

# HAR Weight Lifting Exercise

*Tomas Rodriguez*

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## Background

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it. In this project, your goal will be to use data from accelerometers on the belt, forearm, arm, and dumbbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways. More information is available from the website here: <http://groupware.les.inf.puc-rio.br/har> (<http://groupware.les.inf.puc-rio.br/har>) (see the section on the Weight Lifting Exercise Dataset).

## Introduction/Scope

The goal of you this analysis is to predict the manner in which participants did the exercise. This is the “classe” variable in the training set. Here we describe how we built your model, how we used cross validation, what we think the expected out of sample error is, and why we made the choices we did. We will also use our prediction model to predict 20 different test cases.

## Experiment Description

Six young health participants were asked to perform one set of 10 repetitions of the Unilateral Dumbbell Biceps Curl in five different fashions: exactly according to the specification (Class A), throwing the elbows to the front (Class B), lifting the dumbbell only halfway (Class C), lowering the dumbbell only halfway (Class D) and throwing the hips to the front (Class E). Sensors were placed at four locations: belt, arm, dumbbell, and forearm. The output of the sensor data become the input files to our analysis.

## Data URL

Training Data: <https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv>  
(<https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv>)

Test Data: <https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv>  
(<https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv>)

## Analysis Repository

URL: <https://github.com/tomyr95/har> (<https://github.com/tomyr95/har>)

## Environment Setup

```
library(caret); library(dplyr); library(Hmisc); library(car); library(corrplot)
library(rattle); library(rpart); library(parallel); library(doParallel)
library(e1071); library(ggplot2); library(klaR); library(stringr)
library(lattice); library(beepR); library(grid); library(gridExtra)
```

## Download/Read Data

1. We downloaded the training/testing data into our working directory.
2. We assined it to objects dat1 and dat2, respectively.

```
url1 <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
url2 <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"
download.file(url1, "training.csv")
download.file(url2, "testing.csv")

dat1 <- read.csv("training.csv")
dat2 <- read.csv("testing.csv")
```

## Inspect/Cleanup/Partition Data

1. In reviewing the data we find many zero, nezr-zero, and columns containing only NA.
2. In addition we see a number of columns that are not pertinent to our analysis.
3. We removed such columns for both the trainig (dat1) and testing (dat2) data.
4. We split original trainig data into training(TRIAN)/validation(VAL) sets.
5. We assign testing data and remove dat, dat2 placeholders.

```
str(dat1)
```

```

## 'data.frame': 19622 obs. of 160 variables:
## $ X : int 1 2 3 4 5 6 7 8 9 10 ...
## $ user_name : Factor w/ 6 levels "adelmo","carlitos",...: 2 2 2 2 2 2 2 2 2 2
...
## $ raw_timestamp_part_1 : int 1323084231 1323084231 1323084231 1323084232 1323084232 1323
084232 1323084232 1323084232 1323084232 1323084232 ...
## $ raw_timestamp_part_2 : int 788290 808298 820366 120339 196328 304277 368296 440390 484
323 484434 ...
## $ cvtd_timestamp : Factor w/ 20 levels "02/12/2011 13:32",...: 9 9 9 9 9 9 9 9 9 9
...
## $ new_window : Factor w/ 2 levels "no","yes": 1 1 1 1 1 1 1 1 1 1 ...
## $ num_window : int 11 11 11 12 12 12 12 12 12 12 ...
## $ roll_belt : num 1.41 1.41 1.42 1.48 1.48 1.45 1.42 1.42 1.43 1.45 ...
## $ pitch_belt : num 8.07 8.07 8.07 8.05 8.07 8.06 8.09 8.13 8.16 8.17 ...
## $ yaw_belt : num -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4
...
## $ total_accel_belt : int 3 3 3 3 3 3 3 3 3 3 ...
## $ kurtosis_roll_belt : Factor w/ 397 levels "", "-0.016850",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_pitch_belt : Factor w/ 317 levels "", "-0.021887",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_yaw_belt : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_belt : Factor w/ 395 levels "", "-0.003095",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_belt.1 : Factor w/ 338 levels "", "-0.005928",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_yaw_belt : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 1 ...
## $ max_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ max_pitch_belt : int NA NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_belt : Factor w/ 68 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ min_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ min_pitch_belt : int NA NA NA NA NA NA NA NA NA NA ...
## $ min_yaw_belt : Factor w/ 68 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ amplitude_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_pitch_belt : int NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_yaw_belt : Factor w/ 4 levels "", "#DIV/0!", "0.00",...: 1 1 1 1 1 1 1 1 1 1
...
## $ var_total_accel_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ avg_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ var_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ avg_pitch_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_pitch_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ var_pitch_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ avg_yaw_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_yaw_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ var_yaw_belt : num NA NA NA NA NA NA NA NA NA NA ...
## $ gyros_belt_x : num 0 0.02 0 0.02 0.02 0.02 0.02 0.02 0.02 0.03 ...
## $ gyros_belt_y : num 0 0 0 0 0.02 0 0 0 0 0 ...
## $ gyros_belt_z : num -0.02 -0.02 -0.02 -0.03 -0.02 -0.02 -0.02 -0.02 -0.02 0 ...
## $ accel_belt_x : int -21 -22 -20 -22 -21 -21 -22 -22 -20 -21 ...
## $ accel_belt_y : int 4 4 5 3 2 4 3 4 2 4 ...
## $ accel_belt_z : int 22 22 23 21 24 21 21 21 24 22 ...
## $ magnet_belt_x : int -3 -7 -2 -6 -6 0 -4 -2 1 -3 ...
## $ magnet_belt_y : int 599 608 600 604 600 603 599 603 602 609 ...
## $ magnet_belt_z : int -313 -311 -305 -310 -302 -312 -311 -313 -312 -308 ...
## $ roll_arm : num -128 -128 -128 -128 -128 -128 -128 -128 -128 -128 ...

```

```

## $ pitch_arm      : num  22.5 22.5 22.5 22.1 22.1 22 21.9 21.8 21.7 21.6 ...
## $ yaw_arm        : num  -161 -161 -161 -161 -161 -161 -161 -161 -161 -161 ...
## $ total_accel_arm : int   34 34 34 34 34 34 34 34 34 34 ...
## $ var_accel_arm   : num   NA NA NA NA NA NA NA NA NA NA ...
## $ avg_roll_arm    : num   NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_roll_arm : num   NA NA NA NA NA NA NA NA NA NA ...
## $ var_roll_arm    : num   NA NA NA NA NA NA NA NA NA NA ...
## $ avg_pitch_arm   : num   NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_pitch_arm : num   NA NA NA NA NA NA NA NA NA NA ...
## $ var_pitch_arm   : num   NA NA NA NA NA NA NA NA NA NA ...
## $ avg_yaw_arm     : num   NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_yaw_arm  : num   NA NA NA NA NA NA NA NA NA NA ...
## $ var_yaw_arm     : num   NA NA NA NA NA NA NA NA NA NA ...
## $ gyros_arm_x     : num    0 0.02 0.02 0.02 0 0.02 0 0.02 0.02 0.02 ...
## $ gyros_arm_y     : num    0 -0.02 -0.02 -0.03 -0.03 -0.03 -0.03 -0.02 -0.03 -0.03 ...
## $ gyros_arm_z     : num   -0.02 -0.02 -0.02 0.02 0 0 0 0 -0.02 -0.02 ...
## $ accel_arm_x     : int  -288 -290 -289 -289 -289 -289 -289 -289 -288 -288 ...
## $ accel_arm_y     : int   109 110 110 111 111 111 111 111 109 110 ...
## $ accel_arm_z     : int  -123 -125 -126 -123 -123 -122 -125 -124 -122 -124 ...
## $ magnet_arm_x    : int  -368 -369 -368 -372 -374 -369 -373 -372 -369 -376 ...
## $ magnet_arm_y    : int   337 337 344 344 337 342 336 338 341 334 ...
## $ magnet_arm_z    : int   516 513 513 512 506 513 509 510 518 516 ...
## $ kurtosis_roll_arm : Factor w/ 330 levels "", "-0.02438",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_pitch_arm : Factor w/ 328 levels "", "-0.00484",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_yaw_arm  : Factor w/ 395 levels "", "-0.01548",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_arm : Factor w/ 331 levels "", "-0.00051",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_pitch_arm : Factor w/ 328 levels "", "-0.00184",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_yaw_arm  : Factor w/ 395 levels "", "-0.00311",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ max_roll_arm     : num   NA NA NA NA NA NA NA NA NA NA ...
## $ max_pitch_arm    : num   NA NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_arm      : int   NA NA NA NA NA NA NA NA NA NA ...
## $ min_roll_arm     : num   NA NA NA NA NA NA NA NA NA NA ...
## $ min_pitch_arm    : num   NA NA NA NA NA NA NA NA NA NA ...
## $ min_yaw_arm      : int   NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_roll_arm : num   NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_pitch_arm : num   NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_yaw_arm : int   NA NA NA NA NA NA NA NA NA NA ...
## $ roll_dumbbell    : num   13.1 13.1 12.9 13.4 13.4 ...
## $ pitch_dumbbell   : num  -70.5 -70.6 -70.3 -70.4 -70.4 ...
## $ yaw_dumbbell     : num  -84.9 -84.7 -85.1 -84.9 -84.9 ...
## $ kurtosis_roll_dumbbell : Factor w/ 398 levels "", "-0.0035", "-0.0073",...: 1 1 1 1 1 1 1 1 1 1
1 1 ...
## $ kurtosis_pitch_dumbbell : Factor w/ 401 levels "", "-0.0163", "-0.0233",...: 1 1 1 1 1 1 1 1 1 1
1 1 ...
## $ kurtosis_yaw_dumbbell : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_dumbbell : Factor w/ 401 levels "", "-0.0082", "-0.0096",...: 1 1 1 1 1 1 1 1 1 1
1 1 ...
## $ skewness_pitch_dumbbell : Factor w/ 402 levels "", "-0.0053", "-0.0084",...: 1 1 1 1 1 1 1 1 1 1
1 1 ...
## $ skewness_yaw_dumbbell : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 1 ...
## $ max_roll_dumbbell : num   NA NA NA NA NA NA NA NA NA NA ...
## $ max_pitch_dumbbell : num   NA NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_dumbbell  : Factor w/ 73 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ min_roll_dumbbell : num   NA NA NA NA NA NA NA NA NA NA ...

```

```
## $ min_pitch_dumbbell      : num  NA NA NA NA NA NA NA NA NA NA ...
## $ min_yaw_dumbbell        : Factor w/ 73 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ amplitude_roll_dumbbell : num  NA NA NA NA NA NA NA NA NA NA ...
## [list output truncated]
```

```
dat1 <- dat1[,-c(1:7)] #Remove 1st columns with identifying data, not for processing
dat1 <- dat1[, -nearZeroVar(dat1)] #Remove all zero and near-zero values
dat1 <- dat1[, colSums(is.na(dat1)) == 0] #Remove all only NA columns
dat1$id <- c(1:nrow(dat1)) #Added simple 'id' for reference purposes.
```

```
#Apply same transformations to dat2(testing data)
```

```
dat2 <- dat2[,-c(1:7)]
dat2 <- dat2[, -nearZeroVar(dat2)]
dat2 <- dat2[, colSums(is.na(dat2)) == 0]
```

```
#Divide training (dat1) into training(TRAIN)/validation(VAL) datasets
```

```
set.seed(333)
inTrain <- createDataPartition(y = dat1$classe, p=0.75)[[1]]
TRAIN <- dat1[inTrain,]
VAL <- dat1[-inTrain,]
```

```
#Verify outcome (classe) proportionally distributed (expected)
table(TRAIN$classe)
```

```
##
##      A      B      C      D      E
## 4185 2848 2567 2412 2706
```

```
table(VAL$classe)
```

```
##
##      A      B      C      D      E
## 1395  949  855  804  901
```

```
testing <- dat2
```

```
remove(dat1)
remove(dat2)
```

## Review Data

1. We note columns called 'total\_accel' and suspect they are functions of other predictors.
2. We will use 'featureplot' function to review for potential outliers in the data.
3. We will leave review of potential important predictors to the selected model.
4. One can get a sense of important features "pairs" and "density plot types."
5. Saved feature plots in: har-featureset1.png (2, 3, 4).
6. Removed four (4) points as suspected outliers.

```
names(TRAIN)
```

```
## [1] "roll_belt"          "pitch_belt"          "yaw_belt"
## [4] "total_accel_belt"   "gyros_belt_x"        "gyros_belt_y"
## [7] "gyros_belt_z"       "accel_belt_x"        "accel_belt_y"
## [10] "accel_belt_z"       "magnet_belt_x"       "magnet_belt_y"
## [13] "magnet_belt_z"      "roll_arm"            "pitch_arm"
## [16] "yaw_arm"            "total_accel_arm"     "gyros_arm_x"
## [19] "gyros_arm_y"        "gyros_arm_z"         "accel_arm_x"
## [22] "accel_arm_y"        "accel_arm_z"         "magnet_arm_x"
## [25] "magnet_arm_y"       "magnet_arm_z"        "roll_dumbbell"
## [28] "pitch_dumbbell"     "yaw_dumbbell"        "total_accel_dumbbell"
## [31] "gyros_dumbbell_x"   "gyros_dumbbell_y"    "gyros_dumbbell_z"
## [34] "accel_dumbbell_x"   "accel_dumbbell_y"    "accel_dumbbell_z"
## [37] "magnet_dumbbell_x"  "magnet_dumbbell_y"   "magnet_dumbbell_z"
## [40] "roll_forearm"       "pitch_forearm"       "yaw_forearm"
## [43] "total_accel_forearm" "gyros_forearm_x"     "gyros_forearm_y"
## [46] "gyros_forearm_z"    "accel_forearm_x"     "accel_forearm_y"
## [49] "accel_forearm_z"    "magnet_forearm_x"    "magnet_forearm_y"
## [52] "magnet_forearm_z"   "classe"              "id"
```

```
plot1 <- featurePlot(x=TRAIN[, 1:3], y=TRAIN$classe, plot="box") # BELT rpy      (r p y)
plot2 <- featurePlot(x=TRAIN[, 5:7], y=TRAIN$classe, plot="box") # BELT gyrow    (LOW)
plot3 <- featurePlot(x=TRAIN[, 8:10], y=TRAIN$classe, plot="box") # BELT accel   (x y z)
plot4 <- featurePlot(x=TRAIN[, 11:13], y=TRAIN$classe, plot="box") # BELT magnet (x)
png('har-featureset1.png', width = 10, height = 7.5, units = 'in', res = 300)
grid.arrange(plot1, plot2, plot3, plot4, ncol=2, nrow=2)
dev.off()
```

```
## png
## 2
```

```
plot1 <- featurePlot(x=TRAIN[, 14:16], y=TRAIN$classe, plot="box", no.axes=TRUE) # ARM rpy      (r)
plot2 <- featurePlot(x=TRAIN[, 18:20], y=TRAIN$classe, plot="box", no.axes=TRUE) # ARM gyros    (LOW)
plot3 <- featurePlot(x=TRAIN[, 21:23], y=TRAIN$classe, plot="box") # ARM accel      (z)
plot4 <- featurePlot(x=TRAIN[, 24:26], y=TRAIN$classe, plot="box") # ARM magnet     (LOW)
png('har-featureset2.png', width = 10, height = 7.5, units = 'in', res = 300)
grid.arrange(plot1, plot2, plot3, plot4, ncol=2, nrow=2)
dev.off()
```

```
## png
## 2
```

```
plot1 <- featurePlot(x=TRAIN[, 27:29], y=TRAIN$classe, plot="box") # DUMBBELL rpy (LOW)
plot2 <- featurePlot(x=TRAIN[, 31:33], y=TRAIN$classe, plot="box") # DUMBBELL gyros (LOW)
plot3 <- featurePlot(x=TRAIN[, 34:36], y=TRAIN$classe, plot="box") # DUMBBELL accel (y)
plot4 <- featurePlot(x=TRAIN[, 37:39], y=TRAIN$classe, plot="box") # DUMBBELL magnet (y z)
png('har-featureset3.png', width = 10, height = 7.5, units = 'in', res = 300)
grid.arrange(plot1, plot2, plot3, plot4, ncol=2, nrow=2)
dev.off()
```

```
## png
## 2
```

```
plot1 <- featurePlot(x=TRAIN[, 40:42], y=TRAIN$classe, plot="box") # FOREARM rpy (LOW)
plot2 <- featurePlot(x=TRAIN[, 44:46], y=TRAIN$classe, plot="box") # FOREARM gyros (LOW)
plot3 <- featurePlot(x=TRAIN[, 47:49], y=TRAIN$classe, plot="box") # FOREARM Accel (z)
plot4 <- featurePlot(x=TRAIN[, c(4, 17, 30, 43)], y=TRAIN$classe, plot="box") # f(pred
ictors)
png('har-featureset4.png', width = 10, height = 7.5, units = 'in', res = 300)
grid.arrange(plot1, plot2, plot3, plot4, ncol=2, nrow=2)
dev.off()
```

```
## png
## 2
```

## Remove Outliers (Based on extreme observations ONLY in this rather large data set)

```
TRAIN <- TRAIN[TRAIN$id!=5373,]
TRAIN <- TRAIN[TRAIN$id!=9274,]
TRAIN <- TRAIN[TRAIN$id!=152,]
TRAIN <- TRAIN[TRAIN$id!=9941,]

#Remove id column for rest of analysis
TRAIN <- TRAIN[, -ncol(TRAIN)]
VAL <- VAL[, -ncol(VAL)]
```

## Sample Smaller Dataset for Model Spot Check

```
set.seed(333)
sampleTRAIN <- createDataPartition(y = TRAIN$classe, p=0.05)[[1]]
sampleVAL <- createDataPartition(y = VAL$classe, p=0.05)[[1]]
sm1Tr <- TRAIN[sampleTRAIN,]
sm1Val <- VAL[sampleVAL,]
table(sm1Tr$classe)
```

```
##  
##   A   B   C   D   E  
## 210 143 129 121 136
```

```
table(smlVal$classe)
```

```
##  
##   A   B   C   D   E  
## 70 48 43 41 46
```

## Model Spot Check

1- Model Spot Check/Selection performed for a selection of models discussed in class 2- Class: Data Science/Practical Machine Learning, John's Hopkins University, Bis-Statistics. 3- Random Forrest was found to be the most accurate model to fit the training data set. 4- Top performing models highly correlated, so don't consider stacking.



```
control <- trainControl(method="repeatedcv", number=5, repeats=3)

# Linear Discriminant Analysis
set.seed(333)
start <- Sys.time()
fit.lda <- train(classe~., data=smlTr, method="lda", metric="Accuracy", preProc=c("center", "scale"), trControl=control)
end <- Sys.time()
prediction <- predict(fit.lda, smlTr[, -ncol(smlTr)])
time.lda <- end - start
p.lda <- prediction

# CART
set.seed(333)
start <- Sys.time()
fit.rpart <- train(classe~., data=smlTr, method="rpart", metric="Accuracy", trControl=control)
end <- Sys.time()
prediction <- predict(fit.lda, smlTr[, -ncol(smlTr)])
time.rpart <- end - start
p.rpart <- prediction

# Bagging
set.seed(333)
start <- Sys.time()
fit.treebag <- train(classe~., data=smlTr, method="treebag", metric="Accuracy", trControl=control, verbose=FALSE)
end <- Sys.time()
prediction <- predict(fit.treebag, smlTr[, -ncol(smlTr)])
time.treebag <- end - start
p.treebag <- prediction

# Random Forest
set.seed(333)
start <- Sys.time()
fit.rf <- train(classe~., data=smlTr, method="rf", metric="Accuracy", trControl=control)
end <- Sys.time()
prediction <- predict(fit.rf, smlTr[, -ncol(smlTr)])
time.rf <- end - start
p.rf <- prediction

# Boosting
set.seed(333)
start <- Sys.time()
fit.gbm <- train(classe~., data=smlTr, method="gbm", metric="Accuracy", trControl=control, verbose=FALSE)
end <- Sys.time()
prediction <- predict(fit.gbm, smlTr[, -ncol(smlTr)])
time.gbm <- end - start
p.gbm <- prediction

# Summarize Results
results <- resamples(list(lda=fit.lda, rpart=fit.rpart, treebag=fit.treebag, rf=fit.rf, gbm=fit.gbm))
```

```
sum_df <- summary(results)
times <- data.frame("names"=c("lda", "rpart", "treebag", "rf", "gbm"),
                    "times"=c(time.lda, time.rpart, time.treebag, time.rf, time.gbm))
print(sum_df)
```

```
##
## Call:
## summary.resamples(object = results)
##
## Models: lda, rpart, treebag, rf, gbm
## Number of resamples: 15
##
## Accuracy
##           Min.   1st Qu.   Median     Mean   3rd Qu.     Max. NA's
## lda      0.6510067 0.6790541 0.7006803 0.6982023 0.7084712 0.7567568    0
## rpart    0.3493151 0.4142481 0.5135135 0.4812041 0.5457575 0.5918367    0
## treebag  0.8053691 0.8282922 0.8424658 0.8502487 0.8682432 0.9127517    0
## rf       0.8287671 0.8644052 0.8657718 0.8713961 0.8775454 0.9121622    0
## gbm      0.8219178 0.8469388 0.8724832 0.8668945 0.8851351 0.8993289    0
##
## Kappa
##           Min.   1st Qu.   Median     Mean   3rd Qu.     Max. NA's
## lda      0.55979774 0.5952985 0.6215331 0.6183161 0.6316898 0.6919163    0
## rpart    0.09458842 0.2236695 0.3707334 0.3211274 0.4192747 0.4757489    0
## treebag  0.75264755 0.7822194 0.8001904 0.8103907 0.8335176 0.8898430    0
## rf       0.78389580 0.8279657 0.8304313 0.8371203 0.8452043 0.8886896    0
## gbm      0.77554399 0.8060610 0.8394670 0.8316022 0.8545664 0.8726786    0
```

```
print(times)
```

```
##      names      times
## 1     lda  0.7701921 secs
## 2    rpart  0.8768082 secs
## 3 treebag  6.9227722 secs
## 4      rf 42.2010620 secs
## 5     gbm 27.9692690 secs
```

```
#Access correlation between Top performing models
confusionMatrix(p.rf, p.gbm)
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction  A    B    C    D    E
##           A 210    0    0    0    0
##           B   0 143    0    0    0
##           C   0   0 129    0    0
##           D   0   0   0 121    0
##           E   0   0   0   0 136
##
## Overall Statistics
##
##           Accuracy : 1
##           95% CI : (0.995, 1)
##           No Information Rate : 0.2842
##           P-Value [Acc > NIR] : < 2.2e-16
##
##           Kappa : 1
##           McNemar's Test P-Value : NA
##
## Statistics by Class:
##
##           Class: A Class: B Class: C Class: D Class: E
## Sensitivity           1.0000   1.0000   1.0000   1.0000   1.000
## Specificity           1.0000   1.0000   1.0000   1.0000   1.000
## Pos Pred Value        1.0000   1.0000   1.0000   1.0000   1.000
## Neg Pred Value        1.0000   1.0000   1.0000   1.0000   1.000
## Prevalence            0.2842   0.1935   0.1746   0.1637   0.184
## Detection Rate        0.2842   0.1935   0.1746   0.1637   0.184
## Detection Prevalence  0.2842   0.1935   0.1746   0.1637   0.184
## Balanced Accuracy      1.0000   1.0000   1.0000   1.0000   1.000
```

```
confusionMatrix(p.rf, p.treebag)
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction  A   B   C   D   E
##           A 210   0   0   0   0
##           B   0 143   0   0   0
##           C   0   0 129   0   0
##           D   0   0   0 121   0
##           E   0   0   0   0 136
##
## Overall Statistics
##
##           Accuracy : 1
##           95% CI : (0.995, 1)
##           No Information Rate : 0.2842
##           P-Value [Acc > NIR] : < 2.2e-16
##
##           Kappa : 1
##           McNemar's Test P-Value : NA
##
## Statistics by Class:
##
##           Class: A Class: B Class: C Class: D Class: E
## Sensitivity           1.0000   1.0000   1.0000   1.0000   1.000
## Specificity           1.0000   1.0000   1.0000   1.0000   1.000
## Pos Pred Value         1.0000   1.0000   1.0000   1.0000   1.000
## Neg Pred Value         1.0000   1.0000   1.0000   1.0000   1.000
## Prevalence             0.2842   0.1935   0.1746   0.1637   0.184
## Detection Rate         0.2842   0.1935   0.1746   0.1637   0.184
## Detection Prevalence   0.2842   0.1935   0.1746   0.1637   0.184
## Balanced Accuracy       1.0000   1.0000   1.0000   1.0000   1.000
```

## Run Ramdom Forrest, All Predictors

1- Run RF model with all predictors and full TRAIN data to assess predictor importance (varImp).

```
set.seed(333)
training <- TRAIN
validation <- VAL
fitControl <- trainControl(method="repeatedcv", number=5, repeats=3)
start <- Sys.time()
fit <- train(classe ~., method = "rf", data = training, trControl = fitControl, importance=TRUE)
end <- Sys.time()
timeRF <- end - start
pTr <- predict(fit, training[, -ncol(training)])
pVal <- predict(fit, validation[, -ncol(validation)])
accTr <- confusionMatrix(pTr, training[, ncol(training)])$overall['Accuracy']
accVal <- confusionMatrix(pVal, validation[, ncol(validation)])$overall['Accuracy']
fitRF <- fit
Imp <- varImp(fitRF)$importance
Imp$names <- rownames(Imp)
features <- Imp %>% mutate(id = row_number()) %>% mutate(sum = A+B+C+D+E) %>% arrange(desc(sum))
cols_all <- features$id
print(features)
```

##	A	B	C	D	E	names	id
## 1	92.142513	91.79959	73.67040	100.00000	49.68146	yaw_belt	3
## 2	64.714729	91.16680	93.54129	91.39563	59.73162	roll_belt	1
## 3	64.893533	96.28356	77.44490	70.01059	63.82285	pitch_belt	2
## 4	71.154332	68.37430	90.74185	69.87000	56.76221	magnet_dumbbell_z	39
## 5	47.460311	78.58983	68.21261	58.40571	47.96653	roll_arm	14
## 6	45.664579	70.00607	59.00961	64.56742	54.39833	accel_dumbbell_y	35
## 7	44.158528	72.13908	60.32763	54.33492	50.97969	gyros_belt_z	7
## 8	49.470478	55.03912	79.08787	54.25863	41.64644	magnet_dumbbell_y	38
## 9	38.911396	59.82930	51.81152	61.22643	52.05880	pitch_forearm	41
## 10	42.321806	60.37897	56.49821	54.29630	35.74546	accel_belt_z	10
## 11	39.119267	58.42879	59.41469	49.42798	41.97304	gyros_dumbbell_y	32
## 12	45.010735	53.48937	51.50906	47.58077	47.77110	accel_dumbbell_z	36
## 13	43.616975	50.96397	48.48822	52.26668	38.59675	magnet_belt_y	12
## 14	25.564560	55.44133	53.10733	39.03143	60.44291	magnet_belt_x	11
## 15	28.402784	59.40465	51.15313	55.52887	34.46269	yaw_arm	16
## 16	35.167375	55.05881	48.30806	49.97035	36.00389	magnet_forearm_z	52
## 17	29.442608	65.87876	44.17627	43.11397	38.70674	gyros_arm_y	19
## 18	28.782293	54.13018	52.74973	39.81120	40.15225	accel_dumbbell_x	34
## 19	43.647937	40.01139	40.97414	42.93783	43.35103	total_accel_dumbbell	30
## 20	36.556664	43.27525	41.45298	48.20416	38.32418	magnet_belt_z	13
## 21	25.821633	44.37850	55.09205	40.62182	38.90226	accel_forearm_z	49
## 22	28.444237	58.16420	41.68401	40.28820	35.54178	gyros_dumbbell_z	33
## 23	34.862962	38.38450	52.00992	43.51937	33.68536	roll_dumbbell	27
## 24	30.162259	45.88555	50.16669	40.81346	32.96438	magnet_forearm_y	51
## 25	27.692753	39.57091	49.37865	35.15981	43.91669	yaw_forearm	42
## 26	27.086587	49.67516	38.40367	38.58680	34.44458	accel_arm_y	22
## 27	23.501910	42.53011	44.16420	47.92486	30.01851	accel_forearm_x	47
## 28	31.844452	42.12551	54.35134	32.01845	23.64720	magnet_dumbbell_x	37
## 29	34.247796	33.65955	50.17245	36.94938	27.75463	roll_forearm	40
## 30	33.017185	45.98480	42.63863	32.68894	28.09933	magnet_arm_z	26
## 31	25.360768	51.55269	46.73639	35.75854	21.73939	gyros_dumbbell_x	31
## 32	20.801886	38.85686	43.80809	38.67721	38.65228	yaw_dumbbell	29
## 33	31.094258	40.19395	45.91036	32.77973	29.85501	accel_forearm_y	48
## 34	32.275425	36.93979	35.90322	34.34344	27.90494	total_accel_forearm	43
## 35	17.396454	56.30104	31.02552	30.34131	27.60987	gyros_forearm_z	46
## 36	26.626184	43.41368	34.95545	24.07174	32.23642	gyros_belt_x	5
## 37	25.511547	36.71736	36.00076	29.85547	30.58137	gyros_forearm_x	44
## 38	21.195198	44.54628	35.04581	22.96525	30.70178	accel_belt_x	8
## 39	21.065464	39.06837	29.17010	22.50470	32.72251	total_accel_belt	4
## 40	21.580364	29.18373	27.28209	42.69338	17.75067	accel_arm_x	21
## 41	14.764947	40.42534	29.93413	29.37335	22.70572	gyros_forearm_y	45
## 42	13.658476	28.65514	36.34744	32.57685	24.29840	accel_arm_z	23
## 43	12.408951	25.29227	34.39927	26.25510	26.74736	magnet_forearm_x	50
## 44	13.849138	33.36053	19.41539	25.75130	25.32229	accel_belt_y	9
## 45	16.404947	34.17671	19.78303	24.79716	20.99247	gyros_arm_x	18
## 46	11.008801	22.97363	29.00141	31.11851	17.32895	magnet_arm_y	25
## 47	6.538288	33.38958	32.45140	24.13394	12.40788	pitch_arm	15
## 48	6.278925	34.66664	30.19699	18.50348	14.89759	pitch_dumbbell	28
## 49	7.994172	22.79642	21.48650	22.39762	28.80971	gyros_belt_y	6
## 50	18.884825	18.29863	28.10860	21.37809	11.34542	magnet_arm_x	24
## 51	19.430798	26.37408	21.04459	13.21313	15.83780	gyros_arm_z	20
## 52	0.000000	17.32774	18.02980	21.33332	12.73004	total_accel_arm	17

##	sum
## 1	407.29396
## 2	400.55008
## 3	372.45544
## 4	356.90270
## 5	300.63499
## 6	293.64600
## 7	281.93985
## 8	279.50254
## 9	263.83745
## 10	249.24074
## 11	248.36376
## 12	245.36104
## 13	233.93259
## 14	233.58756
## 15	228.95212
## 16	224.50848
## 17	221.31835
## 18	215.62566
## 19	210.92232
## 20	207.81324
## 21	204.81625
## 22	204.12242
## 23	202.46211
## 24	199.99234
## 25	195.71881
## 26	188.19680
## 27	188.13960
## 28	183.98695
## 29	182.78380
## 30	182.42889
## 31	181.14778
## 32	180.79634
## 33	179.83330
## 34	167.36682
## 35	162.67419
## 36	161.30348
## 37	158.66650
## 38	154.45433
## 39	144.53114
## 40	138.49023
## 41	137.20349
## 42	135.53631
## 43	125.10294
## 44	117.69865
## 45	116.15431
## 46	111.43130
## 47	108.92109
## 48	104.54362
## 49	103.48443
## 50	98.01556
## 51	95.90040
## 52	69.42090

```
df <- data.frame(c("features", "timeRF", "accTr", "accVal"), c(ncol(training)-1, timeRF, accTr, accVal))
df
```

```
##  c..features....timeRF....accTr....accVal..
## 1                                     features
## 2                                     timeRF
## 3                                     accTr
## 4                                     accVal
##  c.ncol.training....1..timeRF..accTr..accVal.
## 1                                52.000000
## 2                                45.208954
## 3                                1.000000
## 4                                0.995106
```

```
cols_all
```

```
## [1] 3 1 2 39 14 35 7 38 41 10 32 36 12 11 16 52 19 34 30 13 49 33 27
## [24] 51 42 22 47 37 40 26 31 29 48 43 46 5 44 8 4 21 45 23 50 9 18 25
## [47] 15 28 6 24 20 17
```

## Create Dataframe for Fit Results by Predictor Quantity

```
pQty <- data.frame(matrix(ncol=3, nrow=0))
colnames(pQty) <- c("Pred", "Time", "OOS")
```

## Optimize Predictor Selection

1- To prevent underfitting or overfitting the model we will use out-of-sample (OOS) error estimation. 2- The goal is to find the number of predictors that minimize the OOS error rate. 3- We will use the validation (VAL) dataset predictions to assess OOS error. 4- This was done manually and stored in object "Multi\_Parameter.rds". 5- OOS error (1-accuracy) will not reduce predictor quantity.



```

set.seed(333)
redNum <- 5
redFeatures <- head(features$id, redNum)
cols <- append(redFeatures, ncol(TRAIN), after = length(redFeatures))
training <- TRAIN[, cols]
fitcontrol <- trainControl(method="repeatedcv", number=5, repeats=3)
start <- Sys.time()
fit <- train(classe ~., method = "rf", data = training, trControl = fitControl, importance=TRUE)
end <- Sys.time()
pVal <- predict(fit, validation[, -ncol(validation)])
fitRF <- fit
timeRF <- end - start
accVal <- confusionMatrix(pVal, validation[, ncol(validation)])$overall['Accuracy']
pQty[nrow(pQty) + 1,] = list(redNum, timeRF, accVal)
save(pQty, file = "Multi_Parameter.rds")

```

## Plot Predictors vs. OOS Error

```

load("Multi_Parameter.rds")
print(pQty)

```

```

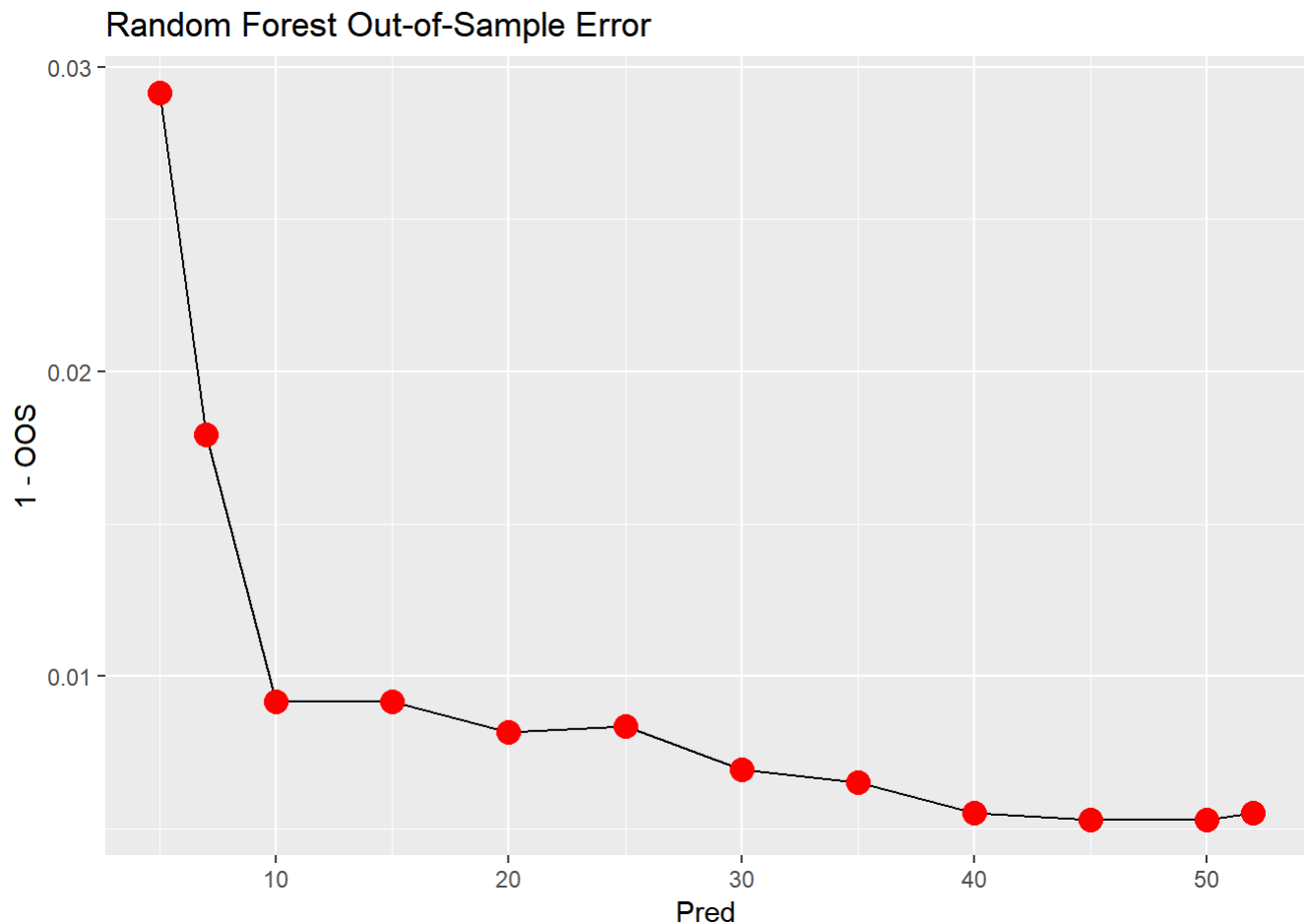
##      Pred      Time      OOS
## 1      5  4.037030 0.9708401
## 2     10  6.982997 0.9908238
## 3     15 10.259109 0.9908238
## 4     20 14.318595 0.9918434
## 5     25 18.555994 0.9916395
## 6      7  5.294556 0.9820555
## 7     35 23.467394 0.9934747
## 8     30 19.846859 0.9930669
## 9     40 27.086994 0.9944943
## 10    50 35.079192 0.9946982
## 11    45 32.006012 0.9946982
## 13    52 37.131802 0.9944943

```

```

g = ggplot(pQty, aes(y=1-OOS, x=Pred))
g = g + geom_line()
g = g + geom_point(color="RED", size=4)
g = g + ggtitle("Random Forest Out-of-Sample Error")
g

```



## Run Test Data On Selected Model

1- We run the test data for the selected model and have the following results. 2- These results will be submitted to the Course Project Prediction Quiz.

```
predict(fit, testing)
```

```
## [1] B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```

## Conclusions

1- A model can be adequately done -in this case- random forrest to predict exercise manner. 2- Our predicted results: B A B A A E D B A A B C B A E E A B B B.

## References

1- "How to Evaluate Machine Learning Algorithms with R" by Jason Brownlee on February 1, 2016 in R Machine Learning. 2- Velloso, E.; Bulling, A.; Gellersen, H.; Ugulino, W.; Fuks, H., Qualitative Activity Recognition of Weight Lifting Exercises. Proceedings of 4th International Conference in Cooperation with SIGCHI (Augmented Human '13) . Stuttgart, Germany: ACM SIGCHI, 2013.