

January 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Legend: - SMZC Event ♦ SMZC Special Event • Sub-Rental Event					1 Closed For New Years
2 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	3 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	4 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	5 - Zazen 6:00 am - Zazen 7:15 pm	6 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	7 - Zazen 6:00 am - Fushinsamu 6:30 pm	8 - Zazen 6:00 am
9 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	10 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	11 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	12 - Zazen 6:00 am - Zazen 7:15 pm	13 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	14 - Zazen 6:00 am - Fushinsamu 6:30 pm	15 - Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
16 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	17 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm <i>Martin Luther King Day</i>	18 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	19 - Zazen 6:00 am - Zazen 7:15 pm	20 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	21 - Zazen 6:00 am - Fushinsamu 6:30 pm	22 - Zazen 6:00 am • VSI 8:00am – 6:00pm
23 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Jukai Class 12:30 pm	24 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	25 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	26 - Zazen 6:00 am - Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	27 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 p	28 - Zazen 6:00 am - Kids Fushinsamu 6:30 pm	29 - Zazen 6:00 am ♦ IZT 9:00 am – noon • Breathing Workshop 2:00 – 4:00 pm
30 ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>(BOARD MEETING)</i>	31 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm					

February 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Legend: - SMZC Event ♦ SMZC Special Event • Sub-Rental Event	1 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	2 - Zazen 6:00 am - Zazen 7:15 pm	3 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	4 - Zazen 6:00 am - Fushinsamu 6:30 pm - Zazen 6:00 am ♦ Women in Philanthropy 12:00 – 4:00 pm
♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon	6 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	7 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	8 - Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	9 - Zazen 6:00 am ♦ Sesshin 5:30am – 9:00pm	10 ♦ Sesshin 5:30am – 9:00pm	11 ♦ Sesshin 5:30am – 9:00pm ♦ Sesshin 5:30am – 9:00pm
♦ Sesshin 5:30 – 9:00 am ♦ Tokudo Ceremony - Dan Pack	13 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	14 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	15 - Zazen 6:00 am - Zazen 7:15 pm	16 - Zazen 5:00 am • FIST 6:30am – 8:00pm	17 - Zazen 5:00 am • FIST 6:30am – 8:00pm	18 - Zazen 5:00 am • FIST 6:30am – 8:00pm - Fushinsamu 6:30 pm
♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	20 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	21 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm <i>President's Day</i>	22 - Zazen 6:00 am - Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	23 - Zazen 6:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	24 - Zazen 6:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	25 - Zazen 6:00 am • Fundraiser Geoff Erwin 4:00 – 9:00 pm - Zazen 6:00 am • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site
♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ♦ Jukai Class 12:30 pm	27 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	28				

March 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ♦ SMZC Special Event • Sub-rental Event 	1 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	2 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	3 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	4 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	5 <ul style="list-style-type: none"> - Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
6 <ul style="list-style-type: none"> ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon 	7 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	8 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	9 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	10 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	11 <ul style="list-style-type: none"> - Zazen 5:00 am ♦ ZLI 6:00am – 9:00pm 	12 <ul style="list-style-type: none"> - Zazen 5:00 am ♦ ZLI 6:00am – 9:00pm 	
13 <ul style="list-style-type: none"> ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm 	14 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	15 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	16 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	17 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	18 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	19 <ul style="list-style-type: none"> - Zazen 6:00 am ♦ IZT 9:00 am – noon 	
20 <ul style="list-style-type: none"> ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am 	21 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	22 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	23 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm 	24 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	25 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm <p><i>Good Friday</i></p>	26 <ul style="list-style-type: none"> - Zazen 6:00 am • VSI 8:00am – 6:00pm 	
27 <ul style="list-style-type: none"> ♦ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ♦ Jukai Class 12:30 pm <p><i>Easter Sunday</i></p>	28 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	29 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	30 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:00 pm 	31 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 			

April 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ◆ SMZC Special Event • Sub-rental Event 					<ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	<ul style="list-style-type: none"> - Zazen 6:00 am
3 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>(Day Light Savings Time Begins)</i>	4 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	5 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	6 - Zazen 6:00 am ◆ Sesshin Begins 7:00 pm	7 ◆ Sesshin 5:30am – 9:00pm	8 ◆ Sesshin 5:30am – 9:00pm	9 ◆ Sesshin 5:30am – 9:00pm
10 ◆ Sesshin 5:00 – 8:30 am – Service, Zazen 9:00 am ◆ Buddha's Birthday Celebration 10:30 am	11 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	12 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	13 - Zazen 6:00 am - Zazen 7:15 pm	14 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	15 - Zazen 6:00 am - Fushinsamu 6:30 pm	16 - Zazen 6:00 am • Breathing Workshop 11:00am–1:00pm
17 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ◆ Blossom 9:30 am	18 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	19 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	20 - Zazen 6:00 am - Zazen 7:15 pm	21 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	22 - Zazen 6:00 am - Fushinsamu 6:30 pm	23 - Zazen 6:00 am • VSI 8:00am – 6:00pm ◆ Lotus Training 8:00 am – off site
24 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>Pass Over</i>	25 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	26 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	27 - Zazen 6:00 am - Zazen 7:15 pm ◆ Fusatsu Ceremony 7:15 pm	28 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	29 - Zazen 6:00 am - Fushinsamu 6:30 pm	30 - Zazen 6:00 am

May 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ◆ Lotus Meeting 12:30 pm	2	3 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	4 - Zazen 6:00 am - Zazen 7:15 pm	5 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	6 - Zazen 6:00 am - Fushinsamu 6:30 pm	7 - Zazen 6:00 am ◆ Zazenkai 6:00 am – 3:00pm
8 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>Mother's Day</i>	9 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	10 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	11 - Zazen 6:00 am - Zazen 7:15 pm	12 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	13 - Zazen 6:00 am - Fushinsamu 6:30 pm	14 - Zazen 6:00 am • Breathing Workshop 11:00am - 1:00pm
15 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	16 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	17 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	18 - Zazen 6:00 am - Zazen 7:15 pm	19 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	20 - Zazen 6:00 am - Fushinsamu 6:30 pm	21 - Zazen 6:00 am ◆ IZT 9:00 am – noon
22 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ◆ Blossom 9:30 am	23 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	24 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	25 - Zazen 6:00 am - Zazen 7:15 pm ◆ Fusatsu Ceremony 7:15 pm	26 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	27 - Zazen 6:00 am - Fushinsamu 6:30 pm	28 - Zazen 6:00 am • VSI 8:00am – 6:00pm
29 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon <i>Memorial Day</i>	30 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	31 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm				<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ◆ SMZC Special Event • Sub-Rental Event

June 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ◆ SMZC Special Event • Sub-Rental Event 		<p>1 - Zazen 6:00 am ◆ Sesshin Begins 7:00 pm</p>	<p>2 ◆ Sesshin 5:30am – 9:00pm</p>	<p>3 ◆ Sesshin 5:30am – 9:00pm</p>	<p>4 ◆ Sesshin 5:30am – 9:00pm</p>
5 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	<p>6 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm</p>	<p>7 - Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm</p>	<p>8 - Zazen 6:00 am – Zazen 7:15 pm</p>	<p>9 - Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm</p>	<p>10 - Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm</p>	<p>11 - Zazen 6:00 am • Breathing Workshop 11:00am - 1:00pm</p>
12 ◆ Sesshin 5:30 – 9:00 am – Service, Zazen, Hosan 9:00 – 10:45 am	<p>13 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm</p>	<p>14 - Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm</p>	<p>15 - Zazen 6:00 am – Zazen 7:15 pm</p>	<p>16 - Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm</p>	<p>17 - Zazen 6:00 am – Fushinsamu 6:30 pm</p>	<p>18 - Zazen 6:00 am • Big Mind Workshop 9:00am – 5:00pm</p>
19 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ◆ Blossom 9:30 am <i>Father's Day</i>	<p>20 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm</p>	<p>21 - Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm</p>	<p>22 - Zazen 6:00 am – Zazen 7:15 pm ◆ Fusatsu Ceremony 7:15 pm</p>	<p>23 - Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm</p>	<p>24 - Zazen 6:00 am – Fushinsamu 6:30 pm</p>	<p>25 - Zazen 6:00 am • VSI 8:00am – 6:00pm ◆ Lotus Training 8:00 am – off site</p>
26 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	<p>27 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm</p>	<p>28 - Zazen 5:00 am – Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm</p>	<p>29 - Zazen 6:00 am – Zazen 7:15 pm</p>	<p>30 - Zazen 5:00 am – Conditioning Class 6:15 am – Bukido 7:00 pm</p>		

July 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ♦ SMZC Special Event • Sub-Rental Event 				<p>1 - Zazen 6:00 am - Fushinsamu 6:30 pm <i>Canada's Birthday</i></p>	2 - Zazen 6:00 am
3 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon	4 Closed For Independence Day	5 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	6 - Zazen 6:00 am - Zazen 7:15 pm	7 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	8 - Zazen 6:00 am - Fushinsamu 6:30 pm	9 - Zazen 6:00 am ♦ Zazenkai 6:00 am – 3:00pm
10 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ♦ Lotus Meeting 12:30 pm	11 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	12 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	13 - Zazen 6:00 am - Zazen 7:15 pm	14 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	15 - Zazen 6:00 am - Fushinsamu 6:30 pm	16 - Zazen 6:00 am
17 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	18 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	19 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	20 - Zazen 6:00 am - Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	21 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	22 - Zazen 6:00 am - Fushinsamu 6:30 pm	23 - Zazen 6:00 am • VSI 8:00am – 6:00pm
24 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon	25 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	26 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	27 - Zazen 6:00 am - Zazen 7:15 pm	28 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	29 - Zazen 6:00 am - Fushinsamu 6:30 pm	30 - Zazen 6:00 am ♦ IZT 9:00 am – noon
31 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon						

Santa Monica Zen Center Master Calendar

August 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	1 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	2 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	3 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	4 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	5 <ul style="list-style-type: none"> - Zazen 6:00 am
<ul style="list-style-type: none"> ◆ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon 	7 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	8 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	9 <ul style="list-style-type: none"> - Zazen 6:00 am ◆ Sesshin Begins 7:00 pm 	10 <ul style="list-style-type: none"> - Zazen 6:00 am 	11 <ul style="list-style-type: none"> ◆ Sesshin 5:30am – 9:00pm 	12 <ul style="list-style-type: none"> ◆ Sesshin 5:30am – 9:00pm
<ul style="list-style-type: none"> ◆ Sesshin 5:30 – 9:00 am - Service, Zazen, Hosan 9:00 – 10:45 am 	14 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	15 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	16 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	17 <ul style="list-style-type: none"> ◆ Fusatsu Ceremony 7:15 pm 	18 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	19 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm
<ul style="list-style-type: none"> ◆ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ◆ Blossom 9:30 am 	21 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	22 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	23 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	24 <ul style="list-style-type: none"> - Zazen 6:00 am 	25 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	26 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm
<ul style="list-style-type: none"> ◆ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon 	28 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	29 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	30 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	31 <ul style="list-style-type: none"> - Zazen 6:00 am 		

Legend: – SMZC Event
◆ SMZC Special Event
• Sub-rental Event

September 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ◆ SMZC Special Event • Sub-rental Event 			<p>1</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	<p>2</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	<p>3</p> <ul style="list-style-type: none"> - Zazen 6:00 am 	
4	<p>◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon</p> <p>Closed for Labor Day</p>	<p>5</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	<p>6</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	<p>7</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	<p>8</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	<p>9</p> <ul style="list-style-type: none"> - Zazen 6:00 am ◆ Zazenkai 6:00 am – 3:00pm 	<p>10</p>
11	<p>◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon</p> <p>◆ Lotus Meeting 12:30 pm</p>	<p>12</p> <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	<p>13</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	<p>14</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	<p>15</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	<p>16</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	<p>17</p> <ul style="list-style-type: none"> - Zazen 6:00 am ◆ IZT 9:00 am – noon
18	<p>◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon</p> <p>◆ Blossom 9:30 am</p>	<p>19</p> <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	<p>20</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	<p>21</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm ◆ Fusatsu Ceremony 7:15 pm 	<p>22</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	<p>23</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	<p>24</p> <ul style="list-style-type: none"> - Zazen 6:00 am • VSI 8:00am – 6:00pm
25	<p>◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon</p>	<p>26</p> <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	<p>27</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	<p>28</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	<p>29</p> <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	<p>30</p> <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	

October 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Legend:</p> <ul style="list-style-type: none"> - SMZC Event ♦ SMZC Special Event • Sub-rental Event 					1 - Zazen 6:00 am
2 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon	3 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	4 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	5 - Zazen 6:00 am ♦ Sesshin Begins 7:00 pm	6 ♦ Sesshin 5:30am – 9:00pm	7 ♦ Sesshin 5:30am – 9:00pm	8 ♦ Sesshin 5:30am – 9:00pm
9 ♦ Sesshin 5:30 – 9:00 am - Service, Zazen, Hosan 9:00 – 10:45 am	10 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	11 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	12 - Zazen 6:00 am - Zazen 7:15 pm	13 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm <i>Yom Kippur</i>	14 - Zazen 6:00 am - Fushinsamu 6:30 pm	15 - Zazen 6:00 am
16 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon ♦ Blossom 9:30 am	17 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	18 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	19 - Zazen 6:00 am - Zazen 7:15 pm ♦ Fusatsu Ceremony 7:15 pm	20 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	21 - Zazen 6:00 am - Fushinsamu 6:30 pm • VSI 8:00am – 6:00pm ♦ Lotus Training 8:00 am – off site	22 - Zazen 6:00 am
23 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon	24 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	25 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	26 - Zazen 6:00 am - Zazen 7:15 pm	27 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	28 - Zazen 6:00 am - Fushinsamu 6:30 pm	29 - Zazen 6:00 am
30 ♦ Zazen Instruction 8:00 am - Service, Zazen, Dharma Talk 9:00 am – noon (Day Light Savings Time Ends)	31					

November 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	2 - Zazen 6:00 am - Zazen 7:15 pm	3 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	4 - Zazen 6:00 am - Fushinsamu 6:30 pm	5 - Zazen 6:00 am ◆ Zazenkai 6:00 am – 3:00pm
6 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	7 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	8 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	9 - Zazen 6:00 am - Zazen 7:15 pm	10 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	11 - Zazen 6:00 am - Fushinsamu 6:30 pm <i>Veteran's Day Remembrance Day</i>	12 - Zazen 6:00 am
13 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ◆ Lotus Meeting 12:30 pm	14 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	15 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	16 - Zazen 6:00 am - Zazen 7:15 pm ◆ Fusatsu Ceremony 7:15 pm	17 - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm	18 - Zazen 6:00 am - Fushinsamu 6:30 pm	19 - Zazen 6:00 am ◆ IZT 9:00 am – noon
20 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon ◆ Blossom 9:30 am	21 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	22 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	23 - Zazen 6:00 am - Zazen 7:15 pm	24 Closed For Thanksgiving Day	25 - Zazen 6:00 am - Fushinsamu 6:30 pm	26 - Zazen 6:00 am • VSI 8:00am – 6:00pm
27 ◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon	28 - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm	29 - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm	30 - Zazen 6:00 am - Zazen 7:15 pm		Legend: - SMZC Event ◆ SMZC Special Event • Sub-rental Event	

December 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>Legend: – SMZC Event ◆ SMZC Special Event • Sub-rental Event</p>			<ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	1 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	2 <ul style="list-style-type: none"> - Zazen 6:00 am 	
	4 <p>◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon</p>	5 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	6 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	7 <ul style="list-style-type: none"> - Zazen 6:00 am ◆ Sesshin Begins 7:00 pm 	8 <p>◆ Sesshin 5:30am – 9:00pm</p>	9 <p>◆ Sesshin 5:30am – 9:00pm</p>	10 <p>◆ Sesshin 5:30am – 9:00pm</p>
	11 <p>◆ Sesshin 5:30 – 9:00 am – Service, Zazen, Hosan 9:00 – 10:45 am</p>	12 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	13 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	14 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	15 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	16 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	17 <ul style="list-style-type: none"> - Zazen 6:00 am • VSI 8:00am – 6:00pm
	18 <p>◆ Zazen Instruction 8:00 am – Service, Zazen, Dharma Talk 9:00 am – noon</p> <p>◆ Blossom 9:30 am</p>	19 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm 	20 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	21 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	22 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	23 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	24 <ul style="list-style-type: none"> - Zazen 6:00 am
	25 <p>Closed For Christmas</p>	26 <ul style="list-style-type: none"> - Zazen 6:00 am • Iyengar Yoga 7:00 – 8:30 pm <p>Hanukkah Begins</p>	27 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am • Feldenkrais 9:45 am • Ordinary Dharma 7:30 pm 	28 <ul style="list-style-type: none"> - Zazen 6:00 am - Zazen 7:15 pm 	29 <ul style="list-style-type: none"> - Zazen 5:00 am - Conditioning Class 6:15 am - Bukido 7:00 pm 	30 <ul style="list-style-type: none"> - Zazen 6:00 am - Fushinsamu 6:30 pm 	31 <p>◆ New Year's Eve Zazen and Fusatsu Ceremony 10:30 pm</p>