

Face Reality Chemical Peel Acne Treatment Procedure

1. **Cleanse**

Ultra Gentle Cleanser – Cleanse the entire area to be treated with a small amount of cleanser and rinse thoroughly with warm water.

2. **Tone**

Glycolic/Lactic Toner – Moisten a cotton round pad and swipe over the entire area to be treated thoroughly and evenly. *Glycolic/Lactic Toner* degreases the skin and also acts as a sensitivity test. Ask the client if they feel any tingling at all with it. If they do feel tingling (on a scale of 1 to 10, 10 being extremely irritating) ask them what number they feel. If they feel a “3” or more do not proceed with a chemical peel. Opt for the enzyme/steam treatment instead.

3. **Peel Solution**

- Take a 4 x 4 cotton esthetic wipe and fold it in half. Fold it in half one more time. Place the dry cotton pad directly onto the open bottle of *Face Reality Acne Peel # 1* solution and invert the bottle, making a circle of solution on the pad. Move the bottle around the pad and repeat this five times in a circle.
- Beginning on the forehead, wipe evenly and apply peel in panels to cover the entire facial area and upper neck. Do not go over an area more than once.
- Ask the client if they feel any tingling or stinging using the scale from one to ten. Give them an electric fan to hold to reduce the tingling. If they feel a lot of tingling/stinging and it is not coming down within two minutes, apply the *Face Reality Post Peel Moisturizer* while they continue to fan their face. This should neutralize the peel solution.
- If they felt less than a “3”, apply one more layer of the *Face Reality Acne Peel #1* solution and fan it down. If they feel a lot of tingling/stinging and it is not coming down within two minutes, apply the *Face Reality Post Peel Moisturizer* while they continue to fan their face. That should neutralize the peel solution.
- If their skin is not that sensitive, use *Face Reality Acne Peel #2* solution for the second layer. In subsequent treatments, you may opt to start with *Face Reality Acne Peel #2* instead of *Face Reality Acne Peel #1* and do two layers of *Face Reality Acne Peel #2* solution.
- Do not use the *Face Reality Post Peel Moisturizer* if you do not have to neutralize the peel before doing extractions.

4. **Extractions**

After extractions, use a cotton round pad to wipe the face thoroughly with *Acnebeta-C Toner*.

For Inflamed acne, *Acne Med 5* with Sulfur can be applied to the area extracted for calming and antibacterial action. After 3 to 5 minutes, remove the mask by wiping with a 4 x 4 cotton square soaked with toner. Do not apply if the client is allergic to sulfur!

5. **Mask (optional)**

For Inflamed acne, *Acne Med 5* with Sulfur can be applied to the area extracted for calming and antibacterial action. After 3 to 5 minutes, remove the mask by wiping with a 4 x 4 cotton square soaked with toner. Do not apply if the client is allergic to sulfur!

Finish

6. Gently apply sunscreen during the day. Gently apply *Post Peel Moisturizer* if night time.