



## How to Perform the Skin Sensitivity Test

1. Cleanse with Ultra Gentle Cleanser and tone with Calming Toner.
2. Apply 8% Mandelic Serum for inflamed or combination acne, or Vitamin A Corrective Serum for noninflamed acne, on the lower half of right cheek.
3. Ask if they feel any tingling, and if they do, ask, "On a scale of one to ten, one being you hardly feel anything and ten being very irritating, what number would you give it?"
4. If the client feels a 2 or less, proceed to Step 7 below. If they feel more than a 2, you will then test the 5% Mandelic Serum for inflamed or combination acne on the opposite lower cheek. If you get a number higher than 3, cleanse the serum off with water.
5. If you are proceeding to the other cheek to test Mandelic 5%, ask if the client feels any tingling and if so, what degree of tingling they feel. If they feel a 2 or less, then that is the serum they will use.
6. If the client feels more than a 2 with both of the serums tested, you could opt to test other serums, like the Salicylic Serum (if they have inflamed acne) or the Glycolic 5% Serum (if they have noninflamed acne). Test these on other parts of the face.
7. Once you find a serum that the clients feels at a 2 or less, put the serum all over their face and ask if they still feel the same degree of tingling just to be sure that the client can tolerate it.
8. If a client cannot tolerate any serum (feels over a 2 on a 1-10 scale of tingling, stinging, and/or burning), don't give them one. Have them follow the home care instructions for Week 1 & 2, minus the serum every other morning. Most of the time, the benzoyl peroxide (Acne Med) will make their skin less sensitive over time and you can test their skin again in 2 weeks.

**\*\*IMPORTANT – If they feel a 0 with Mandelic 8%, there is no need to test Mandelic 11% or 15%. We have found that even if they can tolerate the higher strengths (on the face), it is just too drying in the beginning.**