

# Corvus Quick Sampler

## Busy Professionals - 3 Quick Recipes

- 1. 15-min Lemon Chicken — chicken, lemon, garlic.
- 2. One-pan Chickpea Bowl — chickpeas, peppers, spices.
- 3. Overnight Oats — oats, chia, milk, fruit.

Generated for instant test. Timestamp.