



## Shoulder

<b>Shoulder</b>	<b>Flx</b>		
	<b>Ext</b>		
	<b>Elevation</b>		(C4)
	<b>Abd</b>		(C5)
	<b>Add</b>		
	<b>IR</b>		
	<b>ER</b>		
	<b>Hor. Abd</b>		
	<b>Hor. Add</b>		
<b>Elbow</b>	<b>Flx</b>		(C6)
	<b>Ext</b>		(C7)
<b>Forearm</b>	<b>Sup</b>		
	<b>Pron</b>		
<b>Wrist</b>	<b>Flx</b>		(C7)
	<b>Ext</b>		(C6)
<b>Hand</b>	<b>Fist</b>		
	<b>Spread fingers</b>		(T1)
	<b>Thumb extension</b>		(C8)

**Special Tests:**

<b>Impingement/ tear/ tendinitis</b>		<b>Impingement Relief</b>	
Supraspinatus		Drop arm test	
Hawkins-Kennedy		Speeds test	
Neer's		Fist to roof	
Quadrant test			
<b>Subluxation/ Laxity/Restriction</b>		Posterior Drawer	
Apprehension		Feagin (inf. Instability)	
Relocation		Sulcus sign	
Augmentation		Posterior Apprehension	
<b>Neurological/Vascular</b>		ULTT1 (median)	
T.O.S.:      Allen		ULTT2a (median)	
Adson		ULTT2b (radial)	
Costoclavicular		ULTT3 (ulnar)	

**Other:** Scarf Test: \_\_\_\_\_ Load & Shift: \_\_\_\_\_  
 Cervicothoracic kinetic Test: \_\_\_\_\_ Pec. Major contracture test: \_\_\_\_\_

**Reflexes:** Biceps(C5-C6): \_\_\_\_\_ Brachioradialis(C5-C6): \_\_\_\_\_ Triceps(C7-C8): \_\_\_\_\_

**Dermatomes:**

C3: \_\_\_\_\_ C4: \_\_\_\_\_ C5: \_\_\_\_\_ C6: \_\_\_\_\_ C7: \_\_\_\_\_ C8: \_\_\_\_\_ T1: \_\_\_\_\_

**Joint Play:** \_\_\_\_\_

**Palpation:** \_\_\_\_\_

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