# 不定积分的概念与性质-直接积分法

- 一、不定积分的概念
- 二、直接积分法--基本积分表
- 三、不定积分的性质

#### 内容小结

- 1. 不定积分的概念
  - 不定积分的定义
  - 不定积分的性质
  - 基本积分表
- 2. 直接积分法:

利用恒等变形, 积分性质 及 基本积分公式进行积分.

常用恒等变形方法〈加项减项

分项积分

利用三角公式,代数公式,…

#### 第**五**章 第四节

## 不定积分 换元积分法

- 一、第一类换元法
- 二、第二类换元法

#### 一、第一类换元法

**定理1.** 设 f(u) 有原函数F(u),  $u = \varphi(x)$  可导, 则有换元 公式

$$\int f[\varphi(x)]\underline{\varphi'(x)}dx = \int f(u)du \Big|_{u = \varphi(x)}$$

(也称配元法,凑微分法)

#### 思考与练习 | 1. 下列各题求积方法有何不同?

(1) 
$$\int \frac{\mathrm{d}x}{4+x} = \int \frac{\mathrm{d}(4+x)}{4+x}$$
 (2) 
$$\int \frac{\mathrm{d}x}{4+x^2} = \frac{1}{2} \int \frac{\mathrm{d}(\frac{x}{2})}{1+(\frac{x}{2})^2}$$

(3) 
$$\int \frac{x}{4+x^2} dx = \frac{1}{2} \int \frac{d(4+x^2)}{4+x^2}$$

(4) 
$$\int \frac{x^2}{4+x^2} dx = \int \left[1 - \frac{4}{4+x^2}\right] dx$$

(5) 
$$\int \frac{\mathrm{d}x}{4-x^2} = \frac{1}{4} \int \left[ \frac{1}{2-x} + \frac{1}{2+x} \right] \mathrm{d}x$$

(6) 
$$\int \frac{\mathrm{d}x}{\sqrt{4x-x^2}} = \int \frac{\mathrm{d}(x-2)}{\sqrt{4-(x-2)^2}}$$

例1. 求  $\int \sec x dx$ .

#### 解法1

$$\int \sec x dx = \int \frac{\cos x}{\cos^2 x} dx = \int \frac{d\sin x}{1 - \sin^2 x}$$

$$= \frac{1}{2} \int \left[ \frac{1}{1 + \sin x} + \frac{1}{1 - \sin x} \right] d\sin x$$

$$= \frac{1}{2} \left[ \ln|1 + \sin x| - \ln|1 - \sin x| \right] + C$$

$$= \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C$$

解法 2 
$$\int \sec x dx = \int \frac{\sec x (\sec x + \tan x)}{\sec x + \tan x} dx$$
$$= \int \frac{\sec^2 x + \sec x \tan x}{\sec x + \tan x} dx$$
$$= \int \frac{d (\sec x + \tan x)}{\sec x + \tan x}$$
$$= \ln |\sec x + \tan x| + C$$

同样可证

$$\int \csc x dx = \ln \left| \csc x - \cot x \right| + C$$
  
或 
$$\int \csc x dx = \ln \left| \tan \frac{x}{2} \right| + C$$

例2. 求  $\int \sin^2 x \cos^2 3x \, \mathrm{d}x.$ 

**AP:** 
$$\because \sin^2 x \cos^2 3x = \left[\frac{1}{2}(\sin 4x - \sin 2x)\right]^2$$
  

$$= \frac{1}{4}\sin^2 4x - \frac{1}{4} \cdot 2\sin 4x \sin 2x + \frac{1}{4}\sin^2 2x$$

$$= \frac{1}{8}(1 - \cos 8x) - \sin^2 2x \cos 2x + \frac{1}{8}(1 - \cos 4x)$$

∴原式 = 
$$\frac{1}{4} \int dx - \frac{1}{64} \int \cos 8x \, d(8x)$$
  
 $-\frac{1}{2} \int \sin^2 2x \, d(\sin 2x) - \frac{1}{32} \int \cos 4x \, d(4x)$   
=  $\frac{1}{4} x - \frac{1}{64} \sin 8x - \frac{1}{6} \sin^3 2x - \frac{1}{32} \sin 4x + C$ 

 $\sin \alpha \cos \beta = [\sin(\alpha + \beta) + \sin(\alpha - \beta)]/2$ 

例3. 求 
$$\int \frac{3}{x^2 - 4x + 5} dx$$
,  $\int \frac{2x - 4}{x^2 - 4x + 5} dx$ ,  $\int \frac{6x + 1}{x^2 - 4x + 5} dx$ 

**M**: 
$$\int \frac{3}{x^2 - 4x + 5} dx = \int \frac{3}{(x - 2)^2 + 1} d(x - 2)$$

$$= 3\arctan(x - 2) + C$$

$$\int \frac{2x - 4}{x^2 - 4x + 5} dx = \int \frac{1}{x^2 - 4x + 5} d(x^2 - 4x + 5)$$

$$= \ln|x^2 - 4x + 5| + C$$

$$\int \frac{6x + 1}{x^2 - 4x + 5} dx = \int \frac{3(2x - 4) + 13}{x^2 - 4x + 5} dx$$

$$\int \frac{6x+1}{x^2-4x+5} dx = \int \frac{3(2x-4)+13}{x^2-4x+5} dx$$

$$= 3\ln\left|x^2-4x+5\right| + 13\arctan(x-2) + C$$

例4. 求 
$$\int \frac{\mathrm{d}x}{x(x^{10}+1)}.$$

#### 提示:

**法1** 
$$\int \frac{\mathrm{d}x}{x(x^{10}+1)} = \int \frac{(x^{10}+1)-x^{10}}{x(x^{10}+1)} \,\mathrm{d}x$$

法2 
$$\int \frac{\mathrm{d}x}{x(x^{10}+1)} = \frac{1}{10} \int \frac{\mathrm{d}x^{10}}{x^{10}(x^{10}+1)}$$

**法3** 
$$\int \frac{\mathrm{d}x}{x(x^{10}+1)} = \int \frac{\mathrm{d}x}{x^{11}(1+x^{-10})} = \frac{-1}{10} \int \frac{\mathrm{d}x^{-10}}{1+x^{-10}}$$

#### 小结 常用简化技巧:

(1) 分项积分: 利用积化和差; 分式分项;

$$1 = \sin^2 x + \cos^2 x \stackrel{\text{second}}{=}$$

(2) 降低幂次: 利用倍角公式,如

$$\cos^{2} x = \frac{1}{2}(1 + \cos 2x); \quad \sin^{2} x = \frac{1}{2}(1 - \cos 2x);$$
$$\int f(x^{n})x^{n-1} dx = \frac{1}{n} \int f(x^{n}) dx^{n}$$
$$\int f(x^{n}) \frac{1}{x} dx = \frac{1}{n} \int f(x^{n}) \frac{1}{x^{n}} dx^{n}$$

- (3) 统一函数: 利用三角公式; 配元方法
- (4) 巧妙换元或配元

#### 二、第二类换元法

第一类换元法解决的问题

$$\int f \left[ \varphi(x) \right] \varphi'(x) dx = \int \frac{f(u) du}{3} dx$$
想求

若所求积分 
$$\int f(u)du$$
 难求, 
$$\int f[\varphi(x)]\varphi'(x)dx$$
 易求,

则得第二类换元积分法.

**定理2.**设  $x = \psi(t)$  是单调可导函数,且  $\psi'(t) \neq 0$ ,  $f[\psi(t)]\psi'(t)$ 具有原函数,则有换元公式

$$\int f(x) dx = \int f[\psi(t)] \psi'(t) dt \Big|_{t=\psi^{-1}(x)}$$

其中  $t = \psi^{-1}(x)$  是  $\underline{x} = \psi(t)$  的反函数.

证: 设 $f[\psi(t)]\psi'(t)$ 的原函数为 $\Phi(t)$ , 令

$$F(x) = \Phi[\psi^{-1}(x)]$$

$$F(x) = \Phi[\psi^{-1}(x)]$$

$$F'(x) = \frac{d\Phi}{dt} \cdot \frac{dt}{dx} = f[\psi(t)]\psi'(t) \cdot \frac{1}{\psi'(t)} = f(x)$$

$$\therefore \int f(x) dx = F(x) + C = \Phi[\psi^{-1}(x)] + C$$
$$= \int f[\psi(t)] \psi'(t) dt \Big|_{t=\psi^{-1}(x)}$$

例5. 求 
$$\int \frac{xdx}{\sqrt{x-3}}.$$

**解:** 令 
$$\sqrt{x-3} = t$$
, 得 $x = 3 + t^2$  则

$$\int \frac{xdx}{\sqrt{x-3}} = \int \frac{t^2 + 3}{t} 2tdt$$

$$= \int (2t^2 + 6)dt$$

$$= \frac{2t^3}{3} + 6t + C$$

$$= \frac{2}{3}(x+6)\sqrt{x-3} + C$$

例6. 求 
$$\int \frac{dx}{\sqrt{x} + \sqrt[3]{x}}.$$

**解:** 令 
$$\sqrt[6]{x} = t$$
, 得 $x = t^6$  则,

原式 = 
$$\int \frac{1}{t^3 + t^2} 6t^5 dt$$
  
=  $6\int \frac{t^3}{t+1} dt = 6\int \frac{t^3 + 1 - 1}{t+1} dt$   
=  $6\left(\frac{t^3}{3} - \frac{t^2}{2} + t - \ln|t+1|\right) + C$   
=  $2\sqrt{x} - 3\sqrt[3]{x} + 6\sqrt[6]{x} - 6\ln\left|\sqrt[6]{x} + 1\right| + C$ 

例7. 求 
$$\int \sqrt{a^2 - x^2} \, dx \ (a > 0)$$
.

**解:** 令  $x = a \sin t$ ,  $t \in [-\frac{\pi}{2}, \frac{\pi}{2}]$ , 则

$$\sqrt{a^2 - x^2} = \sqrt{a^2 - a^2 \sin^2 t} = a \cos t$$
$$dx = a \cos t dt$$

∴原式 =  $\int a \cos t \cdot a \cos t \, dt = a^2 \int \cos^2 t \, dt$   $= a^2 \left(\frac{t}{2} + \frac{\sin 2t}{4}\right) + C$ 

$$\begin{vmatrix} a & 2 & 4 \\ \sin 2t = 2\sin t \cos t = 2 \cdot \frac{x}{a} \cdot \frac{\sqrt{a^2 - x^2}}{a} \\ = \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{1}{2}x\sqrt{a^2 - x^2} + C$$

例8. 求 
$$\int \frac{\mathrm{d}x}{\sqrt{x^2 + a^2}}$$
  $(a > 0)$ .

**解:** 令 
$$x = a \tan t, t \in (-\frac{\pi}{2}, \frac{\pi}{2}),$$
 则

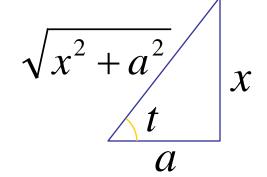
$$\sqrt{x^2 + a^2} = \sqrt{a^2 \tan^2 t + a^2} = a \sec t$$
$$dx = a \sec^2 t dt$$

∴ 原式 = 
$$\int \frac{a \sec^2 t}{a \sec t} dt = \int \sec t dt$$

$$=\ln|\sec t + \tan t| + C_1$$

$$= \ln \left[ \frac{\sqrt{x^2 + a^2}}{a} + \frac{x}{a} \right] + C_1$$

$$= \ln[x + \sqrt{x^2 + a^2}] + C \qquad (C = C_1 - \ln a)$$



例9. 求 
$$\int \frac{\mathrm{d}x}{\sqrt{x^2 - a^2}} \ (a > 0).$$

解: 当
$$x > a$$
时, 令  $x = a \sec t$ ,  $t \in (0, \frac{\pi}{2})$ , 则
$$\sqrt{x^2 - a^2} = \sqrt{a^2 \sec^2 t - a^2} = a \tan t$$

$$dx = a \sec t \tan t d t$$

当
$$x < -a$$
 时, 令  $x = -u$ , 则 $u > a$ , 于是

$$\int \frac{dx}{\sqrt{x^2 - a^2}} = -\int \frac{du}{\sqrt{u^2 - a^2}} = -\ln\left|u + \sqrt{u^2 - a^2}\right| + C_1$$

$$= -\ln\left|-x + \sqrt{x^2 - a^2}\right| + C_1$$

$$= -\ln\left|\frac{a^2}{-x - \sqrt{x^2 - a^2}}\right| + C_1$$

$$= \ln\left|x + \sqrt{x^2 - a^2}\right| + C \quad (C = C_1 - 2\ln a)$$

$$x > a$$
 时,  $\int \frac{dx}{\sqrt{x^2 - a^2}} = \ln \left| x + \sqrt{x^2 - a^2} \right| + C$ 

例10. 求 
$$\int \frac{\sqrt{a^2 - x^2}}{x^4} dx$$
.

原式=
$$\int \frac{\sqrt{a^2 - \frac{1}{t^2}}}{\frac{1}{t^4}} \cdot \frac{-1}{t^2} dt = -\int (a^2 t^2 - 1)^{\frac{1}{2}} |t| dt$$

当x > 0时,

原式=
$$-\frac{1}{2a^2}\int (a^2t^2-1)^{\frac{1}{2}} d(a^2t^2-1)$$
  
= $-\frac{(a^2t^2-1)^{\frac{3}{2}}}{3a^2}+C=-\frac{(a^2-x^2)^{\frac{3}{2}}}{3a^2x^3}+C$ 

当 x < 0 时, 类似可得同样结果.

### 小结:

#### 1. 第二类换元法常见类型:

(1) 
$$\int f(x, \sqrt[n]{ax+b}) dx$$
,  $\Leftrightarrow t = \sqrt[n]{ax+b}$ 

(2) 
$$\int f(x, \sqrt[n]{\frac{ax+b}{cx+d}}) dx, \quad \Leftrightarrow t = \sqrt[n]{\frac{ax+b}{cx+d}}$$

(3) 
$$\int f(x, \sqrt{a^2 - x^2}) dx, \Leftrightarrow x = a \sin t \quad \vec{\boxtimes} x = a \cos t$$

(4) 
$$\int f(x, \sqrt{a^2 + x^2}) dx, \Leftrightarrow x = a \tan t$$

(5) 
$$\int f(x, \sqrt{x^2 - a^2}) dx, \Leftrightarrow x = a \sec t$$

(6) 
$$\int f(a^x) dx, \Leftrightarrow t = a^x$$

(7) 分母中因子次数较高时,可试用倒代换

#### 2. 常用基本积分公式的补充

(16) 
$$\int \tan x \, \mathrm{d} x = -\ln|\cos x| + C$$

$$(17) \quad \int \cot x dx = \ln|\sin x| + C$$

(18) 
$$\int \sec x dx = \ln |\sec x + \tan x| + C$$

(19) 
$$\int \csc x dx = \ln|\csc x - \cot x| + C$$

(20) 
$$\int \frac{1}{a^2 + x^2} dx = \frac{1}{a} \arctan \frac{x}{a} + C$$

(21) 
$$\int \frac{1}{x^2 - a^2} \, dx = \frac{1}{2a} \ln \left| \frac{x - a}{x + a} \right| + C$$

(22) 
$$\int \frac{1}{\sqrt{a^2 - x^2}} \, \mathrm{d}x = \arcsin \frac{x}{a} + C$$

(23) 
$$\int \frac{1}{\sqrt{x^2 + a^2}} dx = \ln(x + \sqrt{x^2 + a^2}) + C$$

(24) 
$$\int \frac{1}{\sqrt{x^2 - a^2}} dx = \ln|x + \sqrt{x^2 - a^2}| + C$$

例11. 求 
$$I = \int \frac{\mathrm{d}x}{\sqrt{4x^2+9}}$$
.

**#:** 
$$I = \frac{1}{2} \int \frac{d(2x)}{\sqrt{(2x)^2 + 3^2}} = \frac{1}{2} \ln \left| 2x + \sqrt{4x^2 + 9} \right| + C$$

例12. 求 
$$\int \frac{\mathrm{d}x}{x^2 \sqrt{x^2 + a^2}}.$$

**解:** 令  $x = \frac{1}{t}$ ,得

原式 = 
$$-\int \frac{t}{\sqrt{a^2t^2 + 1}} dt$$

$$= -\frac{1}{2a^2} \int \frac{d(a^2t^2 + 1)}{\sqrt{a^2t^2 + 1}} = -\frac{1}{a^2} \sqrt{a^2t^2 + 1} + C$$

$$= -\frac{\sqrt{x^2 + a^2}}{a^2x} + C$$

#### 备用题 1. 求下列积分:

1) 
$$\int x^{2} \frac{1}{\sqrt{x^{3}+1}} dx = \frac{1}{3} \int \frac{1}{\sqrt{x^{3}+1}} d(x^{3}+1)$$
$$= \frac{2}{3} \sqrt{x^{3}+1} + C$$

2) 
$$\int \frac{2x+3}{\sqrt{1+2x-x^2}} dx = \int \frac{-(2-2x)+5}{\sqrt{1+2x-x^2}} dx$$
$$= -\int \frac{d(1+2x-x^2)}{\sqrt{1+2x-x^2}} + 5 \int \frac{d(x-1)}{\sqrt{2-(x-1)^2}}$$
$$= -2\sqrt{1+2x-x^2} + 5 \arcsin \frac{x-1}{\sqrt{2}} + C$$