REPLACE

https://docs.microsoft.com/en-us/dotnet/standard/base-types/substitutions-in-regular-expressions

// MDE 13434 MDE-13434

string patron = " [0-9]";

Extracted = Regex.Replace(Extracted, patron, "-");

// EYE EXO13434 EYE-2344

patron = " [A-Z][A-Z][A-Z][0-9]";

Extracted = Regex.Replace(Extracted, patron, "-");

// EYE EX1343 EYE-345

patron = " [A-Z][A-Z][0-9]";

Extracted = Regex.Replace(Extracted, patron, "-");

patron = " [A-Z][0-9]";

Extracted = Regex.Replace(Extracted, patron, "-");

// D MED D-MED RM BRD RM-BRD

patron = " [A-Z][A-Z] ";

Extracted = Regex.Replace(Extracted, patron, "$&-");

Extracted = Extracted.Replace(" -", "-");

string patron = " [A-Z][A-Z][A-Z][0-9]";

string ss = " AAAA1";

ss = Regex.Replace(ss, patron, "-$&");

ss = ss.Replace(" -", "-");