



TOTAL REHAB
641-236-4506

Southview Plaza-Suite D
234 West Street South
Grinnell, IA 50112

Hours:
7:30 am to 6:00 pm

Stacey@totalrehab-pt.com

“I like the individual attention that I receive at Total Rehab. I like the atmosphere here, comfortable, clean, nice, friendly and relaxing. I feel the staff is extremely encouraging, caring and well educated. I know the ethics of this facility and ownership is very high. I feel their concern/actions are always in my best interest.”

– Tom Rae



Stacey Alberts, PT/CSCS

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Physical Therapist/owner

Board Certified Orthopedic Clinical Specialist
Certified Strength and Conditioning Specialist

SERVICES

✓ INJURY EVALUATION AND REHABILITATION

(Physician Referral is not mandatory)

- ⇒ Physical Therapy
 - Neck, back, hip, knee, and foot care
- ⇒ Occupational Therapy
 - Shoulder, elbow, wrist and hand care
 - Splinting/Bracing

✓ JOB ANALYSIS

- ⇒ Provides information on essential functions of a position prior to performing a Post Offer Pre Placement Screen.

✓ POST-OFFER, PRE-PLACEMENT WORK SCREENS

✓ DRUG TESTING PER FACILITY REQUIREMENT

✓ RETURN-TO-WORK PROGRAMS

- ⇒ Work Hardening
- ⇒ Work Conditioning

✓ FUNCTIONAL CAPACITY EVALUATION

- ⇒ Useful for job matching after injury, offer for alternative employment, or disability determination.

The Total Rehab Advantage