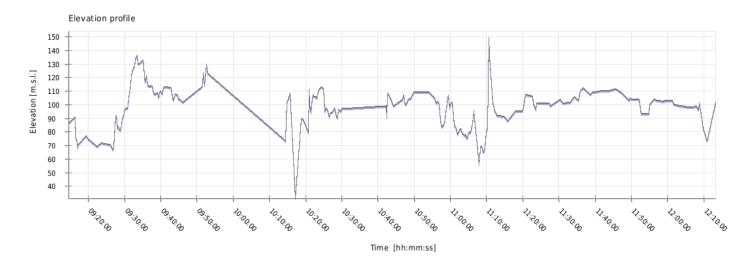
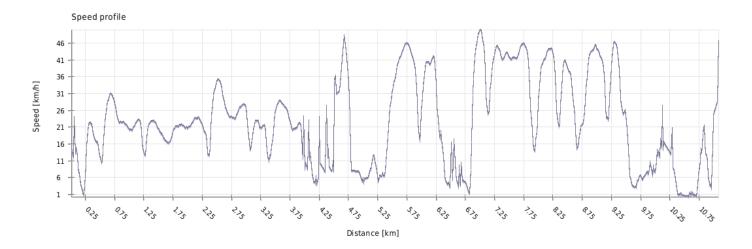
Elevation

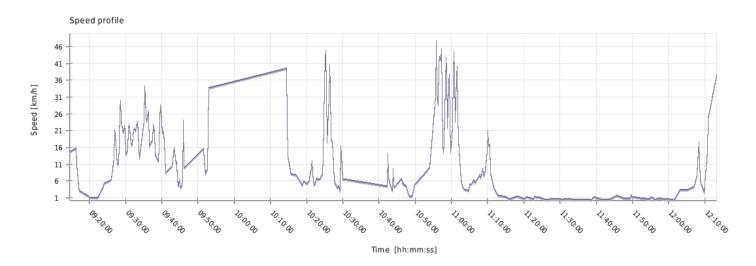




Minimum elevation:	31 m.s.l.
Maximum elevation:	154 m.s.l.
Average elevation:	99.9 m.s.l.
Maximum difference:	123 m
Total climbing:	742 m
Total descent:	718 m
Start elevation:	88.2 m.s.l.
End elevation:	112 m.s.l.
Final balance:	23.8 m

Speed





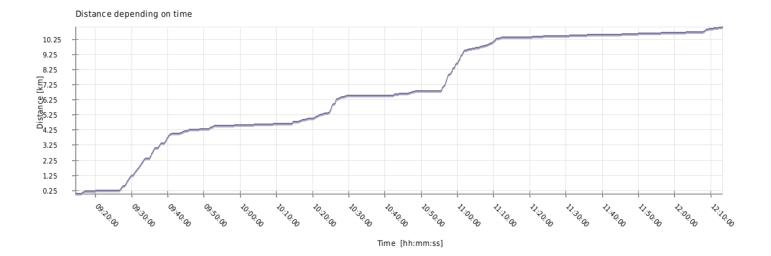
Minimum speed:	0.3 km/h
Maximum speed:	49.9 km/h
Average climbing speed :	15.8 km/h
Average descent speed :	14.1 km/h
Average flat speed:	22.6 km/h
Average speed:	17.5 km/h

2 Aug 2024 12:00:35

Time

Date of track:	2.8.2024
Start time:	09:14:28
End time:	12:13:19
Total track time:	2h 58m 51s
Climbing time:	1h 24m 35s
Descent time:	53m 43s
Flat time:	40m 33s

Distance



Total flat distance:	10.7 km
Total real distance:	11.1 km
Climbing distance:	3.2 km
Descent distance:	3.5 km
Flat distance:	4.4 km