DRINKS

COFFEE

rive selises	
Touchwood house blend	3.8
Single Origin	+0.5
Bonsoy	+0.5
Cold Drip	4
Pour Over	6
Iced	6

Storm in a Teacup

TEA

Breakfast Tea, Silver Fox, Lemonzilla, Ancient Moonlight, Peppermint, Liquorice & Lavender, Genmaicha

4.5

8

Iced	6
Chai	4
Hot Chocolate by Mörk	4.5
plus peanut butter	0.5

FRESH JUICE

- 1) Cucumber, kale, celery, apple, lime, parsley
- 2) Carrot, beetroot, strawberry, ginger
- 3) Grapefruit, mint

OJ	6
Coconut Water	5
Mineral Water 500ml/750ml	4/6
Coke, Diet, Sprite	4



BREAKFAST

Fresh and poached seasonal fruit, a pot of vanilla yoghurt and house-candied pecans ${f 13}$

House made natural muesli, dried fruit, mixed nuts, seeds, cinnamon poached apple, honeyed yoghurt 12

Flip Shelton's five grain porridge, coconut cream, palm sugar glazed banana, toasted walnuts 12.5

Rustica sourdough toast, vegemite, house made preserves or organic crunchy peanut butter **7.5**

House made fig and apricot fruit bread, zesty orange and pistachio butter ${\bf 9}$

Avocado toast - beetroot relish, burnt lime, pickled red onion, coriander, mixed seeds, sumac salt 15

Omelette, caramelized shallots, roasted capsicum, buffalo mozzarella, basil oil **16.5**

Morning grain salad - quinoa, freekah, wild rice, rocket, toasted almonds, chai soaked raisens, cumin yoghurt, poached egg 16 (+ grilled bacon 2.5)

Peanut butter and jelly whole meal waffles, poached raspberries, whipped peanut butter ricotta, peanut brittle **16**

Tequila and citrus cured salmon, poached eggs, smashed peas, dill, lemon crème fraiche, sautéed endive, sourdough toast 17.5

Braised mixed spiced beans, lentils, cotechino sausage, basil, poached eggs, marinated feta, sourdough toast 17

Free range eggs on toast, poached, fried or scrambled 9.5

We will try our best to accommodate changes to the menu, however during busy periods unfortunately this may not be possible. We hope you understand.

EXTRAS

Dench gluten free bread 1.5

Beetroot relish, free range egg, pickled red onion 2.5

Roasted tomato, spinach, mushrooms 4

Avocado, bacon, marinated feta 4.5

Cotechino sausage, house cured salmon 5

LITTLE PEEPS

Banana soldiers, chocolate or raspberry coulis dipping sauce **10** Scrambled eggs, toast, grilled bacon **10**

LUNCH From 11:30

Quinoa & pomegranate salad, mint, coriander, rocket, citrus and harissa 15.5 (+ marinated lamb skewers 5)

Fresh burrata, shaved zucchini, peas, mint, parsley, Serrano ham 17.5

5 & Dime sourdough bagel, house cured salmon, beetroot relish, horseradish creme fraiche, leaves, caperberries **16.5**

Wagyu beef burger, tomato, watercress, relish, cheddar, brioche bun, chunky kipflers, paprika aioli 19.5

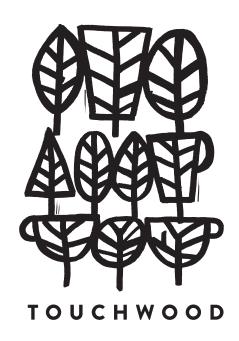
Herb and parmesan crusted "gluten free" chicken schnitzel, farro, pine nut, raisin, feta tabbouleh 19

To asted po' boy, fried prawns, grilled rockling, hot sauce, lime a ioli, cabbage slaw ${f 20}$

Pulled pork tacos, shredded cabbage, coriander, fennel, apple compote 18.5

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