

THE 2025 TREND BIBLE

MASTER AI,
SIDE HUSTLES,
WELLNESS & FUTURE TECH



Book By AI Enthusiast

🚀 TREND 1: AGI (ARTIFICIAL GENERAL INTELLIGENCE)

TL;DR: AI THAT'S SMARTER THAN YOUR EX.

STAT: "30% OF JOBS WILL BE AUTOMATED BY AGI BY 2030 (MCKINSEY)."

🔥 TRY THIS NOW:
"USE THIS PROMPT IN CHATGPT:
'ACT AS A BILLIONAIRE CEO.
CREATE A 3-STEP PLAN
TO DISRUPT THE FITNESS INDUSTRY WITH AGI.'"



💡 QUICK QUIZ:
"WHAT'S THE #1 SKILL TO LEARN FOR AGI JOBS?
A) CODING
B) PROMPT ENGINEERING
C) TIKTOK DANCING

ANSWER: B (BUT C MIGHT HELP YOU MONETIZE!) 2

🎮 TREND 2: METAVERSE DOMINANCE

TL;DR: YOUR NEXT OFFICE MIGHT BE A VIRTUAL BEACH.

STAT: "METAVERSE REAL ESTATE SALES HIT \$1.2B IN 2023 (GRAYSCALE)."



DESIGN YOUR AVATAR:
"SKETCH YOUR IDEAL METAVERSE PERSONA HERE:



TOO LAZY? USE READY PLAYER ME TO AUTO-
GENERATE ONE!"



SIDE HUSTLE IDEA:
"SELL VIRTUAL SNEAKERS ON THE SANDBOX.
START WITH 3D TEMPLATES FROM SKETCHFAB."

⚡ Trend 3: Quantum Computing

TL;DR: Solve impossible problems (like your love life).

Stat: "Quantum computing jobs pay \$150K+/year (LinkedIn)."

🎮 Play with Quantum Physics (No PhD Required!):

1. Try IBM Quantum's Free Simulator:

Go to [IBM Quantum Lab](#) Sign up for free

Drag-and-drop quantum gates like LEGO bricks!

Too lazy? Use **Qiskit's drag-and-drop composer** (no math, just vibes): [Qiskit Circuit Composer](#).

For Gamers:

Play Quantum Chess (yes, it's real): [Quantum Chess Game](#).

No math required—just drag-and-drop!"

Warning (But Make It Fun):

**Quantum computers might hack your Netflix password by 2030.

Fix: Invest in quantum-resistant crypto like Quantum Resistant Ledger (QRL) or Nexus (NXS) .

Or just watch The Matrix and pretend you're prepared."*



Bonus Meme Material:

"Quantum computers don't just break encryption—they break the laws of physics (and your brain)."

🧠 Trend 4: Neurotech & Brain Implants

TL;DR: Become a cyborg (ethically!).

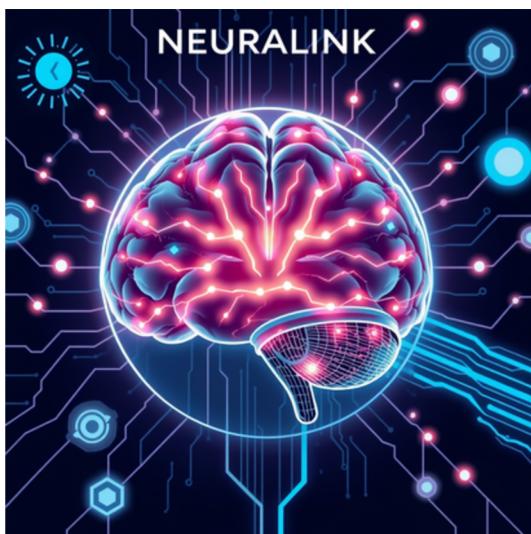
Stat: "Neuralink plans human trials in 2025 (Elon Musk)."

🧠 Mindfulness Hack:

"Use Muse 3 headband to meditate. If your brain waves calm down, reward yourself with chocolate!"

🔮 Futuristic Use Case:

"Control Spotify with your thoughts. Prototype exists—Google it!"





Trend 5: Climate-Tech

TL;DR: Save the planet (and get rich).

Stat: "Climate-tech startups raised \$75B in 2023 (PwC)."



DIY Project:

"Build a mini carbon capture device with a fan + baking soda. Tutorial: YouTube Link ."



Profit Tip:

"Trade carbon credits on Nori . Earn \$50/ton for planting trees!"





Trend 6: Humanoid Robots

TL;DR: Your new coworker is a robot named Bob.

Stat: "Humanoid robot market to hit \$13B by 2028 (MarketsandMarkets)."



Name Your Robot:

"If you owned a robot, what would you name it? _____

(Top answer: 'Data' from Star Trek wins a free PDF upgrade!)"



🚀 Trend 7: Space Economy

TL;DR: Mine asteroids like a space pirate.

Stat: "Space economy to hit \$1.8T by 2030 (Morgan Stanley)."

🚀 Bucket List:

"Check 'Attend a SpaceX launch' here:

"Check 'Buy lunar land' here:



🔬 Trend 8: Biohacking

TL;DR: Live to 150 (and look 25).

Stat: "Anti-aging market to hit \$64B by 2030 (Allied Market Research)."



Morning Routine:

"Swap coffee for NOVOS longevity supplements. Use code TRANSFORM for 10% off!"



Trend 9: DeFi 3.0

TL;DR: Bankless banking.

Stat: "DeFi holds \$140B in assets (CoinGecko 2024)."



Quick Win: "Earn 8% interest on crypto via Aave . No bankers, no BS."



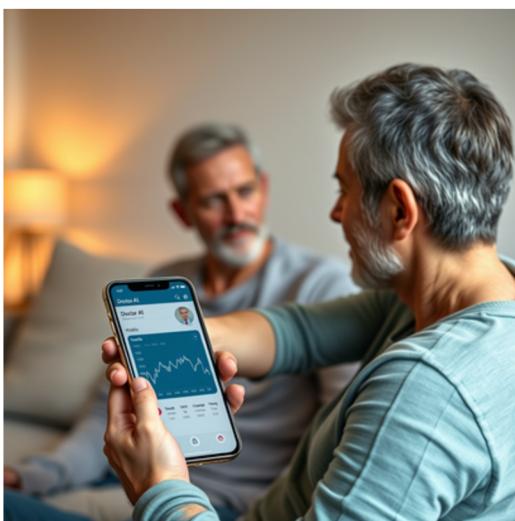
■ Trend 10: AI-Powered Healthcare

TL;DR: Doctor AI knows you better than your Friend

Stat: "AI could save \$200B in healthcare costs (Accenture)."

TRY THIS NOW:

"Use Buoy Health to diagnose that weird rash. Spoiler: It's probably stress."



Interactive Progress Tracker

Check off trends you've mastered:

AGI Prompting

Metaverse Avatar Design

Quantum Computing Basics

Brainwave Meditation

Carbon Credits

Robot Naming

Space Bucket List

Biohacking Routine

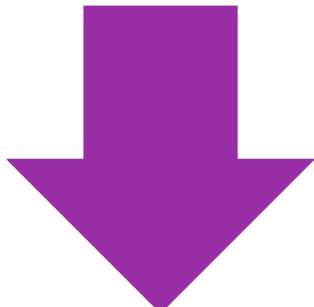
DeFi Investing

AI Self-Diagnosis

Reward: If you check 5+ boxes, tweet
"2025, I'm ready!" and tag
[@2025happier](https://gumroad.com/@2025happier) on gumroad for a free
bonus.



Just a Preview





Bonus: 2025 Cheat Sheet Copy-Paste These Hacks:

1. Sell VR Art in 3 Steps

How to Start:

1. Design: Use free tools like Blender or Tilt Brush.
2. Sell: Upload to Sketchfab (it's like Etsy for 3D art).
3. Promote: Post 15-second TikTok videos showing your designs.

2. Boost Your LinkedIn Profile

Add This Skill:

- Step 1: Take the free IBM Quantum Computing Basics course.
- Step 2: Add "Quantum Computing Fundamentals" to your LinkedIn skills.
- Result: Recruiters will notice you for future-proof jobs!



Selfie Challenge:

"Take a selfie with this PDF and post it. Most creative wins a 15\$ Immunity₁₅ booster Plan."