***Write your own example in the extra space at the end of each section.

Common Uses of Present Simple

- 1. To describe a habit or routine (in the present).
- I wake up at 7:00 every morning.
- In the winter, I wear my heavy winter coat, mittens, a scarf, and boots.
- I eat a lot of pizza because it is my favourite food.

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- 2. To describe a general truth or fact.
- Water changes into ice when it freezes.
- He has two dogs and a cat.
- She lives in Toronto.
- Learning a new language is difficult.
- We think that riding a bicycle is fun.
- Most people love chocolate.

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- 3. To talk about a scheduled event in the future.
- The plane leaves at 6:15.
- The test begins tomorrow at 9:30.

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Common Uses of Present Progressive (or Present Continuous)

Form: Subject + am/is/are + -ing verb

- 1. To refer to an activity currently in progress.
- She is watching TV right now.
- They are building a new condo tower downtown, and they expect to be finished sometime next summer.

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- 2. To describe a present and temporary activity that is different from the norm.
- She is drinking a lot of coffee these days because she has so much work to do and needs to stay alert.

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- We're having a lot of Zoom calls this summer because of the pandemic.
- I'm sleeping poorly because I have a lot of stress currently.

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- 3. To refer to a plan or appointment in the near future.
- I'm seeing the doctor tomorrow afternoon.
- We are going out for dinner and a movie tonight.

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Common Uses of Present Perfect

Form: Subject + have/has + past participle verb

- 1. To describe an action that took place in the past, but you don't know (or don't say) exactly when.
- Yes, I have tried this restaurant before many times.
- I've been to Europe before, but only once.

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- 2. To describe something which started in the past and is continuing to the present (or is still true now).
- I have lived in Canada for many years.
- They have always loved visiting their friends in Brazil.
- He has never tried sushi before, and he still doesn't want to.
- He hasn't finished his homework yet.

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- 3. To refer to an action that was completed very recently (these sentences often use adverbs such as 'just' or 'already').
- There's no need for you to lock the door because I've already done it.
- I've just finished my work, so now I'm free to talk.

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Common Uses of Present Perfect Continuous

Note: This is used less frequently than the other present tenses. When using the present perfect continuous, we almost always include a time phrase to show duration in the sentence.

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Form: Subject + have/has + been + -ing verb

- 1. To describe an unfinished activity that started in the past, continues until the present, and is expected to continue into the future (or has just finished).
- I have been teaching English at different schools in Toronto since 2014.
- She has been working her homework since 6:00 this morning!
- I've been waiting here for you for 45 minutes. Where were you?
- I've been thinking about moving to a different country for several years.
- He's been practicing for this moment all year.

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