# PSYC 5303: Theories of Learning

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Lecture 5: Human associative learning

### Verbal learning

Verbal learning is the acquisition and retention of verbal information.

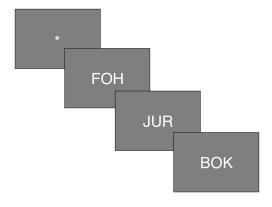
#### Two basic tasks:

- ➤ Serial learning learning to reproduce the items in a list in their original order
  - e.g., learning the letters of the alphabet
- ► Paired-associate learning learning to make a verbal response when a specific stimulus is presented
  - ightharpoonup e.g., Dutch word zwaart  $\longrightarrow$  English word ?????

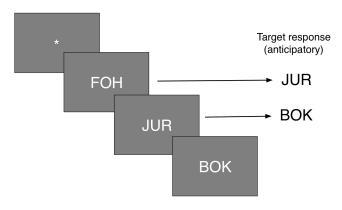
Ebbinghaus (1885) – learning of nonsense syllables

- "serial anticipation" procedure
- wrote nonsense syllables (CVC) on cards and randomly shuffled them
- Phase 1: looked at each one in order first time through
- Phase 2: tried to guess what next one would be (cued recall)

Phase 1: initial presentation



Phase 2: serial anticipation



Ebbinghaus (1885) – learning of nonsense syllables

- ► Learning phase finished when he could go through list perfectly 2x
- ightharpoonup recorded how many trials this required (L)
- Test phase after some time interval
  - recorded how many trials needed to relearn (R)
- ► Savings score a measure of memory retention

$$\frac{L-R}{L} \times 100$$

Ebbinghaus (1885) – learning of nonsense syllables

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➤ Example: suppose it took him 12 trials to learn a list. Then, 24 hours later, it took him 4 trials to relearn it. The savings score would be:

Ebbinghaus (1885) – learning of nonsense syllables

► Savings score – a measure of memory retention

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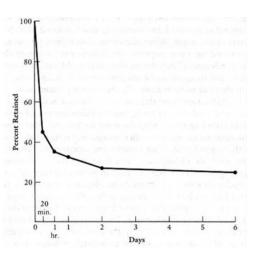
► Example: suppose it took him 12 trials to learn a list. Then, 24 hours later, it took him 4 trials to relearn it. The savings score would be:

$$\frac{12-4}{12} \times 100 = \frac{8}{12} \times 100 = 67\%$$

Meaning: 67% of original information was retained (saved) during the interval between learning and testing.

Ebbinghaus (1885) - learning of nonsense syllables

"forgetting curve"



## Why do we forget?

#### Two theories:

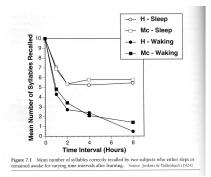
- ► McGeoch (1932): forgetting = decay through disuse
- ▶ Underwood (1957): forgetting = interference

### Forgetting = Decay?

- McGeoch proposed that forgetting is due to physiological changes in the memory engram due to lack of periodic retrieval ("fades from memory?")
- Jenkins & Dallenbach (1924) taught subjects a list of nonsense syllables
  - recall of list tested 1, 2, 4, or 8 hours later
  - half of subjects awake during retention interval, half asleep
- Predictions:
  - if memory = decay, then both groups should experience equivalent forgetting curve over retention intervals

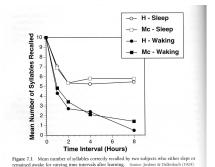
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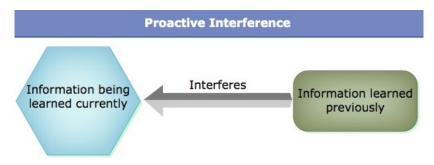


#### Interpretation:

- subjects who were awake forgot more
- increased activities during retention interval contributed to forgetting (interference?)

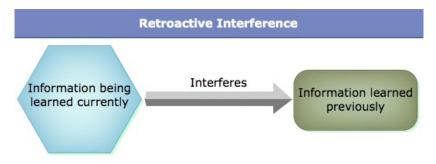
### Forgetting = interference?

Proactive interference (PI) = inability to recall recent experiences because of memory of past experiences



### Forgetting = interference?

Retroactive interference (RI) = inability to recall older experiences because of memory of recent experiences



Original version: interference = response competition

- ► Suppose you learn A-B and A-C lists. What response does an element from list A trigger?
  - both responses (B and C) compete
  - Error = incorrect response was stronger

For example, suppose you are given two paired-associate lists to memorize. The stimuli are identical, but the responses are different:

- List 1: bok  $\rightarrow xiz$
- List 2: box  $\rightarrow$  taw

Some time after you memorize List 2, you are given a test on List

1. This is a test for \_\_\_\_\_

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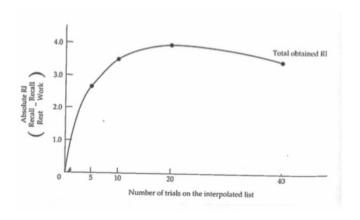
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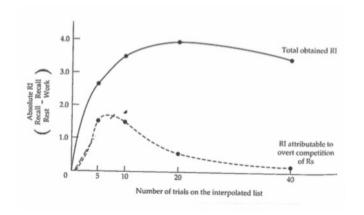
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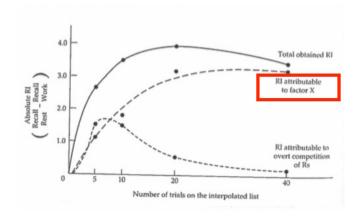
Response competition  $\rightarrow$  if you don't say xiz, then you will say taw.

- A response from List 2 competed with a response from List 1 and won. This is called an intrusion error.
- Prediction: amount of RI = number of intrusion errors

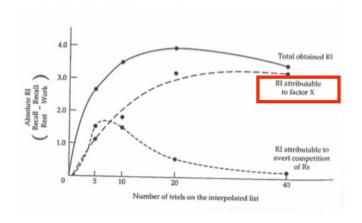
- ▶ Phase 1: all subjects received 5 trials on a list of nonsense syllables
- ► Phase 2:
  - Control group = rest
  - Experimental group = second list of nonsense syllables to memorize for either 5, 10, 20, or 40 practice trials
- Phase 3: all subjects tested on List 1







Melton & Irwin (1940) – tested the claim that RI = intrusion errors



Melton & Irwin called this factor unlearning

Barnes & Underwood (1959) - evidence for unlearning

we'll hear about this tonight in one of our student presentations!