Introduction

AT20 is a fitness studio group in mainland China specialized in Electrical Muscle Stimulation (EMS) training. AT20 claims that the new training method leads to seriously impressive results in short periods of time. People could reap the benefits of a comparable hour-long workout in less than 20 minutes or less. Focused customers of AT20 are busy office workers who work long hours and don't have the luxury for long hour physical exercise. According to experience, AT20 studio is ideally located **near subway station**.

Management of AT20 plans to set up shops in Hong Kong that could meet the following criteria:

- 1. **within 1.5km from major MTR stations** (subway of Hong Kong)
- 2. in neighborhood that the **number of fitness centers are not saturated** (less competition)

We would like to employ data science analysis techniques to help AT20 to decide the best locations to set up training studios.

People who would be interested in the findings are:

- 1. Management of AT20 who have to decide the locations of their new studios in Hong Kong
- 2. People who are interested in setting up fitness centers/Gym business in Hong Kong.

Data

As AT20's new studio needs to be located near major MTR stations where the number of fitness centers/Gym is not saturated, the following data is required:

- List of MTR stations in Hong Kong this could be obtained from wikipedia (https://en.wikipedia.org/wiki/List_of_MTR_stations)
- 2. Numbers of fitness centers/Gym within 1.5km radius in each MTR stations via API query of foursquare.com
- 3. Population density of districts where each MTR stations are located obtain from wikipedia (https://en.wikipedia.org/wiki/Districts_of_Hong_Kong)

Methodology

In order to recommend locations for new AT20 studio, we need to:

- 1. determine whether there are already "too many" gym/fitness centers within 1.5Km radius of each MTR stations.
- 2. determine whether we should treat all MTR stations as one group, or we should differentiate them into different groups

Here is our methodology:

A. Grouping of MTR stations:

step 1: Find out different type of venues in the vicinity of each MTR stations via foursquare API queries

step 2: using the finding in step 1 to categories (using "k-means clustering") all the MTR stations into 5 groups.

step 3: examine each of the 5 MTR station groups from step 2 and assign to each of them a meaning label

B. Determine how "crowded" is the gym/fitness center market in the neighbor of all the MTR stations:

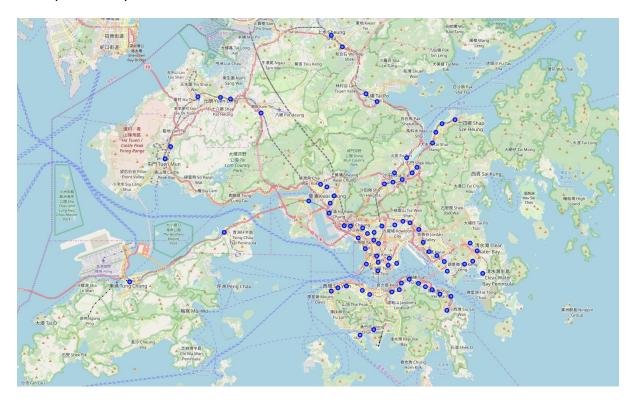
- the area of a circle of 1.5 Km radius = 3.1415 (pi) x 1.5 x 1.5 = 7.068 sq, Km. The number of populations in a 7.068 sq. Km circle with MTR station as its center is estimated by 7.068 x population density (number of people/sq. Km)
- number of people per gym/fitness center is calculated by (7.068 x population density)/ number of gym/fitness centers

step 1: calculate number of people per gym/fitness center by using above formula.

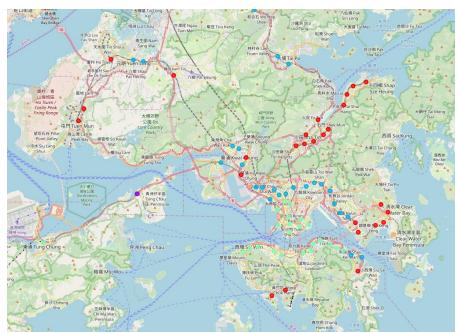
step 2: list the top 3 MTR station with the highest number of people per gym/fitness center in each group, and this would be our recommendation of new AT20 studio.

Findings

From Wikipedia (https://en.wikipedia.org/wiki/List_of_MTR_stations) we obtained list of MTR stations in Hong Kong and their corresponding geo-coordinate was obtained via foursquare API queries.



API queries to the explore endpoint of foursquare.com were conducted to obtain common venues with 1.5Km radius of each of the MTR station. This information was then used to cluster the MTR stations via k-mean clustering method. This results in 3 clusters to categorize these MTR stations:

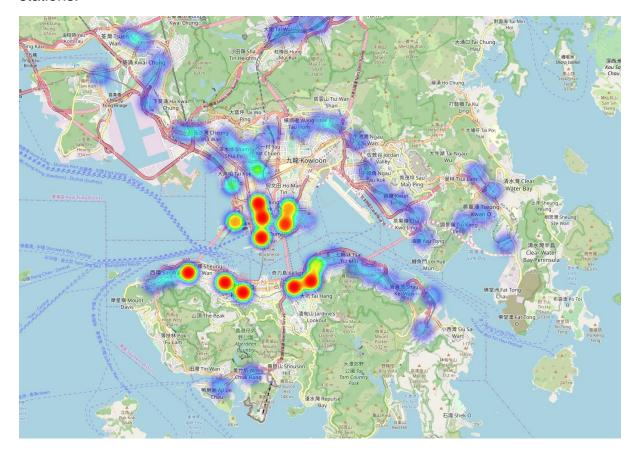


Group: New Development Area	Group: Traditional Residential Area	Group: High Value Central Area
MTR Chai Wan station	MTR Cheung Sha Wan station	MTR Admiralty station
MTR Che Kung Temple station	MTR Choi Hung station	MTR Causeway Bay station
MTR City One station MTR Fo Tan station MTR Hang Hau station MTR Heng On station MTR Kam Sheung Road	MTR Diamond Hill station MTR Fanling station MTR Heng Fa Chuen station MTR Kowloon Bay station MTR Kowloon Tong station	MTR Central station MTR Fortress Hill station MTR HKU station MTR Ho Man Tin station MTR Hung Hom station
station MTR Kwai Hing station MTR Lai King station MTR Lam Tin station MTR Lei Tung station MTR Ma On Shan station MTR Po Lam station MTR Sha Tin station MTR Sha Tin Wai station MTR Shek Mun station MTR Sheung Shui station MTR Siu Hong station MTR Tai Shui Hang station MTR Tai Wai station MTR Tai Wai station MTR Tai Wai station	MTR Kwai Fong station MTR Kwun Tong station MTR Lai Chi Kok station MTR Lok Fu station MTR Long Ping station MTR Mei Foo station MTR Nam Cheong station MTR Ngau Tau Kok station MTR Sham Shui Po station MTR Shau Kei Wan station MTR Shek Kip Mei station MTR Tai Po Market station MTR Tai Wo Hau station MTR Tai Wo station	MTR Jordan station MTR Kennedy Town station MTR Kowloon station MTR Mong Kok station MTR North Point station MTR Olympic station MTR Prince Edward station MTR Quarry Bay station MTR Sai Wan Ho station MTR Sai Ying Pun station MTR Tai Koo station MTR Tin Hau station MTR Tsim Sha Tsui station MTR Tsung Chung station
MTR Tiu Keng Leng station	MTR Tsing Yi station	MTR Whampoa station
MTR Tseung Kwan O station MTR Tuen Mun station MTR Wong Chuk Hang station	MTR Tsuen Wan station MTR Wong Tai Sin station MTR Yuen Long station	MTR Yau Ma Tei station
MTR Wu Kai Sha station MTR Yau Tong station		

Next, we obtained the numbers of gym/fitness center within 1.5 Km radius in each MTR station.

	MTRStation	count
0	MTR Admiralty station	84
1	MTR Central station	82
2	MTR Sai Ying Pun station	77
3	MTR Causeway Bay station	58
4	MTR Jordan station	46
5	MTR Tin Hau station	44
6	MTR Yau Ma Tei station	37
7	MTR Tsim Sha Tsui station	36
8	MTR Hung Hom station	31
9	MTR Kowloon station	28

Following is a heat map based on the number of gym/fitness center in each MTR stations:



For each of the stations in these 3 groups we have to determine how "crowded" is the gym/fitness center market in the neighbor of all the MTR stations:

We define the term "PeoplePerGym" as the number of people serves by 1 gym in a particular MTR station. It is calculated by

"Pop_density" (population density) x (1.5km x 1.5km xpi) / "count" (number of gym/fitness center).

Top 3 MTR stations with the highest 'PeoplePerGym' value in each group is recommended.

Conclusion: AT20 new studios location recommendation

MTR Stations in Group 'New Development Area':

	MTRStation	count	District	Pop_density	PeoplePerGym
0	MTR Yau Tong station	1	Kwun Tong	56779.05	401347.454305
1	MTR Chai Wan station	3	Eastern	31217.67	73554.902051
2	MTR Lam Tin station	6	Kwun Tong	56779.05	66891.242384

Our recommendation for the new AT20 studio in this group is: MTR Yau Tong station, MTR Chai Wan station, MTR Lam Tin station

MTR Stations in Group 'Traditional Residential Area':

	MTRStation	count	District	Pop_density	PeoplePerGym
0	MTR Cheung Sha Wan station	1	Sham Shui Po	41529.41	293554.101069
1	MTR Shau Kei Wan station	1	Eastern	31217.67	220664.706152
2	MTR Diamond Hill station	3	Wong Tai Sin	45645.16	107548.874496

Our recommendation for the new AT20 studio in this group is:

MTR Cheung Sha Wan Station, MTR Shau Kei Wan Station, MTR Diamond Hill Station

MTR Stations in Group 'High Value Central Area':

	MTRStation	count	District	Pop_density	PeoplePerGym
0	MTR Whampoa station	11	Kowloon City	40194.70	25829.053820
1	MTR Mong Kok station	18	Yau Tsim Mong	44864.09	17618.086944
2	MTR Prince Edward station	18	Yau Tsim Mong	44864.09	17618.086944

Our recommendation for the new AT20 studio in this group is:

MTR Whampoa Station, MTR Mong Kok Station, MTR Prince Edward Station