

## Header

**Document's name:** Fitness Release Plan

**Product name:** My Fitness Sanctuary

**Team name:** Fitness Team

**Release name:** 1<sup>st</sup> version of Fitness Team

**Release date:** 7/7/2019

**Revision number:** 1.0

**Revision date:** TBD

## High Level goal(s)

1. Be able to allow user to create a custom program

## User Stories

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### *Sprint 1*

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#### **User Story 1:**

As the user, I want to have a UI that can allow me to input the data.

#### **User Story 2:**

As the user, I wish there is the organized system that clearly tells me what to input the data.

#### **User Story 3:**

As the full-time student, I want to have a workout program designed for my goal since I do not have enough time to come up with my own personalized workout program.

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### *Sprint 2*

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#### **User Story#1:**

As an experienced fitness user, I want to design my own customized program since the provided programs do not align with my goals.

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### *Sprint 3*

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#### **User Story#1:**

As an experienced fitness trainer, I want to be able to make edits within my customized workout program without having to start over before exporting.

## Sprint

Sprint 1:

(3) User Story 1

(5) User Story 2

(5) User Story 3

## Product Backlog

**High level goal#1:**

- Be able to allow user to create a custom program

**Sprint 2 - User Story 1:**

- As an experienced fitness user, I want to design my own customized program since the provided programs do not align with my goals.

**Sprint 3 - User Story 1:**

- As an experienced fitness trainer, I want to be able to make edits within my customized workout program without having to start over before exporting.