Heading

Sprint #3 Report My Fitness Program Distributor Fitness Team 07/23/2019

Actions to stop doing

Stop: Assigning multiple tasks without actively working on them **Because:** This misleads the team on which tasks are currently being worked on which tasks are waiting to be worked on.

Stop: Committing to Github infrequently

Because: The rest of the team is unaware of the current progress. This leads to confusion and tasks that are dependent on non-committed code can be delayed.

Stop: Assuming that recipients have received notifications **Because:** This has led to periods of non-productivity when one person is waiting for a response in order to do work, but the recipient is in fact unaware that anyone is waiting for their response.

Actions to keep doing

Start: Design before implementing

Because: This allows the team to be more organized and earn

clean code.

Start: Separating channel per tasks

Because: This reduces periods of confusion and non-productivity.

Start: Clear notification for daily scrum

Because: This will inform the Product Owner, Scrum Master, and the Team of updates of the next scrum meeting and the procedures to follow.

Actions to start doing

Continue: Start confirming notices, messages

Because: The scrum team will get updated on what has been done

and what needs to be accomplished.

Continue: Follow the context of the channel that one belongs to **Because:** This reduces confusion and miscommunication by providing a clear and concise communication history

Work completed/not completed

Work Completed User Story 1

- Task 2: managing the parser so that the server can update

User Story 2

- Task 2: Sending the results to server
- Task 1: Implementing "adding more excercises/days/cycles" feature in customization and sending the result to a server or to an export function

User Story 3

- Task 1: Design UX for How-To page
- Task 2: Implement UX for How-To page
- Task 3: Provide exercise description and media

Work not Completed User Story 1 - Task 1: Modifying detail page so that it contains more condensed information and managing the parser so that the server can update

Work completion rate

User Stories completed: 2

Estimated ideal work hours completed: 21

Days during the sprint: 7

User Stories per day: **0.2857** Ideal work hours per day: **3**

Average User Stories per day: 0.0923

Average ideal work hours per day:3

