



Computer and Text Neck Stretching Exercises

Course completed by
Sep 09, 2024 at 02:14AM UTC • 20 minutes

Top skills covered

Stretching

A stylized, handwritten signature in black ink that reads "Dan Brodnitz".

Head of Global Content, Learning



Certificate ID: 21c919b9ff405f9ecf8b3e22750019dd3f158ff737ea77f920407d56cfe51faf