

ABOUT US

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Para Hita is a veteran-owned company that specializes in modern cuisine which reflects the traditional culinary culture of Guam. We were founded in March 2017 with one simple idea - to bring a taste of Guam to the forefront of the culinary world.

Inspired by the rich diversity of Guam's culture, Para Hita uses high quality ingredients, and refined cooking and preparation techniques to create unique products made with island love!







Our products are professionally made through countless hours of research and development.

All of our recipes are developed inhouse and are unique to Para Hita.

When in doubt, keep it island!

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HAFA ADAI!



Para Hita is inspired by founder Manny's time serving in the military. He became homesick and started to cook the same dishes he had grown up eating in Guam. Cooking became his passion so, after his military service, he enrolled in culinary school...

...AND THUS BEGAN PARA HITA!

Now he provides convenient, delicious, Guaminspired cuisine through Para Hita!

"We started from a simple idea of bringing a taste of Guam to the culinary forefront."

- Manny Grey, Owner

WWW.PARAHITA671.COM