



TOTAL REHAB
641-236-4506

Southview Plaza-Suite D
234 West Street South
Grinnell, IA 50112

Hours:
8:00 am to 5:00 pm

Linda@totalrehab-pt.com

“I like the individual attention that I receive at Total Rehab. I like the atmosphere here, comfortable, clean, nice, friendly and relaxing. I feel the staff is extremely encouraging, caring and well educated. I know the ethics of this facility and ownership is very high. I feel their concern/actions are always in my best interest.”

– Tom Rae

Linda Davis, OTR/L
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PEDIATRIC SERVICES

✓ SENSORY MODULATION

– identifying when our system is “Just Right” or at an optimal level of arousal for learning, playing, paying attention and listening.

- ⇒ Calming
- ⇒ Attention to task
- ⇒ Following directions
- ⇒ Enabling strengths and identifying learning styles
- ⇒ Assisting in deficit management

✓ GROSS MOTOR TRAINING

– Assessment of a child’s ability to complete activities of daily living.

- ⇒ Vestibular movement
- ⇒ Proprioception
- ⇒ Body awareness

✓ FINE MOTOR TRAINING

– Assessment and instruction in handwriting.

✓ HAND STRENGTHENING

– Dexterity and manipulation.

✓ DETERMINING HAND DOMINANCE

✓ SOCIAL SKILLS

- ⇒ Transitions
- ⇒ Self esteem

The Total Rehab Advantage