



Certificate no: UC-0f5d4282-b1e1-4523-8720-a4d931ccdf4d

Certificate url: ude.my/UC-0f5d4282-b1e1-4523-8720-a4d931ccdf4d

Reference Number: 0004

## CERTIFICATE OF COMPLETION

# Mindful Resilience for Work-Life Thriving

Instructors **Judith Young Comer**

## Tong-Kiat Tan

Date **Sept. 10, 2022**

Length **1 total hour**