

# Multiple Regression

Apply and extend the simple regression concepts to multiple regression. Evaluation of multivariate model.

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# Agenda

- Understand the reasoning behind multiple regression.
- Apply and extend simple regression concepts to multiple regression.
- Learn to evaluate the quality of a multiple regression model.
- Understand and interpret multiple linear regression analysis.
- Develop a multiple regression model and estimate it using STATA.

Suppose you're making a dish and someone asks, "What makes it taste good?"



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You might say "Salt!"—but salt alone isn't enough. You need spices, oil, and other ingredients to get the full flavor.

Can adding too many ingredients (predictors) sometimes make the dish (model) worse?

# From Simple to Multiple Regression

## Extending the Regression Model

- In **simple regression**, we used one independent variable to predict  $Y$ :

$$Y_i = \beta_0 + \beta_1 X_{1i} + \varepsilon_i$$

- In **multiple regression**, we expand this to include multiple predictors:

$$Y_i = \beta_0 + \beta_1 X_{1i} + \beta_2 X_{2i} + \cdots + \beta_k X_{ki} + \varepsilon_i$$

- This allows us to better model complex relationships by considering multiple explanatory variables at once.

**Key Question:** Why might a single variable be insufficient to explain  $Y$ ?

## Expected Value of $Y$

- In expectation, we assume the systematic part of the model explains  $Y$ :

$$E[Y_i] = \beta_0 + \beta_1 X_{1i} + \beta_2 X_{2i} + \cdots + \beta_k X_{ki}$$

- The coefficients  $\beta_1, \beta_2, \dots, \beta_k$  represent the effect of each predictor on  $Y$ , holding other variables constant.

## Special Case:

- If  $X_1 = X_2 = \cdots = X_k = 0$ , then  $E[Y_i] = \beta_0$  (the intercept).
- This is the predicted value of  $Y$  when all independent variables are zero.

# Role of the Error Term

## Why Do We Need an Error Term?

- The model does not explain all variation in  $Y$ , so we introduce an error term  $\varepsilon_i$ :

$$Y_i = E[Y_i] + \varepsilon_i$$

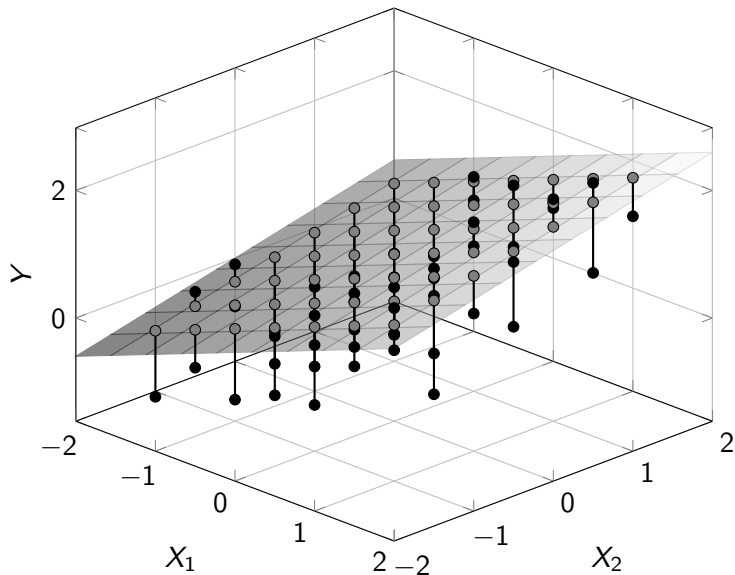
- Substituting for  $E[Y_i]$ :

$$Y_i = \beta_0 + \beta_1 X_{1i} + \beta_2 X_{2i} + \cdots + \beta_k X_{ki} + \varepsilon_i$$

- The error term accounts for:
  - Omitted variables
  - Measurement errors
  - Randomness in the data

The error term should be randomly distributed and uncorrelated with the explanatory variables for valid inference.

# The Least-Squares Principle in Multiple Regression



$$\hat{Y}_i = \hat{\beta}_0 + \hat{\beta}_1 X_{1i} + \hat{\beta}_2 X_{2i}$$

$\hat{Y}_i$  (predicted)

$\hat{\epsilon}_i$  (residual)

$Y_i$  (observed)



# Estimation in Multiple Regression

## The Least-Squares Principle

- The Least Squares Method minimizes the sum of squared residuals to find the best-fitting regression plane.
- In a model with two independent variables:

$$\hat{Y}_i = \hat{\beta}_0 + \hat{\beta}_1 X_{1i} + \hat{\beta}_2 X_{2i}$$

- The regression coefficients  $\hat{\beta}_0, \hat{\beta}_1, \hat{\beta}_2$  are estimated by minimizing:

$$\min \sum \hat{\varepsilon}_i^2, \quad \text{where } \hat{\varepsilon}_i = Y_i - \hat{Y}_i$$

## Key Insight:

- In simple regression, the least-squares method finds the best-fitting line.
- In multiple regression, it finds the best-fitting regression plane (for two predictors) or hyperplane (for more than two predictors).

Why does minimizing residuals lead to the best estimates of the coefficients?

# Interpreting Regression Coefficients

## How to Interpret $\beta_k$ in Multiple Regression?

- Each coefficient  $\beta_k$  represents the effect of the corresponding variable  $X_k$  on  $Y$ , while keeping all other variables constant.
- Example Model:

$$Y_i = \beta_0 + \beta_1 X_{1i} + \beta_2 X_{2i} + \beta_3 X_{3i} + \varepsilon_i$$

- Interpretation:
  - $\beta_1$ : Change in  $Y$  for a one-unit increase in  $X_1$ , holding  $X_2$  and  $X_3$  constant.
  - $\beta_2$ : Change in  $Y$  for a one-unit increase in  $X_2$ , holding  $X_1$  and  $X_3$  constant.
  - $\beta_3$ : Change in  $Y$  for a one-unit increase in  $X_3$ , holding  $X_1$  and  $X_2$  constant.

Why is it important to interpret coefficients in the context of holding other variables constant?

## Assessing Model Fit in Multiple Regression

- Residual Standard Deviation ( $\hat{\sigma}_\epsilon$ )
  - Measures how much the observed  $Y_i$  values deviate from predicted  $\hat{Y}_i$ .
  - Lower values indicate a better model fit.
- Coefficient of Determination ( $R^2$ )

$$R^2 = 1 - \frac{\sum \hat{\epsilon}_i^2}{\sum (Y_i - \bar{Y})^2}$$

- Measures the proportion of total variation in  $Y$  explained by the regression model.
- Higher values indicate a better fit, but adding more variables can artificially inflate  $R^2$ .

# The F-Test in Multiple Regression

## Testing Overall Model Significance

- The F-test checks whether at least one independent variable significantly explains variation in  $Y$ .
- Null Hypothesis ( $H_0$ ):  $\beta_1 = \beta_2 = \dots = \beta_k = 0$  (None of the independent variables explain  $Y$ )
- Alternative Hypothesis ( $H_1$ ): At least one  $\beta_k \neq 0$  (At least one predictor explains  $Y$ )

## F-statistic formula:

$$F = \frac{R^2/(K - 1)}{(1 - R^2)/(n - K)}$$

where:

- $K - 1$  = degrees of freedom for the model
- $n - K$  = degrees of freedom for the residuals

## Decision Rule:

- If the p-value from the F-test is less than 0.05, reject  $H_0$ .

# Adjusted $R^2$ : A More Reliable Measure of Fit

## Why Adjust $R^2$ ?

- Issue with  $R^2$ : Adding more independent variables **always** increases  $R^2$ , even if the new variables are irrelevant.
- This can create an illusion of a better model when the added variables do not truly improve explanatory power.
- **Solution:** Adjusted  $R^2$  penalizes unnecessary variables.

## Formula for Adjusted $R^2$ :

$$R_{\text{adj}}^2 = R^2 - \left( \frac{K - 1}{n - K} \right) (1 - R^2)$$

where:

- $K$  = number of predictors (independent variables)
- $n$  = number of observations

## Key Properties:

# Partial Slope Coefficients in Multiple Regression

## Understanding Statistical Control

- In experimental research, we ensure comparability by keeping conditions the same (e.g., random assignment).
- In non-experimental settings, multiple regression helps achieve **statistical control**.
- This means estimating the effect of an independent variable while holding other variables constant.

## Mathematical Representation:

$$\hat{Y}_i = \hat{\beta}_0 + \hat{\beta}_1 X_{1i} + \hat{\beta}_2 X_{2i}$$

- $\hat{\beta}_1$  is the **partial slope coefficient** for  $X_1$ —it represents the change in  $\hat{Y}$  for a one-unit increase in  $X_1$ , controlling for  $X_2$ .
- $\hat{\beta}_2$  is the partial effect of  $X_2$  on  $Y$ , controlling for  $X_1$ .

## Example: Calculating Predicted Values

$$\hat{Y}_i = -90.3 + 16.8X_1 + 2.23X_2$$

- If  $X_1$  increases from 14 to 15, while holding  $X_2$  constant, the predicted  $\hat{Y}_i$  increases by 16.8 (which is  $\hat{\beta}_1$ ).
- This confirms that the effect of  $X_1$  remains the same at different values of  $X_2$ .

### Key Insight:

- Multiple regression removes confounding effects, making estimates less biased than simple regression.
- Same significance testing procedures apply as in simple regression, but with adjusted degrees of freedom.

Why is it important to control for other variables when estimating the effect of  $X_1$  on  $Y$ ?

# Prediction in Multiple Regression

## Extending Prediction from Simple to Multiple Regression

- In simple regression, we predict mean- $Y$  for a single independent variable  $X_1$ .
- In multiple regression, we predict mean- $Y$  based on multiple independent variables  $X_1, X_2, \dots, X_k$ .

## Example: Predicting Mean- $Y$

$$\hat{Y}_i = \hat{\beta}_0 + \hat{\beta}_1 X_{1i} + \hat{\beta}_2 X_{2i}$$

Given the estimated regression equation:

$$\hat{Y}_i = 2,674,274 + 151,855X_1 + 100,000X_2$$

If  $X_1 = 3$  and  $X_2 = 5$ , we compute:

$$\begin{aligned}\hat{Y} &= 2,674,274 + (151,855 \times 3) + (100,000 \times 5) \\ &= 3,629,839\end{aligned}$$

## Key Takeaways:

- We can predict  $\hat{Y}$  for any combination of  $X_1, X_2, \dots, X_k$  within the observed data range.
- The accuracy of predictions depends on how well the regression model fits the data.
- As in simple regression, we can construct confidence intervals for these predictions.



# Why Standardize Regression Coefficients?

- In multiple regression, independent variables often have different measurement units.
- Directly comparing unstandardized coefficients can be misleading.
- Standardized coefficients (Beta Coefficients) allow direct comparisons by expressing effects in standard deviation units.

## **Standardization is useful when:**

- Variables are measured on different scales (e.g., age in years vs. income in thousands).
- We want to compare the relative importance of predictors in explaining  $Y$ .

Why can't we directly compare raw regression coefficients when variables have different units?

# Computing Standardized Coefficients

## Standardizing Variables:

$$Z_{X_i} = \frac{X_i - \bar{X}}{\hat{\sigma}_X}, \quad Z_Y = \frac{Y - \bar{Y}}{\hat{\sigma}_Y}$$

- This converts raw values into z-scores (standard deviations from the mean).

## Formula for Standardized Coefficients (Beta Coefficients):

$$\hat{b}_k = \hat{\beta}_k \times \left( \frac{\hat{\sigma}_{X_k}}{\hat{\sigma}_Y} \right)$$

where:

- $\hat{\beta}_k$  = unstandardized regression coefficient
- $\hat{\sigma}_{X_k}, \hat{\sigma}_Y$  = standard deviations of predictor and dependent variable

**Key Interpretation:** -  $\hat{b}_k$  represents the number of standard deviations  $Y$  changes for a one-standard-deviation increase in  $X_k$ .

# Interpreting Standardized Coefficients

## How Do We Interpret $\hat{b}_k$ ?

- Standardized coefficients range between -1 and 1.
- Larger absolute values indicate stronger relationships.
- Interpretation: -  $\hat{b}_k = 0.5 \rightarrow$  A one standard deviation increase in  $X_k$  leads to a 0.5 standard deviation increase in  $Y$ .

## Effect Size Guidelines:

- $\hat{b}_k < 0.09 \rightarrow$  Small effect
- $0.1 \leq \hat{b}_k \leq 0.2 \rightarrow$  Moderate effect
- $\hat{b}_k \geq 0.2 \rightarrow$  Large effect

**Key Question:** How does standardization help us determine which predictor has the greatest impact on  $Y$ ?

## Excercise: Presents for a Partner

Making use of ' datasets/present.dta' data estimate the following model:

$$E[Present\_Value_i] = \beta_0 + \beta_1 Attractiveness_i + \beta_2 Kindness_i + \beta_3 Age_i$$

How would you interpret the  $\beta_0$  coefficient? What about the significance? Is this making any sense?

And what about  $\beta_1$ ,  $\beta_2$ , and  $\beta_3$ ? Are they statistically significant?

What is the explained variation in present value give the attractiveness and kindness of the partner?

```
. regress Present_Value Attractiveness Kindness Age
```

Source	SS	df	MS	Number of obs	=	20
-----+-----				F(3, 16)	=	14.39
Model	698034.608	3	232678.203	Prob > F	=	0.0001
Residual	258623.592	16	16163.9745	R-squared	=	0.7297
-----+-----				Adj R-squared	=	0.6790
Total	956658.2	19	50350.4316	Root MSE	=	127.14
-----						
Present_Value	Coef.	Std. Err.	t	P> t	[95\% Conf. Interval]	
-----+-----						
Attractiveness	49.48174	19.41294	2.55	0.021	8.328152	90.63532
Kindness	33.93441	14.94049	2.27	0.037	2.26198	65.60683
Age	5.595464	2.58597	2.16	0.046	.1134516	11.07748
_cons	-66.95579	84.62477	-0.79	0.440	-246.3523	112.4407
-----						

```
. regress Present_Value Attractiveness Kindness Age, beta *to estimate standardized
    coefficient add option 'beta'
```

Source	SS	df	MS	Number of obs	=	20
-----+-----				F(3, 16)	=	14.39
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Present_Value	Coef.	Std. Err.	t	P> t		Beta
-----+-----						
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Kindness	33.93441	14.94049	2.27	0.037		.3534765
Age	5.595464	2.58597	2.16	0.046		.3236054
_cons	-66.95579	84.62477	-0.79	0.440		.
-----						

# How much variation is explained by our independent variables?

```
. pcorr Present_Value Attractiveness Kindness Age  
(obs=20)
```

Partial and semipartial correlations of Present\_Value with

Variable	Partial Corr.	Semipartial Corr.	Partial Corr.^2	Semipartial Corr.^2	Significance Value
-----+-----					
Attractiv~s	0.5374	0.3313	0.2888	0.1098	0.0215
Kindness	0.4938	0.2952	0.2438	0.0872	0.0373
Age	0.4758	0.2813	0.2264	0.0791	0.0460

Why these squared semi-partial correlations do not sum up to the  $R^2$  value?

# Prediction of the mean- $Y$ values as specific $X$ -values

---

```
. margins, at(Attractiveness = 7 Kindness = 7 Age = 30)
```

```
Adjusted predictions      Number of obs      =           20  
Model VCE      : OLS
```

```
Expression      : Linear prediction, predict()  
at              : Attractive~s      =           7  
                  Kindness          =           7  
                  Age                =          30
```

```
-----  
              |              Delta-method  
              |      Margin      Std. Err.      t    P>|t|      [95% Conf. Interval]  
-----+-----  
      _cons |      684.8211      74.73415      9.16   0.000      526.3918      843.2504  
-----
```

---



# Prediction of the mean-Y values as specific $X_i$ -values

```
. margins, at(Attractiveness=(1(1)7))
```

```
Predictive margins                                Number of obs   =           20
Model VCE      : OLS
```

```
Expression    : Linear prediction, predict()
```

```
1._at         : Attractive~s   =           1
```

```
2._at         : Attractive~s   =           2
```

```
3._at         : Attractive~s   =           3
```

```
4._at         : Attractive~s   =           4
```

```
5._at         : Attractive~s   =           5
```

```
6._at         : Attractive~s   =           6
```

```
7._at         : Attractive~s   =           7
```

-----							
		Delta-method					
		Margin	Std. Err.	t	P> t	[95% Conf. Interval]	
-----							
_at							
1		298.1216	57.08541	5.22	0.000	177.1059	419.1372
2		347.6033	41.39577	8.40	0.000	259.8482	435.3584
3		397.085	30.36774	13.08	0.000	332.7083	461.4618
4		446.5668	29.74077	15.02	0.000	383.5192	509.6144
5		496.0485	40.00689	12.40	0.000	411.2377	580.8593
6		545.5303	55.41041	9.85	0.000	428.0654	662.9951
7		595.012	72.7585	8.18	0.000	440.7709	749.2531
-----							

# esttab to Export Your Results

---

```
reg Present_Value Attractiveness Kindness Age
estimates store my_regression
estadd beta
esttab my_regression, title (Regression Model) nonnumber ///
    mlabel(Results) ///
    cells(b(star fmt(2)) ci(par) beta(par)) ///
    stats(N p r2 r2_a rmse, ///
    labels( Number    of observations ///
           Model    significance    R -square    ///
           Adjusted  R-square    Residual    standard deviation )) ///
    varwidth(30) legend
```

---

Table: Regression Model

	Results
	$\beta / ci95 / \beta^{standardized}$
Attractiveness	49.48* [8.33,90.64] (0.39)
Kindness	33.93* [2.26,65.61] (0.35)
Age	5.60* [0.11,11.08] (0.32)
Constant	-66.96 [-246.35,112.44]
Number of observations	20.00
Model significance	0.00
R-square	0.73
Adjusted R-square	0.68
Residual standard deviation	127.14

\*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$

- Laffers, L. (2021). *Draft poznámok k predmetu Moderná Aplikovaná regresia 1*. UMB Banská Bystrica.
- Mehmetoglu, M. and Jakobsen, T. G. (2022). *Applied Statistics using Stata: a Guide for the Social Sciences*. Sage.