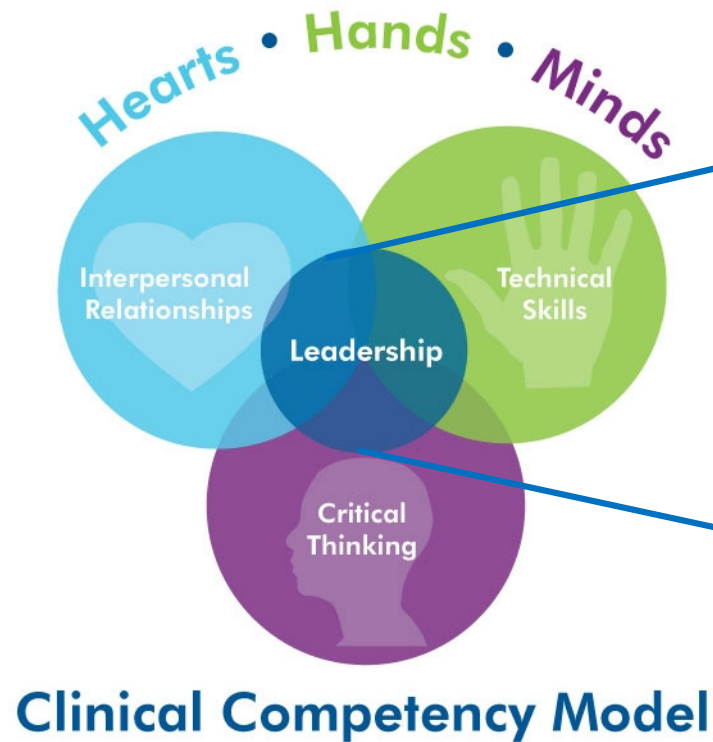


Staff Nurse Competency



What does it look like?

Self Awareness
Accountability
Personal Mastery
Empowerment
Manages Up
Confidence
Communication
Career Planning
Initiative
Authenticity
Action impact on Others
Emotional Intelligence

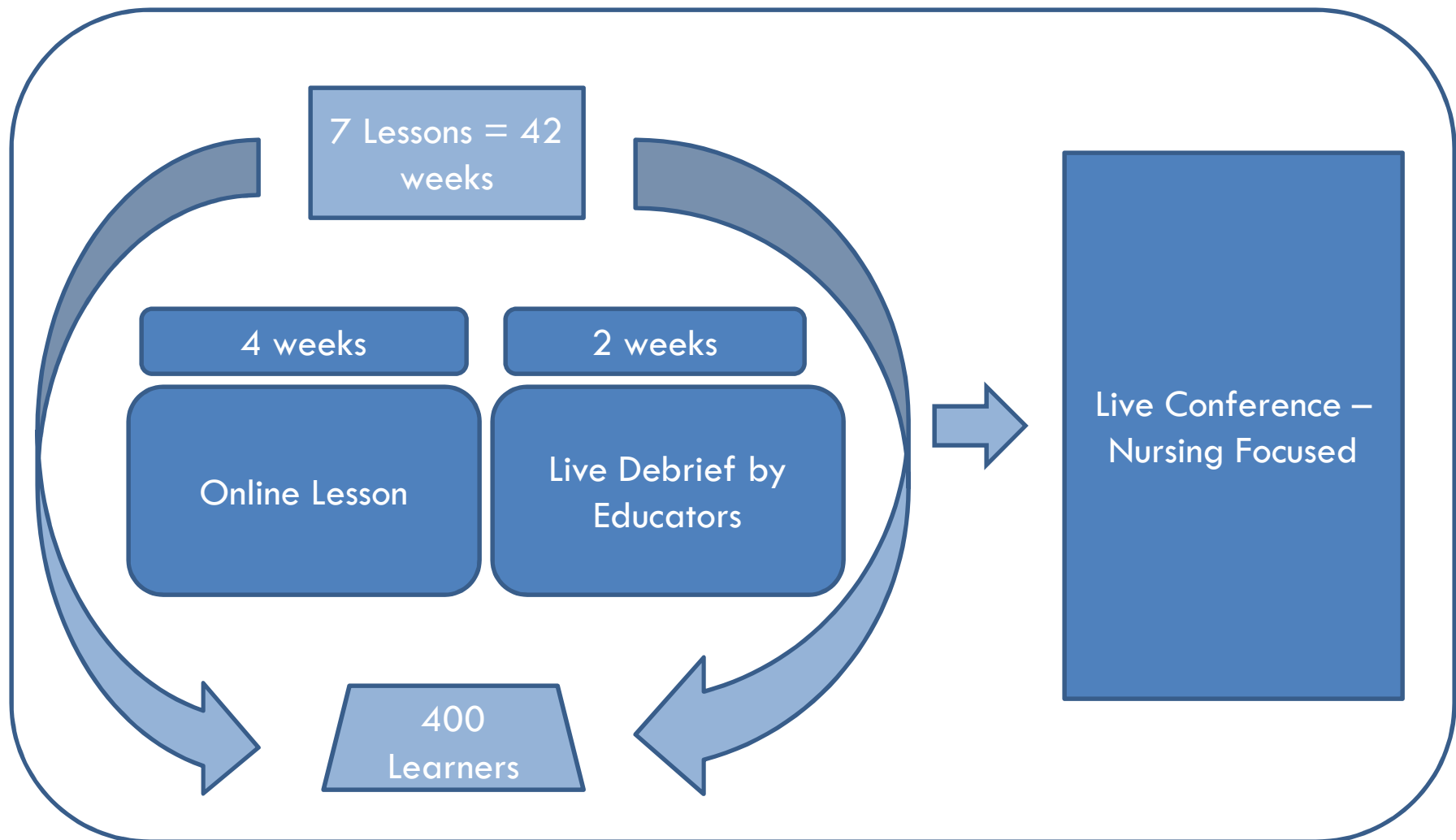


CHOA Curriculum

Lesson Topic	Learning
Temperaments – Understanding your inborn temperaments so that you can become acutely aware of feelings and preferences that drive you to act and react to those around you.	Self -awareness and knowledge Personal development Self- modulation and regulation Understanding others
Self Leadership and Diagnosis – Understand diagnosis in the context of self-leadership. Identify self-motivators for doing your best work. Learn how to assess your stage of development on goals and tasks to get what you need.	Self- awareness Planning work Personal development Process management
Needs and Values - Learn why it is essential to understand your own needs and values---first by identifying them, and then by working to get your needs met effectively and successfully aligning them with your values.	Self -awareness and knowledge Personal development Self- modulation and regulation
Interpersonal Communication – Improve your ability to modify your communication habits and choices to better serve your purpose and achieve your goals. Learn the communication loop and keys to effective communication.	Listening Self awareness and knowledge Self -modulation and regulation
One on One Meetings – Discover how to ask for your one on one time with your leader. Learn how to prepare and create a powerful agenda and ask for what you need to be successful.	Planning Caring about others Motivating others
Temperaments and Others – Build on what you have already learned regarding temperaments by spending more time looking at the impact of your shadow temperament.	Approachability Understanding others Peer relationships
Partnering for Performance – Learn the definition of partnering for performance and the partnering process, including getting agreement on goals, tasks, development level, and leadership style	Motivating others Planning Fairness and compassion Caring about and developing others Listening



Program Flow – 5 Cohorts



1st Cohort – June 2013

