

Spine
Sig, $_.$

Regular
 I_1, \oplus, \otimes

Multirec
 I_n, \oplus, \otimes

PolyP
 $I_1, P_1, \oplus, \otimes, \text{compose}$

Indexed
 $I_n, P_n, \oplus, \otimes, \text{Fix}$

Instant Generics
 R, \oplus, \otimes

