**EMERALD ROYAL INTERNATIONAL SCHOOL, MPAPE ABUJA**

**LESSON PLAN AND NOTE FOR 6 ENDING FRIDAY 9TH JUNE, 2023.**

**TERM : THIRD**

**WEEK : 6**

**DATE : 5TH - 9TH JUNE, 2023**

**CLASS : JS 2**

**SUBJECT: HOME ECONOMICS**

**TOPIC: FOOD PURCHASING**

**SUB-TOPIC: 1. Factors to consider when buying food.**

**2. wise buying practices .**

**TIME: 11:50 – 12:30**

**DURATION:**  **40 minutes**

**PERIOD: 6th**

**NUMBER IN CLASS:**  **13**

**AVERAGE AGE: 12 years**

**SEX: mixed**

**LEARNING OBJECTIVES: By the end of the lesson, the students should be able to;**

1. State the factors to consider when buying food.
2. Explain the factors listed above
3. 4.Explain wise buying practices.

**RATIONALE:** The students should understand the factors to consider when buying food .

**PREVIOUS KNOWLEGDE:** The students have been taught definition of purchasing food stuff.

**INSTRUCTIONAL MATERIALS:** chart showing factors to consider when buying food.

**REFERENCE MATERIALS: Comprehensive Home Economics Book 2 for Junior Secondary schools by Ogunjimi etal.**

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| **STEPS** | **TEACHER’S ACTIVITIES** | **STUDENTS’ ACTIVITIES** | **LEARNING POINTS** |
| **INTRODUCTION** | The teacher introduces the lesson by reviewing the previous lesson. | The students were active during the review. | To arouse the students interested. |
| **PRESENTATION**  **STEP 1** | The teacher lists the factors to consider when buying food. | The students pay attention. | To keep them focus. |
| **STEP 2** | The teacher asks the students to explain the factors to consider when buying food | The students explain the factors to consider when buying food. | To encourage critical thinking. |
| **STEP 3** | The teacher explains wise buying practices. | The students pay attention. | To keep them focus. |
| **SUMMARY** | **FACTORS TO CONSIDER WHEN BUYING FOOD**  1.money available for food – buy Good stuff based on the money you can afford.  2.Bulk buying – Non perishable food should be bought in bulk because they are cheaper.  3.Nutritional need if the family – consider the age, health conditions and activities of the family members when buying food.  4.Number of people in the family – Buy food for the number of people in the family to avoid food wastage.  5.Storage facilities – There should be good storages facilities to prevent wastage.  **WISE BUYING PRACTICES**  The main aim of wise buying practices is to buy the right food and spend less. The following are wise buying practices ;  1.Make a family budget that included food expenses.  2.Do market survey – identify shops that with good prices.  3.Buy from farm gate instead of buying from retailers.  4.Have a good bargaining skills.  5.prepare shopping list.  6. Buy vegetables and fruits when needed to avoid spoilage and wastage.  7. Consider the storage facility available. | The students asks questions for more clarification. | To create room for slow learners. |
| **EVALUATION** | The teacher evaluates the students with the following questions;  1.list at least 5 factors to consider when buying food.  2. explain any 3 listed in 1 above.  3.explain at 5 wise buying practices. | The students attempt the questions. | To ascertain their level of understanding. |
| **CONCLUSION** | The teacher concludes by coping note on the board. She checks and marks the note. | The students copy the note on the board. | For future reference. |
| **ASSIGNMENT** | Explain term “ farm gate” and give 3 advantages of buying from farm gate instead of buying from retailers. | The students did and submit their assignment for marking and correction. | To encourage the students to study at home. |



9TH JUNE 2023

DEPUTY HEAD INSTRUCTOR ADMIN

NB: APPROVED!