

# Timothy Panek

## User Experience Designer

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Former professional counselor turned UX designer with 15 years of experience identifying and understanding clients' unique needs and customizing individualized plans that help them overcome adversity to meet their goals. Passionate about user-centered design and making life easier by designing creative solutions to real-world problems.

## Experience

### Collaborative Support Programs of NJ Support Services, Clifton, NJ

12/2017 - Present  
Clinical Team Leader

- Supervise, manage, and direct Support Services staff in the performance of their daily duties. Develop solutions to client problems, ensuring staff provides simple and effective interventions while prioritizing client safety and wellness.
- Assess 100+ clients diagnosed with serious mental health conditions to identify personal challenges, pain points, and goals. Develop individualized plans used to address each identified need resulting in improved daily functioning and overall quality of life.
- Developed multiple tracking tools used by staff members agency-wide to provide them with an easier way to track their daily, weekly, and monthly billable time as well as vital caseload information.
- Collaborate with team members and key stakeholders to provide superior services consistent with the client's identified needs.

### Saint Clare's Health

2/2011 - 12/2017

### L.E.A.R.N. of Northern NJ, Denville, NJ

Clinician, Education Specialist

- Performed client-centered counseling focused on individuals' personal challenges, frustrations, and problems, facilitating movement toward goal achievement
- Identified inefficiencies in the program's process of collecting and organizing team statistics. Developed and maintained a simplified, efficient process to gather and interpret program data resulting in team members spending less time on reporting and more time on providing services to clients, increasing billable units of service.
- Established positive relationships with post-secondary institutions and treatment facilities to collaborate with community stakeholders, increasing the number of referrals received by the program.

### Saint Clare's Health

11/2005 - 2/2011

### Transitions Program, Cedar Knolls, NJ

Counselor

- Provided case management and crisis intervention for clients with severe diagnoses, understanding their needs and facilitating treatment to help them regain independence.
- Created and facilitated group curriculum to address clients' readiness to re-enter the workforce, addressing client frustrations and fears. As a result, clients found the transition to work to be possible and positive, increasing intrinsic motivation.

## UX Skills

User-Centered Design  
Emotional & Visual Design  
Mobile-First Design  
Responsive Design  
Competitive Analysis  
User Research  
Affinity Mapping  
User Personas  
User Stories  
User Journeys  
Information Architecture  
Iterative Wireframing  
Prototyping  
Usability Testing  
Preference Testing

## Tools

Sketch  
InVision  
Balsamiq  
Usability Hub  
Microsoft Office

## Education

### Advanced UX Design Certification CareerFoundry, 2020

- UX Immersion
- UI for UX Designers Specialization
- Front End Web Development Specialization

**MS, Health Care Management**  
College of Saint Elizabeth, 2015

**MA, Counseling**  
Fairleigh Dickinson University, 2010

**BS, Psychology**  
Lindenwood University, 2005