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Painting Class at Children's at Scottish Rite

On Tuesday, Nov. 17, artist Pat Appling will host a painting class at Children's at Scottish Rite in the Cantina from 5:30-9 p.m. Beginners are welcome.

Class size is limited to eight people. E-mail [Barbara Bradshaw](#) for details.



We know how hard you work and how devoted you are to our patients. But as devoted as you are, it's so important for you to take time for yourself.

Children's offers lots of options just for you through our [Work/Life Success](#) offerings. Whether you're starting a family, need help with childcare, want to better manage your stress or are considering your FLEXoptions, Children's Work/Life Success offerings can help.


But what can you do when you just want to do something totally different? One group of employees at The Park came up with a great way to share some comraderie, learning and fun.

Painting at The Park

A few months ago, Sally Austin, Assistant General Counsel, Office of the General Counsel, raved to a few coworkers about a painting class she was taking held by local artist Pat Appling in Hoschton, Ga.

"Sally is talented with everything she touches," says Roseann Jorda, Executive Administrative Assistant, The Park. "She kept encouraging me to join her painting class. But I was skeptical and didn't want to travel to a class I wasn't sure I'd enjoy."

After talking with fellow coworkers, Sally realized several were interested in attending a painting class if it was held at The Park. She made arrangements with Pat Appling to hold a painting class June 30, from 5:30-9 p.m., in the breakroom of Building 1711.



Word of the painting class traveled fast, and Kathie Lown, Jean Phillips, Kim Franke, Pat Wilson, Bobbi Henderson, Vickie Brzenzinski, Anne Rowe, LaTonya Blount and Roseann Jorda all signed up.

Aside from the \$45 per-person session charge, attendees only had to bring paper towels. Everything

Educational Seminar on Diabetes: The Short and Sweet of It

The Professional Development CHOICE Council will offer its 3rd Educational Seminar for 2011 on diabetes care on Aug. 30. [View Full Story >](#)

UGA Countdown to Kickoff Fan Festival

On July 16, The University of Georgia will host a Countdown to Kickoff Fan Festival in Athens, Ga. benefiting Children's. [View Full Story >](#)

Employee Choir Rehearsal at The Park

The Children's Employee Choir is an outlet for many employees to express themselves in a way that utilizes their talents. [View Full Story >](#)

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else—canvases, paints, brushes, easels—was supplied by instructor Pat Appling.

"Pat is very talented and broke down the instructions step by step," Jorda says. "The class sparked my interest and was a great opportunity to do something different. I bought paints and brushes a year ago, but never did anything with them. Instruction really is the key."

This impromptu painting class "gave us the chance to laugh with each other, meet others we didn't know and complete a painting that none of us thought we could do," Jorda says.

Pat is coming back to The Park for round two Sept. 15. There's still time for you to sign up. Simply e-mail [Roseann Jorda](#). Pat is willing to hold classes at other campuses for groups of eight or more. Contact her at 770-314-5245.

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