

## DAACS Summary Report

### OVERALL RESULTS

●●○ Self-Regulated Learning

Writing

Mathematics

Reading

Results for each assessment and domain are listed on the left-hand side of this page. You can access your complete results at <https://cuny.daacs.net>, or click on any domain for more detailed feedback. Below are some resources and tips that can help you be more prepared for college.

### SELF-REGULATED LEARNING

Completion Date: August 19, 2023

●●○ Motivation

●●○ Strategies

●●○ Metacognition

●●○ Self-Efficacy

#### Self-Regulated Learning

- See the last page of this document for specific tips you can start using right away.
- For more tips visit the Self-Regulated Learning Lab: [srl.daacs.net](http://srl.daacs.net)

### WRITING

No results found.

#### Writing

- Visit the Online Writing Lab for tips on improving your writing skills: [owl.excelsior.edu](http://owl.excelsior.edu)
- Schedule an appointment at the Writing Center to receive help with your writing.

### MATHEMATICS

No results found.

#### Mathematics

- Review the questions you answered incorrectly on the DAACS website, and read the explanations for the correct answers by clicking “More Info” for each question within DAACS.
- There are several free websites that can help you with your math skills, such as [mathantics.com](http://mathantics.com), [mathsisfun.com](http://mathsisfun.com), and [virtualnerd.com](http://virtualnerd.com)
- If math is an area of concern and importance for you, consider scheduling an appointment with a tutor.

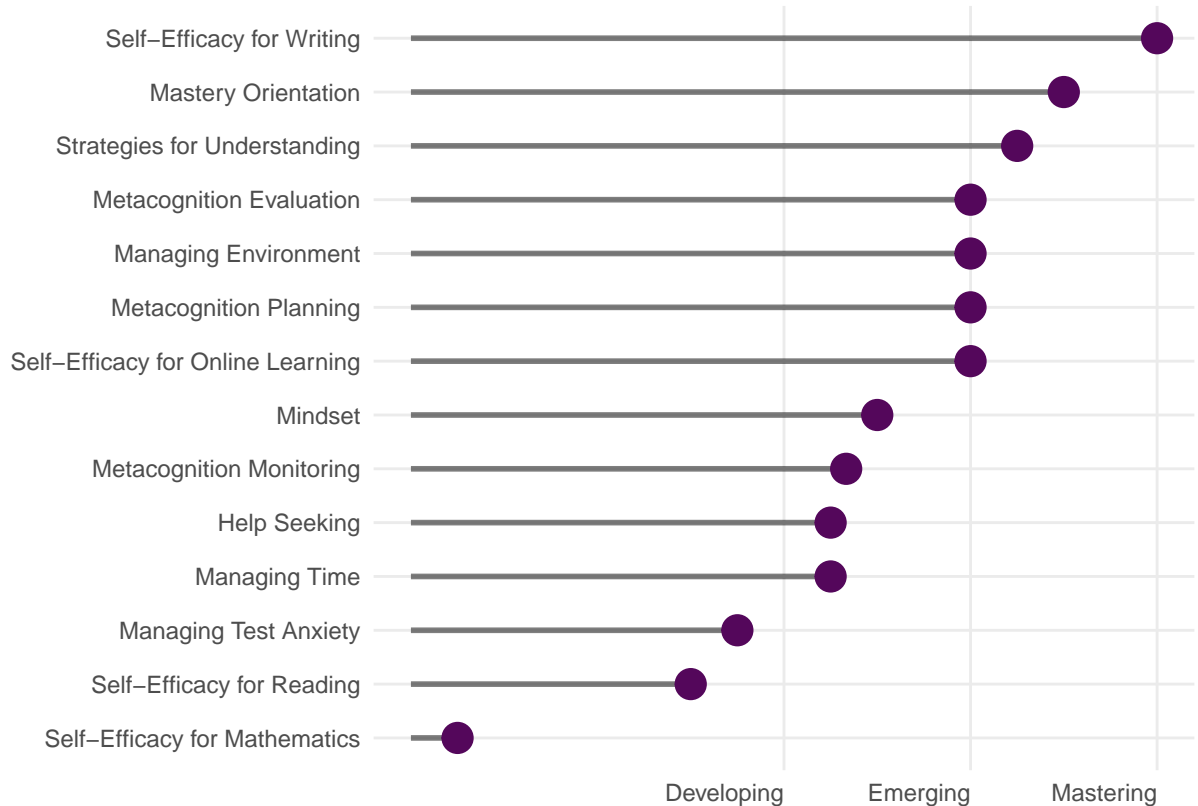
### READING

No results found.

#### Reading

- Review the questions you answered incorrectly on the DAACS website, and read the explanations for the correct answers by clicking “More Info” for each question within DAACS.
- Visit the Online Reading Lab for tips on improving your reading skills: [owl.excelsior.edu/orc](http://owl.excelsior.edu/orc)
- View the resources that are available at your library.
- Consider scheduling an appointment with a tutor.

## SELF-REGULATED LEARNING



Here are three areas of self-regulated learning that you might want to work on, along with tips you can start using right away. Click on any of the areas of SRL in the text below to learn more.

### Self-Efficacy for Mathematics

- Feel prepared by practicing assignments and quizzing yourself when learning new information.
- When you are confused about something or don't know how to proceed, ask for help from your professors, peers, advisor, or your college's tutoring center.

### Self-Efficacy for Reading

- Write down specific, short-term goals that you know are attainable, and note when you meet them.
- Identify a specific reading strategy you want to try out. Try it several times and reflect on how well it worked. If it didn't help, try different strategies until you find one that works for you.

### Managing Test Anxiety

- Use relaxation techniques to reduce uncomfortable feelings and to increase your focus, as needed.
- Say positive things to yourself about your likelihood of success.
- Create schedules and plan study times so you don't get anxious about being able to do what needs to be done.