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[The Swedish pension system consists of three parts: a national public pension from the state, an occupational pension...](#)

About the Swedish Pensions Agency and how to contact us

The Swedish Pensions Agency is responsible for and pays your national public pension. We inform and answer questions...

Income pension complement

You may receive an income pension complement as an addition to your national public pension. An application is not...

Guarantee pension – if you have had a low income

The guarantee pension is part of the national public pension that you receive if you have had a low or no pensionable...

Housing supplement and financial support for the elderly

If you live in Sweden and have a low pension or no pension at all, you may be entitled to a housing supplement or...

Survivor's pension – financial support in the event of death

When someone dies, you as a relative may receive a survivor's pension as a financial support. The survivor's pension is...

Occupational pension from your employer

Most people who have worked in Sweden also receive an occupational pension from their employer. Not all employers offer...

Orange envelope - annual statement for your national public pension

Every year, you who have earned towards the national public pension receive an annual statement from the Swedish...

Pension forecast - see how much pension you will get

If you have an e-ID that is approved in Sweden, you can log in to My pages and do a pension forecast to see how much...

Changing funds within a premium pension

The premium pension is the part of the national public pension that you yourself can choose how you want to invest in...

If you are self-employed

If you are self-employed in Sweden, you are responsible for your pension contributions. In order for you to receive the...

Plan your pension

There is no fixed retirement age in Sweden. Please do start planning your pension well in advance so that you have time...

Applying for a pension

There is no fixed retirement age in Sweden, so your pension will not be paid automatically. You must apply when you wish...

Pension payments from another country must be declared

Are you drawing a general pension from Sweden while receiving a pension from another country? It is important for us to...

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If you have worked in Sweden, you have the right to receive a Swedish national public pension even if you live outside...

How to report changes that may affect your pension – those living abroad

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For pensioners

When you have a pension payment from the Swedish Pensions Agency, there are a few things that you need to know about...

How to use e-services and sign in to My Pages

In order to log in and use e-services on My pages, you need an e-ID that is approved in Sweden. E-ID is available in the...

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A list of forms and applications...

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[Frequently Asked Questions](#)

Here are the most common questions from pension savers and pensioners who live abroad...

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Here you can find information from various sources within the Swedish Pension Agency, such as articles...

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[Sweden's Official Statistics \(SOS\) are statistics that are particularly important for describing Sweden. Official...](#)

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