



Focus on the Now: Why Only This Moment Matters

Course completed by
Sep 24, 2024 at 04:28PM UTC • 9 minutes

Top skills covered

Thinking Skills

Process Thinking

A stylized, handwritten signature in black ink that reads "Dan Rodnitzky".

Head of Global Content, Learning



Certificate ID: eda3322d0dc3b94256ac0633d30cb2b5ecf3f8d4220f27fb6ffd673b8bbdfe42