

# RUSH Nurse Competency Checklist

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Name: \_\_\_\_\_

Date: \_\_\_\_\_

Unit: \_\_\_\_\_

## Rating Legend/Key:

1: Theory only / No-Minimal Experience

2: Limited Experience / May require assistance and/or review

3: Experienced / Competent - Minimal Support needed

4: Proficient

## Ostomy Care

- Identifying types of ostomies (colostomy, ileostomy, urostomy) ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Assessing stoma and peristomal skin ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Emptying ostomy pouch correctly ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Changing ostomy appliance using clean technique ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Applying skin barrier products or paste ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Documenting stoma output and skin condition ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Educating patients on ostomy management ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Maintaining infection control during ostomy care ☐ 1 ☐ 2 ☐ 3 ☐ 4

## Catheter Care

- Assessing need for catheter and type (Foley, straight, suprapubic) ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Performing routine catheter care using clean technique ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Assessing for signs of infection or complications ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Securing catheter tubing properly ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Emptying and documenting urinary output ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Maintaining sterile closed drainage system ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Educating patients on catheter care and hygiene ☐ 1 ☐ 2 ☐ 3 ☐ 4
- Proper disposal of catheter-related supplies ☐ 1 ☐ 2 ☐ 3 ☐ 4

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_