

Heading

Document's name: Sprint 1 Plan

Product name: My Fitness Program Distributor

Team name: Fitness Team

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Revision date: TBD

Goal

Overall: Create a software / platform that provide an environment that allows users to obtain their workout program.

High level goals:

- Users are able to efficiently choose a workout program they want.
- Users are able to efficiently create their customized workout program.
- Email Workout Programs to Users
- Users are able to upload personalized workout programs they've designed
- Users are able to feedback/reviews for any provided workout program.
- Users can create an account with the website

Task listing, organized by user story

User Story 1:

"As a powerlifter, I want to see programs only related with power-lifting so that I do not have to check the entire result page for a workout program."

- Task 1(2 hours): create UI by HTML
- Task 2 (3 hours): decorate UI by CSS
- Task 3 (3 hours): decorate UI by JavaScript
- Task 4 (3 hours): Create Database by MySQL
- Task 5 (1 hours): Create the Server
- Task 6 (1 hours): Test functionality of entire system.

User Story 2:

"As someone who has never worked out before, I want to know the level of difficulty of any workout programs so that I know if it is within my range of capabilities"

- Task 1 (1 hours): front-end: set up the prompt of selection
- Task 2 (1 hours): server side: change some codes based on the change of UI
- Task 3 (4 hours): Test functionality of entire system

User Story 3:

“As a user, I want a specific routine so that I do not have to commit to an entire workout program”

- Task 1 (1 hours): front-end: set up the prompt of selection.
- Task 2 (x hours): use the code to be able to send the result of program via email.
- Task 3 (1 hours): Test functionality of entire system

Team roles

UI Team:

- Tunglin Lee
- Duc Nguyen

Server Team:

- Cameron Rabiyan
- Matthew Stone

DB Team:

- Tarun Sivakumar
- Dongpyeong Seo

Initial task assignment

UI team

US1, US2, US3

Initial task:

- Task 1(2 hours): Create UI by HTML
- Task 2 (3 hours): Decorate UI by CSS
- Task 3 (3 hours): Decorate UI by JavaScript
- Task 4 (1 hours): Set up the prompt of selection
- Task 5 (1 hours): Use the code to be able to send the result of program via email.
- Task 6 (5 hours): Test functionality of entire system

Server Team

US1, US2

Initial task:

- Task 1 (4 hours): Create a server

- Task 2 (4 hours) server side: change some codes based on the change of UI
- Task 3 (5 hours): Test functionality of entire system.

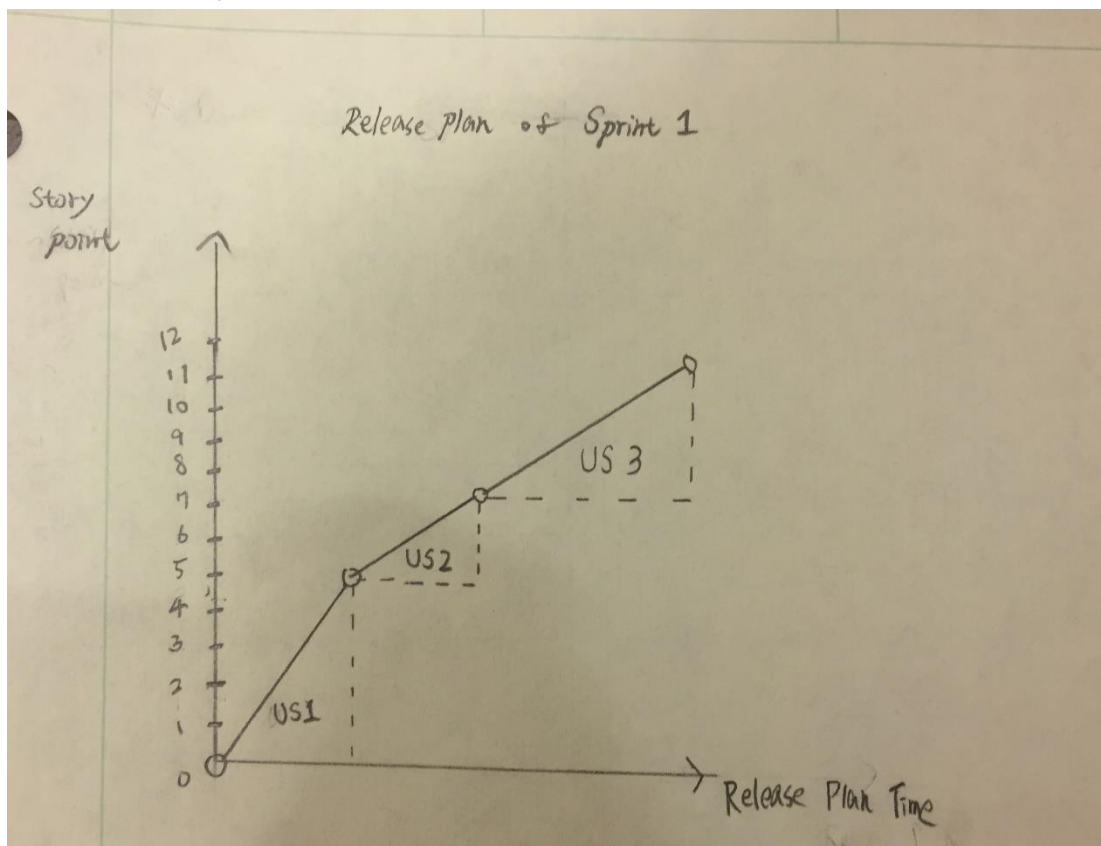
DB Team

US1

Initial task:

- Task 1 (5 hours): Create Database by MySQL
- Task 3 (5 hours): Test functionality of entire system.

Initial burnup chart



Initial scrum board

User Story	To do	In Progress	Done
As a powerlifter, I want to see programs only related with power-lifting so that I do not have to check the entire result page for a workout program	<ul style="list-style-type: none"> - Create UI by HTML - decorate UI by CSS - decorate UI by JavaScript - Create Database by MySQL - Create the Server - Test functionality of entire system. 	All	none
As someone who has never worked out before, I want to know the level of difficulty of any workout programs so that I know if it is within my range of capabilities	<ul style="list-style-type: none"> - Front-end: set up the prompt of selection - Server side: change some codes based on the change of UI - Test functionality of entire system 	all	none
As a user, I want a specific routine so that I do not have to commit to an entire workout program	<ul style="list-style-type: none"> - Front-end: set up the prompt of selection. - Use the code to be able to send the result of program via email. - Test functionality of entire system 	all	none

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Scrum times

Daily Scrum meeting three times a week: 2pm