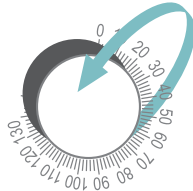


Men's Body Measurement Guide



Please write your measurements here in cm's or inches and refer to this card when ordering online.

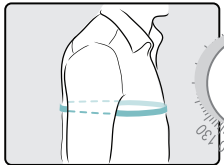
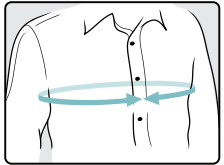
Once measurements have been entered online they will be saved for future orders.

NECK



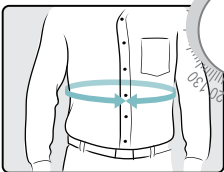
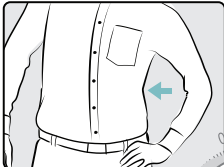
Measure around your neck with the tape measure just below the Adams apple. Place one finger between the tape measure and your neck if you would like some extra room.

CHEST



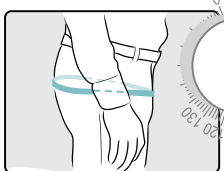
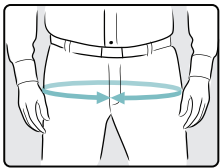
Measure around the widest part of your chest; this is usually just beneath your armpits. Relax & breathe normally.

NATURAL WAIST



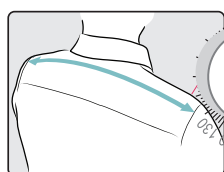
Find the natural crease of your waist by bending to one side. Run tape measure around your natural waistline; it is usually an inch or two above your bellybutton.

SEAT



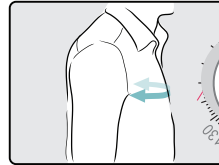
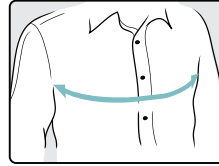
Measure around the widest part of your buttocks

SHOULDERS



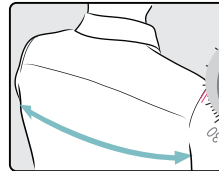
Measure from one shoulder point to the other. NOTE: You will use the shoulder points as a base to measure your sleeve length. Your shoulder point(s) should be where the sleeve seam of a well fitting T-shirt would be.

PARTIAL CHEST



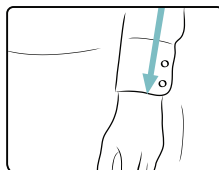
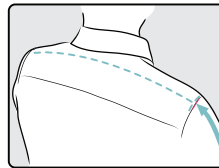
Measure from the point where the chest meets the front of the armpit, around the widest part of the chest to the other armpit / chest point; do NOT take the measurement from under the armpit.

PARTIAL BACK



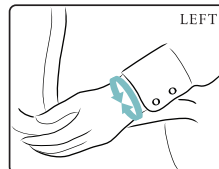
Measure from the point where the main body of the back meets the back of the armpit, around the widest part of the back to the other armpit / back point; do NOT take the measurement from under the armpit.

SLEEVE



Measure from your shoulder point (where you measured your shoulder width from) along the outside of your arm down to your wrist. Ensure that your arm is bent to approximately 90 degrees

WRIST

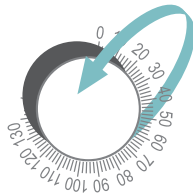


Measure around the widest part of your wrist, place a single finger between the wrist and the tape measure. If you wear a wrist watch, allow some extra room.

BICEP



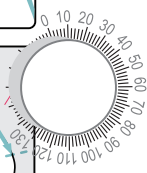
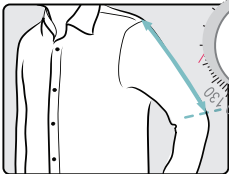
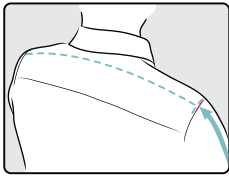
Measure around the widest part of your bicep with your arm relaxed.



Please write your measurements here in cm's or inches and refer to this card when ordering online.

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LENGTH TO ELBOW CENTRE

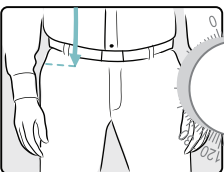
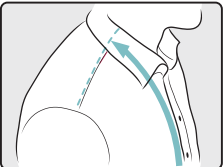


Measure from your shoulder point (where you measured your shoulder width from) along the outside of your arm down to the centre of your elbow.

Garment Lengths

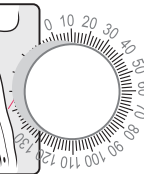
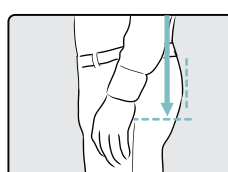
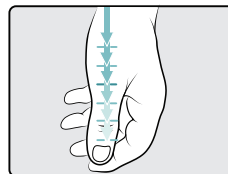
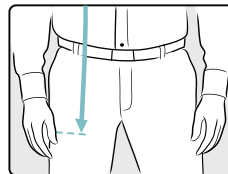
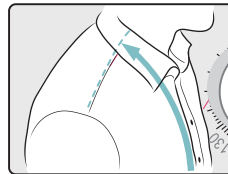
Depending on the type of garment(s) you are ordering you will need to take some, perhaps all of these 'Length' measurements. We strongly advise you to take all of these measurements for your future reference.

VEST LENGTH



Relax your hands by your sides whilst taking this measurement; measure from the top of your shoulders quite close to the neck, down the front of your body to the point at which you would like your vest to end; this should be about 1 inch below the bottom of your beltline.

JACKET LENGTH

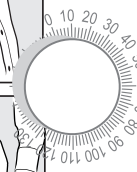
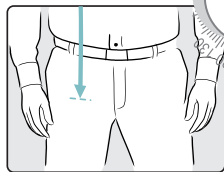
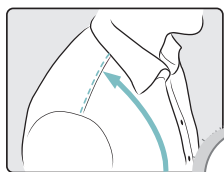


Relax your hands by your sides whilst taking this measurement; measure from the top of your shoulders quite close to the neck, down the front of your body to the point at which you would like the suit to end.

There are two important tips to assist you with this measurement:

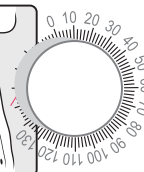
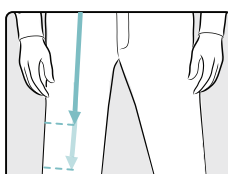
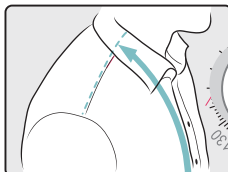
1. The suit at the back must just cover the widest part of the seat.
2. Most suit lengths end between the thumb knuckle and the end of the thumb.

SHIRT LENGTH



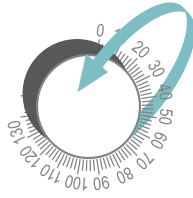
Measure from the top of your shoulders quite close to the neck, down the front of your body to the point at which you would like the shirt to end; this is usually the point where you measured your seat. Stand up straight and breathe normally.
A rounded bottom (traditional or modern bottom cut) will be approximately 7cm's (2.75 inches) shorter on the sides than the front & back.
We strongly suggest trying on a shirt you already like and making note of where it ends.

OVERCOAT LENGTH



Relax your hands by your sides whilst taking this measurement; measure from the top of your shoulders quite close to the neck, down the front of your body to the point at which you would like the overcoat to end; this is usually a few inches above the top of the knee, however can be longer if a trenchcoat look is desired.

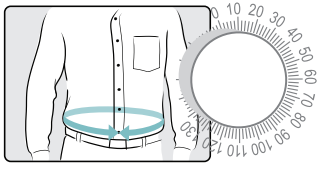
Trouser & Chino Body Measurements



Please write your measurements here in cm's or inches and refer to this card when ordering online.

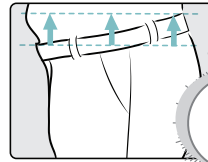
Once measurements have been entered online they will be saved for future orders.

WAISTLINE



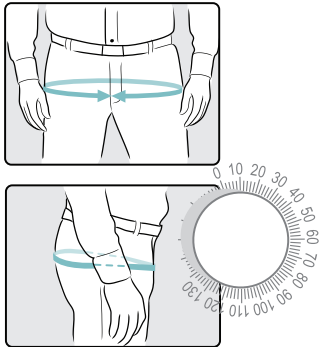
Measure around your waist at the level you will wear your pants. If you are wearing trousers, measure just above the belt line.

RISE



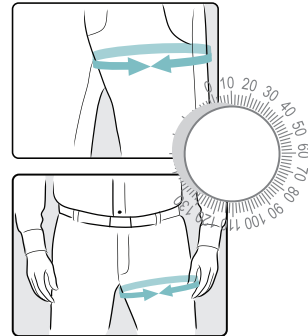
If you are wearing a pair of trousers, have the person measuring you stand side on at your trouser belt level. Look to see if the front of the trousers are worn at a different height to the back of the trousers. Measure the difference in height.

SEAT



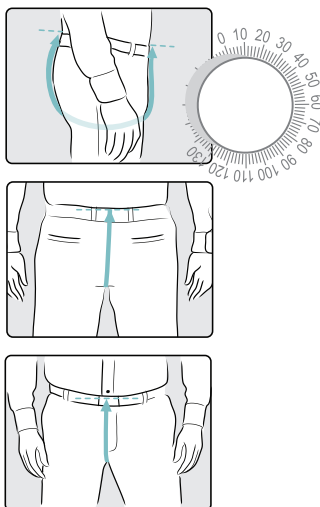
Measure around the widest part of your buttocks

THIGH



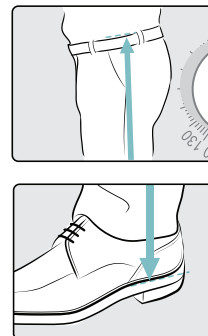
Measure around your thigh at its highest and widest point; this is right under the crutch. Relax and breathe normally whilst taking this measurement.

CRUTCH



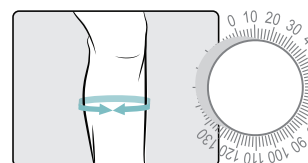
Measure from the top of the front waistband, underneath the crutch to the top of the back waistband, forming a U-shape; make sure your trousers are pulled up to where you would normally wear them. The tape measure should be snug (not tight or loose) around the crutch of the pants; this is usually at the point you can feel the pull of the tape measure on your crutch.

LENGTH



Measure from the top of your pants waistband to the heel of your foot; if wearing shoes, this is the point where the sole of the shoe meets the main body of the shoe. Stand straight whilst taking this measurement.

CALF



Measure around the circumference of your calf at its widest point.