



Certificate no: UC-26e0e5df-83fa-4b02-a128-f3c0ddfc9ae1

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Reference Number: 0004

CERTIFICATE OF COMPLETION

# Self Confidence & Self Esteem, Mindfulness Makeover

Instructors **Julian Jenkins**

## Tong-Kiat Tan

Date **Oct. 19, 2024**

Length **2.5 total hours**