

- [To content](#)
- [To navigation](#)

Swedish Council for Higher Education

The Swedish Council for Higher Education (UHR) is a public agency that facilitates skills attainment for Sweden's current and future needs.

[På svenska](#)

Other languages

- [اَرَبِيْكَسْكَ \(Arabiska\)](#)
- [فارسي \(Farsi\)](#)
- [Français \(Franska\)](#)
- [한국어 \(Kinesiska\)](#)
- [Polski \(Polska\)](#)
- [Русский \(Ryska\)](#)
- [Af-Soomaali \(Somaliska\)](#)
- [Español \(Spanska\)](#)
- [ไทย \(Thai\)](#)
- [ትግርኛ \(Tigrinja\)](#)
- [Davvisámegiella](#)
- [Jiddisch](#)
- [Julevsámegiella](#)
- [Meänkieli](#)
- [Romani arli](#)
- [Romani kálo](#)
- [Romani kelderaš](#)
- [Romani lovara](#)
- [Suomi](#)
- [Svensk romani](#)
- [Áarjelsaemiengiele](#)

[Studera.nu](#)

Search this site

Search Search

[Search Menu](#)

[Higher Education Studies](#)

[Higher education in Sweden](#)

- [Introduction to higher education](#)
- [What are the benefits of university studies?](#)
- [Study levels and degrees](#)

[Doctoral \(third-cycle\) education](#)

- [Admission and entry requirements](#)
- [Application and tuition fees](#)

[Laws and rights](#)

- [What the law says](#)
- [How is the quality of your education monitored?](#)
- [Your right to complete your studies](#)
- [Appealing admission decisions](#)
- [Cheating and plagiarism](#)

[Universities and university colleges](#)

- [Universities and university colleges](#)
- [Contact information for Sweden's universities](#)

[Information for asylum-seekers](#)

- [Higher education studies](#)
- [Other study options](#)
- [Evaluation of foreign qualifications](#)

[Road to studies](#)

[Admission to university studies](#)

- [Application process](#)
- [What do I need to be accepted to a course or programme?](#)
- [Bachelor's level entry requirements](#)

- [Master's level entry requirements](#)
- [Prior learning and exemptions](#)
- [Merit rating](#)
- [Selection](#)
- [Admissions statistics](#)

[I have an academic degree, what do I do now?](#)

- [Assessment of qualifications for job purposes](#)
- [Professional degree and recognition in Sweden](#)
- [Teachers](#)
- [Supplementing your foreign qualification](#)

[Högskoleprovet - Swedish Scholastic Aptitude Test](#)

- [What is the Högskoleprovet?](#)

[Other ways of studying](#)

- [Distance education](#)
- [Adult education](#)
- [Folk high school](#)
- [Higher vocational education](#)

[Student life](#)

[Life of a student](#)

- [What's it like to study at a university?](#)
- [Examinations and grading](#)
- [Higher education terminology](#)
- [Study skills](#)
- [Guidance](#)

[Impact your studies](#)

- [Your influence as a student](#)
- [Student unions](#)

[Practical aspects](#)

- [Accommodation](#)
- [Right to participate](#)
- [Student finances](#)
- [Studying as a parent](#)

[Students with disabilities](#)

- [Access to assistance](#)

[Break from or change in studies](#)

- [Deferment of studies](#)
- [Leave from studies](#)
- [Longer period of illness](#)
- [Changing programmes or university](#)

[Study abroad](#)

[Good to know about studying abroad](#)

- [Exchange student or freemover?](#)
- [Tips for studying abroad](#)
- [Preparing for studies as a freemover](#)
- [Studying abroad for people with disabilities](#)

[Exchange programmes](#)

- [Travelling as an exchange student](#)
- [Erasmus+](#)
 - [Applications](#)
 - [Green sustainability](#)
 - [Erasmus+ FAQ](#)
- [Nordplus](#)
- [Erasmus+ Joint Master's Programmes](#)
- [ASEM-DUO](#)

[Traineeship or placement](#)

- [Overseas placements](#)
- [Erasmus+ traineeships](#)
- [Traineeships at EU institutions](#)
- [IAESTE](#)

[På svenska](#)

[Other languages](#)

- [اَرَبِيْكَ \(Arabiska\)](#)
- [فارسي \(Farsi\)](#)
- [Français \(Franska\)](#)
- [中文 \(Kinesiska\)](#)
- [Polski \(Polska\)](#)
- [Русский \(Ryska\)](#)
- [Af-Soomaali \(Somaliska\)](#)
- [Español \(Spanska\)](#)
- [ไทย \(Thai\)](#)
- [ܐܪܡܝܐ \(Tigrinja\)](#)
- [Davvisámegiella](#)
- [Jiddisch](#)
- [Julevsámegiella](#)
- [Meänkieli](#)
- [Romani arli](#)
- [Romani kálo](#)
- [Romani kelderaš](#)
- [Romani lovara](#)
- [Suomi](#)
- [Svensk romani](#)
- [Aarjelsaemiengiele](#)

Search this site

Search Search

Site content

[Higher Education Studies](#)

Higher education in Sweden

- [Introduction to higher education](#)
- [What are the benefits of university studies?](#)
- [Study levels and degrees](#)
- [Doctoral \(third-cycle\) education](#)
- [Application and tuition fees](#)

Laws and rights

- [What the law says](#)
- [How is the quality of your education monitored?](#)
- [Your right to complete your studies](#)
- [Appealing admission decisions](#)
- [Cheating and plagiarism](#)

Universities and university colleges

- [Universities and university colleges](#)
- [Contact information for Sweden's universities](#)

Information for asylum-seekers

- [Higher education studies](#)
- [Other study options](#)
- [Evaluation of foreign qualifications](#)

[Road to studies](#)

Admission to university studies

- [Application process](#)
- [What do I need to be accepted to a course or programme?](#)

- [Bachelor's level entry requirements](#)
- [Master's level entry requirements](#)
- [Prior learning and exemptions](#)
- [Merit rating](#)
- [Selection](#)
- [Admissions statistics](#)

I have an academic degree, what do I do now?

- [Assessment of qualifications for job purposes](#)
- [Professional degree and recognition in Sweden](#)
- [Teachers](#)
- [Supplementing your foreign qualification](#)

Högskoleprovet - Swedish Scholastic Aptitude Test

- [What is the Högskoleprovet?](#)

Other ways of studying

- [Distance education](#)
- [Adult education](#)
- [Folk high school](#)
- [Higher vocational education](#)

Student life

Life of a student

- [What's it like to study at a university?](#)
- [Examinations and grading](#)
- [Higher education terminology](#)
- [Study skills](#)
- [Guidance](#)

Impact your studies

- [Your influence as a student](#)
- [Student unions](#)

Practical aspects

- [Accommodation](#)
- [Right to participate](#)
- [Student finances](#)
- [Studying as a parent](#)

Students with disabilities

- [Access to assistance](#)

Break from or change in studies

- [Deferment of studies](#)
- [Leave from studies](#)
- [Longer period of illness](#)
- [Changing programmes or university](#)

Study abroad

Good to know about studying abroad

- [Exchange student or freemover?](#)
- [Tips for studying abroad](#)
- [Preparing for studies as a freemover](#)
- [Studying abroad for people with disabilities](#)

Exchange programmes

- [Travelling as an exchange student](#)
- [Erasmus+](#)
- [Nordplus](#)
- [Erasmus+ Joint Master's Programmes](#)
- [ASEM-DUO](#)

Traineeship or placement

- [Overseas placements](#)
- [Erasmus+ traineeships](#)
- [Traineeships at EU institutions](#)
- [IAESTE](#)

Prior learning and exemptions

You can be considered eligible for a course or programme despite the fact you don't meet the formal entry requirements. A university can assess your prior learning and decide if that qualifies you for the course or programme.

You can meet both the general and specific entry requirements for a course or programme without having studied at an upper secondary school. This can be done by referring to your accumulated competence, if you document it completely and clearly.

What is prior learning?

Prior learning can be for example the knowledge and experience you've acquired from your work life, work in associations, longer periods of time abroad or from different courses you've studied. In order to apply for studies based on your prior learning, you must submit a letter (or a special form) and documentation that shows what accumulated competence you have.

Who assesses prior learning?

The university where you wish to study will assess your prior learning after you apply for the course or programme. You need to submit a description of your knowledge and experience, and documentation that supports them. What you report is assessed in relation to the eligibility requirements for the course or programme.

Your prior learning can be assessed for both the general and specific entry requirements.

You can attain prior learning in different ways

Here are some examples of how you can attain prior learning:

- Work: You've been employed or had your own business.
- Education: You've studied at upper secondary school or adult education (formal education system). You've completed an internship or a training course at your place of employment.
- Volunteer work: You've been active in associations, organisations, clubs or politics.
- Other experience: You've cared for a relative or completed military service. You have experience as a parent or other family life experience.

Applying for assessment of prior learning

At [Antagning.se](#), you can find step-by-step instructions on how to apply for an assessment of your prior learning. There's a special form you can use for your application. Please note that this information is only available in Swedish; you can ask a guidance counsellor to help you.

The application process can be different depending on the university. It's important to find out how you should apply to the university where you wish to study.

Prior learning doesn't give a merit rating

For many courses and programmes, there are more applicants than places available. Therefore, it's important to have a merit rating you can use to compete for these places. Even if you meet the entry requirements with your prior learning, you won't receive a merit rating. One way to get a merit rating is by taking the Swedish Scholastic Aptitude Test (Högskoleprovet). Your result on the test becomes your merit rating.

The test is given in Swedish, with much focus on skills in Swedish. It is important to become quite good at the language before taking the test.

[What is the Högskoleprovet?](#)

If you've previously been awarded prior learning/exception

If you've previously been granted prior learning or an exception, you should submit a copy of that decision. If the decision is not for a course or programme that corresponds to the one you have now applied for, you must submit a new application. Each decision is made for a specific course or programme.

Do you have questions?

If you have questions about your application, you should contact the university in question. Each one works a bit differently with assessment of prior learning and exceptions. Visit their website for more information.

[Find university contact information](#)

Page last updated 2024-03-15

Swedish Council for Higher Education

The Swedish Council for Higher Education (UHR) is a public agency that facilitates skills attainment for Sweden's current and future needs.

Contact

Swedish Council for Higher Education

Telephone: 010-470 03 00

(closed for lunch 12–13)

[About Studera.nu](#)

[About this website's accessibility](#)

[Handle cookies](#)

Our websites

- [Universityadmissions.se](#)
- [Antagning.se](#)
- [Uhr.se](#)

Education, exchange, enrichment – helping you take the next step