

RUSH Nurse Competency Checklist

Name: _____

Date: _____

Unit: _____

Rating Legend/Key:

- 1: Theory only / No-Minimal Experience
- 2: Limited Experience / May require assistance and/or review
- 3: Experienced / Competent - Minimal Support needed
- 4: Proficient

Ostomy Care

- Identifying types of ostomies (colostomy, ileostomy, urostomy) [] 1 [] 2 [] 3 [] 4
- Assessing stoma and peristomal skin [] 1 [] 2 [] 3 [] 4
- Emptying ostomy pouch correctly [] 1 [] 2 [] 3 [] 4
- Changing ostomy appliance using clean technique [] 1 [] 2 [] 3 [] 4
- Applying skin barrier products or paste [] 1 [] 2 [] 3 [] 4
- Documenting stoma output and skin condition [] 1 [] 2 [] 3 [] 4
- Educating patients on ostomy management [] 1 [] 2 [] 3 [] 4
- Maintaining infection control during ostomy care [] 1 [] 2 [] 3 [] 4

Catheter Care

- Assessing need for catheter and type (Foley, straight, suprapubic) [] 1 [] 2 [] 3 [] 4
- Performing routine catheter care using clean technique [] 1 [] 2 [] 3 [] 4
- Assessing for signs of infection or complications [] 1 [] 2 [] 3 [] 4
- Securing catheter tubing properly [] 1 [] 2 [] 3 [] 4
- Emptying and documenting urinary output [] 1 [] 2 [] 3 [] 4
- Maintaining sterile closed drainage system [] 1 [] 2 [] 3 [] 4
- Educating patients on catheter care and hygiene [] 1 [] 2 [] 3 [] 4
- Proper disposal of catheter-related supplies [] 1 [] 2 [] 3 [] 4

Signature: _____

Date: _____

Reviewed by: _____

Date: _____