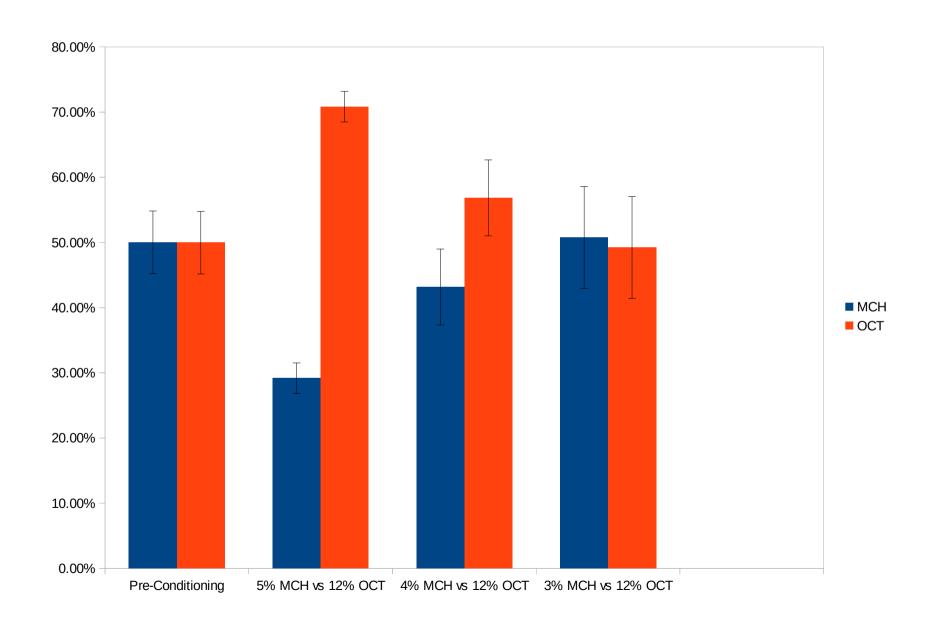
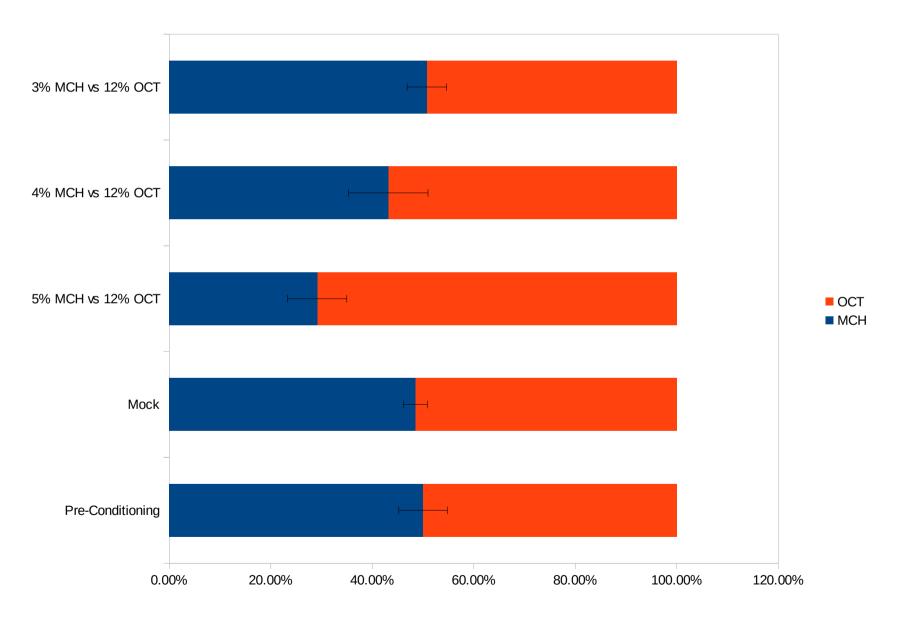
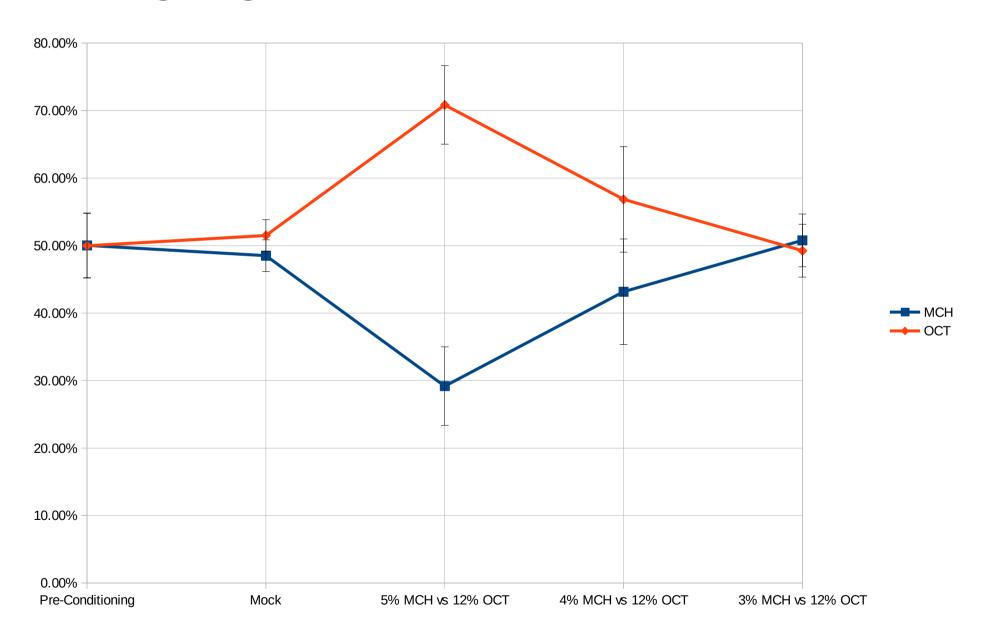
## Training Against 5% MCH vs 12% OCT



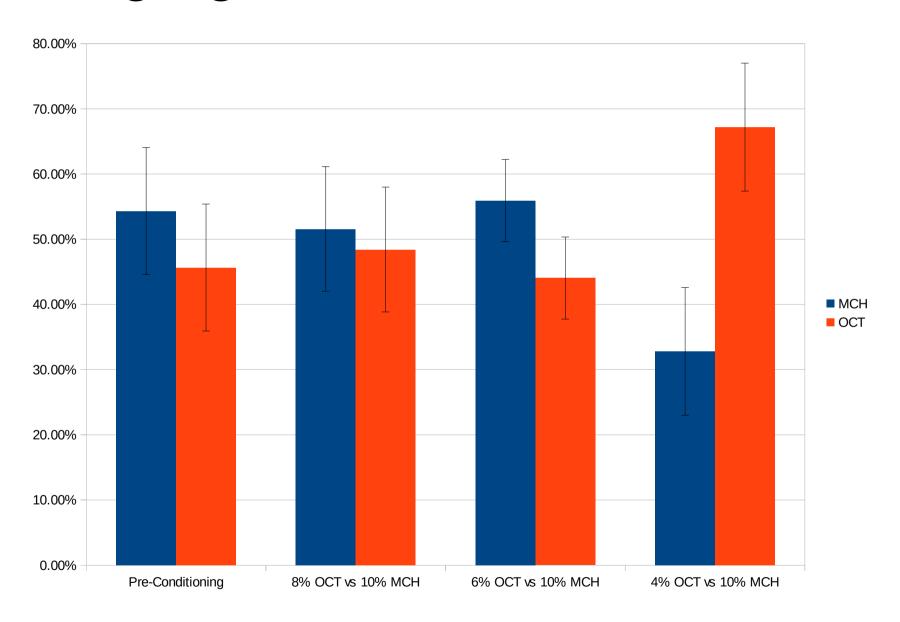
### Training Against 5% MCH vs 12% OCT



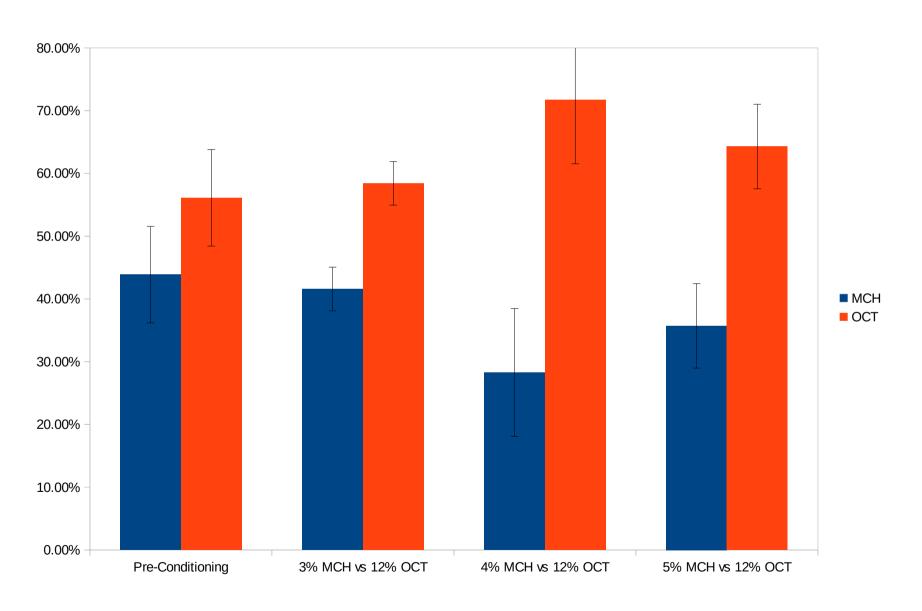
## Training Against 5% MCH vs 12% OCT



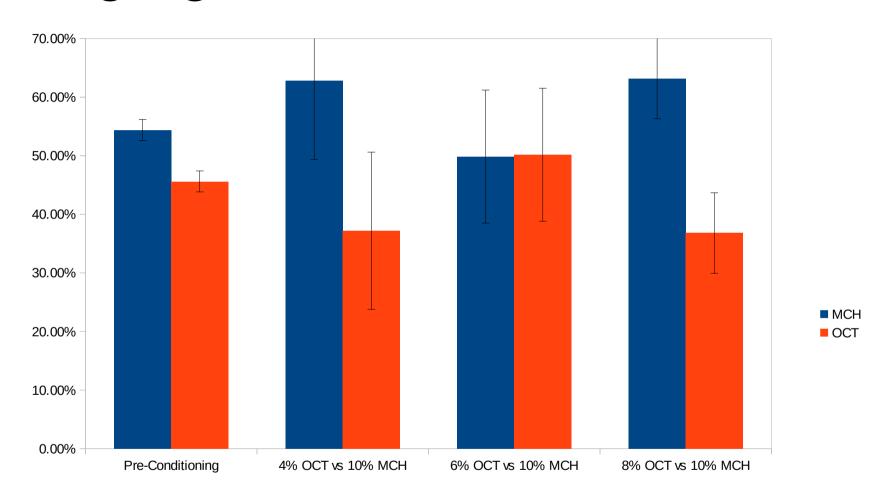
### Training Against 8% OCT vs 10% MCH



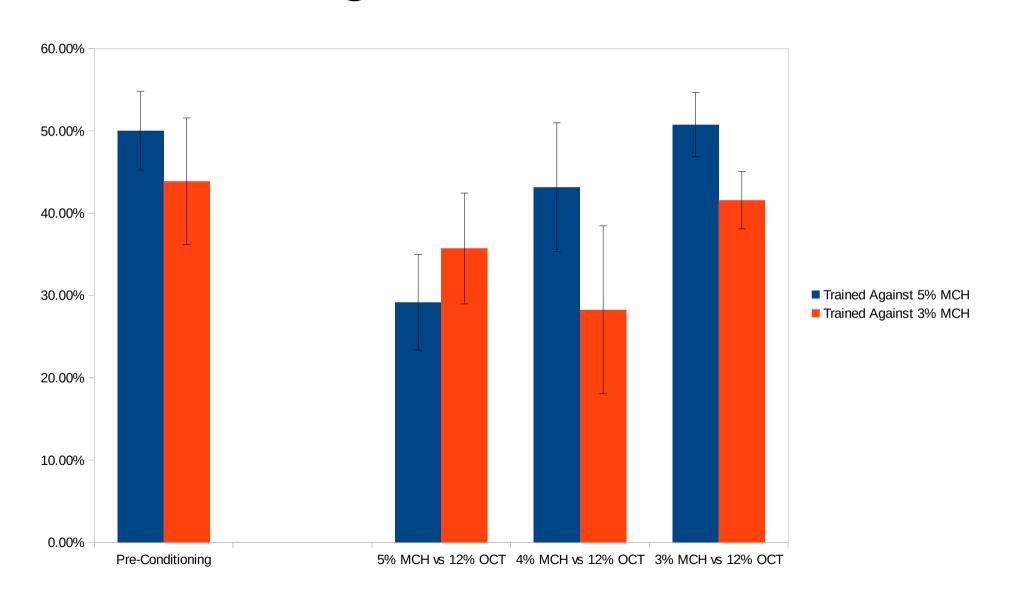
### Training Against 3% MCH vs 12% OCT



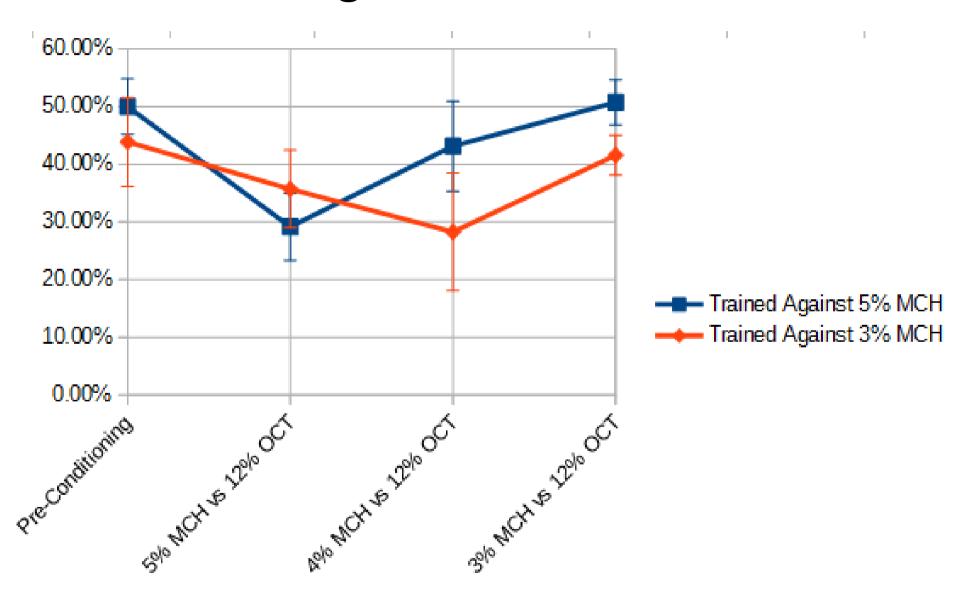
#### Training Against 4% OCT vs 10% MCH



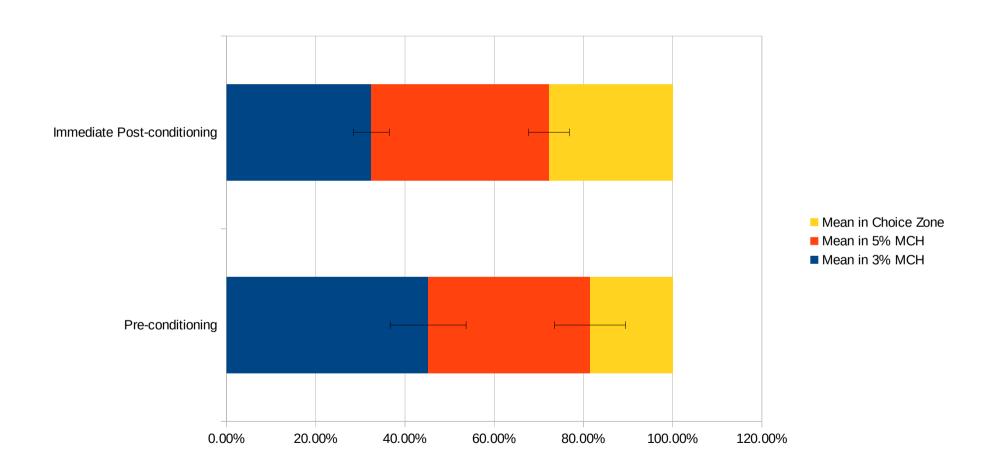
# Comparing Training Against 5% MCH vs Against 3% MCH



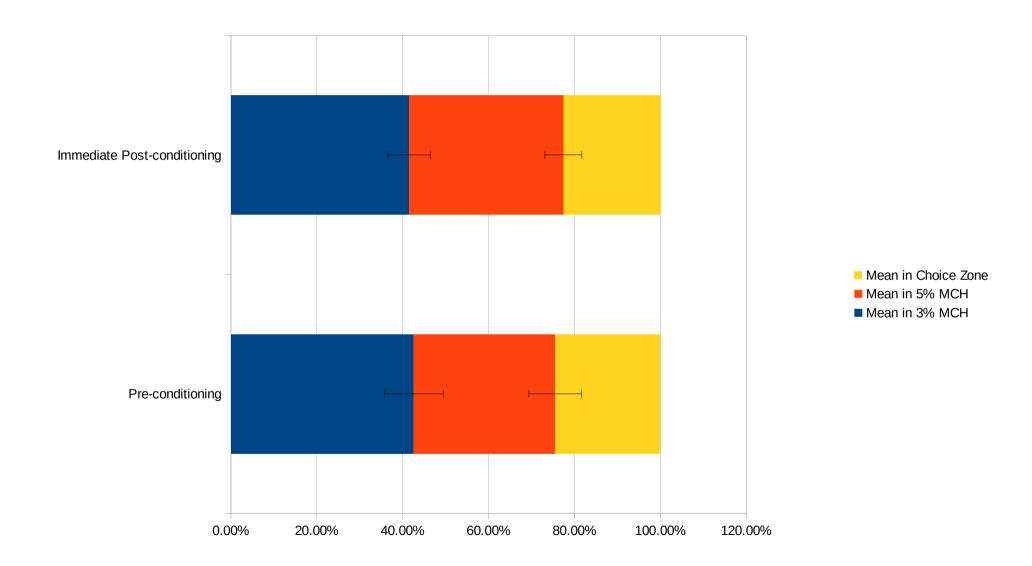
# Comparing Training Against 5% MCH vs Against 3% MCH



#### Training Against 3% MCH vs 5% MCH



## Training Against 5% MCH vs 3% MCH



### Training Against 5% MCH vs 3% MCH

