

Hi.Bro. Mike here. God wants you well. This list has healed hundreds. Go to the web site and hit the "Testimonials" button and read about all the people who have completed the list. Go to the Facebook "Blessings" and read about all the miracles of people who benefited from the list. The list goes to the root of your mental illness & Satan's strongholds in your life.

Autism, Downs, developmental disabilities (DD), MR, MS, ALS, Huntington's, MD etc. are usually caused by spirits that come down thru the family tree and attack the child in the womb or in early childhood. They are very difficult to get out & the parents usually must go thru deliverance & then help with the child's deliverance for it to be successful. Jesus dealt with the father of the boy (his unbelief) before He delivered his son (Mk. 9).

Schizophrenia, BPD, psychosis, DID, Bi-Polar, etc. are usually caused by childhood trauma that allows two spirits to get into the child's brain during periods of abuse or extreme disappointment: Rejection & Rebellion. The mental illness usually does not take a strong hold until the person is in their late teens or early 20s.

Later in life, other spirits get into the person in layers, so to speak. You must remove the layers. When all the layers are removed you will be cured and heading into a new destiny in Christ. I have seen many mentally ill patients completely cured & they are joyous over their new lives. Those who did not follow this program were not cured. Here are a few vital truths that will speed up the process for you. Follow them with everything you have. Take it slowly & only one step at a time. Don't let the demons distract you. Don't do your own program. It will not work.

1. Make a literal numbered list of all the people in your life that have hurt you significantly. Use Mt. 5:44 on each of them and release them out of your soul to God. Pray over them exactly as the verse tell you to. Forgiveness is not enough. You must release the ought (negative emotions) you have for them. Pray for them hard. It will break their curses over your life and remove their wounds and spirits from your soul (Mt. 6:14-15).

2. Make a literal numbered list of all the things you do not like about yourself. Repent over each of them and forgive yourself. Pray hard. Don't stop until all the emotions (ought) of self disgust, self hate and self condemnation are gone. This is as crucial as #1. It is as big of sin to hate yourself as it is to hate others.

3. Pray aggressively for the Gift of Godly Sorrow. Of all the people you may have hurt over the years and all the pain you caused yourself, you actually hurt your Heavenly Father the most. He was wounded by your behavior. Sorrow for hurting Him is healing and life changing (II Cor. 7:8-10). Your tears will heal you (Ps. 56:8, Rev. 7:17, 21:4).

4. Read John 14, 15, 16 and Mt. 8, 9 over several times & absorb as many of these wonderful life saving truths you can. Read about the mentally ill people cured in Mk. 5:1, 7, 9, Mt. 8:28). You can be cured too.

5. Watch the videos 'Overcoming Rejection' & 'Ministering to the Mentally Ill' & 'Anxiety Disorders' & 'Auto Immune Diseases' & 'Miracle Blockers.' They are life savers & on point to your issues. [www.youtube.com/houseofhealingaz](http://www.youtube.com/houseofhealingaz).
6. Get a copy of "Pigs in the Parlor." Study Chapter 21 several times and study the hand chart so you will know exactly what spirits you are facing.
7. Stop complaining and blaming yourself or people who have betrayed you in the past or currently letting you down. This will block your healing & deliverance. You must also repent of being hard & critical of yourself (James 4:11).
8. You must DO this list (James 1:22) not just read and agree with it. It is your only hope of being healed.
9. Go to the web site and hit the "Teaching" button ([www.hardcorechristianity.com](http://www.hardcorechristianity.com)) and read the article on "How Satan Controls the Mind" and "Satan's Counter-attack."
10. Follow the 10 step process outlined in James 4:7-10. It leads to total healing. This is crucial. Ask someone to help you do it.
11. Make a literal numbered list of the top 5 negative, religious or untruthful thoughts the demons put into your mind every day. God never uses negative thoughts to help people. Repent of receiving them. Renounce and replace each thought with the Truth of God's Word. Then cast the thoughts out of your mind (II Cor. 10:3-5).
12. Try the 'self deliverance' button on the web site ([www.hardcorechristianity.com](http://www.hardcorechristianity.com)) after you have finished the list and at a time when you are humble, broken or sensing the Holy Spirit.
13. Order a copy of my study booklet "Planos Spirits. The Root Cause and Cure of Mental Illness" off the Hardcore web site. It is a powerful revelation of the roots of mental illness. Every Christian professional working in the mental health field should have a copy of revelation.
14. God wants you healed (Jn. 14:21). Your Heavenly Father Loves You (Jn. 14:21) & wants to help you. Keep going. Don't give up.
15. If you are able, start speaking in Tongues off and on all day (read the Hardcore web site article "Glossa" under the "Teaching" button). The demons hate it and don't know what you are saying or praying. The Holy Spirit interprets the language and applies it to your needs (I Cor. 14:2,4, 14, 15, 18, 22, 32, 39).
16. Please come visit the Arizona Deliverance Center as soon as you can to receive personal ministry. Come for a Wednesday thru Saturday. Blessings, Bro. Mike.