



Building Better Digital Habits for Focus and Well-being

Course completed by
Apr 21, 2024 at 05:38PM UTC • 29 minutes

Top skills covered

Self Help

Wellness

A stylized, handwritten signature in black ink that reads "Dan Rodnitzky".

Head of Content Strategy, Learning



Certificate ID: 4728be8a19dfcf50d3ed90df94acbbb150e14f6407f6eae3219e57168343b6f9