

Goddesses: Hathor, Sekhmet

Animals: Deer, Fox, Giraffe, Horse, Mole, Moose (new depths), Rabbit, Weasel, Zebra

Birds: Crow, Eagle, Goldfinch (deepen), Hawk, Owl

Expand Awareness

Solar System: Neptune

Color: Gold

Tree: Laurel

Misc. Plant: Reed

Gemstones & Minerals: Angelite, Calcite (*orange*)

Self-Awareness

Rune: Ing

Animal: Chimpanzee

Marine Life: Dolphin

Bird: Pheasant

balance

Zodiac: Gemini, Libra

Solar System: Mercury

Ogham: Saille, Tinne

Celebrations: Mabon, Ostara

Rune: Gyfu

Elements: Air, Water

Directions: North, West

Chakra: Heart

Tarot: Justice, Lovers, Star

Numbers: 2, 6

Colors: Brown, Gray, Green, Indigo (general, karmic), Orange, Pink, Turquoise, White

Trees: Acacia, Ash, Bodhi, Holly, Locust, Maple, Olive, Pomegranate, Spruce

Herb & Garden: Angelica, Basil, Bergamot, Bluebell, Carnation, Chamomile, Comfrey, Geranium, Honeysuckle, Ivy, Lilac, Primrose, Sage, Sunflower, Sweet Woodruff, Vervain, Yarrow

Misc. Plants: Black Cohosh, Burdock, Frankincense, Grain (*corn*), Meadowsweet, Mullein, Myrrh, Patchouli, Sandalwood, Spikenard

balance (continued)

Gemstones & Minerals: Agate (*tree*), Alexandrite, Amazonite, Amber, Amethyst, Andalusite, Apache Tears (body, mind, spirit), Aragonite, Aventurine, Chrysocolla, Citrine, Fluorite, Garnet, Hawk's Eye, Hematite, Herkimer Diamond, Jasper (*green, brown*), Larimar,

Lepidolite, Lodestone, Obsidian, Onyx, Peridot, Petrified Wood, Quartz (*clear*), Rhodochrosite, Rhodonite, Serpentine, Smoky Quartz, Sodalite, Staurolite, Tiger's Eye, Tourmaline (*green, watermelon*), Tsavorite, Turquoise

Metals: Brass, Copper, Gold

From the Sea: Angel Wing, Cockle, Sand Dollar (*seek*), Slipper Shell

Goddesses: Durga, Justitia, Kali, Kuan Yin, Maat, Nemesis, Sedna

Gods: Byelobog, Cernunnos, Khnum, Mimir, Nergal, Osiris, Shiva, Thoth, Vishnu

balance (continued)

Magical: Gnomes *Reptiles:* Crocodile, Turtle
(*sea*)

Animals: Beaver, Bobcat (*creative forces*), Cattle, Cougar, Coyote, Deer, Elephant, Giraffe, Kangaroo, Otter, Panda, Raccoon, Sheep, Squirrel, Zebra

Birds: Cardinal, Chickadee, Crane, Cuckoo, Eagle, Flamingo, Goldfinch, Hawk, Heron, Hummingbird, Macaw, Magpie, Penguin, Swan

Marine Life: Carp, Dolphin, Goldfish, Porpoise, Seal

Insects & Misc.: Butterfly, Grasshopper, Spider *Mythical:* Dragon

Balance the Aura

Gemstones & Minerals: Ametrine, Iolite, Labradorite

Emotional Balance

Rune: Lagu *Color:* Green

Herb & Garden: Jasmine, Lavender *Misc. Plants:* Anise, Vanilla

Gemstones & Minerals: Calcite (*green, pink*), Chrysoprase, Diopase, Emerald, Jade, Jet, Malachite, Moss Agate, Opal, Rose Quartz, Sugilite

From the Sea: Coral

balance (continued)

Inner Balance

Solar System: Moon

Misc. Plant: Cinnamon

Gemstone/Mineral: Beryl

Mental Balance

Number: 3

Misc. Plants: Aloe, Clove

Trees: Cedar, Cherry, Palm (*coconut*)

Gemstones & Minerals: Bloodstone, Ruby, Topaz (*blue*)

Physical Balance

Herb & Garden: Morning Glory,
Spearmint

Gemstone/Mineral:
Wulfenite

Spiritual Balance

Color: Indigo

Misc. Plants: Cumin, Lotus

Herb & Garden: Clover (*red*),
Passionflower

Gemstone/Mineral:
Apophyllite

banish

Solar System: Saturn

Moon Phase: Waning

Full Moon: February

Season: Winter

Day: Saturday

Time of Day: Dusk

Colors: Black, Green, Purple

Celebration: Imbolc

Trees: Alder, Birch, Blackthorn, Cypress, Elder, Holly, Horse
Chestnut, Juniper, Laurel, Palm (*dragon's blood*), Pine, Witch Hazel

Herb & Garden: Agrimony (negative energy), Angelica, Basil, Broom
(poltergeists), Clover, Comfrey, Fern, Garlic, Heliotrope, Lilac,
Mugwort, Peony, Peppermint, Rose, Rosemary, Rue, St. John's
Wort, Snapdragon, Solomon's Seal, Vervain, Violet, Yarrow

Misc. Plants: Asafoetida, Betony, Clove, Cumin, Fairy Wand,
Frankincense, Galangal, Horehound, Mandrake, Mistletoe, Mullein,
Myrrh, Nettle, Patchouli, Pepper, Sandalwood, Star Anise, Thistle,
Wormwood

Gemstones & Minerals: Aquamarine, Aventurine, Beryl, Bloodstone,

Chrysoprase, Jasper (*red*), Rhodonite, Salt

From the Sea: Conch, Coral

Goddesses: Aine, Banba, Durga, Hera, Kuan Yin, Kupala, the Morrigan

Gods: Hanuman, Khensu, Krishna

battle/war (to deal with, serve, survive)

Solar System: Mars

Element: Fire

Season: Autumn

Day: Tuesday

Direction: North

Colors: Red, White

Tarot: Chariot, Emperor, Tower

Herb & Garden: Spearmint, Yarrow

Trees: Alder, Ash, Holly, Oak, Palm (*dragon's blood*), Rowan

Gemstones & Minerals: Agate (*brown*), Bloodstone, Opal, Tiger's Eye, Turquoise

Metals: Iron, Steel

From the Sea: Conch

Goddesses: Anat, Artemis, Astarte, Athena, Badb, Banba, Brigantia, Cailleach Bheur, Coatlicue, Cybele, Devi, Durga, Epona, Hel, Inanna, Ishtar, Kali, Macha, Maeve, Minerva, the Morrigan, Sekhmet, Tiamat

Gods: Apollo, Arawn, Ares, Baal, the Dagda, Indra, Jupiter, Lugh, Marduk, Mars, Mithras, Nergal, Odin, Osiris, Perun, Thor, Zeus

Birds: Eagle, Hawk, Quail (*valor*)

Animals: Boar, Dog, Elephant, Horse, Wolverine

Insect/Misc.: Praying Mantis

battle/war (continued)

Battlefields

Goddesses: Badb, the Morrigan

Birds: Crow, Magpie, Raven

Warrior

Rune: Tyr (*spiritual*)

Angel: Michael

Animals: Leopard, Weasel, Wolf (*warrior*)

God: the Dagda (*warrior*)

skills)

skills)

beauty

Zodiac: Libra, Sagittarius

Solar System: Sun, Venus

Moon Phases: Full, New

Season: Spring

Days: Friday, Sunday

Celebrations: Earth Day, Ostara, Rosalia

Chakra: Heart

Number: 3

Colors: Gold, Green, Peach, Pink

Tarot: Empress, Lovers

Trees: Apple, Cherry, Elder, Hazel, Holly, Oak, Willow (*weeping*)

Herb & Garden: Anemone, Angelica, Borage, Carnation, Catnip, Chamomile, Clover, Columbine, Daffodil, Daisy, Geranium, Goldenseal, Jasmine, Lavender, Lilac, Lily, Primrose, Raspberry, Rose (*pink, red*), Strawberry, Violet, Yarrow

Misc. Plants: Aloe, Clove, Cowslip, Dittany, Flax, Ginger, Ginseng, Goldenrod, Lady's Slipper, Mistletoe, Mullein, Nutmeg

beauty (continued)

Gemstones & Minerals: Agate (*black with white veining*), Alexandrite, Amber, Apatite (*blue*), Cat's Eye, Desert Rose, Diamond, Herkimer Diamond, Jasper (*red*), Kunzite, Opal, Rhodochrosite, Tiger's Eye, Topaz, Turquoise, Zircon (*blue*)

From the Sea: Moon Snail, Oyster, Scallop

Magical: Elves, Mermaids, Muses (portray)

Goddesses: Amaterasu, Aphrodite, Arianrhod, Athena, Brigid, Chalchiuhtlicue, Devi, Diana, Freya, Hathor, Lakshmi, Nanna, Parvati, Sarasvati, Selene, Venus

Gods: Adonis, Angus, Apollo, Attis, Balder, Helios, Krishna, Loki, Surya

Animals: Gazelle, Panther

Marine Life: Goldfish, Whale

Birds: Canary, Eagle, Falcon, Hummingbird, Kingfisher, Nightingale, Partridge, Peacock, Swan

Insect/Misc.: Butterfly

Mythical: Phoenix, Unicorn

beginnings

Zodiac: Aries, Cancer, Capricorn, Virgo *Solar System:* Mars, Moon, Venus
Moon Phases: New, Waxing *Full Moons:* April, February, January
Season: Spring *Time of Day:* Dawn
Celebrations: Birth of Isis, Imbolc, New Year's Day
Ogham: Beithe *Runes:* Beorc, Dag
Elements: Air, Earth, Water *Numbers:* 1, 3, 9, 10
Direction: East *Tarot:* Fool
Colors: Black, Brown, Orange, Silver, White
Trees: Apple, Birch, Elder, Elm, Fir, Juniper, Mesquite, Palm, Pine, Willow
Herb & Garden: Anemone, Angelica, Borage, Geranium, Mugwort, Primrose, Rose, Vervain, Yarrow
Misc. Plants: Clove, Dittany, Lady's Slipper, Mistletoe, Nutmeg
Gemstones & Minerals: Alexandrite, Ametrine, Apatite (*blue*), Bloodstone, Blue Lace Agate, Citrine, Fluorite, Iolite, Kunzite, Kyanite, Moldovite, Peridot, Quartz (*clear*), Rose Quartz, Sapphire, Tourmaline (*blue, green, pink*)

beginnings (continued)

Metal: Silver
Gods: Balder, Cernunnos, Coyote, Freyr, Ganesh, Geb, Janus, Lugh, Osiris, Ptah, Ra, Saturn, Thor
Goddesses: Arianrhod, Bast, Chalchiuhtlicue, Coventina, Demeter, Eos, Flora, Freya, Ishtar, Isis, Juno, Ostara, Sekhmet
Magical: Fates, Norns
Animals: Bat, Goat, Groundhog, Leopard (new perspective), Sheep
Birds: Albatross, Cuckoo, Grouse, Kingfisher, Stork
Reptiles: Crocodile, Frog (*tadpole*) *Mythical:* Phoenix

Spiritual Beginnings

Herb & Garden: Dandelion, St. John's Wort

Gemstone/Mineral: Amethyst

bind (with an oath or pledge)

Solar System: Saturn

Moon Phase: Waning

Day: Saturday

Color: Black

Trees: Apple, Cypress, Palm (*dragon's blood*), Pine, Rowan, Willow

Herb & Garden: Angelica, Comfrey, Jasmine, Periwinkle, Rose (*white*), Rosemary

Misc. Plants: Clove, Flax, High John, Mandrake, Pepper (*black*), Wormwood

Gemstones & Minerals: Herkimer Diamond (relationships), Jet, Lodestone, Obsidian, Onyx, Salt, Sard

Metal: Lead

From the Sea: Coral

Goddess: Isis

Gods: Baal, Ea, Hephaestus, Jupiter, Nergal, Odin, Vulcan

blessings (to give, receive)

Solar System: Sun

Ogham: Luis

Rune: As

Direction: Southeast

Trees: Acacia, Birch, Cypress, Elder, Laurel, Oak, Pine, Pomegranate, Rowan, Walnut, Willow

Herb & Garden: Chamomile, Daisy (from fairies), Fennel, Mugwort, Primrose, Rose, St. John's Wort, Valerian, Yarrow

Misc. Plants: Blessed Thistle, Fairy Wand (for children), Frankincense, Grain (*wheat/of the harvest*), High John, Lotus, Mistletoe

From the Sea: Pearl

Gemstones & Minerals: Lodestone, Moldovite, Quartz (*clear*), Sardonyx, Serpentine, Topaz (*blue*)

Bird: Turkey (shared)

Goddesses: Brigid, Devi, Fortuna, Gaia, Kuan Yin, Lakshmi, Parvati, Sedna

business

Zodiac: Aries, Libra

Solar System: Jupiter, Mercury, Saturn

Moon Phases: Full, Waxing

Days: Saturday, Thursday, Wednesday

Colors: Blue, Copper, Green, Orange

Elements: Air, Earth

Numbers: 1, 4, 7, 8

Tarot: Pentacles

Herb & Garden: Basil, Borage, Goldenseal, Lemon Balm, Lilac, Marigold, Peony, Sage

Misc. Plants: Allspice, Bamboo, Cinnamon, Frankincense, High John, Mistletoe, Patchouli

Gemstones & Minerals: Bloodstone, Emerald, Jade, Lodestone, Malachite, Tourmaline

From the Sea: Murex

Goddesses: Demeter, Fides, Hecate, Hera, Juno, Lakshmi, Minerva

Gods: Cernunnos, Dionysus, Ganesh, Helios, Hermes, Inari, Janus, Jupiter, Lugh, Mercury, Mithras, Njord, Osiris, Quetzalcoatl, Thoth, Vertimnus

calm

Zodiac: Pisces

Season: Spring

Number: 4

Colors: Blue (*light*), Green (*blue*), Pink (*pale*), White

Trees: Acacia, Cedar, Cypress, Fir, Juniper, Linden, Mimosa, Spruce

Herb & Garden: Anemone, Angelica, Aster, Bergamot, Borage, Broom, Carnation, Clover (*red*), Daffodil, Daisy, Dill, Heliotrope, Holy Basil, Honeysuckle, Jasmine, Lemon Balm, Lily, Lily of the Valley, Marjoram, Monkshood, Passionflower, Rose, Sweet Woodruff, Thyme, Valerian, Yarrow

Misc. Plants: Asafoetida, Belladonna, Betony, Black Cohosh, Burdock, Cardamom, Ginger, Ginseng, Henbane, Lady's Slipper,