

January 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: – SMZC Event ♦ SMZC Special Event • Sub-Rental Event						1 Closed For New Years
2 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	3 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	4 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	5 – Zazen 6:00 am – Zazen 7:15 pm	6 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	7 – Zazen 6:00 am – Fushinsamu 6:30 pm	8 – Zazen 6:00 am
9 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	10 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	11 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	12 – Zazen 6:00 am – Zazen 7:15 pm	13 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	14 – Zazen 6:00 am – Fushinsamu 6:30 pm	15 – Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
16 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	17 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm <i>Martin Luther King Day</i>	18 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	19 – Zazen 6:00 am – Zazen 7:15 pm	20 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	21 – Zazen 6:00 am – Fushinsamu 6:30 pm	22 – Zazen 6:00 am • VSI 8:00am – 6:00pm
23 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Jukai Class 12:30 pm	24 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	25 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	26 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	27 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 p	28 – Zazen 6:00 am – Kids Fushinsamu 6:30 pm	29 – Zazen 6:00 am ♦ IZT 9:00 am – noon • Breathing Workshop 2:00 – 4:00 pm
30 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon (BOARD MEETING)	31 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm					

February 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> Legend: – SMZC Event ♦ SMZC Special Event • Sub-Rental Event </div>		1 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	2 – Zazen 6:00 am – Zazen 7:15 pm	3 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	4 – Zazen 6:00 am – Fushinsamu 6:30 pm	5 – Zazen 6:00 am ♦ Women in Philanthropy 12:00 – 4:00 pm
6 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	7 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	8 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	9 – Zazen 6:00 am ♦ Sesshin Begins 7:00 pm <i>Ash Wednesday</i>	10 ♦ Sesshin 5:30am – 9:00pm	11 ♦ Sesshin 5:30am – 9:00pm	12 ♦ Sesshin 5:30am – 9:00pm
13 ♦ Sesshin 5:30 – 9:00 am ♦ Tokudo Ceremony - Dan Pack	14 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	15 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	16 – Zazen 6:00 am – Zazen 7:15 pm	17 – Zazen 5:00 am • FIST 6:30am – 8:00pm	18 – Zazen 5:00 am • FIST 6:30am – 8:00pm	19 – Zazen 5:00 am • FIST 6:30am – 4:00pm – Fushinsamu 6:30 pm
20 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	21 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm <i>President's Day</i>	22 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	23 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	24 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	25 – Zazen 6:00 am • Fundraiser Geoff Erwin 4:00 – 9:00 pm	26 – Zazen 6:00 am • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site
27 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Jukai Class 12:30 pm	28 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm					

March 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: – SMZC Event ♦ SMZC Special Event • Sub-rental Event		1	2	3	4	5
		– Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	– Zazen 6:00 am – Zazen 7:15 pm	– Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	– Zazen 6:00 am – Fushinsamu 6:30 pm	– Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
6	7	8	9	10	11	12
♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	– Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	– Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	– Zazen 6:00 am – Zazen 7:15 pm	– Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	– Zazen 5:00 am ♦ ZLI 6:00am – 9:00pm	– Zazen 5:00 am ♦ ZLI 6:00am – 9:00pm
13	14	15	16	17	18	19
♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	– Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	– Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	– Zazen 6:00 am – Zazen 7:15 pm	– Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	– Zazen 6:00 am – Fushinsamu 6:30 pm	– Zazen 6:00 am ♦ IZT 9:00 am – noon
20	21	22	23	24	25	26
♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	– Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	– Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	– Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	– Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	– Zazen 6:00 am – Fushinsamu 6:30 pm <i>Good Friday</i>	– Zazen 6:00 am • VSI 8:00am – 6:00pm
27	28	29	30	31		
♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Jukai Class 12:30 pm <i>Easter Sunday</i>	– Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	– Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	– Zazen 6:00 am – Zazen 7:00 pm	– Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm		

April 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: – SMZC Event ♦ SMZC Special Event • Sub-rental Event					1	2
					– Zazen 6:00 am – Fushinsamu 6:30 pm	– Zazen 6:00 am
♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>(Day Light Savings Time Begins)</i>	3 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	4 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	5 – Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	6 ♦ Sesshin 5:30am – 9:00pm	7 ♦ Sesshin 5:30am – 9:00pm	8 ♦ Sesshin 5:30am – 9:00pm
♦ Sesshin 5:00 – 8:30 am – Service, Zazen 9:00 am ♦ Buddha's Birthday Celebration 10:30 am	9 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	10 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	11 – Zazen 6:00 am – Zazen 7:15 pm	12 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	13 – Zazen 6:00 am – Fushinsamu 6:30 pm	14 – Zazen 6:00 am • Breathing Workshop 11:00am–1:00pm
15 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	16 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	17 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	18 – Zazen 6:00 am – Zazen 7:15 pm	19 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	20 – Zazen 6:00 am – Fushinsamu 6:30 pm	21 – Zazen 6:00 am • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site
22 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>Pass Over</i>	23 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	24 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	25 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	26 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	27 – Zazen 6:00 am – Fushinsamu 6:30 pm	28 – Zazen 6:00 am

May 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	2	3 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	4 – Zazen 6:00 am – Zazen 7:15 pm	5 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	6 – Zazen 6:00 am – Fushinsamu 6:30 pm	7 – Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
8 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>Mother's Day</i>	9 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	10 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	11 – Zazen 6:00 am – Zazen 7:15 pm	12 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	13 – Zazen 6:00 am – Fushinsamu 6:30 pm	14 – Zazen 6:00 am • Breathing Workshop 11:00am - 1:00pm
15 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	16 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	17 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	18 – Zazen 6:00 am – Zazen 7:15 pm	19 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	20 – Zazen 6:00 am – Fushinsamu 6:30 pm	21 – Zazen 6:00 am ♦ IZT 9:00 am – noon
22 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	23 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	24 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	25 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	26 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	27 – Zazen 6:00 am – Fushinsamu 6:30 pm	28 – Zazen 6:00 am • VSI 8:00am – 6:00pm
29 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	30 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm <i>Memorial Day</i>	31 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm			Legend: – SMZC Event ♦ SMZC Special Event • Sub-Rental Event	

June 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: – SMZC Event ♦ SMZC Special Event • Sub-Rental Event			1 – Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	2 ♦ Sesshin 5:30am – 9:00pm	3 ♦ Sesshin 5:30am – 9:00pm	4 ♦ Sesshin 5:30am – 9:00pm
5 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	6 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	7 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	8 – Zazen 6:00 am – Zazen 7:15 pm	9 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	10 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	11 – Zazen 6:00 am • Breathing Workshop 11:00am - 1:00pm
12 ♦ Sesshin 5:30 – 9:00 am – Service, Zazen, Hosan 9:00 – 10:45 am	13 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	14 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	15 – Zazen 6:00 am – Zazen 7:15 pm	16 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	17 – Zazen 6:00 am – Fushinsamu 6:30 pm	18 – Zazen 6:00 am • Big Mind Workshop 9:00am – 5:00pm
19 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am <i>Father's Day</i>	20 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	21 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	22 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	23 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	24 – Zazen 6:00 am – Fushinsamu 6:30 pm	25 – Zazen 6:00 am • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site
26 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	27 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	28 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	29 – Zazen 6:00 am – Zazen 7:15 pm	30 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm		

July 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: – SMZC Event ♦ SMZC Special Event • Sub-Rental Event					1 – Zazen 6:00 am – Fushinsamu 6:30 pm <i>Canada's Birthday</i>	2 – Zazen 6:00 am
3 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	4 Closed For Independence Day	5 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	6 – Zazen 6:00 am – Zazen 7:15 pm	7 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	8 – Zazen 6:00 am – Fushinsamu 6:30 pm	9 – Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
10 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	11 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	12 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	13 – Zazen 6:00 am – Zazen 7:15 pm	14 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	15 – Zazen 6:00 am – Fushinsamu 6:30 pm	16 – Zazen 6:00 am
17 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	18 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	19 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	20 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	21 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	22 – Zazen 6:00 am – Fushinsamu 6:30 pm	23 – Zazen 6:00 am • VSI 8:00am – 6:00pm
24 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	25 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	26 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	27 – Zazen 6:00 am – Zazen 7:15 pm	28 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	29 – Zazen 6:00 am – Fushinsamu 6:30 pm	30 – Zazen 6:00 am ♦ IZT 9:00 am – noon
31 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon						

August 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	2 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	3 – Zazen 6:00 am – Zazen 7:15 pm	4 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	5 – Zazen 6:00 am – Fushinsamu 6:30 pm	6 – Zazen 6:00 am
7 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	8 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	9 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	10 – Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	11 ♦ Sesshin 5:30am – 9:00pm	12 ♦ Sesshin 5:30am – 9:00pm	13 ♦ Sesshin 5:30am – 9:00pm
14 ♦ Sesshin 5:30 – 9:00 am – Service, Zazen, Hosan 9:00 – 10:45 am	15 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	16 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	17 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	18 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	19 – Zazen 6:00 am – Fushinsamu 6:30 pm	20 – Zazen 6:00 am
21 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	22 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	23 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	24 – Zazen 6:00 am – Zazen 7:15 pm	25 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	26 – Zazen 6:00 am – Fushinsamu 6:30 pm	27 – Zazen 6:00 am • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site
28 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	29 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	30 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	31 – Zazen 6:00 am – Zazen 7:15 pm	<div> Legend: – SMZC Event ♦ SMZC Special Event • Sub-rental Event </div>		

September 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> Legend: – SMZC Event ♦ SMZC Special Event • Sub-rental Event </div>						
				1 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	2 – Zazen 6:00 am – Fushinsamu 6:30 pm	3 – Zazen 6:00 am
4 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	5 Closed for Labor Day	6 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	7 – Zazen 6:00 am – Zazen 7:15 pm	8 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	9 – Zazen 6:00 am – Fushinsamu 6:30 pm	10 – Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
11 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	12 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	13 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	14 – Zazen 6:00 am – Zazen 7:15 pm	15 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	16 – Zazen 6:00 am – Fushinsamu 6:30 pm	17 – Zazen 6:00 am ♦ IZT 9:00 am – noon
18 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	19 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	20 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	21 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	22 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	23 – Zazen 6:00 am – Fushinsamu 6:30 pm	24 – Zazen 6:00 am • VSI 8:00am – 6:00pm
25 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	26 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	27 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	28 – Zazen 6:00 am – Zazen 7:15 pm	29 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	30 – Zazen 6:00 am – Fushinsamu 6:30 pm	

October 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: – SMZC Event ♦ SMZC Special Event • Sub-rental Event						1 – Zazen 6:00 am
2 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	3 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	4 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	5 – Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	6 ♦ Sesshin 5:30am – 9:00pm	7 ♦ Sesshin 5:30am – 9:00pm	8 ♦ Sesshin 5:30am – 9:00pm
9 ♦ Sesshin 5:30 – 9:00 am – Service, Zazen, Hosan 9:00 – 10:45 am	10 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	11 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	12 – Zazen 6:00 am – Zazen 7:15 pm	13 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm <i>Yom Kippur</i>	14 – Zazen 6:00 am – Fushinsamu 6:30 pm	15 – Zazen 6:00 am
16 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	17 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	18 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	19 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	20 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	21 – Zazen 6:00 am – Fushinsamu 6:30 pm	22 – Zazen 6:00 am • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site
23 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	24 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	25 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	26 – Zazen 6:00 am – Zazen 7:15 pm	27 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	28 – Zazen 6:00 am – Fushinsamu 6:30 pm	29 – Zazen 6:00 am
30 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	31 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm					

(Day Light Savings Time Ends)

November 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	2 – Zazen 6:00 am – Zazen 7:15 pm	3 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	4 – Zazen 6:00 am – Fushinsamu 6:30 pm	5 – Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
6 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	7 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	8 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	9 – Zazen 6:00 am – Zazen 7:15 pm	10 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	11 – Zazen 6:00 am – Fushinsamu 6:30 pm <i>Veteran's Day Remembrance Day</i>	12 – Zazen 6:00 am
13 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	14 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	15 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	16 – Zazen 6:00 am – Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	17 – Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm	18 – Zazen 6:00 am – Fushinsamu 6:30 pm	19 – Zazen 6:00 am ♦ IZT 9:00 am – noon
20 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	21 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	22 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	23 – Zazen 6:00 am – Zazen 7:15 pm	24 Closed For Thanksgiving Day	25 – Zazen 6:00 am – Fushinsamu 6:30 pm	26 – Zazen 6:00 am • VSI 8:00am – 6:00pm
27 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	28 – Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	29 – Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	30 – Zazen 6:00 am – Zazen 7:15 pm	<div> Legend: – SMZC Event ♦ SMZC Special Event • Sub-rental Event </div>		

December 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: - SMZC Event ♦ SMZC Special Event • Sub-rental Event				1 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	2 - Zazen 6:00 am - Fushinsamu 6:30 pm	3 - Zazen 6:00 am
4 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon	5 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	6 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	7 - Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	8 ♦ Sesshin 5:30am – 9:00pm	9 ♦ Sesshin 5:30am – 9:00pm	10 ♦ Sesshin 5:30am – 9:00pm
11 ♦ Sesshin 5:30 – 9:00 am - Service, Zazen, Hosan 9:00 – 10:45 am	12 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	13 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	14 - Zazen 6:00 am - Zazen 7:15 pm	15 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	16 - Zazen 6:00 am - Fushinsamu 6:30 pm	17 - Zazen 6:00 am • VSI 8:00am – 6:00pm
18 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	19 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	20 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	21 - Zazen 6:00 am - Zazen 7:15 pm	22 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	23 - Zazen 6:00 am - Fushinsamu 6:30 pm	24 - Zazen 6:00 am
25 Closed For Christmas	26 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm <i>Hanukkah Begins</i>	27 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	28 - Zazen 6:00 am - Zazen 7:15 pm	29 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	30 - Zazen 6:00 am - Fushinsamu 6:30 pm	31 - Zazen 6:00 am ♦ New Year's Eve Zazen and Fusatsu Ceremony 10:30 pm