

A woman with long brown hair is sitting in a meditative lotus pose on a rocky surface. She is wearing a purple tank top and black pants. Her hands are clasped together in front of her chest in a mudra. The background is a blurred landscape of rocks and foliage.

Join us for an unforgettable journey  
towards inner peace and wellness.

# REALIGN

*retreat*

with Aishwarya Sahu  
**SELF • NATURE • COMMUNITY**

**November 13-17**  
**ONENESS, Rishikesh**