

Hysteroscopy Dilation and Curettage

PREOPERATIVE DIAGNOSIS: Dysfunctional uterine bleeding with suspected endometrial polyp.

POSTOPERATIVE DIAGNOSIS: Dysfunctional uterine bleeding with suspected endometrial polyp.

OPERATION: Hysteroscopy, polypectomy, dilation and curettage.

SURGEON:

ASSISTANT:

ANESTHESIA:

INTRAVENOUS FLUIDS:

ESTIMATED BLOOD LOSS:

URINE OUTPUT: COMPLICATIONS:

SPECIMENS: Endometrial Curettings

DISPOSITION: Stable to recovery room

FINDINGS: Exam under anesthesia revealed a small anteverted mobile uterus with no adnexal masses or fullness. The uterine cavity was sounded to 9 cm. Hysteroscopy revealed the uterine cavity contained a large, smooth-walled endometrial polyp at the fundus, otherwise the cavity appeared grossly normal

DESCRIPTION OF PROCEDURE:

The patient was taken to the operating room where she was placed under anesthesia. She was prepped and draped in the normal sterile fashion in the dorsal lithotomy position in the Allen stirrups. The patient's bladder was catheterized with an in and out Foley catheter. The patient was examined under anesthesia, and the above findings were noted. The bi-valved speculum was placed inside the patient's vagina. The anterior lip of the cervix was visualized and grasped with a single-toothed tenaculum. A paracervical block was achieved by injecting 10cc of 1% Lidocaine. The uterine cavity was sounded to 9 cm. The cervix was then progressively dilated up to a size 19-French Pratt dilator. The diagnostic hysteroscope was introduced into the uterine cavity and the above findings were noted.

The hysteroscope was removed and the uterine cavity was until a gritty texture was noted yielding moderate endometrial curettings and a large 2-cm x 1-cm tissue mass which appeared to be an endometrial polyp. Excellent hemostasis was noted. The speculum and all other instruments were removed from the patient's vagina. The patient was taken out of the lithotomy position. The patient tolerated the procedure well and was transferred to the recovery room in stable condition.

Dr. ____ was present and scrubbed for the entire case.