

Prep List

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Asian Stir Fry Mix	Mushrooms Sliced
Broccoli Buds	Mushrooms Sliced 1/8" Case
Cabbage (Green/Red) Cut 1"	Onions (Yellow/Red/White) Diced 1/4" 20 lbs.
Cabbage (Green/Red) 1/8" Diced	Onions (Yellow/Red/White) Diced 1/4"
Cabbage (Green/Red) Shredded 5 lb. Sack	Onions (Yellow/Red/White) Peeled
Cabbage (Green/Red) Shredded	Onions (Yellow/Red/White) Sliced
Carrot Coins	Peppers Diced 1/4"
Carrots Diced	Peppers Sliced
Carrots Peeled	Potatoes Diced
Carrots Shredded	Potatoes Peeled
Carrot Sticks	Potatoes Sweet 1/2" Diced
Cauliflower Buds	Potatoes Yukon 1/4" Round Cut
Celery Diced 1/4"	Potatoes Yukon B Wedge Cut
Celery Diced 3/4"	Potatoes Yukon Peeled
Celery Sticks	Radishes Sliced
Cilantro Chopped & Cleaned	Radishes Topped
Cucumbers Sliced	Squash Yellow Coins
Daikon Match Sticks	Stir Fry Mix
Ginger Root Diced	Tomatoes Diced
Green Beans Trimmed & Cleaned	Yams Peeled
Green Onions Diced	Zucchini Coins
Mushrooms (Medium) Nickel Sliced	Zucchini Sticks