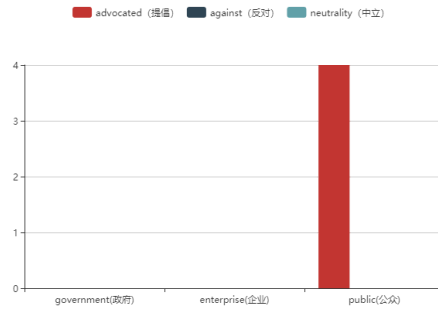


减盐-新闻 Salt Reduction - News

今日 (2019-01-12) 共监测到4条资讯。请点击标题查看原文。

There are 4 articles monitored today 2019-01-12. Please click the title to view full information.

The original article is in Chinese only.



山东 Shandong

食物中的钠 Sodium in food
没有相关文章!
No such articles!
高血压 Hypertension
没有相关文章!
No such articles!
心血管健康 Cardiovascular health
没有相关文章!
No such articles!
综合健康信息 Comprehensive Health Information
没有相关文章!
No such articles!
决心工程 Resolve To Save Lives
没有相关文章!
No such articles!

河南 Henan

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决心工程 Resolve To Save Lives
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安徽 Anhui

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浙江

Zhejiang

食物中的钠 Sodium in food
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决心工程 Resolve To Save Lives
没有相关文章!
No such articles!

其他省份

Other Provinces

食物中的钠 Sodium in food				
没有相关文章！				
No such articles!				
高血压 Hypertension				
没有相关文章！				
No such articles!				
心血管健康 Cardiovascular health				
没有相关文章！				
No such articles!				
综合健康信息 Comprehensive Health Information				
1. 腊肉虽美味，可不要贪吃！东莞名医教你健康吃腊肉 Although bacon is delicious, don't be greedy! Dongguan famous doctor teaches you to eat bacon healthily	来源：东莞时间网 Source: Dongguan Time Network	主体：公众 Subject: public	态度：提倡 Attitude: advocate	时间：08:47:30 Time: 08:47:30
寒冬腊月里，吃腊肉是不少市民的心仪之选。有市民早就开始腌制腊肉。不过，也有人担心腊肉属于腌制食品，吃了会不会致癌？要怎样吃腊肉才健康呢？我们请来东莞市名医、常平医院中医科主任、主任中医师刘磊给大家答疑解惑。刘磊说，腊肉本身不是致癌食品。在腌制过程中，腊肉可能会含有少量亚硝酸盐或硝酸钠。在许多食品中，也会添加少量亚硝酸盐用于防腐或护色剂，但必须是符合国家食品安全标准要求。想要健康吃腊肉，市民应从正常规律饮食、用好烹饪手法、注意食品搭配等几个细节去做好把握。				

寒冬腊月里，吃腊肉是不少市民的心仪之选。有市民早早就开始腌制腊肉。不过，也有人担心腊肉属于腌制食品，吃了会不会致癌？要怎样吃腊肉才健康呢？我们请来东莞市名医、常平医院中医科主任、主任中医师刘磊给大家答疑解惑。刘磊说，腊肉本身不是致癌食品。在腌制过程中，腊肉可能会含有少量亚硝酸盐或硝酸盐。在许多食品中，也会添加少量亚硝酸盐用于防腐或护色剂，但必须是符合国家食品安全标准要求。想要健康吃腊肉，市民应从正常规律饮食、用好烹饪手法、注意食品搭配等几个细节去做好把握。

In the winter and winter months, eating bacon is the favorite choice of many citizens. Some people started pickling bacon early. However, some people worry that Bacon is a kind of cured food. Will it cause cancer if they eat it? How to eat bacon to be healthy? We invite Liu Lei, a famous doctor in Dongguan City, director of the Department of Traditional Chinese Medicine of Changping Hospital and chief physician of traditional Chinese medicine, to answer your questions and solve your doubts. Liu Lei said bacon itself is not a carcinogenic food. During the curing process, bacon may contain a small amount of nitrite or sodium nitrate. In many foods, a small amount of nitrite will also be added to preservatives or color preservatives, but it must meet the requirements of national food safety standards. In order to eat bacon healthily, the citizens should grasp the details of regular diet, good cooking techniques and food collocation.

2. 鸡蛋是补充蛋白质的高手，但是四种吃鸡蛋的方法最好不要常用 Eggs are good at supplementing protein, but the four ways to eat eggs are best not to use them frequently.	来源：搜狐 Source: Sohu	主体：公众 Subject: public	态度：提倡 Attitude: advocate	时间：23:40:48 Time: 23:40:48
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鸡蛋是补充蛋白质的高手，但是四种吃鸡蛋的方法最好不要常用 对于很多人来说，鸡蛋绝对是日常生活里难以割舍的美食，最重要的是，鸡蛋不仅美味，而且营养价值特别高，吃鸡蛋，最主要的营养就是补充蛋白质。鸡蛋里所含有的蛋白质是优质蛋白质，每100克鸡蛋里含有蛋白质约为13克，如果你进食一条50克的鱼或者瘦肉，所获得的蛋白质，两个鸡蛋就能提供。而你喝上一杯250毫升的牛奶所获得的蛋白质，一个鸡蛋就能补充。所以，营养界将鸡蛋称为补充蛋白质的高手，这一点都有不夸张。

Eggs are good at supplementing protein, but the four ways to eat eggs are better not to be commonly used. For many people, eggs are absolutely hard to cut off in daily life. Most importantly, eggs are not only delicious, but also have high nutritional value. Eating eggs, the most important nutrition is to supplement protein. Eggs contain high-quality protein, about 13 grams of protein per 100 grams of eggs. If you eat a 50 grams fish or lean meat, the protein you get can be supplied by two eggs. And if you drink a glass of 250 milliliters of milk to get the protein, an egg will be able to supplement. Therefore, it is not exaggerated that the nutritional profession calls eggs masters of protein supplementation.

3. 姑娘正计划结婚却被查出癌症哭称：太爱吃这个 The girl was planning to get married, but she was found to have cancer and cried out, 'I love it so much.'	来源：新浪网 Source: Sina network	主体：公众 Subject: public	态度：提倡 Attitude: advocate	时间：13:41:43 Time: 13:41:43
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姑娘正计划结婚，却被查出癌症！她痛哭：太爱吃这个 大口吃肉是很多吃货的梦想！但是你有没有想过，吃肉吃太多，背后有多少健康隐患？才32岁，她被查出癌。专家介绍，医学界早就发现，过量吃红肉，是罹患大肠癌危险因素。外国研究也指出，红肉中又以牛肉，容易诱发大肠癌，与癌症的相关性超过羊肉、猪肉，像西方吃牛肉较多的国家，大肠癌发生率也比亚洲高。2015年世卫组织下属的国际癌症研究机构发布了一项“致癌清单”，将红肉列为2A类致癌物。

The girl was planning to get married, but she was found to have cancer! She cried bitterly: too fond of eating meat is the dream of many food! But have you ever thought about how many health risks lie behind eating too much meat? At 32, she was diagnosed with cancer. Experts said that the medical community has long found that excessive consumption of red meat is a risk factor for colorectal cancer. Foreign studies have also pointed out that beef in red meat is easy to induce colorectal cancer, which is more related to cancer than mutton and pork. For example, in western countries which eat more beef, the incidence of colorectal cancer is higher than that in Asia. In 2015, the WHO-affiliated International Agency for Cancer Research released a "carcinogenic list" listing red meat as a class 2A carcinogen.

4. [高血糖遇到这七种食物也得“败下阵来”！不妨多吃](#)
[The high blood sugar meets these seven kinds of food also must "lose battle"! You might as well eat more.](#)

来源：东方财富网
Source: Oriental Wealth Network

主体：公众
Subject: public

态度：提倡
Attitude: advocate

时间： 12:41:51
Time: 12:41:51

高血糖遇到这七种食物也得“败下阵来”！不妨多吃。什么食物对糖尿病有好处呢？在我们的生活中，我们每天都要食用大量新鲜的食物。然而对于糖尿病患者而言，并非所有的食材都可以吃，吃错食物还可以加剧病情呢！切不可大意！相信很多的糖尿病患者都想知道吃哪些食物会对病情有好处呢？那就和小编一起来看看吧！可以帮助改善病情的食物有这7种。压榨橄榄油，橄榄油含有多种抗氧化剂，可以减少体内炎症，保护和修复心血管系统，并防止血管损伤引起的血糖波动，将患者体内的血糖保持在一个正常的的范围内。

The high blood sugar meets these seven kinds of food also must "lose battle"! You might as well eat more. What foods are good for diabetes? In our life, we have to eat a lot of fresh food every day. However, for diabetic patients, not all food can be eaten, eating the wrong food can also aggravate the disease! Don't be careless! I believe that many diabetics want to know what foods they eat will be good for their condition. Let's have a look with Xiaobian. There are seven foods that can help improve the condition. Press olive oil, olive oil contains a variety of antioxidants, can reduce inflammation in the body, protect and repair the cardiovascular system, and prevent blood sugar fluctuation caused by vascular injury, keep blood sugar in patients within a normal range.

决心工程
Resolve To Save Lives

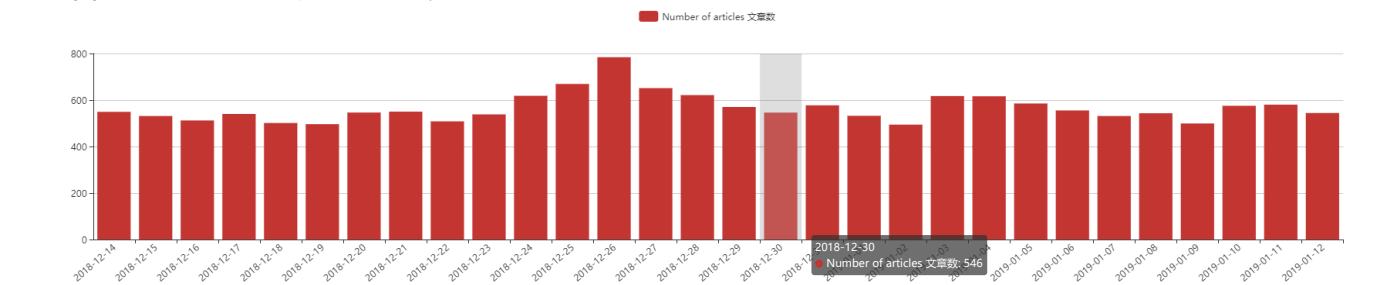
没有相关文章!

No such articles!

减盐-微信

Salt Reduction - WeChat

2019-01-12, 共监测到544篇微信公众号文章, 本页面显示当日重复发布数量排名前五的文章, 请点击标题搜索原文。
A total of 544 WeChat public articles were monitored in 2019-01-12. This page shows the top five articles by repeat number today.
由于微信公众号文章没有固定的链接, 因而标题链接到的是根据文章标题进行检索的结果页面。
Because wechat articles don't have certain urls, the titles link to the websites that shows the result that searching with the titles.
The original article is in Chinese only.
下图展示了最近30天的数据获取量。
The following figure shows the amount of data acquired in the last 30 days.



热门文章-前五		
Popular Articles - Top 5		
1. 【健康课堂】这个病比癌症可怕, 有人花了130万没能救命! 你需要这么预防	重复数: 8	日期: 2019-01-12
[Health Class] This disease is more terrible than cancer. Someone spent 1.3 million and could not save lives! You need to prevent it in this way.	Repeat Number: 8	Data: 2019-01-12
控盐有助于减轻高血压、预防脑溢血, 但近些年, 由于“隐形盐”的存在, 虽然大家吃食盐少了, 但是食盐里的罪魁祸首——钠的摄入反而有所上升。比如味精、番茄酱、耗油、酱油、甜面酱、甜品、冰淇淋、香肠、熏肉、方便面等都含有大量的钠, 高血压患者还是及时避开为好。		
Salt control helps to reduce high blood pressure and prevent cerebral hemorrhage. However, in recent years, due to the existence of "invisible salt", although everyone eats less salt, the intake of sodium in salt has increased. For example, MSG, ketchup, fuel consumption, soy sauce, sweet sauce, dessert, ice cream, sausage, bacon, instant noodles, etc. all contain a lot of sodium, and patients with high blood pressure should avoid it in time.		
2. 日本人均寿命世界第一, 他们这些饮食习惯一定要学!	重复数: 8	日期: 2019-01-12
Japan has the highest life expectancy in the world. Their eating habits are worth learning!	Repeat Number: 8	Data: 2019-01-12
早在1975年就开始减盐 日本政府早在1975年就开始重视国民减盐问题, 并发起了一系列减盐运动。日本人非常注意从饮食的方方面面控盐: 比如不喝太多的味增汤, 吃拉面时不喝汤; 炒菜、炖菜时最后再放盐, 这样能最大限度地减少盐的摄入量。		
As early as 1975, the Japanese government began to pay attention to the issue of national salt reduction and launched a series of salt reduction campaigns. Japanese people pay great attention to controlling salt from all aspects of diet: for example, do not drink too much miso soup, do not drink soup when eating ramen, and put salt after cooking, which can minimize salt intake.		
3. 正计划结婚, 姑娘被查出癌症! 她痛哭: 每隔一天就吃这个...	重复数: 6	日期: 2019-01-12
When the girl is planning to get married, she is diagnosed with cancer! She eats this every other day...	Repeat Number: 6	Data: 2019-01-12
盐摄入量超标可导致胃癌。相关调查资料表明, 我国目前每人每日食盐的摄入量均在8-10克左右, 而爱吃咸菜的人, 每日食盐的摄入量达到了15克以上, 远远超过需要量的标准。除了癌症之外, 过量摄入盐对心脑血管和代谢类疾病有不弱于糖的贡献。看来除了控糖, 控盐也应该被重视起来。		
Excessive salt intake can lead to gastric cancer. Relevant survey data show that the daily salt intake of each person in our country is about 8-10 grams, while the salt intake of people who like pickles has reached more than 15 grams per day, far exceeding the requirement standard. Except for cancer, excessive salt intake contributes less to cardiovascular, cerebrovascular and metabolic diseases than sugar. It seems that besides sugar control, salt control should also be taken seriously.		
4. 这条“生命线”太重要, 它一老, 全身老! 偷寿命的6个习惯别再做了	重复数: 5	日期: 2019-01-12
This "lifeline" is too important. If it gets older, the whole body will get old! Don't do 6 habits to reduce your life.	Repeat Number: 5	Data: 2019-01-12
吃多盐和糖, 血管壁变皱 “高油、高盐、高糖”和“浓油赤酱”炮制出来, 导致血管里的脂肪越来越多, 容易将血管堵塞。高盐饮食容易出现高血压, 相当于给血管埋了一颗“定时炸弹”。		
Excessive consumption of salt and sugar will wrinkle the walls of blood vessels. "High oil, high salt, high sugar" food, resulting in more and more fat in the blood vessels, easy to block the blood vessels. High-salt diets are prone to high blood pressure, which is equivalent to burying a "time bomb" for blood vessels.		
5. 日本医疗再次被评为全球第一, 中国位居第二...	重复数: 4	日期: 2019-01-12
Japan's medical service is once again ranked the first in the world, and China ranks...	Repeat Number: 4	Data: 2019-01-12
日本人吃盐也很少, 每天的盐摄入量还不到中国人的一半。中国科学院院士、复旦大学附属中山医院内科主任葛均波教授指出, 这点非常关键, 目前盐与高血压的关系已经非常明确, 它会引发心脏肥大和动脉粥样硬化。日本政府早在1975年就开始重视国民减盐问题, 并发起了一系列减盐运动。		
The Japanese eat very little salt, and the daily salt intake is less than half that of the Chinese. Professor Ge Junbo, academician of the Chinese Academy of Sciences and director of the Department of Cardiology of Zhongshan Hospital affiliated to Fudan University, pointed out that the relationship between salt and hypertension is very clear, and it can cause cardiac hypertrophy and atherosclerosis. As early as 1975, the Japanese government began to pay attention to the issue of national salt reduction and launched a series of salt reduction campaigns.		

减盐-微博 Salt Reduction - Weibo

2019-01-12, 共检测到1988条与“减盐”相关的微博。

本页面列出转发量超过50的微博。

点击微博内容可查看微博原文。

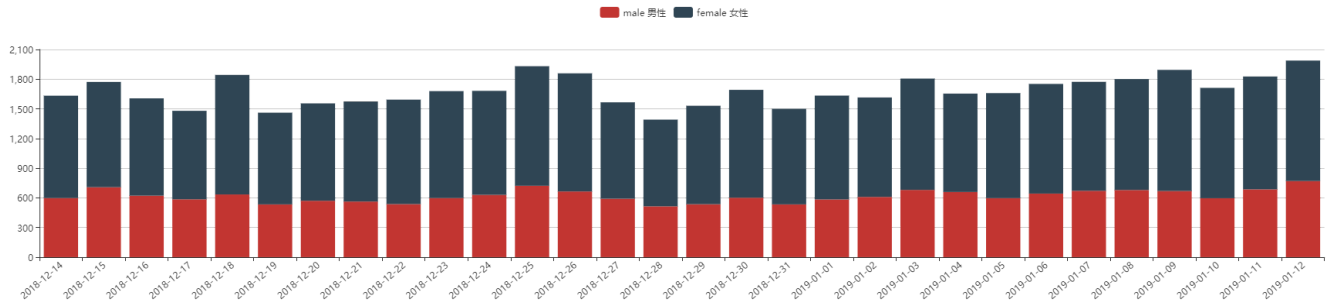
There are 1988 weibos about salt reduction monitored on 2019-01-12.

Weibos whose repost number is greater than 50 are listed in this page.

Click the content of each weibo, and you can see the detail information.

下图展示了最近30天的数据获取量。

The following figure shows the amount of data acquired in the last 30 days.



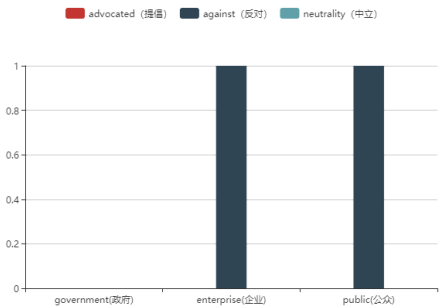
热门微博
Hot Weibos

1. 没有相关微博!
No such weibos!

反式脂肪酸-新闻

Trans Fat - News

今日 (2019-01-12) 共监测到2条资讯。请点击标题查看原文。
There are 2 articles monitored today 2019-01-12. Please click the title to view full information.
The original article is in Chinese only.



山东

Shandong

反式脂肪酸
Trans fat

1. 肯德基探秘之旅德州行：“蔬菜百科趣味实验室”解密舌尖上安全

来源：山东新闻网

主体：企业

态度：反对

时间：13:56:06

KFC Secret Trip to Texas: "Vegetable Encyclopedia Interest Laboratory" Declassifies Tongue Safety

Source: Shandong News Network

Subject: industry

Attitude: against

Time: 13:56:06

有颗英俊的番茄，它的志愿不是当什么“西红柿首富”，而是梦想能爱上红嘟嘟的西红柿，高颜值、有创意的求爱攻略一度被刷屏。这个唯美爱情故事里的主角——小番茄，都是肯德基用心千挑万选出来的，它们住在世界先进的“水晶宫”里，享受从选种到育苗，再到种植、采摘、包装等全程标准化管理及自动化控制的高科技技术。1月11日，番茄种植基地-德州市临邑县的凯盛浩丰智慧农业产业园迎来了一波探访团，在这里，探访团成员们真实感受了一下它们每天享受着的“高品质的生活”。

There is a handsome tomato, its volunteer is not to be "the richest man in Xihong City", but to dream of falling in love with red tomatoes, high-value, creative courtship strategy was once brushed screen. The main character in this aesthetic love story, small tomatoes, is selected by KFC with great care. They live in the world's advanced "Crystal Palace", enjoy the high-tech technology of standardized management and automated control from selection to seedling breeding, to planting, picking, packaging and so on. On January 11, the Tomato Planting Base - Kaishenghaofeng Intelligent Agricultural Industrial Park in Linyi County, Dezhou City, ushered in a wave of visiting delegations. Here, the members of the visiting delegation truly felt the "high quality life" they enjoy every day.

决心工程
Resolve To Save Lives

没有相关文章!

No such articles!

河南

Henan

反式脂肪酸
Trans fat

没有相关文章!

No such articles!

决心工程
Resolve To Save Lives

没有相关文章!

No such articles!

安徽

Anhui

反式脂肪酸
Trans fat

没有相关文章!

No such articles!

决心工程
Resolve To Save Lives

没有相关文章!

No such articles!

浙江

Zhejiang

反式脂肪酸
Trans fat

没有相关文章!

No such articles!

决心工程
Resolve To Save Lives

没有相关文章!

No such articles!

其他省份
Other Provinces

反式脂肪酸
Trans fat

1. 改善生活9大习惯，提高抵抗力对抗流感！
Improve 9 habits in your life and increase your resistance to influenza! uuuuuuuuuu

来源：杭州网
Source: Hangzhou net

主体：公众
Subject: public

态度：反对
Attitude: against

时间：15:55:50
Time: 15:55:50

冬季天气寒冷流感高发，有营养师建议大家改善生活习惯，以提高抵抗力，内外防疫对抗流感！具体是哪9大生活习惯呢？跟随生活妙招网小编一起来了解一下吧！必吃早餐：营养充足的早餐，以五谷类为主，可以是早餐粟米片、面包，加一杯牛奶、豆浆或橙汁，或吃一个水果。橙汁是上佳的营养选择，一杯纯鲜橙汁，提供一日所需的维他命C，33%所需要的钙质及叶酸。专家建议，如有时间可制鲜榨橙汁，时间紧迫就吃一个橙子。多用橄榄油：最好用橄榄油煮食，因含大量单元不饱和脂肪酸，对免疫系统最有利。尽量少用反式脂肪酸及饱和脂肪酸，两者均会稍稍免疫力。

Winter weather cold flu high incidence, dietitians suggest that we improve living habits to improve resistance, internal and external epidemic prevention against influenza! What are the nine habits? Follow the magic tricks of life Xiaobian to learn about it! Must eat breakfast: a nutritious breakfast, mainly cereals, can be breakfast cereal, bread, plus a glass of milk, soymilk or orange juice, or eat a fruit. Orange juice is the best nutritional choice. A glass of pure orange juice provides vitamin C for one day, 33% of the calcium and folic acid required. Experts recommend that if you have time to make fresh orange juice, eat an orange when time is short. Multi-use olive oil: It is best to cook with olive oil, because it contains a large number of monounsaturated fatty acids, which is most beneficial to the immune system. Use trans fatty acids and saturated fatty acids as little as possible, both of which will weaken immunity slightly.

决心工程
Resolve To Save Lives

没有相关文章!

No such articles!

反式脂肪酸-微信 Transfat - WeChat

2019-01-12, 共监测到263篇微信公众号文章, 本页面显示当日重复发布数量排名前五的文章, 请点击标题搜索原文。

A total of 263 WeChat public articles were monitored in 2019-01-12. This page shows the top five articles by repeat number today.

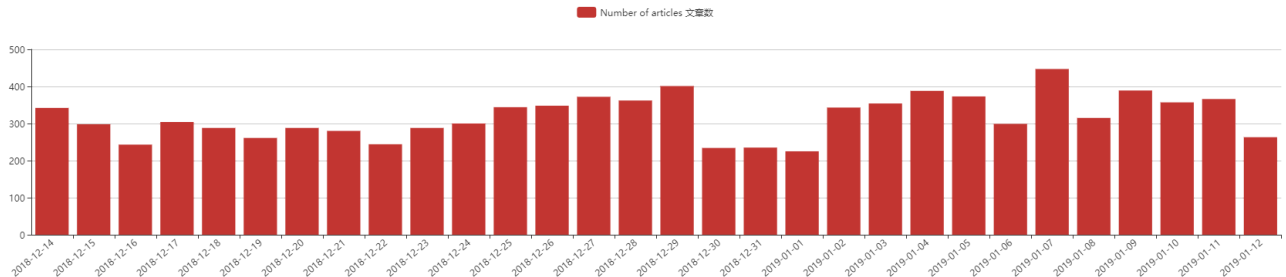
由于微信公众号文章没有固定的链接, 因而标题链接到的是根据文章标题进行检索的结果页面。

Because wechat articles don't have certain urls, the titles link to the websites that shows the result that searching with the titles.

The original article is in Chinese only.

下图展示了最近30天的数据获取量。

The following figure shows the amount of data acquired in the last 30 days.



热门文章-前五 Popular Articles - Top 5

1. 常吃粗粮好处多, 但你真的适合吃吗? 别让“伪粗粮”毁掉健康

重复数: 13

日期: 2019-01-12

[Eating whole grains often has a lot of benefits, but are you really suitable for eating? Don't let "pseudo coarse grains" ruin health](#)

Repeat Number: 13

Data: 2019-01-12

我们吃到的粗粮饼干大多口感酥脆, 粗而不糙。这是因为一些商家会在制作的过程中加入大量的饱和脂肪酸和反式脂肪酸来酥化纤维, 提升口感。这也往往导致粗粮饼干中的脂肪含量比普通饼干更高, 所以在摄入的时候一定要控制好量。谷物饮料也是一样, 先不说将粗粮打磨后养分丢失了, 在制作的过程中可能还会添加大量的糖, 吃多了容易引起肥胖。

Most of the coarse grain biscuits we eat are crispy, coarse and not rough. This is because some merchants add a lot of saturated and trans fatty acids to enhance the taste during the production process. This also tends to result in higher fat content in coarse grain biscuits than regular biscuits, so be sure to control the amount when ingesting. The grain drink not only loses nutrients after the coarse grain is polished, but may also add a large amount of sugar during the production process, and eating too much may cause obesity.

2. 去超市买东西, 看清这个字再买!

重复数: 5

日期: 2019-01-12

[When shopping in the supermarket, you should understand these firstly and then decide wether to buy it!](#)

Repeat Number: 5

Data: 2019-01-12

市场上售卖的面包, 有些含有人工色素、香料、氢化油 (含有大量反式脂肪酸) 以及防腐剂。大量的油脂、添加剂虽可提升食物的味道, 但会增加心血管疾病的发生风险, 因此, 购买全麦面包时, 成分越简单越好。

Some breads sold on the market contain artificial colors, spices, hydrogenated oils (containing large amounts of trans fatty acids) and preservatives. Large amounts of oil and additives can enhance the taste of food, but increase the risk of cardiovascular disease. Therefore, when buying whole wheat bread, the simpler the ingredients, the better.

3. 这六种零食已被儿科医生列入“黑名单”! 孩子想吃家长千万别纵容。

重复数: 4

日期: 2019-01-12

[These six kinds of snacks have been blacklisted by pediatricians. Children who want to eat must not be indulged by parents.](#)

Repeat Number: 4

Data: 2019-01-12

奶油、糕点制品 动物奶油中含有大量胆固醇和油脂, 而人造奶油中含有反式脂肪酸, 都是危害孩子健康的物质。加工的肉类 火腿肠、鱼丸、蟹棒等近年很受孩子欢迎, 这种食品都属于人造加工的肉类, 含有超标的亚硝酸盐和品质低下的肉类的油脂, 长期使用会导致癌症。

Cream, pastries and animal creams contain a lot of cholesterol and oil, while margarine contains trans fatty acids, which are harmful to children's health. Processed meat such as ham, fish balls, crab sticks, etc. have been very popular among children in recent years. These foods are artificially processed meats that contain excessive levels of nitrite and low-quality meat, which can cause cancer when consumed for a long time.

4. 脸要穷养, 脚要富养: 心要穷养, 肺要富养, 养好身体才好!

重复数: 3

日期: 2019-01-12

[Keep your face poor, your feet rich, your heart poor, your lungs rich and you will be healthy.](#)

Repeat Number: 3

Data: 2019-01-12

少吃加工食品 心脏的一大杀手是反式脂肪酸, 尤其是人造的煎炸食物、各种“酥”, 都要少吃。少吃人造食品多吃天然食品。配料表中出现: 氢化、精炼、人造等字眼时要提高警惕, 可能是反式脂肪。保持腰围, 心血管疾病的发病率也会下降。

One of the biggest killers of the heart is trans fatty acids, especially man-made fried foods and all kinds of "crisps," which should be eaten less. Maintenance points: eat less man-made food and eat more natural food. Beware of foods that contain hydrogenated, refined, artificial, and other ingredients in the ingredients list, which may be trans fats. Maintaining waist circumference also reduces the incidence of cardiovascular disease. Maintaining waist circumference also reduces the incidence of cardiovascular disease.

5. 此物每年致死50万人, 已被世卫组织呼吁停用! 就藏在你每天吃的食物里

重复数: 3

日期: 2019-01-12

[It kills half a million people each year and have been called off by WHO! And it is hidden in the food you eat every day.](#)

Repeat Number: 3

Data: 2019-01-12

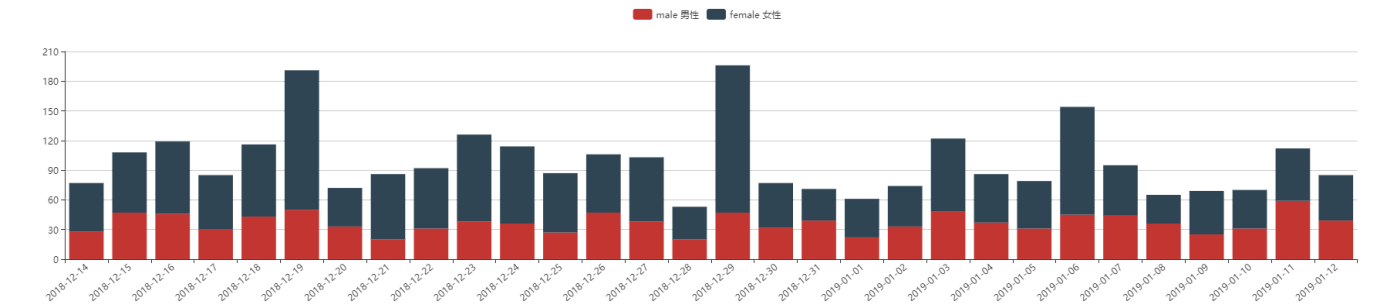
在很多食品中还有一种常见物质, “吃一口就等于吃了7口油!” 这个害人匪浅的东西, 就叫: 反式脂肪! 世界卫生组织发布呼吁各国: 5年内彻底停用食品中的人造反式脂肪! 据世卫组织估计, 每年有超过50万例因心血管疾病引发的死亡案例与反式脂肪摄入有关。

There is also a common substance in many foods. "Eating a bite of it means eating 7 bite of oil!" This substance is called trans fat! The World Health Organization has issued a call for countries to completely deactivate artificial trans fats in food within 5 years! According to WHO estimates, more than 500,000 deaths from cardiovascular disease each year are associated with trans fat intake.

反式脂肪酸-微博

Transfat - Weibo

2019-01-12, 共检测到85条与“反式脂肪酸”相关的微博。
本页面列出转发量超过50的微博。
点击微博内容可查看微博原文。
There are 85 weibos about transfat reduction monitored on 2019-01-12.
Weibos whose repost number is greater than 50 are listed in this page.
Click the content of each weibo, and you can see the detail information.
下图展示了最近30天的数据获取量。
The following figure shows the amount of data acquired in the last 30 days.



热门微博

Hot Weibos

1. 没有相关微博!
No such weibos!