How It Works



Meet Londyn

Join your community during Childhood Cancer Awareness Month for this family-friendly event that raises funds to support the lifesaving mission of St. Jude Children's Research Hospital®, where families never receive a bill for treatment, travel, housing or food — because all a family should worry about is helping their child live.



Register

Start or join a new team, or bring back your team at



Form your team

Set up a fundraising page and invite family, friends, coworkers and neighbors to joinyour team.



Fundraise

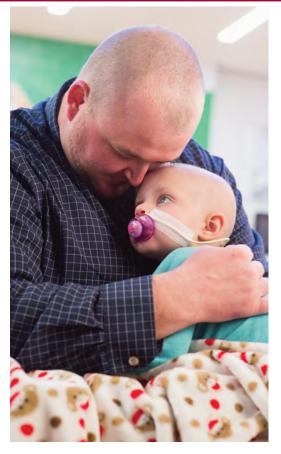
Log in to your participant center for great fundraising tips. Send emails to friends and family asking for support.



Walk or Run!

Join with your team to celebrate your fundraising and enjoy an inspiring family friendly event!

25200



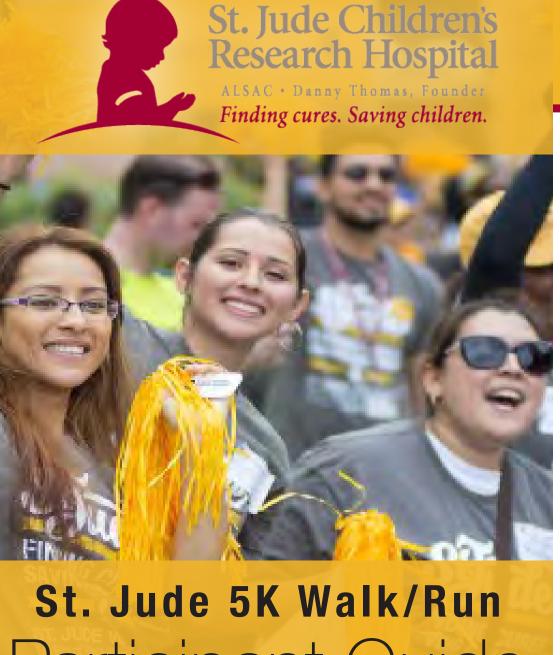
For weeks in early 2016, 2-year-old Londyn wasn't well. Doctors thought she had pneumonia. When tests revealed Londyn was suffering from acute lymphoblastic leukemia, her parents, Anthony and Kascie, were devastated. When they arrived at St. Jude Children's Research Hospital with Londyn, they were overwhelmed and scared.

But within moments of arriving, they felt a sense of peace. "Everyone was so welcoming," Kascie said. "The doctors, the nurses, the cleaning staff." Treatments invented at St. Jude have helped push the overall childhood cancer survival rate from 20% to more than 80% since it opened more than 50 years ago. St. Jude is working to drive the overall survival rate for childhood cancer to 90 percent, and we won't stop until

no child dies from cancer.

Londyn's treatment includes chemotherapy, but because her cancer did not go into remission, she also received a bone marrow transplant. Kascie has stayed at St. Jude with Londyn, and Anthony has traveled back and forth from home, so that he can continue working. "We're thankful for everything St. Jude has provided for us," Anthony said. "St. Jude helps to take the worry away."

Throughout everything, Londyn has remained a sassy, happy little girl. She loves her baby dolls, dancing and playing hide and seek. "Londyn is my sunshine," said Kascie. "We're so grateful for everything St. Jude has done for us, for our family."



Participant Guide



entire neighborhood to join in and donate a portion of what they make. ing to discard and schedule a garage sale. Want to earn more? Ask your Who's got stuff to sell? Gather up some old treasures you've been mean-GOT STUFF?



GARAGE SALE

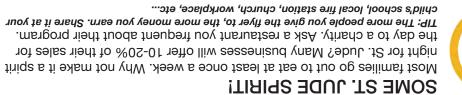
pre-sell tickets prior to the event at work, church, to friends, neighbors, wash. A great way to guarantee customers (and fundraising dollars) is to Ask a local business on a busy road to use their parking lot for a car WASHING IN THE WINNINGS

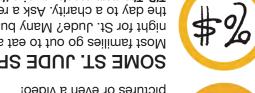


receive donations. Facebook can reach your friends far and wide. about supporting St. Jude. This is a great way to recruit members and Click on the Facebook icon in your Participant Center to share your post UTILIZE SOCIAL MEDIA



or mow a neighbor's lawns for a donation. with their pet care needs and their household duties. Offer to walk dogs These days, everyone is busy and friends and neighbors often need help **AT YOUR SERVICE**





pictures or even a video! PERSONALIZE them with why are you supporting St. Jude by adding formatted templates to begin your communication. Don't forget to Import your contacts into your Participant Center and use the pre-EMAIL EXPLOSION

stationary from your Participant Center at www.stjude.org/walkrun. Walk/Run to End Childhood Cancer this year. You can even download with the reasons why you are supporting St. Jude through the St. Jude Who doesn't love getting a handwritten note in the mail? Write a letter **OLD FASHIONED SNAIL MAIL**



Welcome!

By signing on as a team for the 2018 St. Jude Walk/Run to End Childhood Cancer, you are helping find cures for the children at St. Jude by recruiting team members and fundraising.

Your fundraising efforts will help ensure that families never receive a bill from St. Jude-because all a family should worry about is helping their child live. Because of you, there is St. Jude.

In this guidebook you will find everything you'll need to be a successful team captain including fundraising tips, communication calendar,

> how to guides for registration and much more.

Your Ann Arbor Event:

WHEN: Saturday, Sept. 29, 2018 WHERE: Concordia University 4090 Geddes Rd, Ann Arbor, MI 48105 **REGISTRATION: 8:00 am** 5K WALK/RUN START: 9:00 am

MEET YOUR ST. JUDE STAFF AND **VOLUNTEER COMMITTEE**

St. Jude Representative:

Megan Holt 248.744.1300 Megan.holt@stjude.org







Choice of **Round Beach**



\$250 Classic Medium Tote or \$500 Portable Charger o









and start fundraising today at stjude.org/walkrun. Hospital and be recognized with cool St. Jude gear. Sign up Raise funds to help the kids of St. Jude Children's Research 2 million dollars = cost to run St. Jude for a day \$10,000 = one CT scan for a St. Jude patient

45,000 = cost of the daily room rate in the ICU

\$3,859 = one outpatient visit per day \$2,500 = one ultrasound study

\$1,474 = One day of chemotherapy administered intravenously \$1,000 = cover two-thirds of the cost of one day of chemotherapy

\$\\20 = \text{helps cover the cost of two chest X-rays for a St. Jude \$200 = one hour of physical therapy for a St. Jude patient

\$250 = one red blood cell transfusion for a St. Jude patient

\$100 = a pair of pediatric crutches sized especially for children 210 = a platelet count test for two patients after their child's diagnosis

\$57 = necessities for parents who may have hurriedly left home St. Jude cafeteria

\$30 = meals for one day for a St Jude family in the Kay Kafe, the

\$22 = rehabilitation weights to help improve patients' quality of Jude housing facilities \$10 = a new toy for hospital play areas or recreational areas at St.

treatment and procedures 57 = a medical teaching doll to help patients understand medical

\$\frac{4}{5}\$ = snack bags for patients and their siblings compromised immune systems \$3 = pediatric isolation masks to help protect patients with

much bigger picture. make a difference. In reality, each dollar donated leads to a Some people think that their individual donations wont

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about is helping their child live. food - because all a family should worry Jude for treatment, travel, housing or Families never receive a bill from St.





since we opened more than 50 years ago. from 20 percent to more than 80 percent push the overall childhood cancer survival rate Treatments invented at St. Jude have helped

public contributions. of St. Jude are covered by Approximately 75% of the costs



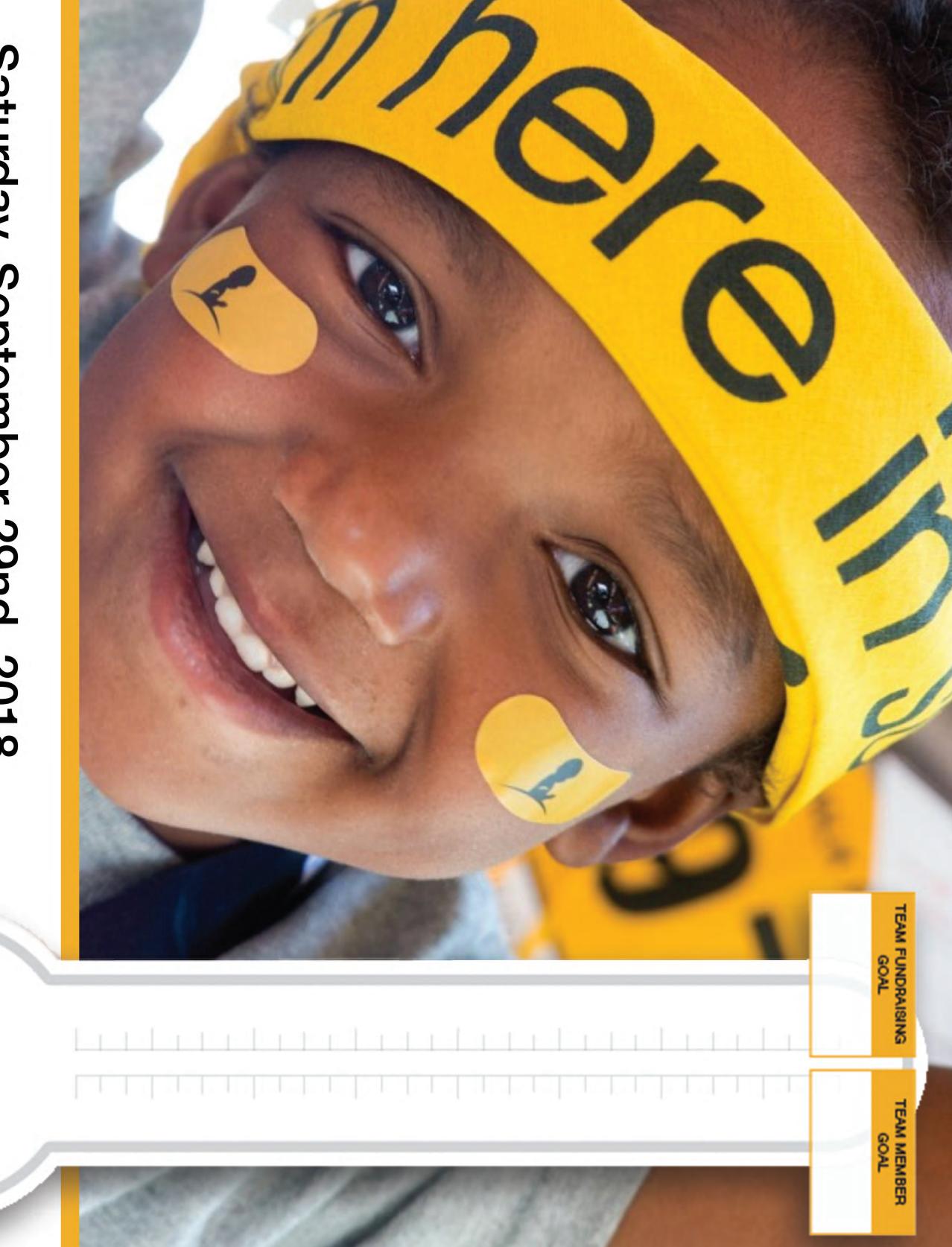
Recognition Program Fearless Fundraising

Makes a Difference Every Dollar

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Facts and Figures

ST. JOE WAL o End Childhood



Saturday, September 29nd, 2018 Location: Concordia University

Team Name:

Team Captain:

Sign up and donate today.

Stjude.org/walkrun



Research Hospital lude hildren's

Finding cures. Saving children.