1. See frequency for each user

2. See calories, steps and distance for each user

3. See correlation of user frequencies and
calories, steps and distance

4. See sleeping mode for each user

All users' active time higher than U.S average are very frequent users or frequent users. However, those who has very low active time are also very frequent users or frequent users. Only few mid users and one low users.
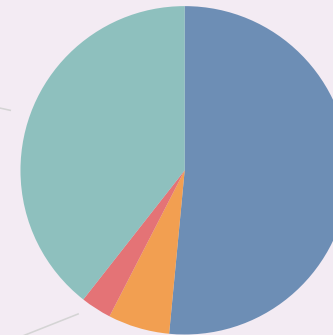
Dashboard of Time of Use and Frequency

Mean use days (27)

Mean use hours (20)

Mean Use Hour: 23
Frequency: 0.7998
Day Record: 25
Id: 26

Day Record

10 2 33 28 23 13 26 1 32 17 21 15 7 12 11 9

24 24 24 23 22 19 18 17 16 16 15
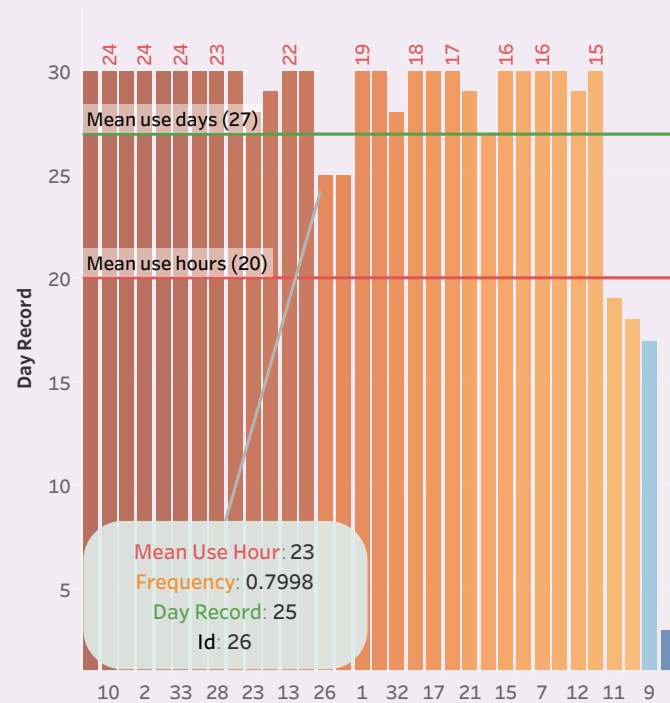
frequency: **very high**
percentage: **39.39%**

frequency: **high**
percentage: **51.52%**

frequency: **mid**
percentage: **3.03%**

frequency: **low**
percentage: **6.06%**

Id
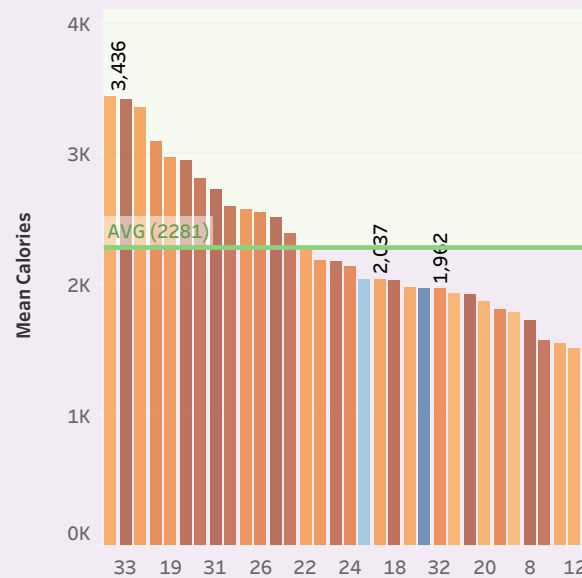1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23

It seems to be difficult to see any stories from these three charts. Feel free to play with this dashboard and explore any data you want to see!
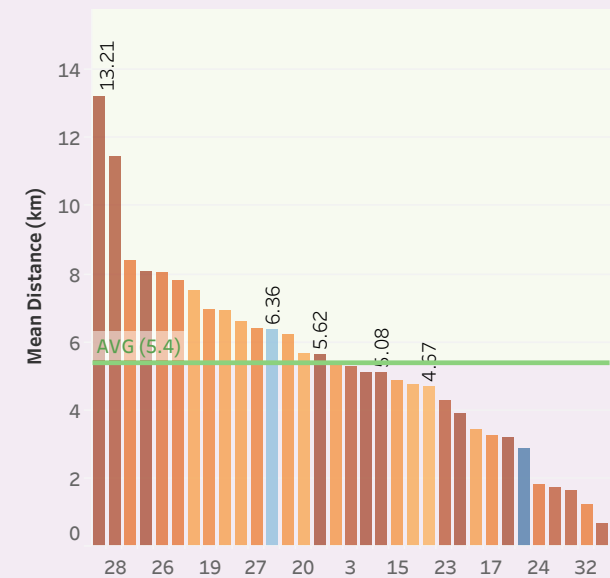
# Dashboard of Mean Steps, Mean Calories and Mean Distance

Mean Steps

Mean Steps

16,040

15,000

AVG (7518)

8,572

7,268

10,000

5,566

5,000

2,519

0

28 26 25 30 21 3 22 2 17 4 32

Mean Calories

4K

3,436

3K

AVG (2281)

2,037 1,962

2K

1K

0K

33 19 31 26 22 24 18 32 20 8 12

Mean Distance (km)

13.21

14

12

10

Mean Distance (km)

8

6.36

5.62

6

AVG (5.4)

5.08

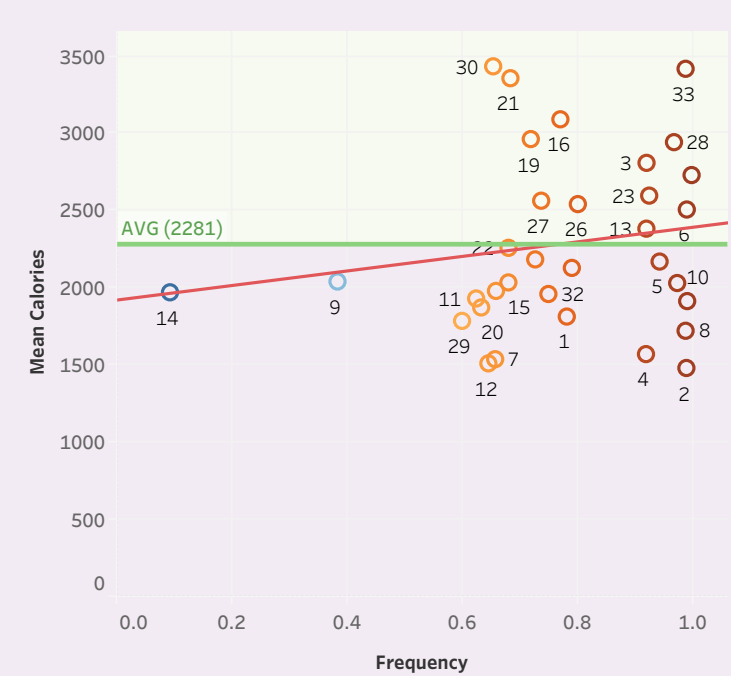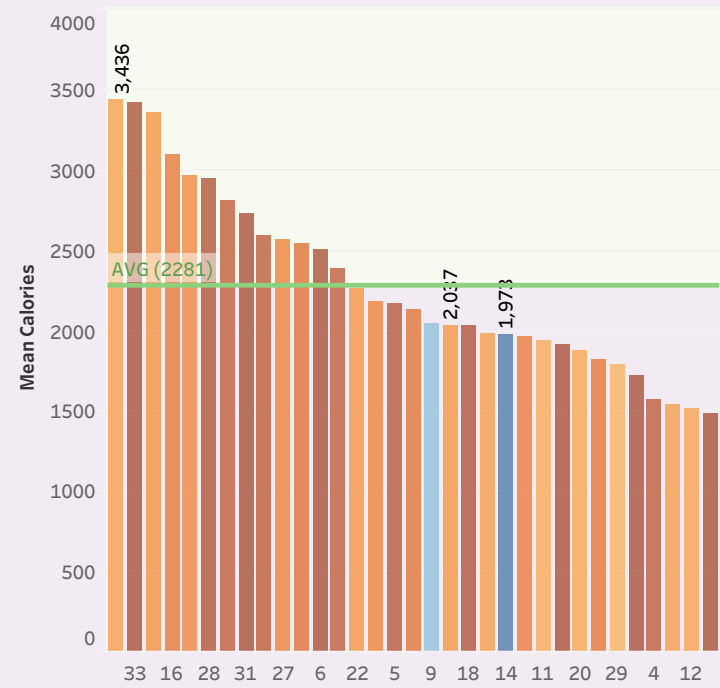4.57

4

2

0

28 26 19 27 20 3 15 23 17 24 32
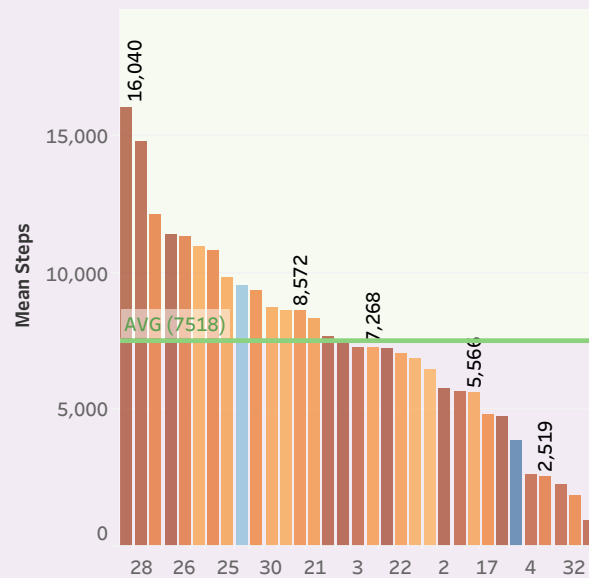
Trend line shows that mean steps slightly increases as frequency increases. But we cannot really say they are correlation because samples are not enough and average is well below U.S average.

Dashboard of Mean Steps Correlation
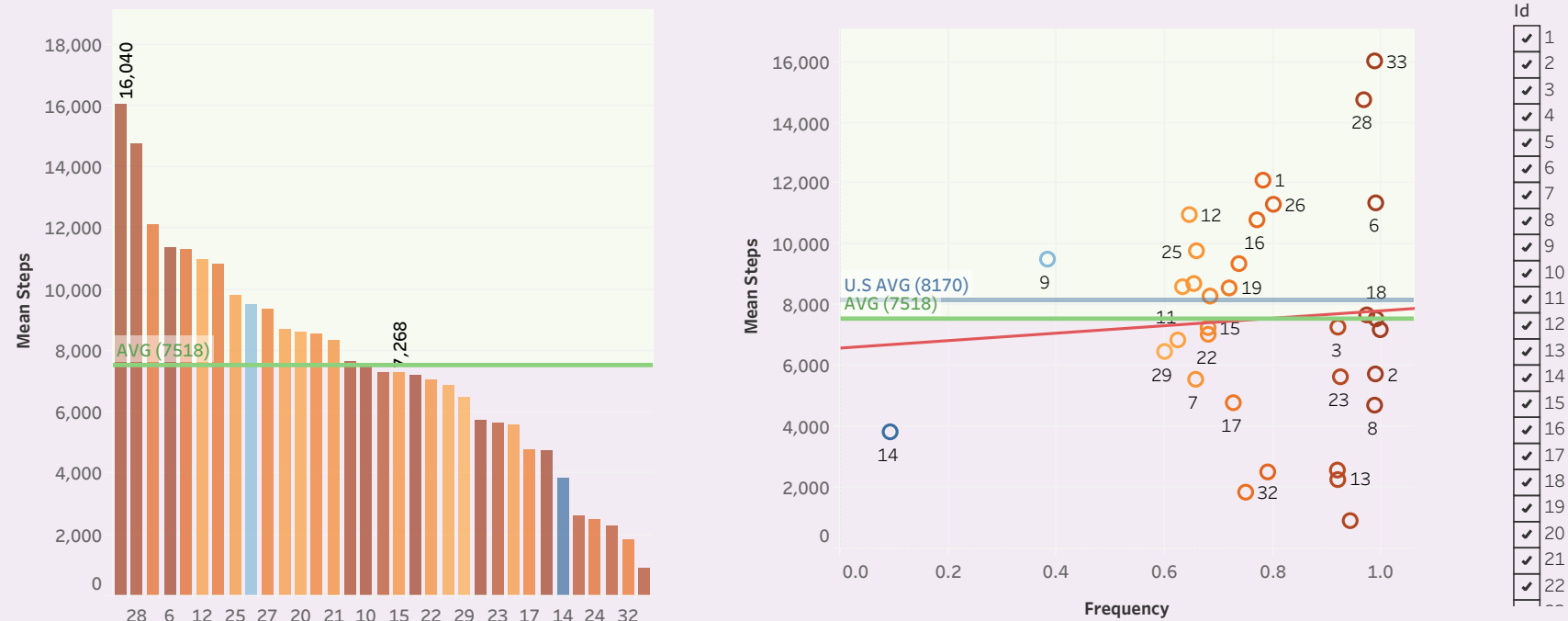
Trend line shows that mean calories slightly increases as frequency increases. But we cannot really say they are correlation because samples are not enough.
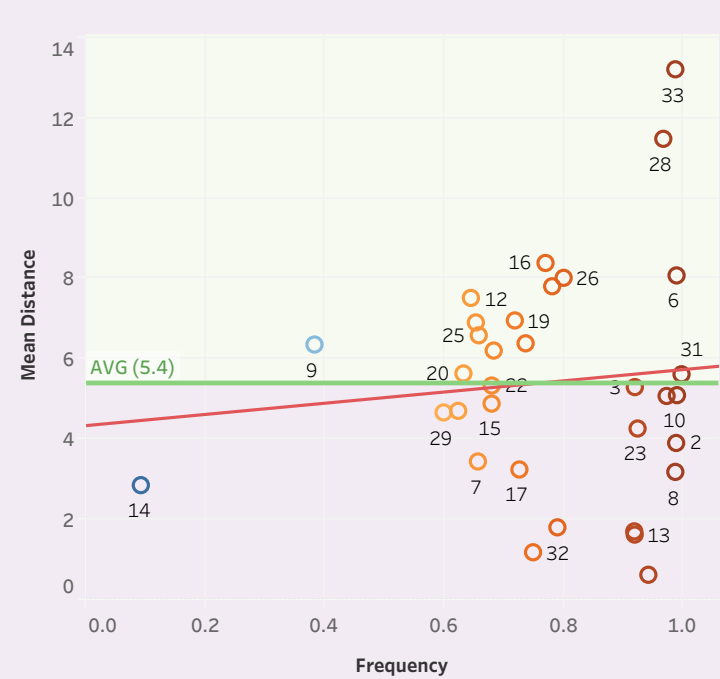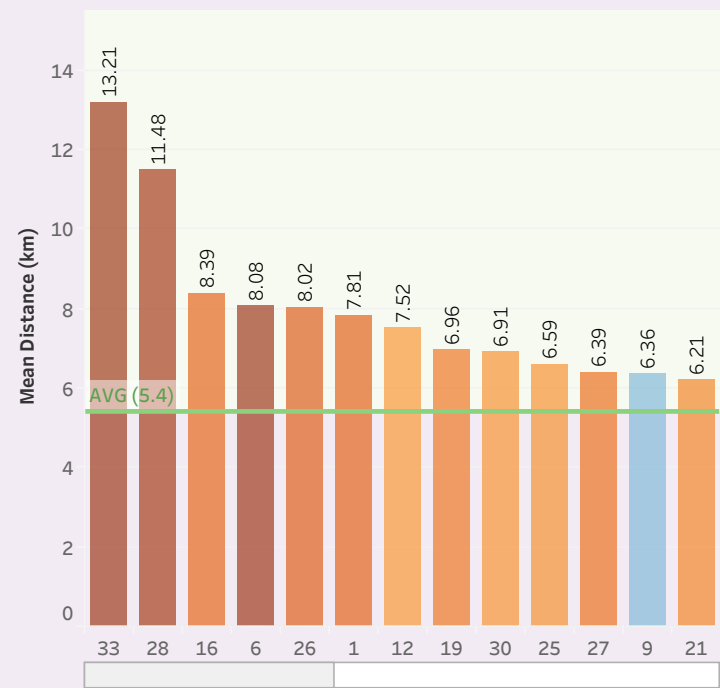
Dashboard of Mean Calories Correlation

Trend line shows that mean distance slightly increases as frequency increases. But we cannot really say they are correlation because samples are not enough.

Dashboard of Mean Distance Correlation

User with Id number 4 seems to have sleeping problems. This is probably the purpose she uses frequently.

Dashboard of Frequency and Sleep Stats

度量名稱
- 平均值 Time Awake In ..
- 平均值 Mean Min Bed
- 平均值 Mean Min Asleep