

Lillis, Nicole

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Acknowledging a family's cultural and socio-economic background can enhance the likelihood of a positive clinical outcome.



Many immigrants and refugees not only come from other countries speaking foreign tongues, but they many times come from rural areas, sometimes from war-torn regions, and most often with some degree of anxiety--all of which can significantly impact the clinical outcome.

Please review the following list as many of these distinctions may impact the plan of care and patient safety:

- Beliefs and practices regarding illness and healing
- Beliefs regarding hierarchy, gender and power status in society
- Beliefs and practices regarding religion and spirituality
- Socio-economic background and current status
- Educational experience and/or access
- Legal status in this country
- Post-traumatic stress disorder

You can use the various [internet links](#) on our website to get a broader understanding of various cultures and their corresponding clinical implications.

For information regarding [Mexican](#) culture, [East Indian](#) culture, [Chinese](#) culture, [Russian](#) culture, [Somali](#) culture or [Arab](#) culture, please view the Take 5 sheets. You can also go directly to our [Take 5 Archives](#) see them.

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