats and oils. 6. Proteins. | The students attempt the questions. | To ascertain their level of understanding. |
| **Conclusion** | The teacher concludes by coping the note on the board. She checks and marks the note. | The students copy the note on the board. | For future use. |
| **Assignment** | 1. State 3 importance of food. | The students did and submit their assignment for marking and correction. | To encourage the students to study at home. |



2nd February, 2024

Deputy Head Instructor Admin

APPROVED!