

# Introduction to Intro2BCI

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Introduction to Brain Computer Interfacing, Nijmegen Sept 2011



# Outline

## Introduction

- What is a BCI?

- Course Overview

## BCI Overview

- BCI Overview

- Why is BCI so hard?

## Types of BCI

- Categorisation of BCIs

- Active BCI

- Passive BCI

## Summary

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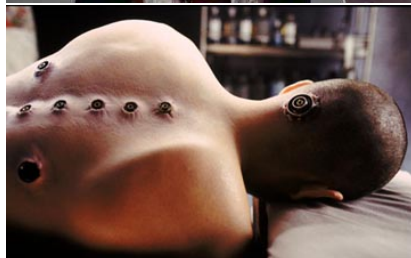
Active BCI

Passive BCI

## Summary

## What is a BCI?

## BCI in sci-fi. The hope/hype/future?



# What makes a BCI?

- ▶ What are the distinguishing characteristics of a sci-fi BCI?

# BCI sci-fi

- ▶ Firefox (1982) - Brain controlled aircraft. [firefox](#) 5:49
- ▶ Six Million Dollar Man (1974) - brain controlled limbs [6 million dollar man](#)
- ▶ The Ultimate Imposter (1979) - downloadable memories [ultimate\\_imposter](#)
- ▶ The Matrix (1999) - brain controlled VR [The Matrix Trailer](#) 0:50
- ▶ StarTrek borg...
- ▶ and many, many, many others, particularly when involving cyborgs...

# Characteristics of sci-fi BCI..

- ▶ Brain, computer, connection, control, thought
- ▶ Fast, accurate
- ▶ Psychic, natural, **intuitive** – though directly turned into action
- ▶ Feedback, immersive, virtual-reality
- ▶ Physical connection to the CNS
- ▶ Better than natural/human?
- ▶ 2-way communication

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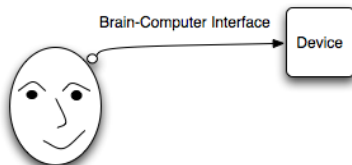


## What is a BCI?

## BCI vs. CBI

2 Possible ways to connect computers and brains:

- ▶ Brain→Computer (BCI), where the brain puts information into the computer.
- ▶ Computer→Brain (CBI), where the computer puts information directly into the brain.



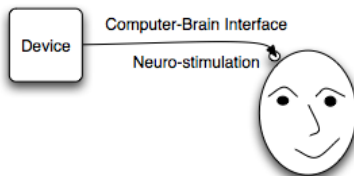
This course is **only** about Brain to Computer Interfaces (BCIs)

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## What is a BCI?

## The reality: Computer Brain Interfacing

## ► Remote Controlled Animals

## ► Bionic Eyes

## ► Deep Brain Stimulation

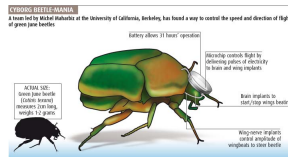
- To prevent Parkinsons tremors

STNOFF, STNON, OnOffOnPearson,

PBS video

- To treat depression

dbs\_for\_depression 1:16

(New Scientist 06/03/08) [robo\\_moth](#)[remote\\_controlled\\_rat\\_video](#)

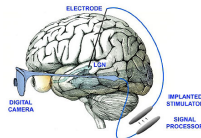
## Note:

Little generation of virtual sensory signals (... yet?)

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(BBC 18/01/00) [movie](#) [Discovery Channel Bionic Eye](#)

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## What is a BCI?

## The Reality: Brain Computer Interfacing

- ▶ BrainGate – 2-d cursor control

movie: [braingate\\_video](#)

- ▶ Graz University, Austria –
  - ▶ grasp control  
[bcd\\_controlled\\_freehand](#),
  - ▶ VR navigation [dave\\_bcd...](#),
  - ▶ p300-visual speller [guger-p300](#)
- ▶ Emotive – game system [emotive](#)



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## What is a BCI?

# Compare the hype to reality

- ▶ Much less fine-grained control
- ▶ Restricted to a small set of options
- ▶ Slow, inaccurate –  $\ll 1$  char/sec
- ▶ Non-intuitive

These differences are mostly due to the low **signal-to-noise ratio** of brain signals.

Hence, addressing these issues is where most current work is going to improve BCI systems.

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# Aims of the Course

- ▶ Understand what a BCI is, how it works and how to build one
- ▶ Knowledge of the various types of BCI, in particular the currently most successful systems
- ▶ Knowledge of what the current challenges are in BCI and possible approaches to address them

# Achieving those aims

## 1. Lectures

- ▶ No suitable text-book so,
- ▶ lectures will be the main source of information for the course

## 2. Compulsory Reading

- ▶ Most lectures have associated background reading material
- ▶ provides additional information not possible in the lectures
- ▶ read it before the lecture!

## 3. Assignment + workshops

- ▶ Assignment brings theory and practice together. You must design;
- ▶ a prototype/novel BCI, and
- ▶ a test to experimentally validate this design
- ▶ Assignment workshops in Thursday 10:45->12:30

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# Lecture Schedule

Tues : 13:45-15:30, Rm. Sp A 01.12 / TvA 8.00.13

Date	Lecturer	Title
30/08	Jason Farquhar	Introduction
06/09	Eric Maris	Detection - signals & sensors
13/09	Jason Farquhar	Decoding 1 - Filtering & Artifact rejection
20/09	Jason Farquhar	Decoding 2 - Classification
27/09	Jason Farquhar	Transduction & Output
04/10	Ruud Meulenbroek + Jason Farquhar	Induced Response BCIs
11/10	Jerone Geuze + Marianne Severens	Evoked Response BCIs
28/10	Jason Farquhar + Marianne Severens	Passive BCIs + Rehabilitation
19/10	Jason Farquhar + Linsey Roijendijk	Neurofeedback + Brain-Reading
02/11	Jason Farquhar	Revision Lecture



**BrainGain**

# Practical/Workshop Schedule

Thurs: 10:45-12:30, Rm. SP A -1.54

Date	Title
01/09	Assignment Description, Group Allocation + Example Assignment
08/09	-
15/09	1st Assignment Workshop
22/09	-
29/09	2nd Assignment Workshop
06/10	Imagined Movement BCI Demo (BCI Lab: B -1.10)
13/10	Event Related Potential BCI Demo (BCI Lab: B -1.10)
20/10	Assignment Group Presentations
27/10	Written Assignment Deadline
03/11	Final Exam

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# So what is a Brain computer interface?

Commonly used definition:

a system which allows someone to communicate information about their **mental state** without the use of the **peripheral nervous system**.

Note the emphasis:

- ▶ without the use of the **peripheral nervous system**...
- ▶ ...this means the signal must come directly from the brain
- ▶ that is, no muscles, no eyes, no motor neurons, nothing outside the skull

Question?

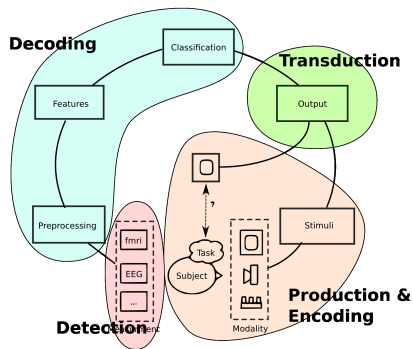
Is the Emotive system really BCI?

# How does a BCI work?

(keyslide)

Fundamentally, BCI is a **simple**(?) engineering problem;

- 1 **Signal Production**: Get the person to **produce** a strong brain signal, either by performing an explicit **mental-task**, or through normal mental processes (2,6,7,8)
- 2 **Detection**: Build a machine able to measure the properties of their brain, e.g. EEG, MEG, fMRI (3)
- 3 **Decoding**: Build a machine able to **decode** the measurements to deduce the users mental state (4)
- 4 **Transduction**: Communicate the mental-state to the outside world (5)



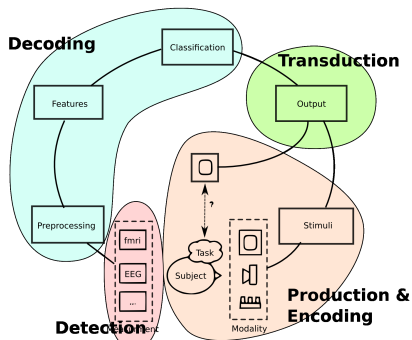
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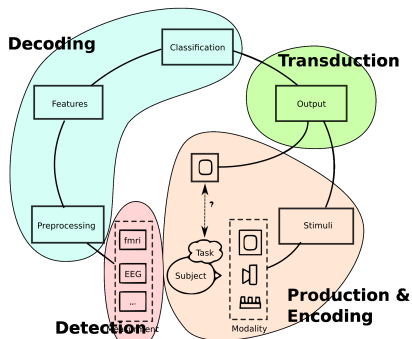


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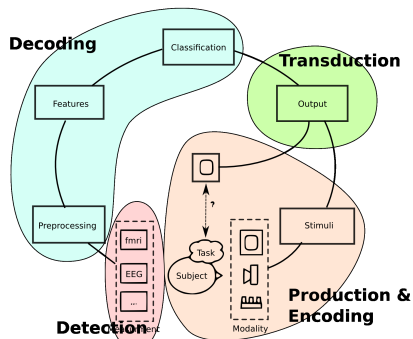


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## How does a BCI work? (2)

In fact this simple problem was “solved” about 15yr ago:

- ▶ [Farwell & Donchin 1988] P300 Visual Speller
- ▶ [Birbaumer N. 1992] Slow Cortical Potential based BCI
- ▶ [Pfurtscheller G. et. al. 1992]  $\mu$ -band Imagined-Movement Event Related De-synchronisation (ERD)

# So what have we been doing since then?

Think back to the sci-fi *ideal* BCI... fast, accurate, intuitive

- ▶ Building a demo BCI is easy...
- ▶ Building a **usable** BCI is hard!

Like with speech recognition to be **usable** a BCI must be:

- ▶ **Fast** – <3s per binary decision
- ▶ **Accurate** – >90% correct decisions

Further (to a lesser extent) it should be:

- ▶ **Easy to use** – no expert knowledge or human intervention to use, no need to learn a special language
- ▶ **fast to setup** – no long training times (for the user or the decoder)
- ▶ **generally applicable** – should work for everyone

## Why is BCI so hard?

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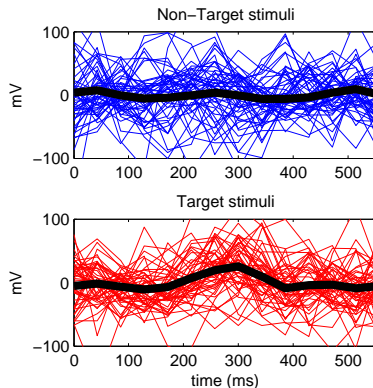
Active BCI

Passive BCI

## Summary

## Why is BCI so hard?

## Why is it so hard to make usable BCIs?



(source: p300-visual speller data, elect. Cz)

► Low signal to noise ratio ( $\approx 1:5$ )

- external noise sources
- other neural sources
- Muscle artifacts – eye, neck, tongue (5-10x stronger than EEG)
- 50Hz line noise

► Inverse frequency ( $1/f$ ) spectrum

## ► High spatial correlation between electrodes

## ► High levels of inter-subject variability – BCI illiterates

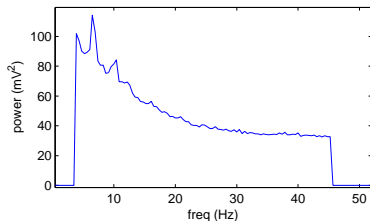
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BrainGain

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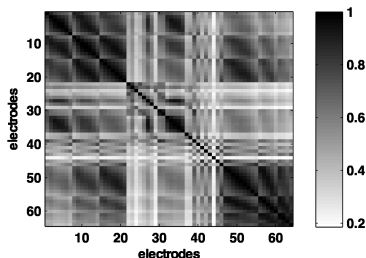


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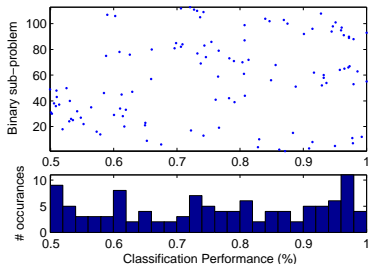


(source: p300-visual speller data, 64ch)

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- ▶ Inverse frequency ( $1/f$ ) spectrum
- ▶ High spatial correlation between electrodes
  - ▶ due to signal propagation effects – volume conduction
  - ▶  $1/s$  spatial spectrum?
- ▶ High levels of **inter-subject** variability – BCI Illiterates
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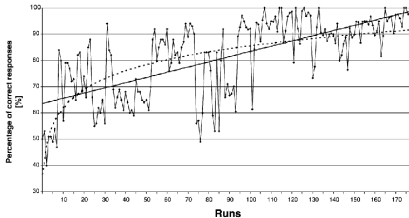
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(source: Birbaumer et. al, Slow cortical potential  
(SCP) data)

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## Why is BCI so hard?

## 2 approaches to addressing these challenges

- ▶ The basic problem of BCI is to improve the detection and decoding of the users mental states.
- ▶ To understand how to do this, first need to understand what makes a signal easily detectable.

## Note: Easily Detectable Signals

- ▶ Easily detectable signals are those which **differ** strongly from the background noise.
- ▶ does **not** necessarily mean they have high amplitude (though this always helps)
- ▶ Signal may have other features allow it to be detected,
  - ▶ it may have a particular time structure which makes it detectable, e.g. p300, noise-tagging
  - ▶ **or** a particular spatial distribution in the brain,
  - ▶ **or** particular frequency characteristics, e.g. FM-radio, change in stimulation frequency power in SSEP
  - ▶ **or** some combination of the above..

Note:

Detectability is heavily dependent on knowledge of the characteristics of the **signal** and the **noise** and the decoding algorithm used.

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## 2 approaches to addressing these challenges

As a BCI is a co-operative system of 2 components, there are 2 ways to improve the system.

1. Brain-based: Make the brain-signals **easier to detect** using new **mental tasks**, e.g.
  - ▶ selective attention to new types of stimuli, such as noise-tags
  - ▶ new types of hybrid BCI, particularly auditory/musical
  - ▶ time-locked imagination tasks
2. Computer-based: Make the decoding methods **more sensitive** or easier to use, e.g.
  - ▶ new, more sensitive detectors
  - ▶ specialised **machine learning** techniques to reduce over-fitting on multi-channel time-series
  - ▶ learning across subjects & sessions
  - ▶ **continuous** learning systems which adapt to signal variability

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# Active vs. Passive BCIs

BCIs can be broadly categorised based on the type of mental signal used:

## Active BCI

- ▶ User **actively** attempts to communicate by **intentionally** controlling their mental processing, e.g. imaging moving, attending to a particular stimulus

## Passive BCI

- ▶ User takes no special measures to use the BCI, but just operates normally.
- ▶ System observes this operation to identify mental-states of interest, e.g. drowsiness
- ▶ **may** use detected mental-states to control devices.

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# Active BCI Design

## Core Problem

The core problem of **Active** BCIs is to get the users brain to generate an **easily detectable** signal which is **intentionally** controllable.

Note:

- ▶ Generally, the **natural** task – such as thinking “Yes” for yes – does not produce a strong signal
- ▶ Thus, the user must **encode** their **intention** by performing a special mental task which generates a stronger signal.

## Note: Intentionally Controllable Signals

Brain produces many types of detectable signals;

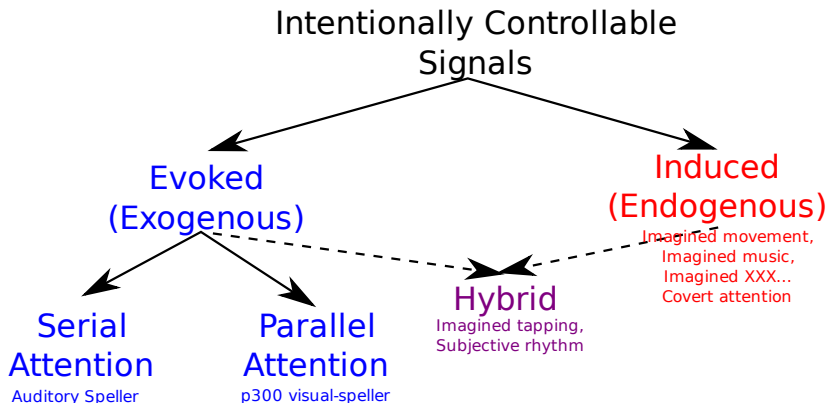
- ▶ low-level perceptual responses to external stimulation, e.g. sounds, touch, visual changes, etc.
- ▶ higher-level responses to stimulus characteristics, e.g. p300 odd-ball response, N400 response to semantic violations
- ▶ increased  $\alpha$ -power with reduced concentration or illumination
- ▶ changed spectral power in response to imagined tasks, such as limb-movement, spatial navigation, mental arithmetic, colors etc.

However, only those signals which can be changed by conscious intention are useful for Active BCI.

- ▶ low-level perceptual responses are usually **very strong** but not directly useful for BCI (many are present in unconscious subjects)
- ▶ **however**, top-down effects may mean low-level response can be **modulated** by intention, e.g. perceptual response to a particular stimulus can be increased by **focusing attention** on it.



# Types of Active BCI



# Evoked Response Active BCIs

## Evoked Response or Exogenous or dependent

BCI signal is a direct response to external stimulus. However, this response is modified by the subject to encode their intentions, by **selectively attending** to a subset of the stimulus events.

### Advantages

- ▶ precise control of stimulus properties, and hence the evoked response, makes signal detection easier
- ▶ **lot** of literature on evoked responses to different stimuli which can be exploited to make BCIs
- ▶ user-friendly – make the stimuli **compatible** with the output

### Dis-advantages

- ▶ reliance on subject perceiving stimuli – intact and available sensory system
- ▶ stimuli must be present – no self-paced control
- ▶ high risk of becoming a 'Stimulus-Cl' (Brain-reading) or Artifact-Cl

## Evoked Response BCIs (2)

Can be sub-categorised by type of mental-task:

- ▶ **Serial** – where only a single stimulus stream is presented at one time, and the user selectively attends to events within this stream.
- ▶ **Parallel** – where multiple stimuli are presented **at the same time**, and the user selectively attends to only one of these stimulus streams.

Or by type of stimulus response:

- ▶ **Steady State** responses – where the stimuli happen so rapidly that they are perceived by the subject as a continuous stream of stimulation and generate a constant response
- ▶ **Event Related** or transient responses – where the stimulus events are perceived independently and produce individual responses

## Evoked Response BCIs (3)

### Example Evoked Response BCIs:

- ▶ Event Related:
  - ▶ P300-visual speller – (Parallel) letters presented on a visual grid and all flash together in sequence, user attends to the intended letter
  - ▶ P300-auditory speller – (**Serial**) letters are pronounced sequentially, user attends to the intended letter.
- ▶ Steady State:
  - ▶ Tactile/Auditory/Visual Frequency Tagging – (Parallel), multiple stimuli are presented at different frequencies (and locations), user attends to selected stimuli to communicate their intention



movie

# Induced Response Active BCI

## Induced Response or Endogenous

BCI signal is a response to **internally** performing some mental-task. User intention encoded by selecting the mental task to perform.

### Advantages

- ▶ internally generated – potential for self-paced operation
- ▶ potential for continuous output, by controlling the “strength” of the mental execution
- ▶ possible user learning to improve performance over time

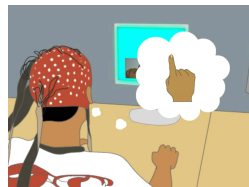
### Dis-advantages

- ▶ poor control of signal properties, such as timing, more difficult to detect
- ▶ intention encoding tends to be un-natural – though there is some evidence that over time this it becomes internalised



## Example Induced Response BCIs

- ▶ Imagined Movement – subject imagines moving different parts of their body
- ▶ Imagined Navigation – subject imagines moving from place to place in the world
- ▶ Imagined XXX – pretty much any imagined something BCI
- ▶ Spatial Rotation – subject imagines rotating 3-d objects
- ▶ Covert Attention – subject covertly attends (i.e. without eye movement) to part of the visual field



movie



# Evoked+Induced Hybrid BCI

## Hybrid systems

External stimulus is used to instruct the subject **when** to perform an internally generated task and the user encodes their intention in the choice of which task to perform.

## Advantages

- ▶ better control of signal properties – improved signal detection
- ▶ stimulus can make the task simpler by providing a queue for the user
- ▶ all the advantages of induced-response and evoked-response BCIs

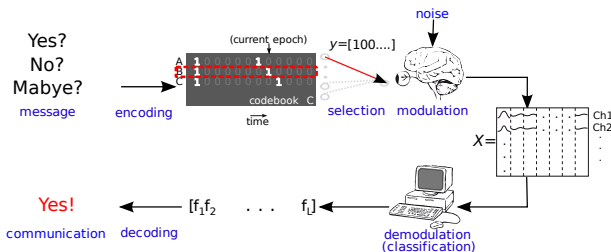
## Dis-advantages

- ▶ all the disadvantages of stimulus reliance

## Example Evoked+Induced Hybrid systems

- ▶ imagined tapping – auditory metronome is used to time-lock imagined movements
- ▶ subjective-rhythm – evoked response to auditory metronome has superimposed **accents** which encode intentions, i.e. tick-tock vs. tock-tick.

# Example Good Active BCI Design – P300 visual Speller



1. parallel-selective attention event related response task
2. **strong** (SNR=.1) high-level effect – the P300 odd-ball response
3. simple user interface – just concentrate (look?) at the target letter
4. precise timing information makes the signature easier to detect
5. multiple response events & clever stimulus sequence design – makes detection robust to missing a few stimulus events

Video : from the g.Tec web-site, a spin-off of TU-Graz, Austria.



# Outline

## Introduction

What is a BCI?

Course Overview

## BCI Overview

BCI Overview

Why is BCI so hard?

## Types of BCI

Categorisation of BCIs

Active BCI

Passive BCI

## Summary

## Core Problem

The core problem of **Passive** BCIs is to decode the signal which the users brain is generating anyway.

Note:

- ▶ no control over the types of signal generated
- ▶ more-fundamental (and much harder) problem of decoding what the brain is doing
- ▶ generally, limited to **mental-states** which are known to generate strong well-understood signals, e.g. perceptual responses

# Types Passive BCI

1. **dependent** or **Exogenous** – signal is direct response to external stimulus
2. **independent** or **Endogenous** – signal is internally generated

# Dependent passive BCIs

## Brain-reading

- ▶ Detect which stimulus the user is experiencing, e.g. sound, word, picture
- ▶ easy(?) problem is to select perceived stimulus from a set of possible stimuli
- ▶ harder problem to to **re-construct** perceived stimulus from brain signals
- ▶ Examples: music-detection, word-detection, image-re-construction

## Cognitive Response-detection

- ▶ Detect the users more abstract response to some stimulus
- ▶ Examples: lie-detection, error-detection, image-recognition



# Independent Passive BCIs

The **holy grail** of BCI research! Direct access to the users internal world!

- ▶ Unique modality, not accessible in any other way.
- ▶ In general **really** hard, but possible for some high level states,
- ▶ Alertness monitoring, level-of anaesthesia detection, consciousness detection
- ▶ Emotion detection, workload detection

Note:

- ▶ Probably the 1st commercial application of BCI research
- ▶ M\$ applied for patent on the use of BCI for user monitoring in HCI design (New Scientist 15/10/07)





# Summary

Welcome to the course, start the assignment early!

- ▶ BCI, means detecting (some aspect of) the users **mental state** from their **brain signals**
- ▶ The **BCI-cycle** consists of 4 main stages: **signal production**, **detection**, **decoding** and **transduction**.
- ▶ Low **signal-to-noise** and high signal **variability** makes building usable BCIs very difficult
- ▶ BCIs must get, **faster**, **more accurate** and **easier to use** to approach the sci-fi ideal.
- ▶ Current **Active BCIs** require the user to **encode** their intentions in special **easy to detect mental tasks**
- ▶ Current **Passive BCIs** are limited to detecting mental-states with known strong brain signals, such as perceptual responses, or mental effort.



# Final Thoughts

Much like Artificial Intelligence, building a BCI is a very hard problem which has been over-hyped over the last 20years. However, is still an exciting area to work in with a potential of massive societal impact.