



Using Your Mind to Change Your Brain

Course completed by
Sep 06, 2024 at 10:32PM UTC • 1 hour 10 minutes

Top skills covered

Mindfulness Meditation

A stylized, handwritten signature in black ink that reads "Dan Brodnitz".

Head of Global Content, Learning



Certificate ID: 8a36feffa5631a2126bc22184e2591008974e19676219da60c7b97bb35be7b2d