



Certificate no: UC-3acf224e-ef4f-4557-8f58-5cfa0ee94a5d

Certificate url: [ude.my/UC-3acf224e-ef4f-4557-8f58-5cfa0ee94a5d](https://ude.my/UC-3acf224e-ef4f-4557-8f58-5cfa0ee94a5d)

Reference Number: 0004

CERTIFICATE OF COMPLETION

# Stress Management With Time Management: Prevent Burnout

Instructors **Alex Genadinik**

**Tong-Kiat Tan**

Date **Jan. 2, 2023**

Length **3 total hours**