

[Hoppa till sidans huvudinnehåll](#)

Close Choose language This page is available in the following languages:

- [Af Soomaali — Somaliska](#)
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- [Français — Franska](#)
- [پارسی — Persiska](#)
- [Русский — Ryska](#)
- [Svenska](#)
- [ትግርኛ — Tigrinja](#)
- [Українська — Ukrainska](#)
- [Other languages](#)
- [Listen](#)
- [Search](#)
- [I am seeking asylum](#)
- [I have been granted a residence permit](#)
- [I have arrived without my parents](#)
- [About Sweden](#)

Menu

[Other languages](#)

[Search](#)

[I am seeking asylum](#)

- [Applying for asylum in Sweden](#)
- [Working during the asylum application period](#)
- [Learn Swedish](#)
- [Accommodation during the asylum application period](#)
- [Activities during the asylum application period](#)
- [Your health during the asylum application period](#)
- [Finances during the asylum application period](#)
- [Schooling during the asylum application period](#)
- [Family reunification](#)
- [I have been granted a residence permit](#)
- [I have arrived without my parents](#)
- [About Sweden](#)
- [About Informationsverige.se – Your guide to Swedish society](#)

[listen](#) Focus

Two men and a woman discuss and compare information from their mobile phones.

I am seeking asylum

This page has information about what happens when you seek asylum, about what rules apply and what help is available for you.

[Applying for asylum in Sweden](#)

[Read here about seeking asylum, from before you arrive in Sweden until your asylum application and the decision.](#)

[Working during the asylum application period](#)

[Read here about the rules that apply in the Swedish labour market for you as an asylum seeker.](#)

[Learn Swedish](#)

[With exercises and videos for practising your Swedish using a computer or a mobile phone.](#)

[Accommodation during the asylum application period](#)

[Read here about accommodation centres and what other options you have as an asylum seeker.](#)

[Activities during the asylum application period](#)

[Read here about what you can do while you wait for a decision on your asylum application.](#)

[Your health during the asylum application period](#)

[Read here about the medical examination you are entitled to as an asylum seeker, and about medical care while you wait for a decision on asylum.](#)

[Finances during the asylum application period](#)

[Read here about managing financially while you wait for a decision and about what allowances you can apply for.](#)

[Schooling during the asylum application period](#)

[Read here about every child's right to attend school. This applies to preschool, compulsory school and upper secondary school.](#)

[Family reunification](#)

[Read here about the rules for family reunification and about who is considered part of your immediate family.](#)

Menu

[I am seeking asylum](#)

[I have been granted a residence permit](#)

[I have arrived without my parents](#)

[About Sweden](#)

Find more

[Metodstöd till "Om Sverige" och annat material för samhällsorientering](#)

[Jag arbetar med asylsökande och nyanlända](#)

[About Informationsverige.se – Your guide to Swedish society](#)

[Accessibility](#)

[Cookies](#)

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