



# The Mindful Workday

Course completed by  
Sep 07, 2024 at 03:12AM UTC • 40 minutes

Top skills covered

Mindfulness

A stylized, handwritten signature in black ink that reads "Dan Rodnitzky".

Head of Global Content, Learning



Certificate ID: 5fca44c42154a7f5153f254352fb1b834086e0ad9ab19309860d5453e320490e