

# STRONG4LIFE PROVIDER TRAINING

## Maintenance of Certification

### Key Program Components:

- Attend Strong4Life Training Session (CME provided)
- Incorporate standardized history and physical assessment components
- Submit monthly data to measure quality improvement
- Complete a six-month online survey
- Conduct two in-office staff meetings for program implementation and data comparison

**MOC Point Value: 25 points**



**Incorporating motivational interviewing techniques and setting goals with families to improve the effectiveness of childhood obesity counseling**

Children's Healthcare of Atlanta has partnered with Kids Health First Pediatric Alliance to create an American Board of Pediatrics Maintenance of Certification (MOC) Program centered around the key training principles of Strong4Life.

### Participation

The program is available to all Board-certified Georgia Pediatricians seeking Maintenance of Certification Part 4 Credit.

### Description of Program

- Throughout the six-month program, participants will incorporate motivational interviewing skills and standardized assessment tools to promote evidence-based obesity prevention messages with all children ages 6-11.
- Participants will partake in a Strong4Life Provider Training (CME credit provided), and receive a free provider toolkit to support conversations about healthy habits and BMI measurement with families.
- Participants will set goals with families to improve healthy habits within the family structure.
  - The MOC program requires participants to implement standardized history and physical exam check points for children 6-11 years of age.
  - Participants will be assessed monthly for quality improvement and will have the opportunity to compare their results with their peers.

### Registration

To register, please visit [www.choa.org/s4lprovider](http://www.choa.org/s4lprovider). For more information, please call **770-333-0033 ext. 209** or email [s4lmoc@khfirst.com](mailto:s4lmoc@khfirst.com).