**EMERALD ROYAL INTERNATIONAL SCHOOL, MPAPE ABUJA**

**LESSON PLAN AND NOTE FOR 5 ENDING FRIDAY 2ND JUNE, 2023.**

**TERM : THIRD**

**WEEK : 5**

**DATE :29TH - 2ND JUNE, 2023**

**CLASS : JS 2**

**SUBJECT: HOME ECONOMICS**

**TOPIC: FOOD PURCHASING**

**SUB-TOPIC: 1. Definition of food purchasing.**

**2. classes of food stuff .**

**3. Risk factors in food purchasing**

**TIME: 11:50 – 12:30**

**DURATION:**  **40 minutes**

**PERIOD: 6th**

**NUMBER IN CLASS:**  **13**

**AVERAGE AGE: 12 years**

**SEX: mixed**

**LEARNING OBJECTIVES: By the end of the lesson, the students should be able to;**

1. Define food purchasing.
2. Classify food stuff.
3. State the risk factors in food purchasing.

**RATIONALE:** The students should understand food purchasing.

**PREVIOUS KNOWLEGDE:** The students have been taught Table Laying .

**INSTRUCTIONAL MATERIALS:** chart showing classes of food stuff.

**REFERENCE MATERIALS: Comprehensive Home Economics Book 2 for Junior Secondary schools by Ogunjimi etal.**

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| **STEPS** | **TEACHER’S ACTIVITIES** | **STUDENTS’ ACTIVITIES** | **LEARNING POINTS** |
| **INTRODUCTION** | The teacher introduces the lesson by reviewing the previous lesson. | The students were active during the review. | To arouse the students interested. |
| **PRESENTATION**  **STEP 1** | The teacher defines food purchasing | The students pay attention. | To keep them focus. |
| **STEP 2** | The teacher asks the students to state the classes of food stuff | The students state the classes of food stuff. | To encourage critical thinking. |
| **STEP 3** | The teacher states the risk factors in food purchasing. | The students pay attention. | To keep them focus. |
| **SUMMARY** | **FOOD PURCHASING**  It is the process of buying to satisfy the nutritional need of family members.  **CLASSIFICATION OF FOOD STUFF**  1.perishable food – They are foods that are likely to decay or go bad quickly unless they are preserved in some ways because of high water content. Examples meat, fish, raw fruits and vegetables etc.  2.semi perishable foods – They are foods which can be kept for some times before going bad. The water content is low. Examples root vegetables like carrots and cassava.  3.Non perishable food – They are foods that do not easily get spoilt. They can be kept for a long time due to their low water content. Examples are sugar, dried beans, rice, dry food etc.  **RISK FACTORS IN FOOD PURCHASING**  1.poor storage facility .  2.poor handling.  3.poor packaging  4.loss of freshness.  5.contamination.  6.spoilage.  7.lack of food safety information. | The students asks questions for more clarification. | To create room for slow learners. |
| **EVALUATION** | The teacher evaluates the students with the following questions ;  1.define food purchasing.  2.list and explain the classes of food stuff.  3.state at least 5 risk factors in food purchasing. | The students attempt the questions. | To ascertain their level of understanding. |
| **CONCLUSION** | The teacher concludes by coping note on the board. She checks and marks the note. | The students copy the note on the board. | For future reference. |
| **ASSIGNMENT** | Classify the following food stuff into perishable, semi perishable and non perishable;  Beans, carrot, egg, vegetables, yam, fresh corn, dry corn, pap, meat, dried fish, Milo, milk. | The students did and submit their assignment for marking and correction. | To encourage the students to study at home. |



2ND JUNE 2023

DEPUTY HEAD INSTRUCTOR ADMIN

NB: APPROVED!