

Discover
the
Essentials
of the **Bible**

For personal reflection and small
group discussion

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Why the Bible?

What is the Bible?

The word 'Bible' comes from a Greek word meaning 'book' – *the* book! It consists of 66 books penned by forty authors. The Bible is comprised of two parts: the Old Testament and the New Testament. The first part (or testament) depicts the beginning of humanity, the birth and life of the Jewish nation. Here, we also find the promised Redeemer and prophesied Messiah, Jesus Christ, who offers mankind a new life. The second part gives an account of his life and of those he sent to proclaim His message. These sent-messengers (apostles) founded Christian communities, leaving them extensive instructions in the form of letters.

The Old Testament

<i>Approx. Date</i>	<i>Event</i>
?	Creation
2000 B.C.	Abraham
1500	Moses [Some attribute him a different date]
1000	David
500	Last Prophets

The New Testament

0 - 30 A.D.	Jesus
30 - 60	Acts of the Apostles
50 - 70	Letters
90	Revelation

To help you find your way around

Each of the 66 books of the Bible is separated into chapters (numbers in **bold**) and into verses or phrases (small numbers within the text). If you want to read John 3:16, "John" is the title of the book (also known as the Gospel according to John). The first number corresponds to the chapter, and the second number corresponds to the verse or phrase (a small number inserted into the text). Try to find Jean 3:16 if you have a Bible!

Is the Bible Accurate?

You be the judge!

The Bible itself claims to be reliable and accurate. Jesus himself declares its affirmations to be true (Matthew 5:18). Luke maintains to have done extensive research for his Gospel (Luke 1:1-4). The Apostle Paul writes to Timothy that "All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness (2 Timothy 3:16)." The Apostle Peter adds: "...no prophecy of the Scriptures came about by the prophet's own

interpretation of things. For prophecy never had its origin in human will, but prophets, though human, spoke from God as they were carried along by the Holy Spirit.” (2 Peter 1:20-21 NIV).

There is also proof of this irrefutability. For example, many stories recorded in the Bible correspond to findings in archeological excavations (the Hittite civilization, Elba and the world of Genesis, Gallio, the proconsul of Achaia, etc.). The heroes of the Bible are presented in all of their weakness (which is rare for a religious text). And, above all, the remarkable prophecies of the Bible were written centuries before their fulfillment.

This book is also accurate in the transmission of its message. Five thousand Greek manuscripts of the New Testament, along with hundreds of manuscripts of the Old Testament found near the Dead Sea in 1947, testify that current Bibles are reliable reflections of the originals.

Why Discover the Bible?

The Bible was the first book ever printed (in 1456 by Gutenberg). More than 40 million copies are distributed each year. This book is translated into 475 languages, with excerpts existing in more than 2,000 other languages and dialects. Arts, literature and politics are either inspired by or opposed to its message. It is a book worth discovering!

The Bible gives meaning to life. It responds to the most common and profound questions of mankind. It explains man’s presence on the earth...his penchant for war...his origins and his final destination.

Most importantly, it explains how to discover and enjoy a relationship with God which will last beyond death.

How Can I Discover the Bible for Myself?

We have selected several essential passages of the Bible. Each text allows us to understand the underlying meaning of this book as a whole. The proposed questions can facilitate small group discussions or help you in your personal time of reflection. Certain questions deal with comprehension of the text (“Understand”) or encourage you to imagine the emotions of the characters within the story (“Feel”), and others inspire practical application of the passage (“Live”).

In order to get started, you will need: a highlighter to underline Bible verses and a pen and notebook to note your responses or remarks. Try to summarize each theme in a few phrases and find the main idea of the chapter.

Enjoy discovering the Bible!

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Objective: Discover God's intention during Creation

References: Genesis 1:1-5, 1:24-31, and 2:15-25

Comments: Moses is the author of Genesis, one of the first five books of the Bible which formed the Jewish Torah. It was written in the 15th century B.C. (Before Christ)

1 ¹ In the beginning God created the heavens and the earth. ² Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters. ³ And God said, "Let there be light," and there was light. ⁴ God saw that the light was good, and he separated the light from the darkness. ⁵ God called the light "day," and the darkness he called "night." And there was evening, and there was morning—the first day.

[...] ²⁴ And God said, "Let the land produce living creatures according to their kinds: the livestock, the creatures that move along the ground, and the wild animals, each according to its kind." And it was so. ²⁵ God made the wild animals according to their kinds, the livestock according to their kinds, and all the creatures that move along the ground according to their kinds. And God saw that it was good. ²⁶ Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground." ²⁷ So God created mankind in his own image, in the image of God he created them; male and female he created them. ²⁸ God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." ²⁹ Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food. ³⁰ And to all the beasts of the earth and all the birds in the sky and all the creatures that move along the ground—everything that has the breath of life in it—I give every green plant for food." And it was so. ³¹ God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

[...] **2** ¹⁵ The LORD God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶ And the LORD God commanded the man, "You are free to eat from any tree in the garden; ¹⁷ but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly

die.”¹⁸ The LORD God said, “It is not good for the man to be alone. I will make a helper suitable for him.”¹⁹ Now the LORD God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name.²⁰ So the man gave names to all the livestock, the birds in the sky and all the wild animals. But for Adam no suitable helper was found.²¹ So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man’s ribs and then closed up the place with flesh.²² Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man.²³ The man said, “This is now bone of my bones and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man.”²⁴ That is why a man leaves his father and mother and is united to his wife, and they become one flesh.²⁵ Adam and his wife were both naked, and they felt no shame.

Discussion: Understand - Feel - Live

1. Summarize this story in your own words...
2. What differentiates men from animals?
3. What is the role of humans on earth?
4. Why did God place the “Tree of the Knowledge of Good and Evil” in the Garden?
5. How would you have considered this command?
6. In what ways were the man and the woman similar? In what ways were they different?
7. What could one say is God’s intention for the couple?
8. What feeling or emotion is evident in this story?
9. How would your perception of life change if you believed you were not here by chance?
10. What would your life be like if you had an intimate relationship with God?
11. In what ways is our world different today?

Objective: Discover the origin of suffering in the world

References: Genesis 3:1-24 and 4:1-8

3 ¹ Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden?’” ² And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, ³ but God said, ‘You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.’” ⁴ But the serpent said to the woman, “You will not surely die. ⁵ For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” ⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths. ⁸ And they heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. ⁹ But the Lord God called to the man and said to him, “Where are you?” ¹⁰ And he said, “I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself.” ¹¹ He said, “Who told you that you were naked? Have you eaten of the tree of which I commanded you not to eat?” ¹² The man said, “The woman whom you gave to be with me, she gave me fruit of the tree, and I ate.” ¹³ Then the Lord God said to the woman, “What is this that you have done?” The woman said, “The serpent deceived me, and I ate.” ¹⁴ The Lord God said to the serpent, “Because you have done this, cursed are you above all livestock and above all beasts of the field; on your belly you shall go, and dust you shall eat all the days of your life. ¹⁵ I will put enmity between you and the woman, and between your offspring and her offspring; he shall bruise your head, and you shall bruise his heel.” ¹⁶ To the woman he said, “I will surely multiply your pain in childbearing; in pain you shall bring forth children. Your desire shall be for your husband, and he shall rule over you.” ¹⁷ And to Adam he said, “Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, ‘You shall not eat of it,’ cursed is the ground because of you; in pain you shall eat of it all the days of your life; ¹⁸ thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. ¹⁹ By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return.” ²⁰ The man called his wife's name Eve, because she was the mother of all living. ²¹ And the Lord God made for Adam and for his wife garments of skins and clothed them. ²² Then the Lord God said, “Behold, the

man has become like one of us in knowing good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever—”²³ therefore the Lord God sent him out from the garden of Eden to work the ground from which he was taken.²⁴ He drove out the man, and at the east of the garden of Eden he placed the cherubim and a flaming sword that turned every way to guard the way to the tree of life.

4¹ Now Adam knew Eve his wife, and she conceived and bore Cain, saying, “I have gotten a man with the help of the Lord.”² And again, she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a worker of the ground.³ In the course of time Cain brought to the Lord an offering of the fruit of the ground,⁴ and Abel also brought of the firstborn of his flock and of their fat portions. And the Lord had regard for Abel and his offering,⁵ but for Cain and his offering he had no regard. So Cain was very angry, and his face fell.⁶ The Lord said to Cain, “Why are you angry, and why has your face fallen?⁷ If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is for you, but you must rule over it.”⁸ Cain spoke to Abel his brother. And when they were in the field, Cain rose up against his brother Abel and killed him.

Discussion: Understand - Feel - Live

1. Why did the man and the woman decide to eat the fruit from the Tree of Knowledge of Good and Evil?
2. How would you define their act?
3. What were the consequences of this act :
 - In their relationship with God?
 - In the emotions felt by Adam and Eve?
 - In the unity of the couple and their priorities in life?
 - In nature?
4. Have you felt similar emotions?
5. Summarize the story of Cain and Abel...Why did Cain kill Abel?
6. What can we learn about the way we approach God through the story of Cain and Abel? Who defines how we approach God?
7. Can we identify with the characters in this story? Which ones and why?

- Objective:** Discover God's first promises to re-establish the broken relationship between Him and mankind
- References:** Genesis 12:1-5, 17:1-9, and 22:1-18
- Comments:** God chose Abram, whose name He later changed to Abraham, to be the patriarch of a nation through whom God would reveal Himself to all humanity.

12 ¹ Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you." ² And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. ³ I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed." ⁴ So Abram went, as the Lord had told him, and Lot went with him. Abram was seventy-five years old when he departed from Haran. ⁵ And Abram took Sarai his wife, and Lot his brother's son, and all their possessions that they had gathered, and the people that they had acquired in Haran, and they set out to go to the land of Canaan.

17 ¹ When Abram was ninety-nine years old the Lord appeared to Abram and said to him, "I am God Almighty; walk before me, and be blameless, ² that I may make my covenant between me and you, and may multiply you greatly." ³ Then Abram fell on his face. And God said to him, ⁴ "Behold, my covenant is with you, and you shall be the father of a multitude of nations. ⁵ No longer shall your name be called Abram, but your name shall be Abraham, for I have made you the father of a multitude of nations. ⁶ I will make you exceedingly fruitful, and I will make you into nations, and kings shall come from you. ⁷ And I will establish my covenant between me and you and your offspring after you throughout their generations for an everlasting covenant, to be God to you and to your offspring after you. ⁸ And I will give to you and to your offspring after you the land of your sojournings, all the land of Canaan, for an everlasting possession, and I will be their God." ⁹ And God said to Abraham, "As for you, you shall keep my covenant, you and your offspring after you throughout their generations."

22 [...] ¹ After these things God tested Abraham and said to him, "Abraham!" And he said, "Here I am." ² He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains of which I shall tell you." ³ So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his

son Isaac. And he cut the wood for the burnt offering and arose and went to the place of which God had told him. ⁴On the third day Abraham lifted up his eyes and saw the place from afar. ⁵Then Abraham said to his young men, “Stay here with the donkey; I and the boy will go over there and worship and come again to you.” ⁶And Abraham took the wood of the burnt offering and laid it on Isaac his son. And he took in his hand the fire and the knife. So they went both of them together. ⁷And Isaac said to his father Abraham, “My father!” And he said, “Here I am, my son.” He said, “Behold, the fire and the wood, but where is the lamb for a burnt offering?” ⁸Abraham said, “God will provide for himself the lamb for a burnt offering, my son.” So they went both of them together. ⁹When they came to the place of which God had told him, Abraham built the altar there and laid the wood in order and bound Isaac his son and laid him on the altar, on top of the wood. ¹⁰Then Abraham reached out his hand and took the knife to slaughter his son. ¹¹But the angel of the Lord called to him from heaven and said, “Abraham, Abraham!” And he said, “Here I am.” ¹²He said, “Do not lay your hand on the boy or do anything to him, for now I know that you fear God, seeing you have not withheld your son, your only son, from me.” ¹³And Abraham lifted up his eyes and looked, and behold, behind him was a ram, caught in a thicket by his horns. And Abraham went and took the ram and offered it up as a burnt offering instead of his son. ¹⁴So Abraham called the name of that place, “The Lord will provide”; as it is said to this day, “On the mount of the Lord it shall be provided.” ¹⁵And the angel of the Lord called to Abraham a second time from heaven ¹⁶and said, “By myself I have sworn, declares the Lord, because you have done this and have not withheld your son, your only son, ¹⁷I will surely bless you, and I will surely multiply your offspring as the stars of heaven and as the sand that is on the seashore. And your offspring shall possess the gate of his enemies, ¹⁸and in your offspring shall all the nations of the earth be blessed, because you have obeyed my voice.”

Discussion: Understand - Feel - Live

1. What does God request of Abraham? What does God promise him?
2. Why does God ask Abraham to sacrifice his son? [In other passages, the Bible forbids human sacrifice].
3. Abraham seems certain that he will return *with* his son. What does he hope for?
4. What could Abraham have been feeling? Isaac?
5. What was sacrificed in place of Isaac? Why was there a sacrifice?
6. How do you react to this story?
7. What kind of relationship does God want us to have with Him?

- Objective:** Discover man's moral condition before God
- References:** Exodus 20:1-17; Ecclesiastes 2:1-11, 17-23
- Comments:** After delivering the Jewish nation from slavery in Egypt, God established His covenant with the descendants of Abraham. He used Moses to communicate the Ten Commandments with His people. The book of Ecclesiastes is a text written by King Solomon in 10th century B.C. Solomon was the son of David, and is best known for his wisdom and his search for the meaning of life.

Exodus 20 ¹ And God spoke all these words: ²“I am the LORD your God, who brought you out of Egypt, out of the land of slavery. ³“You shall have no other gods before me. ⁴“You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. ⁵ You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, ⁶but showing love to a thousand generations of those who love me and keep my commandments. ⁷“You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name. ⁸“Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. ¹¹For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. ¹²“Honor your father and your mother, so that you may live long in the land the LORD your God is giving you. ¹³“You shall not murder. ¹⁴“You shall not commit adultery. ¹⁵“You shall not steal. ¹⁶“You shall not give false testimony against your neighbor. ¹⁷“You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor.”

Ecclesiastes 2 ¹ I said in my heart, “Come now, I will test you with pleasure; enjoy yourself.” But behold, this also was vanity. ² I said of laughter, “It is mad,” and of pleasure, “What use is it?” ³ I searched with my heart how to cheer my

body with wine—my heart still guiding me with wisdom—and how to lay hold on folly, till I might see what was good for the children of man to do under heaven during the few days of their life. ⁴I made great works. I built houses and planted vineyards for myself. ⁵I made myself gardens and parks, and planted in them all kinds of fruit trees. ⁶I made myself pools from which to water the forest of growing trees. ⁷I bought male and female slaves, and had slaves who were born in my house. I had also great possessions of herds and flocks, more than any who had been before me in Jerusalem. ⁸I also gathered for myself silver and gold and the treasure of kings and provinces. I got singers, both men and women, and many concubines, the delight of the sons of man. ⁹So I became great and surpassed all who were before me in Jerusalem. Also my wisdom remained with me. ¹⁰And whatever my eyes desired I did not keep from them. I kept my heart from no pleasure, for my heart found pleasure in all my toil, and this was my reward for all my toil. ¹¹Then I considered all that my hands had done and the toil I had expended in doing it, and behold, all was vanity and a striving after wind, and there was nothing to be gained under the sun.

[...] ¹⁷ So I hated life, because what is done under the sun was grievous to me, for all is vanity and a striving after wind. ¹⁸I hated all my toil in which I toil under the sun, seeing that I must leave it to the man who will come after me, ¹⁹and who knows whether he will be wise or a fool? Yet he will be master of all for which I toiled and used my wisdom under the sun. This also is vanity. ²⁰So I turned about and gave my heart up to despair over all the toil of my labors under the sun, ²¹because sometimes a person who has toiled with wisdom and knowledge and skill must leave everything to be enjoyed by someone who did not toil for it. This also is vanity and a great evil. ²²What has a man from all the toil and striving of heart with which he toils beneath the sun? ²³For all his days are full of sorrow, and his work is a vexation. Even in the night his heart does not rest. This also is vanity.

Discussion: Understand - Feel - Live

1. Which of the Ten Commandments govern our relationship with God? Our relationship with others?
2. What current laws take their cues from the law that God gave to Moses? Which laws are different today?
3. What is your reaction to reading these commandments? Can they be put into practice today?
4. Where did Solomon look for pleasure? Did he find it?
5. How does his experience compare with ours?
6. Can you find a connection between the Ten Commandments and Solomon's life?

- Objective:** Discover two prophecies given centuries before the promise to Abraham was fulfilled.
- References:** Isaiah 53 and Jeremiah 31:31-34.
- Comments:** The Israelites found it impossible to live up to God's expectations in the Law. They also suffered many enemy invasions throughout the years. These prophecies gave them hope, as they announced the coming "Messiah," who was spoken of in the promises given to Abraham. The prophet Isaiah lived in the 8th century B.C. and Jeremiah at the end of the 7th century B.C. to the beginning of the 6th century B.C.

Isaiah 53 ¹ Who has believed what he has heard from us? And to whom has the arm of the Lord been revealed? ² For he grew up before him like a young plant, and like a root out of dry ground; he had no form or majesty that we should look at him, and no beauty that we should desire him. ³ He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not. ⁴ Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. ⁵ But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed. ⁶ All we like sheep have gone astray; we have turned—every one—to his own way; and the Lord has laid on him the iniquity of us all. ⁷ He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he opened not his mouth. ⁸ By oppression and judgment he was taken away; and as for his generation, who considered that he was cut off out of the land of the living, stricken for the transgression of my people? ⁹ And they made his grave with the wicked and with a rich man in his death, although he had done no violence, and there was no deceit in his mouth. ¹⁰ Yet it was the will of the Lord to crush him; he has put him to grief; when his soul makes an offering for guilt, he shall see his offspring; he shall prolong his days; the will of the Lord shall prosper in his hand. ¹¹ Out of the anguish of his soul he shall see and be satisfied; by his knowledge shall the righteous one, my servant, make many to be accounted righteous, and he shall bear their iniquities. ¹² Therefore I will divide him a portion with the many, and he shall divide the spoil with the strong, because he poured out his soul to death

and was numbered with the transgressors; yet he bore the sin of many, and makes intercession for the transgressors.

Jeremiah 31 ³¹The days are coming,” declares the LORD, “when I will make a new covenant with the people of Israel and with the people of Judah. ³² It will not be like the covenant I made with their ancestors when I took them by the hand to lead them out of Egypt, because they broke my covenant, though I was a husband to them,” declares the LORD. ³³“This is the covenant I will make with the people of Israel after that time,” declares the LORD. “I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people. ³⁴ No longer will they teach their neighbor, or say to one another, ‘Know the LORD,’ because they will all know me, from the least of them to the greatest,” declares the LORD. “For I will forgive their wickedness and will remember their sins no more.”

Discussion: Understand - Feel - Live

1. According to Isaiah, what would the announced servant look like?
2. What was this servant going to do: what would he take upon himself? What would he offer?
3. What images or expressions are used to describe the problem of the human condition?
4. What images or expressions are used to describe God’s solution to the problem?
5. What is the Messiah compared to? What parallels can we establish with the previous chapters we have studied?
6. What is the tone and emotion of the passage in Isaiah?
7. What feelings does the text evoke in you?
8. What does the servant seek to give and what are the benefits of his offer?
9. According to Jeremiah, the Israelites had tremendous difficulty obeying the Law of God. Why?
10. How does God react to the disobedience of His people? What solution does He offer?

- Objective:** Discover the identity of Jesus
- References:** (The Gospel of) Luke 1:26-56 and 2:1-20
- Comments:** Four biographies of Jesus called the ‘Gospels’ (lit. the Good News) were written by His apostles (Matthew and John) or by their associates (Mark and Luke).

1 ²⁶ In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, ²⁷ to a virgin betrothed to a man whose name was Joseph, of the house of David. And the virgin's name was Mary. ²⁸ And he came to her and said, “Greetings, O favored one, the Lord is with you!” ²⁹ But she was greatly troubled at the saying, and tried to discern what sort of greeting this might be. ³⁰ And the angel said to her, “Do not be afraid, Mary, for you have found favor with God. ³¹ And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. ³² He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David, ³³ and he will reign over the house of Jacob forever, and of his kingdom there will be no end.” ³⁴ And Mary said to the angel, “How will this be, since I am a virgin?” ³⁵ And the angel answered her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy—the Son of God. ³⁶ And behold, your relative Elizabeth in her old age has also conceived a son, and this is the sixth month with her who was called barren. ³⁷ For nothing will be impossible with God.” ³⁸ And Mary said, “Behold, I am the servant of the Lord; let it be to me according to your word.” And the angel departed from her. ³⁹ In those days Mary arose and went with haste into the hill country, to a town in Judah, ⁴⁰ and she entered the house of Zechariah and greeted Elizabeth. ⁴¹ And when Elizabeth heard the greeting of Mary, the baby leaped in her womb. And Elizabeth was filled with the Holy Spirit, ⁴² and she exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb! ⁴³ And why is this granted to me that the mother of my Lord should come to me? ⁴⁴ For behold, when the sound of your greeting came to my ears, the baby in my womb leaped for joy. ⁴⁵ And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord.” ⁴⁶ And Mary said, “My soul magnifies the Lord, ⁴⁷ and my spirit rejoices in God my Savior, ⁴⁸ for he has looked on the humble estate of his servant. For behold, from now on all generations will call me blessed; ⁴⁹ for he who is mighty has done great things for me, and holy is his name. ⁵⁰ And his mercy is for those who fear him from generation to generation. ⁵¹ He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts; ⁵² he has brought down the mighty from their thrones and exalted those of humble estate; ⁵³ he has filled the

hungry with good things, and the rich he has sent away empty. ⁵⁴ He has helped his servant Israel, in remembrance of his mercy, ⁵⁵ as he spoke to our fathers, to Abraham and to his offspring forever.” ⁵⁶ And Mary remained with her about three months and returned to her home.

2 ¹ In those days a decree went out from Caesar Augustus that all the world should be registered.² This was the first registration when Quirinius was governor of Syria. ³ And all went to be registered, each to his own town. ⁴ And Joseph also went up from Galilee, from the town of Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David,⁵ to be registered with Mary, his betrothed, who was with child. ⁶ And while they were there, the time came for her to give birth. ⁷ And she gave birth to her firstborn son and wrapped him in swaddling cloths and laid him in a manger, because there was no place for them in the inn.

⁸ And in the same region there were shepherds out in the field, keeping watch over their flock by night. ⁹ And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with great fear. ¹⁰ And the angel said to them, “Fear not, for behold, I bring you good news of great joy that will be for all the people. ¹¹ For unto you is born this day in the city of David a Savior, who is Christ the Lord. ¹² And this will be a sign for you: you will find a baby wrapped in swaddling cloths and lying in a manger.” ¹³ And suddenly there was with the angel a multitude of the heavenly host praising God and saying, ¹⁴ “Glory to God in the highest, and on earth peace among those with whom he is pleased!” ¹⁵ When the angels went away from them into heaven, the shepherds said to one another, “Let us go over to Bethlehem and see this thing that has happened, which the Lord has made known to us.” ¹⁶ And they went with haste and found Mary and Joseph, and the baby lying in a manger. ¹⁷ And when they saw it, they made known the saying that had been told them concerning this child. ¹⁸ And all who heard it wondered at what the shepherds told them. ¹⁹ But Mary treasured up all these things, pondering them in her heart. ²⁰ And the shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them.

Discussion: Understand - Feel - Live

1. How does the angel address Mary and describe the child? What must have Mary felt or thought listening to the angel?
2. How does Mary describe herself?
3. What can we say about Jesus if he was conceived by the Holy Spirit?
4. What do we learn about the future role of Jesus?
5. Why did God announce the child’s birth to the shepherds?
6. With everything we have studied thus far: if Jesus is the “savior,” what does He save us from?

- Objective:** Discover what God requires in order to enter into His kingdom
- References:** John 2:23-3:21
- Comments:** The Pharisees formed a political-religious group focused on living Judaism perfectly according to the religious law. A chief leader of the Jews was a member of the Sanhedrin, who was in charge of the executive and judicial branches of the government. In this passage, Jesus speaks of a snake (serpent) crafted in bronze that the Israelites had to look at in order to be healed from poisonous snake bites that God inflicted on them as a judgment during the days of Moses. (You can read about this in Numbers 21:1-9).

2 ²³ Now when he was in Jerusalem at the Passover Feast, many believed in his name when they saw the signs that he was doing. ²⁴ But Jesus on his part did not entrust himself to them, because he knew all people ²⁵ and needed no one to bear witness about man, for he himself knew what was in man.. **3** ¹ Now there was a man of the Pharisees named Nicodemus, a ruler of the Jews. ² This man came to Jesus by night and said to him, “Rabbi, we know that you are a teacher come from God, for no one can do these signs that you do unless God is with him.” ³ Jesus answered him, “Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.” ⁴ Nicodemus said to him, “How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?” ⁵ Jesus answered, “Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. ⁶ That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. ⁷ Do not marvel that I said to you, ‘You must be born again.’ ⁸ The wind blows where it wishes, and you hear its sound, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” ⁹ Nicodemus said to him, “How can these things be?” ¹⁰ Jesus answered him, “Are you the teacher of Israel and yet you do not understand these things? ¹¹ Truly, truly, I say to you, we speak of what we know, and bear witness to what we have seen, but you do not receive our testimony. ¹² If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things? ¹³ No one has ascended into heaven except he who descended from heaven, the Son of Man. ¹⁴ And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life. ¹⁶ “For God so loved the world, that he gave

his only Son, that whoever believes in him should not perish but have eternal life. ¹⁷For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. ¹⁸Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only Son of God. ¹⁹And this is the judgment: the light has come into the world, and people loved the darkness rather than the light because their works were evil. ²⁰For everyone who does wicked things hates the light and does not come to the light, lest his works should be exposed. ²¹But whoever does what is true comes to the light, so that it may be clearly seen that his works have been carried out in God.”

Discussion: Understand - Feel - Live

1. How does Nicodemus approach the conversation?
2. In what way is Jesus' proposition surprising to this religious man?
3. How did Nicodemus interpret this proposition?
4. If a religious man hears that he must be 'born-again,' what does that mean for the other people?!
5. What does Jesus say about Himself?
6. What is the parallel between the snake (that God asked His people to look up at) and Jesus who will be lifted up?
7. What are the conditions of eternal life? What are the consequences of eternal judgment?
8. What is your reaction to this proclaimed judgment?
9. How would you respond if Jesus offered you a new birth?
10. What is the source of this new birth? Who performs and completes it?
11. What are the results of being born again?
12. Re-read Jean 3:16. In your opinion, what is God's attitude toward you? What do you think about His offer and the way to receive it?

Objective: Discover the quality of inner life Jesus came to offer us

References: (The Gospel of) John 4:1-42

Comments: The Samaritans were despised by the Jews because of their long history of inter-racial mixing with other heathen nations. They had also modified several aspects of the Jewish religion. Women usually came to draw water from the well during the evening hours, when the temperatures dropped

4 ¹ Now when Jesus learned that the Pharisees had heard that Jesus was making and baptizing more disciples than John ² (although Jesus himself did not baptize, but only his disciples), ³ he left Judea and departed again for Galilee. ⁴ And he had to pass through Samaria. ⁵ So he came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. ⁶ Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour. ⁷ A woman from Samaria came to draw water. Jesus said to her, "Give me a drink." ⁸ (For his disciples had gone away into the city to buy food.) ⁹ The Samaritan woman said to him, "How is it that you, a Jew, ask for a drink from me, a woman of Samaria?" (For Jews have no dealings with Samaritans.) ¹⁰ Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹ The woman said to him, "Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water?" ¹² Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock." ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I will not be thirsty or have to come here to draw water." ¹⁶ Jesus said to her, "Go, call your husband, and come here." ¹⁷ The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸ for you have had five husbands, and the one you now have is not your husband. What you have said is true." ¹⁹ The woman said to him, "Sir, I perceive that you are a prophet. ²⁰ Our fathers worshiped on this mountain, but you say that in Jerusalem is the place where people ought to worship." ²¹ Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshipers will worship the

Father in spirit and truth, for the Father is seeking such people to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth.” ²⁵ The woman said to him, “I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things.” ²⁶ Jesus said to her, “I who speak to you am he.”

²⁷ Just then his disciples came back. They marveled that he was talking with a woman, but no one said, “What do you seek?” or, “Why are you talking with her?” ²⁸ So the woman left her water jar and went away into town and said to the people, ²⁹ “Come, see a man who told me all that I ever did. Can this be the Christ?” ³⁰ They went out of the town and were coming to him.

³¹ Meanwhile the disciples were urging him, saying, “Rabbi, eat.” ³² But he said to them, “I have food to eat that you do not know about.” ³³ So the disciples said to one another, “Has anyone brought him something to eat?” ³⁴ Jesus said to them, “My food is to do the will of him who sent me and to accomplish his work. ³⁵ Do you not say, ‘There are yet four months, then comes the harvest’? Look, I tell you, lift up your eyes, and see that the fields are white for harvest. ³⁶ Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, ‘One sows and another reaps.’ ³⁸ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

³⁹ Many Samaritans from that town believed in him because of the woman's testimony, “He told me all that I ever did.” ⁴⁰ So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world.”

Discussion: Understand - Feel - Live

1. What can you imagine about this woman's life if she felt she had to draw water from the well alone at noon?
2. What is Jesus' attitude? Why is it unusual or shocking?
3. How does Jesus lead the conversation? What is trying to communicate to this woman?
4. What is this woman really thirsting after?
5. What is the “living water” Jesus speaks about?
6. What changed in the life of the Samaritan woman and in the lives of the people around her?
7. What is the gift given by God? Who is the one that offers it?
8. What are you really thirsty for?
9. How can you satisfy this thirst?

Objective: Discover God's perspective concerning salvation

References: Luke 15:1-32

15 ¹ Now the tax collectors and sinners were all drawing near to hear him. ² And the Pharisees and the scribes grumbled, saying, "This man receives sinners and eats with them."

³ So he told them this parable: ⁴ "What man of you, having a hundred sheep, if he has lost one of them, does not leave the ninety-nine in the open country, and go after the one that is lost, until he finds it? ⁵ And when he has found it, he lays it on his shoulders, rejoicing. ⁶ And when he comes home, he calls together his friends and his neighbors, saying to them, 'Rejoice with me, for I have found my sheep that was lost.' ⁷ Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.

⁸ "Or what woman, having ten silver coins, if she loses one coin, does not light a lamp and sweep the house and seek diligently until she finds it? ⁹ And when she has found it, she calls together her friends and neighbors, saying, 'Rejoice with me, for I have found the coin that I had lost.' ¹⁰ Just so, I tell you, there is joy before the angels of God over one sinner who repents."

¹¹ And he said, "There was a man who had two sons. ¹² And the younger of them said to his father, 'Father, give me the share of property that is coming to me.' And he divided his property between them. ¹³ Not many days later, the younger son gathered all he had and took a journey into a far country, and there he squandered his property in reckless living. ¹⁴ And when he had spent everything, a severe famine arose in that country, and he began to be in need. ¹⁵ So he went and hired himself out to one of the citizens of that country, who sent him into his fields to feed pigs. ¹⁶ And he was longing to be fed with the pods that the pigs ate, and no one gave him anything.

¹⁷ "But when he came to himself, he said, 'How many of my father's hired servants have more than enough bread, but I perish here with hunger! ¹⁸ I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven and before you. ¹⁹ I am no longer worthy to be called your son. Treat me as one of your hired servants."' ²⁰ And he arose and came to his father. But while he was still a long way off, his father saw him and felt compassion, and ran and embraced him and kissed him. ²¹ And the son said to him, 'Father, I have sinned against heaven and before you. I am no longer worthy to be called your son.' ²² But the father said to his servants, 'Bring quickly the best robe, and put it on him, and put a ring on his hand, and shoes on his feet. ²³ And bring the fattened calf and kill it, and let us eat and celebrate. ²⁴ For this my son was dead, and is alive again; he was lost, and is found.' And they began to celebrate. ²⁵ "Now

his older son was in the field, and as he came and drew near to the house, he heard music and dancing.²⁶ And he called one of the servants and asked what these things meant.²⁷ And he said to him, 'Your brother has come, and your father has killed the fattened calf, because he has received him back safe and sound.'²⁸ But he was angry and refused to go in. His father came out and entreated him,²⁹ but he answered his father, 'Look, these many years I have served you, and I never disobeyed your command, yet you never gave me a young goat, that I might celebrate with my friends.'³⁰ But when this son of yours came, who has devoured your property with prostitutes, you killed the fattened calf for him!' ³¹ And he said to him, 'Son, you are always with me, and all that is mine is yours. ³² It was fitting to celebrate and be glad, for this your brother was dead, and is alive; he was lost, and is found.'"

Discussion: Understand - Feel - Live

1. What are the two types of listeners? What differentiates one group from the other?
2. What is the common theme of these three stories?
3. What must the two groups of listeners be feeling while listening to Jesus?
4. How do the two sons in the third story reflect the two types of listeners in this passage?
5. Keeping in mind that the Jewish culture is one of honor and shame, how does the father's reaction fly in the face of normal behavior for that time?
6. How do the two sons feel toward their father in the third parable? What is the father's attitude toward his sons?
7. Imagine how the eldest son might have reacted (not in the text)? What would this reveal about his relationship with his father?
8. Has your idea of God changed in reading this passage? If so, in what way?
9. Of the two sons, with which one do you identify the most?
10. What is the requirement for this joy in heaven? Have you personally experienced the characteristics of God revealed through Jesus Christ in these stories?

Objective: Discover the significance of Jesus' death

References: Luke 23:1-25, 32-56

23 ¹ Then the whole company of them arose and brought him before Pilate. ² And they began to accuse him, saying, "We found this man misleading our nation and forbidding us to give tribute to Caesar, and saying that he himself is Christ, a king." ³ And Pilate asked him, "Are you the King of the Jews?" And he answered him, "You have said so." ⁴ Then Pilate said to the chief priests and the crowds, "I find no guilt in this man." ⁵ But they were urgent, saying, "He stirs up the people, teaching throughout all Judea, from Galilee even to this place." ⁶ When Pilate heard this, he asked whether the man was a Galilean. ⁷ And when he learned that he belonged to Herod's jurisdiction, he sent him over to Herod, who was himself in Jerusalem at that time. ⁸ When Herod saw Jesus, he was very glad, for he had long desired to see him, because he had heard about him, and he was hoping to see some sign done by him. ⁹ So he questioned him at some length, but he made no answer. ¹⁰ The chief priests and the scribes stood by, vehemently accusing him. ¹¹ And Herod with his soldiers treated him with contempt and mocked him. Then, arraying him in splendid clothing, he sent him back to Pilate. ¹² And Herod and Pilate became friends with each other that very day, for before this they had been at enmity with each other. ¹³ Pilate then called together the chief priests and the rulers and the people, ¹⁴ and said to them, "You brought me this man as one who was misleading the people. And after examining him before you, behold, I did not find this man guilty of any of your charges against him. ¹⁵ Neither did Herod, for he sent him back to us. Look, nothing deserving death has been done by him. ¹⁶ I will therefore punish and release him." ¹⁸ But they all cried out together, "Away with this man, and release to us Barabbas"—¹⁹ a man who had been thrown into prison for an insurrection started in the city and for murder. ²⁰ Pilate addressed them once more, desiring to release Jesus, ²¹ but they kept shouting, "Crucify, crucify him!" ²² A third time he said to them, "Why, what evil has he done? I have found in him no guilt deserving death. I will therefore punish and release him." ²³ But they were urgent, demanding with loud cries that he should be crucified. And their voices prevailed. ²⁴ So Pilate decided that their demand should be granted. ²⁵ He released the man who had been thrown into prison for insurrection and murder, for whom they asked, but he delivered Jesus over to their will.

[...] ³² Two others, who were criminals, were led away to be put to death with him. ³³ And when they came to the place that is called The Skull, there they crucified him, and the criminals, one on his right and one on his left. ³⁴ And Jesus said, "Father, forgive them, for they know not what they do." And they cast

lots to divide his garments.³⁵ And the people stood by, watching, but the rulers scoffed at him, saying, “He saved others; let him save himself, if he is the Christ of God, his Chosen One!”³⁶ The soldiers also mocked him, coming up and offering him sour wine³⁷ and saying, “If you are the King of the Jews, save yourself!”³⁸ There was also an inscription over him, “This is the King of the Jews.”

³⁹One of the criminals who were hanged railed at him, saying, “Are you not the Christ? Save yourself and us!”⁴⁰ But the other rebuked him, saying, “Do you not fear God, since you are under the same sentence of condemnation?”⁴¹ And we indeed justly, for we are receiving the due reward of our deeds; but this man has done nothing wrong.”⁴² And he said, “Jesus, remember me when you come into your kingdom.”⁴³ And he said to him, “Truly, I say to you, today you will be with me in Paradise.”

⁴⁴It was now about the sixth hour, and there was darkness over the whole land until the ninth hour,⁴⁵ while the sun's light failed. And the curtain of the temple was torn in two.⁴⁶ Then Jesus, calling out with a loud voice, said, “Father, into your hands I commit my spirit!” And having said this he breathed his last.⁴⁷ Now when the centurion saw what had taken place, he praised God, saying, “Certainly this man was innocent!”⁴⁸ And all the crowds that had assembled for this spectacle, when they saw what had taken place, returned home beating their breasts.⁴⁹ And all his acquaintances and the women who had followed him from Galilee stood at a distance watching these things.

⁵⁰Now there was a man named Joseph, from the Jewish town of Arimathea. He was a member of the council, a good and righteous man,⁵¹ who had not consented to their decision and action; and he was looking for the kingdom of God.⁵² This man went to Pilate and asked for the body of Jesus.⁵³ Then he took it down and wrapped it in a linen shroud and laid him in a tomb cut in stone, where no one had ever yet been laid.⁵⁴ It was the day of Preparation, and the Sabbath was beginning.⁵⁵ The women who had come with him from Galilee followed and saw the tomb and how his body was laid.⁵⁶ Then they returned and prepared spices and ointments. On the Sabbath they rested according to the commandment.

Discussion: Understand - Feel - Live

1. Of what was Jesus accused? Was it fair?
2. What were Jesus' reactions to His arrest, His trial and His death? What do we learn from Him?
3. What are the connections between Jesus' death and all that we have read so far?
4. How do you feel when you read the account of Jesus' crucifixion?
5. How does Jesus' experience affect one of the two criminals? What is Jesus' promise to the criminal? Does he deserve it?
6. Where was the body of Christ laid to rest?

Objective: Discover the importance and the consequences of the resurrection of Jesus Christ.

References: Luke 24:1-47

24 ¹ But on the first day of the week, at early dawn, they went to the tomb, taking the spices they had prepared. ² And they found the stone rolled away from the tomb, ³ but when they went in they did not find the body of the Lord Jesus. ⁴ While they were perplexed about this, behold, two men stood by them in dazzling apparel. ⁵ And as they were frightened and bowed their faces to the ground, the men said to them, “Why do you seek the living among the dead? ⁶ He is not here, but has risen. Remember how he told you, while he was still in Galilee, ⁷ that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise.” ⁸ And they remembered his words, ⁹ and returning from the tomb they told all these things to the eleven and to all the rest. ¹⁰ Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told these things to the apostles, ¹¹ but these words seemed to them an idle tale, and they did not believe them. ¹² But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home marveling at what had happened. ¹³ That very day two of them were going to a village named Emmaus, about seven miles from Jerusalem, ¹⁴ and they were talking with each other about all these things that had happened. ¹⁵ While they were talking and discussing together, Jesus himself drew near and went with them. ¹⁶ But their eyes were kept from recognizing him. ¹⁷ And he said to them, “What is this conversation that you are holding with each other as you walk?” And they stood still, looking sad. ¹⁸ Then one of them, named Cleopas, answered him, “Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?” ¹⁹ And he said to them, “What things?” And they said to him, “Concerning Jesus of Nazareth, a man who was a prophet mighty in deed and word before God and all the people, ²⁰ and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. ²¹ But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things happened. ²² Moreover, some women of our company amazed us. They were at the tomb early in the morning, ²³ and when they did not find his body, they came back saying that they had even seen a vision of angels, who said that he was alive. ²⁴ Some of those who were with us went to the tomb and found it just as the women had said, but him they did not see.” ²⁵ And he said to them, “O foolish ones, and slow of heart to believe all that the prophets have spoken! ²⁶ Was it not necessary that the Christ should suffer these things and enter into his glory?” ²⁷ And beginning with Moses and all the Prophets, he interpreted to them in all the Scriptures the things concerning himself.

²⁸ So they drew near to the village to which they were going. He acted as if he were going farther, ²⁹ but they urged him strongly, saying, “Stay with us, for it is toward evening and the day is now far spent.” So he went in to stay with them. ³⁰ When he was at table with them, he took the bread and blessed and broke it and gave it to them. ³¹ And their eyes were opened, and they recognized him. And he vanished from their sight. ³² They said to each other, “Did not our hearts burn within us while he talked to us on the road, while he opened to us the Scriptures?” ³³ And they rose that same hour and returned to Jerusalem. And they found the eleven and those who were with them gathered together, ³⁴ saying, “The Lord has risen indeed, and has appeared to Simon!” ³⁵ Then they told what had happened on the road, and how he was known to them in the breaking of the bread.

³⁶ As they were talking about these things, Jesus himself stood among them, and said to them, “Peace to you!” ³⁷ But they were startled and frightened and thought they saw a spirit. ³⁸ And he said to them, “Why are you troubled, and why do doubts arise in your hearts? ³⁹ See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have.” ⁴⁰ And when he had said this, he showed them his hands and his feet. ⁴¹ And while they still disbelieved for joy and were marveling, he said to them, “Have you anything here to eat?” ⁴² They gave him a piece of broiled fish, ⁴³ and he took it and ate before them.

⁴⁴ Then he said to them, “These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.” ⁴⁵ Then he opened their minds to understand the Scriptures, ⁴⁶ and said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead, ⁴⁷ and that repentance and forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem.

Discussion: Understand - Feel - Live

1. Who is the first to be informed of Jesus’ resurrection? Was their testimony considered trustworthy at the time?
2. What are the different reactions to the news of the resurrection?
3. How does Jesus explain the events to the two disciples on their way to Emmaus?
4. What was the apostles’ state of mind before and after hearing about the resurrection?
5. Is the resurrection of Jesus a historical fact?
6. What does the story make you think of?
7. In what way does the resurrection of Christ concern us?
8. What is the message that the apostles are supposed to share? Does this message still concern us?

- Objective:** Discover how to be born-again and how to personally receive the work of Christ
- References:** Acts (of the Apostles) 3:1-26; (Letter to the) Ephesians 2:1-10
- Comments:** Luke wrote the Acts of the Apostles which recounts the expansion of the Church during the first 30 years following the death of Christ. Paul (an apostle of Jesus Christ) wrote a letter (Ephesians) to the Christians in the city of Ephesus while he was imprisoned in Rome.

Acts 3 ¹ Now Peter and John were going up to the temple at the hour of prayer, the ninth hour. ² And a man lame from birth was being carried, whom they laid daily at the gate of the temple that is called the Beautiful Gate to ask alms of those entering the temple. ³ Seeing Peter and John about to go into the temple, he asked to receive alms. ⁴ And Peter directed his gaze at him, as did John, and said, "Look at us." ⁵ And he fixed his attention on them, expecting to receive something from them. ⁶ But Peter said, "I have no silver and gold, but what I do have I give to you. In the name of Jesus Christ of Nazareth, rise up and walk!" ⁷ And he took him by the right hand and raised him up, and immediately his feet and ankles were made strong. ⁸ And leaping up he stood and began to walk, and entered the temple with them, walking and leaping and praising God. ⁹ And all the people saw him walking and praising God, ¹⁰ and recognized him as the one who sat at the Beautiful Gate of the temple, asking for alms. And they were filled with wonder and amazement at what had happened to him.

¹¹ While he clung to Peter and John, all the people, utterly astounded, ran together to them in the portico called Solomon's. ¹² And when Peter saw it he addressed the people: "Men of Israel, why do you wonder at this, or why do you stare at us, as though by our own power or piety we have made him walk? ¹³ The God of Abraham, the God of Isaac, and the God of Jacob, the God of our fathers, glorified his servant Jesus, whom you delivered over and denied in the presence of Pilate, when he had decided to release him. ¹⁴ But you denied the Holy and Righteous One, and asked for a murderer to be granted to you, ¹⁵ and you killed the Author of life, whom God raised from the dead. To this we are witnesses. ¹⁶ And his name—by faith in his name—has made this man strong whom you see and know, and the faith that is through Jesus has given the man this perfect health in the presence of you all.

¹⁷ "And now, brothers, I know that you acted in ignorance, as did also your rulers. ¹⁸ But what God foretold by the mouth of all the prophets, that his Christ

would suffer, he thus fulfilled. ¹⁹ Repent therefore, and turn back, that your sins may be blotted out, ²⁰ that times of refreshing may come from the presence of the Lord, and that he may send the Christ appointed for you, Jesus, ²¹ whom heaven must receive until the time for restoring all the things about which God spoke by the mouth of his holy prophets long ago. ²² Moses said, ‘The Lord God will raise up for you a prophet like me from your brothers. You shall listen to him in whatever he tells you. ²³ And it shall be that every soul who does not listen to that prophet shall be destroyed from the people.’ ²⁴ And all the prophets who have spoken, from Samuel and those who came after him, also proclaimed these days. ²⁵ You are the sons of the prophets and of the covenant that God made with your fathers, saying to Abraham, ‘And in your offspring shall all the families of the earth be blessed.’ ²⁶ God, having raised up his servant, sent him to you first, to bless you by turning every one of you from your wickedness.”

Ephesians 2 ¹ As for you, you were dead in your transgressions and sins, ² in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. ³ All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. ⁴ But because of his great love for us, God, who is rich in mercy, ⁵ made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. ⁶ And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, ⁷ in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. ⁸ For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— ⁹ not by works, so that no one can boast. ¹⁰ For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Discussion: Understand - Feel - Live

1. Who do the disciples accredit this miracle to? What is the role of miracles?
2. What are the reactions of the different characters in the story?
3. What is the main point of Peter’s message? What does he say to do?
4. What might those who hear this message be feeling?
5. How does Ephesians 2:1-3 describe mankind’s condition? What is God’s motivation (2:4-7)? How is one saved (2:8-9)? What difference does salvation make in a person’s life (2:10)?
6. Why is salvation free? Who paid the price?
7. How do you feel about the idea of a free salvation?
8. In what way does this last study summarize all the previous studies?
9. Would you know what to do if you wanted to respond to God’s invitation to be ‘born-again’?

Notes...

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