User stories, Tasks for Sprint 3

US1 (from Sprint 2, but content of user story is a bit different) : As a user, I want to see details of programs or routines so that I can understand them easily.

- Task1: Modifying detail page so that it contains more condensed information
- Task2: Managing parser so that the server can update

US2 (from Sprint 2) : As an experienced fitness user, I want to design my own customized program since the provided programs do not align with my goals.

- Task1: Implement "adding more exercises / days / cycles" feature in customization
- Task2: Send the result to a server or to an export function

US3 : As a user, I want to export my workout program to my email so that I don't need to re-visit the website and search for my program again when I exit the browser.

- Task1: Design the format of exported email
- Task2: Implement actual example for the format (making pdf, html)
- Task3: Implement actual export feature (sending actual email)

US4 - As a lifter, I want an instruction about how to do an exercise so that I can perform it correctly.

- Task1: Design policy and UI for "how to" feature
- Task2: Implement UI for "how to" page
- Task3: Provide description & media for exercises

Initial task assignments

DP: US2 - Task1

Duc: US4 - Task1

Cameron: US1 - Task1

Matt: US3 - Task2 (Check what kind of file format is appropriate for exporting our workouts)

Tunglin: US2 - Task1

Tarun: US1 - Task1

Retrospective for Sprint 2

- What to stop
    - Assigning multiple tasks without actively working on them
    - Not committing github frequently
    - Assuming that the recipient has received noticifations
- What to continue
    - Design before implement
    - Seperate channel per tasks
    - Clear notification for daily scrum
- What to start
    - Start confirming notices, messages
    - Follow the context of the channel that one belongs to