



# Introduction to Loving-Kindness Meditation

Course completed by  
Sep 13, 2024 at 04:36AM UTC • 28 minutes

Top skills covered

Meditation

A stylized, handwritten signature in black ink that reads "Dan Brodnitz".

Head of Global Content, Learning



Certificate ID: allc2c4cc01a9a08bb782a578f4ffa388d5dd578c848e7058bbd7d5a07d877e9