

- [To content](#)
- [To navigation](#)

Swedish Council for Higher Education

The Swedish Council for Higher Education (UHR) is a public agency that facilitates skills attainment for Sweden's current and future needs.

#### [På svenska](#)

Other languages

- [اَرَبِيْكَسْكَ \(Arabiska\)](#)
- [فارسي \(Farsi\)](#)
- [Français \(Franska\)](#)
- [한국어 \(Kinesiska\)](#)
- [Polski \(Polska\)](#)
- [Русский \(Ryska\)](#)
- [Af-Soomaali \(Somaliska\)](#)
- [Español \(Spanska\)](#)
- [ไทย \(Thai\)](#)
- [ትግርኛ \(Tigrinja\)](#)
- [Davvisámegiella](#)
- [Jiddisch](#)
- [Julevsámegiella](#)
- [Meänkieli](#)
- [Romani arli](#)
- [Romani kálo](#)
- [Romani kelderaš](#)
- [Romani lovara](#)
- [Suomi](#)
- [Svensk romani](#)
- [Áarjelsaemiengiele](#)

#### [Studera.nu](#)

Search this site

Search Search

#### [Search Menu](#)

##### [Higher Education Studies](#)

###### [Higher education in Sweden](#)

- [Introduction to higher education](#)
- [What are the benefits of university studies?](#)
- [Study levels and degrees](#)

###### [Doctoral \(third-cycle\) education](#)

- [Admission and entry requirements](#)
- [Application and tuition fees](#)

###### [Laws and rights](#)

- [What the law says](#)
- [How is the quality of your education monitored?](#)
- [Your right to complete your studies](#)
- [Appealing admission decisions](#)
- [Cheating and plagiarism](#)

###### [Universities and university colleges](#)

- [Universities and university colleges](#)
- [Contact information for Sweden's universities](#)

###### [Information for asylum-seekers](#)

- [Higher education studies](#)
- [Other study options](#)
- [Evaluation of foreign qualifications](#)

##### [Road to studies](#)

###### [Admission to university studies](#)

- [Application process](#)
- [What do I need to be accepted to a course or programme?](#)
- [Bachelor's level entry requirements](#)

- [Master's level entry requirements](#)
- [Prior learning and exemptions](#)
- [Merit rating](#)
- [Selection](#)
- [Admissions statistics](#)

[I have an academic degree, what do I do now?](#)

- [Assessment of qualifications for job purposes](#)
- [Professional degree and recognition in Sweden](#)
- [Teachers](#)
- [Supplementing your foreign qualification](#)

[Högskoleprovet - Swedish Scholastic Aptitude Test](#)

- [What is the Högskoleprovet?](#)

[Other ways of studying](#)

- [Distance education](#)
- [Adult education](#)
- [Folk high school](#)
- [Higher vocational education](#)

[Student life](#)

[Life of a student](#)

- [What's it like to study at a university?](#)
- [Examinations and grading](#)
- [Higher education terminology](#)
- [Study skills](#)
- [Guidance](#)

[Impact your studies](#)

- [Your influence as a student](#)
- [Student unions](#)

[Practical aspects](#)

- [Accommodation](#)
- [Right to participate](#)
- [Student finances](#)
- [Studying as a parent](#)

[Students with disabilities](#)

- [Access to assistance](#)

[Break from or change in studies](#)

- [Deferment of studies](#)
- [Leave from studies](#)
- [Longer period of illness](#)
- [Changing programmes or university](#)

[Study abroad](#)

[Good to know about studying abroad](#)

- [Exchange student or freemover?](#)
- [Tips for studying abroad](#)
- [Preparing for studies as a freemover](#)
- [Studying abroad for people with disabilities](#)

[Exchange programmes](#)

- [Travelling as an exchange student](#)
- [Erasmus+](#)
  - [Applications](#)
  - [Green sustainability](#)
  - [Erasmus+ FAQ](#)
- [Nordplus](#)
- [Erasmus+ Joint Master's Programmes](#)
- [ASEM-DUO](#)

[Traineeship or placement](#)

- [Overseas placements](#)
- [Erasmus+ traineeships](#)
- [Traineeships at EU institutions](#)
- [IAESTE](#)

[På svenska](#)

[Other languages](#)

- [اَرَبِيْكَ \(Arabiska\)](#)
- [فارسي \(Farsi\)](#)
- [Français \(Franska\)](#)
- [中文 \(Kinesiska\)](#)
- [Polski \(Polska\)](#)
- [Русский \(Ryska\)](#)
- [Af-Soomaali \(Somaliska\)](#)
- [Español \(Spanska\)](#)
- [ไทย \(Thai\)](#)
- [ܐܪܡܝܐ \(Tigrinja\)](#)
- [Davvisámegiella](#)
- [Jiddisch](#)
- [Julevsámegiella](#)
- [Meänkieli](#)
- [Romani arli](#)
- [Romani kálo](#)
- [Romani kelderaš](#)
- [Romani lovara](#)
- [Suomi](#)
- [Svensk romani](#)
- [Aarjelsaemiengiele](#)

Search this site

Search Search

## Site content

[Higher Education Studies](#)

### Higher education in Sweden

- [Introduction to higher education](#)
- [What are the benefits of university studies?](#)
- [Study levels and degrees](#)
- [Doctoral \(third-cycle\) education](#)
- [Application and tuition fees](#)

### Laws and rights

- [What the law says](#)
- [How is the quality of your education monitored?](#)
- [Your right to complete your studies](#)
- [Appealing admission decisions](#)
- [Cheating and plagiarism](#)

### Universities and university colleges

- [Universities and university colleges](#)
- [Contact information for Sweden's universities](#)

### Information for asylum-seekers

- [Higher education studies](#)
- [Other study options](#)
- [Evaluation of foreign qualifications](#)

[Road to studies](#)

### Admission to university studies

- [Application process](#)
- [What do I need to be accepted to a course or programme?](#)

- [Bachelor's level entry requirements](#)
- [Master's level entry requirements](#)
- [Prior learning and exemptions](#)
- [Merit rating](#)
- [Selection](#)
- [Admissions statistics](#)

#### **I have an academic degree, what do I do now?**

- [Assessment of qualifications for job purposes](#)
- [Professional degree and recognition in Sweden](#)
- [Teachers](#)
- [Supplementing your foreign qualification](#)

#### **Högskoleprovet - Swedish Scholastic Aptitude Test**

- [What is the Högskoleprovet?](#)

#### **Other ways of studying**

- [Distance education](#)
- [Adult education](#)
- [Folk high school](#)
- [Higher vocational education](#)

#### Student life

##### **Life of a student**

- [What's it like to study at a university?](#)
- [Examinations and grading](#)
- [Higher education terminology](#)
- [Study skills](#)
- [Guidance](#)

##### **Impact your studies**

- [Your influence as a student](#)
- [Student unions](#)

##### **Practical aspects**

- [Accommodation](#)
- [Right to participate](#)
- [Student finances](#)
- [Studying as a parent](#)

##### **Students with disabilities**

- [Access to assistance](#)

##### **Break from or change in studies**

- [Deferment of studies](#)
- [Leave from studies](#)
- [Longer period of illness](#)
- [Changing programmes or university](#)

#### Study abroad

##### **Good to know about studying abroad**

- [Exchange student or freemover?](#)
- [Tips for studying abroad](#)
- [Preparing for studies as a freemover](#)
- [Studying abroad for people with disabilities](#)

## Exchange programmes

- [Travelling as an exchange student](#)
- [Erasmus+](#)
- [Nordplus](#)
- [Erasmus+ Joint Master's Programmes](#)
- [ASEM-DUO](#)

## Traineeship or placement

- [Overseas placements](#)
- [Erasmus+ traineeships](#)
- [Traineeships at EU institutions](#)
- [IAESTE](#)

## Longer period of illness

Anyone can become ill or be involved in an accident. Find out more about what you can do about your studies if you find yourself in this situation.

The public universities and university colleges, as well as Chalmers University of Technology and Jönköping University, have a responsibility to ensure their students have access to healthcare and personal injury insurance. Private higher education institutions do not have such a requirement.

## Contact the student health office

Student health works with the prevention and support of students' physical and mental health. Each student health office has counsellors and psychologists available.

Find your student health office at [Studenthälsa.se](https://studenthalsa.se)

## Student health online

Studenthälsa.se is your portal to student health, no matter where or how you study in Sweden. Here you will find facts, advice, tips, events and interviews that can provide you with tips and advice for improved well-being. They also give advice on challenges that international students face when coming to study in Sweden.

[Studenthälsa.se](https://studenthalsa.se)

## If an accident occurs

Students at a public university or university college are covered by a personal injury insurance during their study time and on their way to and from the institution. Private higher education institutions are not required to have any type of personal injury insurance. Contact your university if you'd like more information regarding insurance.

If you're involved in an accident, you can be reimbursed for:

- doctor visits
- medicines (prescriptions)
- physical therapy
- trips for health care appointments
- other related expenses

[Find addresses to universities and university colleges](#)

## Report from your first sick day to Försäkringskassan

If you become ill and can't study, you must contact Försäkringskassan the first day you're ill.

[If you get sick during your studies, at Försäkringskassan](#)

## What happens with the student financial aid?

If you have student financial aid, you automatically have insurance protection. This means that you can keep your student aid while you're ill, even if you're not able to study. This is also the case if you're home caring for an ill child or relative. You can also have the loan portion of your financial aid cancelled after a 30 day waiting period.

[Insurance and your financial aid, at Försäkringskassan](#)

## If you become ill abroad

Within the EU/EEA area and Switzerland, you as a student have the right to medical care if you need it during the time you're planning on being abroad. Remember that the foreign health care provider you visit must be connected to the country's public health care system. Don't forget to take your European Health Insurance Card (EU-kortet) with you. You can order this card on Försäkringskassan's website.

[Medical care abroad, at Försäkringskassan](#)

[Order a European Health Insurance Card](#) (in Swedish)

[Download the European Health Insurance Card app, at the European Commission](#)

Page last updated 2024-02-14

Swedish Council for Higher Education

The Swedish Council for Higher Education (UHR) is a public agency that facilitates skills attainment for Sweden's current and future needs.

## Contact

Swedish Council for Higher Education

Telephone: 010-470 03 00

(closed for lunch 12–13)

[About Studera.nu](#)

[About this website's accessibility](#)

[Handle cookies](#)

## Our websites

- [Universityadmissions.se](#)
- [Antagning.se](#)
- [Uhr.se](#)

Education, exchange, enrichment – helping you take the next step