



## Face Reality Chemical Peel for Back Acne Treatment Procedure

### 1. Cleanse

*Ultra Gentle Cleanser* – Cleanse the entire area to be treated with a small amount of cleanser and rinse thoroughly with warm water.

### 2. Tone

*Glycolic/Lactic Toner* – Moisten a cotton round pad and swipe over the entire area to be treated thoroughly and evenly. *Glycolic/Lactic Toner* degreases the skin and also acts as a sensitivity test. Ask the client if they feel any tingling at all with it. If they do feel tingling (on a scale of 1 to 10, 10 being extremely irritating) ask them what number they feel. If they feel a “4” or more do not proceed with a chemical peel. Opt for the enzyme/steam treatment instead.

### 3. Peel Solution

- Take a 4 x 4 cotton esthetic wipe and fold it in half. Fold it in half one more time. Place the dry cotton pad directly onto the open bottle of *Face Reality Acne Back Peel* solution (use Acne Peel #2 or #3 if someone is sensitive) and invert the bottle, making a circle of solution on the pad. Move the bottle around the pad and repeat this five times in a circle.
- Beginning at the top of the back, wipe evenly and apply peel in panels to cover the entire back area. Do not go over an area more than once.
- Ask the client if they feel any tingling or stinging using the scale from one to ten. Hold a small electric fan over the area to reduce the tingling. If they feel a lot of tingling/stinging and it is not calming down within two minutes, apply the *Face Reality Post Peel Moisturizer* and continue to fan the area. This should neutralize the peel solution.
- If they felt less than a “4”, apply one more layer of peel solution and fan it down. If they feel a lot of tingling/stinging and it is not coming down within two minutes, apply the *Face Reality Post Peel Moisturizer* while they continue to fan their back. That should neutralize the peel solution.
- Do not use the *Face Reality Post Peel Moisturizer* if you do not have to neutralize the peel before doing extractions.

### 4. Extractions

After extractions, use a cotton round pad to wipe the back thoroughly with *Acnebeta-C Toner*.

### 5. Finish

Gently apply *Post Peel Moisturizer* if needed.