

# Nursing School Supply List

Essential Items for Nursing Students

This comprehensive supply list covers everything you'll need for nursing school. Start with the essentials and add optional items as needed. Focus on quality over quantity for items you'll use daily.

## Essential Supplies

### Clinical Tools

<b>Stethoscope</b>	Quality matters. Littmann Classic III or Cardiology IV recommended. Budget option: ADC or MDF.
<b>Penlight</b>	Get one with pupil gauge. Keep a backup - they disappear easily.
<b>Watch with Second Hand</b>	Analog, digital, or smartwatch (Apple Watch, Android equivalent). Must be cleanable and waterproof.

### Uniform & Accessories

<b>Scrubs</b>	3-4 sets minimum. Check school requirements for colors. Choose comfortable, breathable fabric.
<b>Clinical Shoes</b>	Closed-toe, non-slip, comfortable for 12-hour shifts. Break them in before clinicals.
<b>Compression Socks</b>	Prevent leg fatigue and swelling. Invest in quality pairs.
<b>Name Badge Holder</b>	Retractable clip style. Keep your ID accessible and professional.

### Study & Organization

<b>Nursing Drug Guide</b>	Updated annually. Davis or Mosby recommended. Mobile app versions available.
<b>Medical Dictionary</b>	Taber's or Mosby's. Essential for understanding terminology.
<b>Small Notebook</b>	Pocket-sized for clinical notes and patient information. Keep it HIPAA-compliant.
<b>Highlighters &amp; Pens</b>	Multiple colors for color-coding notes. Black pens for documentation.

### Tech & Essentials

<b>Laptop or Tablet</b>	For care plans, research, and online exams. Ensure it meets school requirements.
<b>Parking Strategy</b>	Scout parking spots early or arrange rideshares with classmates. Hospitals often reserve parking for employees only.

## Additional Helpful Items

### Reference Materials

<b>Lab Values Pocket Guide</b>	Quick reference for normal ranges. Laminated cards work well.
<b>EKG/ECG Interpretation Guide</b>	Pocket guide for rhythm recognition and interpretation.

### Optional Clinical Tools

<b>Blood Pressure Cuff</b>	Aneroid sphygmomanometer if not provided. Useful for practice and home.
<b>Pulse Oximeter</b>	Portable fingertip model for clinical assessments.
<b>Reflex Hammer</b>	For neurological assessments. Taylor or Buck style.

## Optional Convenience Items

- Small backpack or tote bag for clinical supplies
- Insulated lunch bag for long clinical days
- Phone charger and portable battery pack
- Personal hand cream (hospitals are dry)
- Energy bars or healthy snacks for clinical breaks
- Small hand sanitizer for your pocket
- Planner or digital calendar for time management
- Noise-canceling headphones for studying
- Comfortable shoes for campus (separate from clinical shoes)
- Water bottle with time markers for hydration tracking

### Money-Saving Tips

- Split costs with classmates for optional reference materials and pocket guides.
- Wait until you actually need optional items before buying them.

- Check if your school provides any supplies or tool kits at orientation.
- Look for student discounts at medical supply stores and online retailers.
- Consider gently used stethoscopes and equipment from graduating students.