



Certificate no: UC-f6d52ef4-5ecd-4381-a9e7-10ee8fb5517a

Certificate url: [ude.my/UC-f6d52ef4-5ecd-4381-a9e7-10ee8fb5517a](https://ude.my/UC-f6d52ef4-5ecd-4381-a9e7-10ee8fb5517a)

Reference Number: 0004

CERTIFICATE OF COMPLETION

# How To Prevent Type 2 Diabetes Without Dieting

Instructors **Teresa Trower**

## Tong-Kiat Tan

Date **Oct. 17, 2024**

Length **2.5 total hours**