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Two men and a woman discuss and compare information from their mobile phones.

## I am seeking asylum

This page has information about what happens when you seek asylum, about what rules apply and what help is available for you.

### [Applying for asylum in Sweden](#)

[Read here about seeking asylum, from before you arrive in Sweden until your asylum application and the decision.](#)

### [Working during the asylum application period](#)

[Read here about the rules that apply in the Swedish labour market for you as an asylum seeker.](#)

### [Learn Swedish](#)

[With exercises and videos for practising your Swedish using a computer or a mobile phone.](#)

### [Accommodation during the asylum application period](#)

[Read here about accommodation centres and what other options you have as an asylum seeker.](#)

### [Activities during the asylum application period](#)

[Read here about what you can do while you wait for a decision on your asylum application.](#)

## **[Your health during the asylum application period](#)**

[Read here about the medical examination you are entitled to as an asylum seeker, and about medical care while you wait for a decision on asylum.](#)

## **[Finances during the asylum application period](#)**

[Read here about managing financially while you wait for a decision and about what allowances you can apply for.](#)

## **[Schooling during the asylum application period](#)**

[Read here about every child's right to attend school. This applies to preschool, compulsory school and upper secondary school.](#)

## **[Family reunification](#)**

[Read here about the rules for family reunification and about who is considered part of your immediate family.](#)

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Informationsverige.se is a website run by the County Administrative Boards that contains information about Sweden for asylum seekers and people who have recently been granted a residence permit.

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