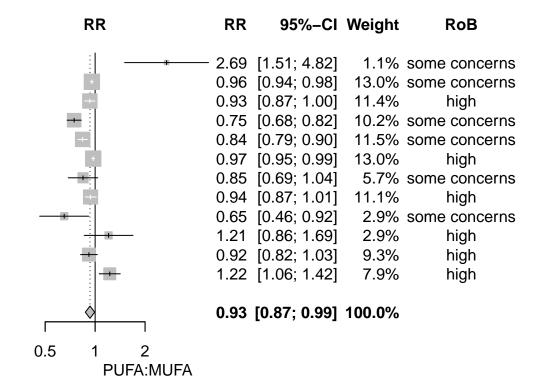
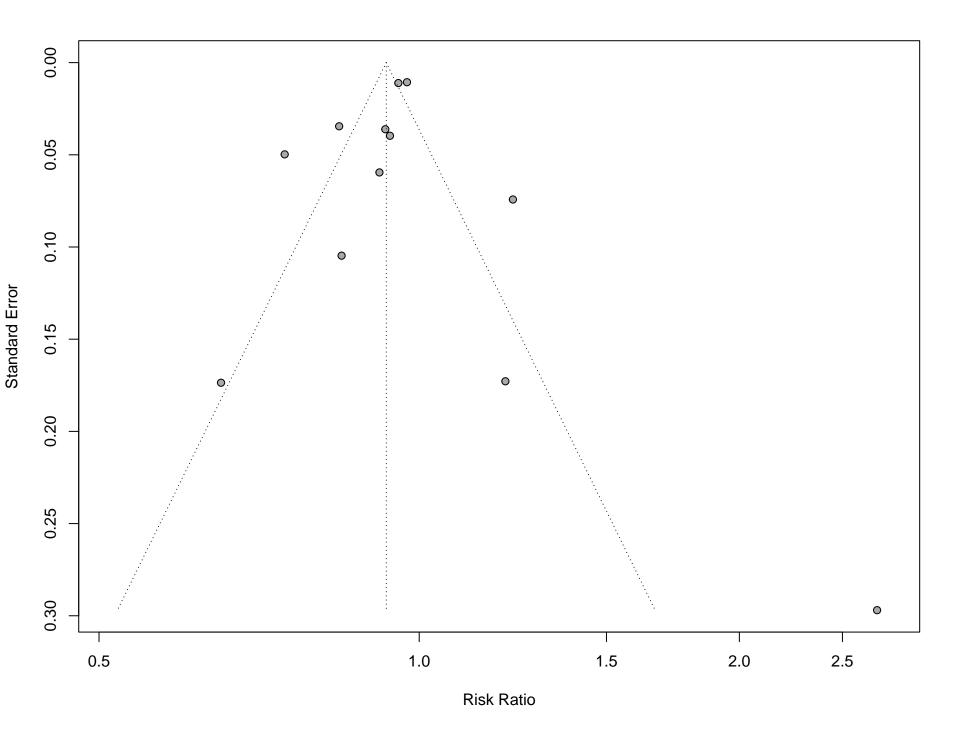
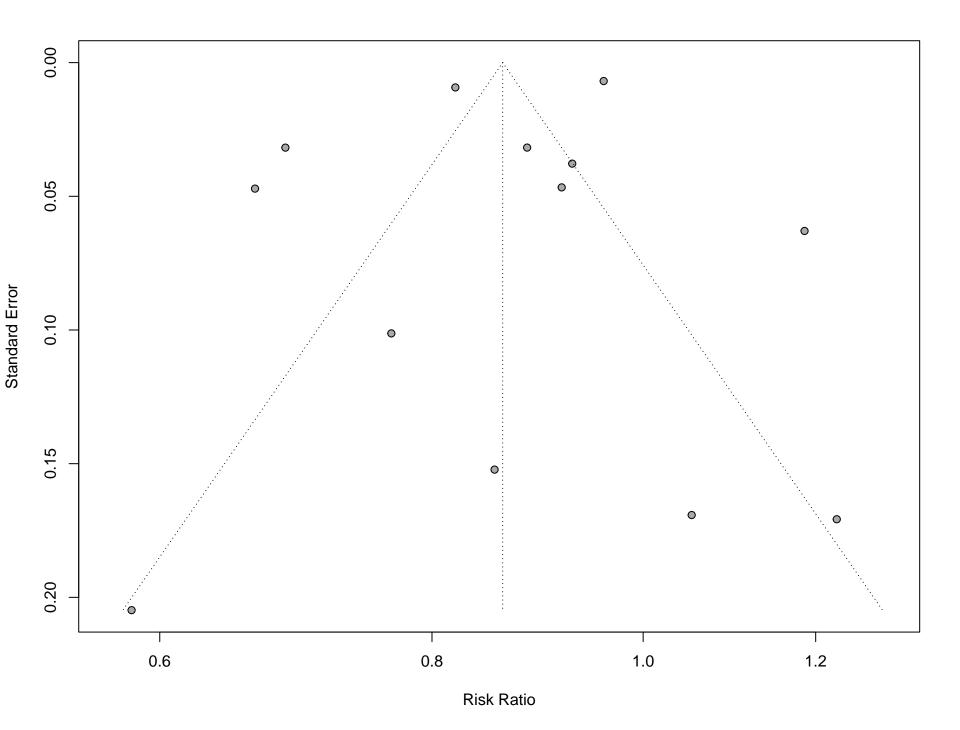
Study	logRR S	E(logRR)
197	0.9913	0.2970
196_b	-0.0451	0.0111
190_b	-0.0733	0.0361
179c_b	-0.2912	0.0498
179b_b	-0.1733	0.0345
134	-0.0265	0.0106
124_b	-0.1680	0.1047
62_b	-0.0633	0.0397
51_b	-0.4290	0.1736
35	0.1866	0.1728
30	-0.0861	0.0596
10	0.2029	0.0742

Heterogeneity: $I^2 = 85\%$, $\tau^2 = 0.0084$, p < 0.01

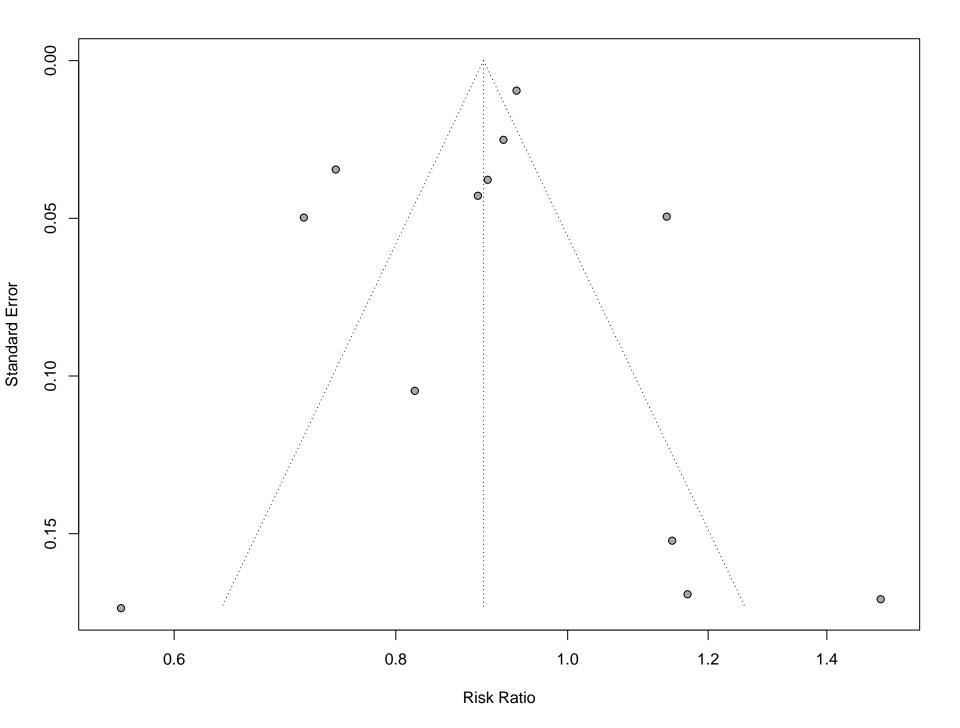




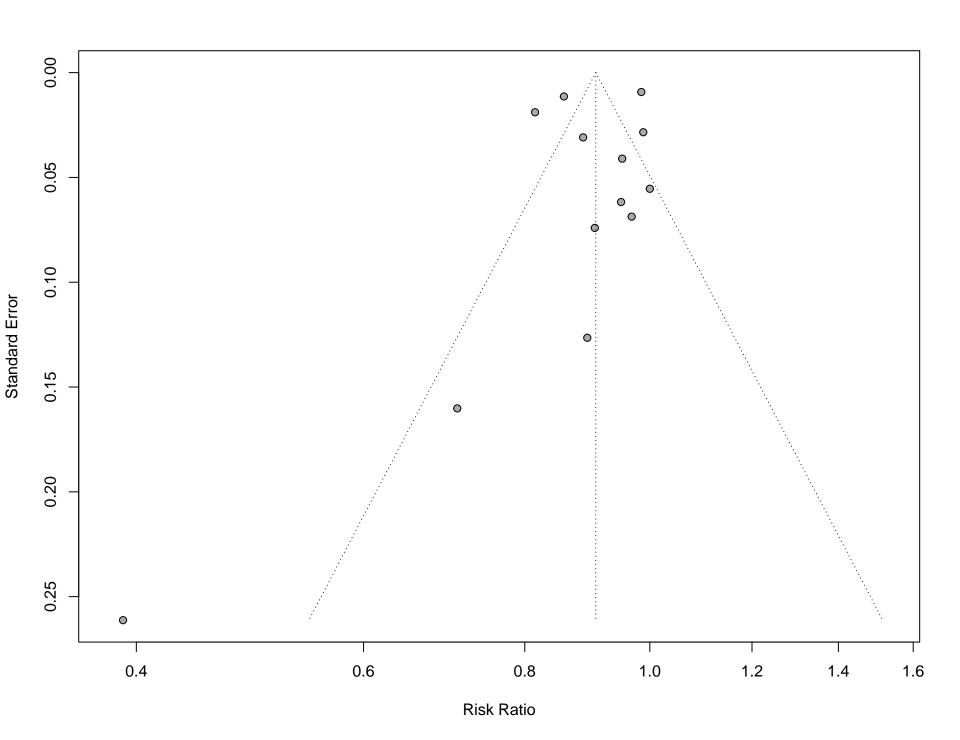
Study	logRR SI	E(logRR)	RR	RR	95%-CI	Weight	RoB
197 196_b 190_b 179c_b 179b_b 134 124_b 62_b 51_b 46	0.0513 -0.1985 -0.1226 -0.4101 -0.3781 -0.0417 -0.2661 -0.0749 -0.5406 0.2046 -0.1570	0.1692 0.0093 0.0318 0.0471 0.0318 0.0069 0.1013 0.0378 0.2048 - 0.1708 0.1522		0.82 0.88 0.66 0.69 0.96 0.77 0.93 0.58 1.23 0.85	[0.76; 1.47] [0.81; 0.84] [0.83; 0.94] [0.61; 0.73] [0.64; 0.73] [0.95; 0.97] [0.63; 0.93] [0.86; 1.00] [0.39; 0.87] [0.88; 1.71] [0.63; 1.15]	12.0% 10.9% 9.6% 10.9% 12.1% 5.5% 10.4% 2.0% 2.7% 3.2%	some concerns some concerns high
30 10	-0.0861 0.1705	0.0467 0.0630	-		[0.84; 1.01] [1.05; 1.34]	9.7% 8.3%	high high
Random effects model		÷	0.86 [[0.81; 0.92]	100.0%		
Heterogeneity: $I^2 = 96\%$	$\%$, $\tau^2 = 0.0084$, p	< 0.01	0.5 1 2 PUFA:SFA				



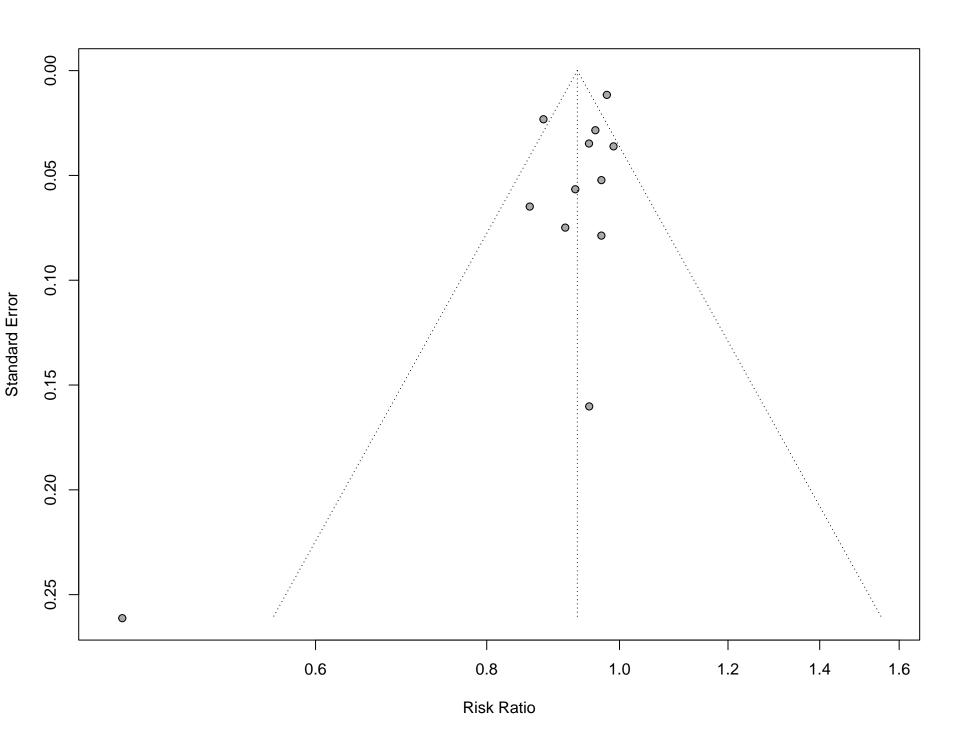
Study	logRR SE(I	ogRR)	RR	RR	95%-CI	Weight	RoB
197 196_b 190_b 179c_b 179b_b 124_b 62_b 51_b 46	0.1557 -0.0664 -0.0834 -0.3425 -0.3011 -0.1985 -0.1038 -0.5798 0.4064 0.1357	0.1692 0.0095 0.0251 0.0498 0.0345 0.1047 0.0378 0.1736 0.1708 0.1522		1.17 0.94 0.92 0.71 0.74 0.82 0.90 0.56 1.50	[0.84; 1.63] [0.92; 0.95] [0.88; 0.97] [0.64; 0.78] [0.69; 0.79] [0.67; 1.01] [0.84; 0.97] [0.40; 0.79] [1.07; 2.10] [0.85; 1.54]	3.1% 13.4% 12.6% 10.5% 11.9% 5.9% 11.6% 2.9% 3.0% 3.6%	some concerns some concerns high some concerns some concerns high some concerns high some concerns high
30 10 Random effects mo	0.1286	0.0429 0.0495	*	1.14	[0.82; 0.97] [1.03; 1.25] [0.84; 0.96]	11.1% 10.5% 100.0%	high high
Heterogeneity: $I^2 = 90^\circ$	0.5 0.01	1 2 PUFA:CHO					



Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight	RoB
197	-0.9400	0.2612 —	<u> </u>	0.39	[0.23; 0.65]	1.2%	some concerns
196_b	-0.1533	0.0114	+		[0.84; 0.88]		some concerns
190_b	-0.0493	0.0410	-		[0.88; 1.03]	9.3%	high
 179c_b	-0.1190	0.0309	+		[0.84; 0.94]		some concerns
 179b_b	-0.2048	0.0189	+		[0.79; 0.85]		some concerns
134	-0.0152	0.0093	+		[0.97; 1.00]	11.1%	high
124_b	-0.0981	0.0741	-	0.91	[0.78; 1.05]	6.8%	some concerns
115_b	-0.0513	0.0617	-	0.95	[0.84; 1.07]	7.7%	some concerns
62_b	-0.0117	0.0284	+	0.99	[0.93; 1.05]	10.2%	high
51_b	-0.1116	0.1265		0.89	[0.70; 1.15]	3.8%	some concerns
35	-0.3436	0.1602		0.71	[0.52; 0.97]	2.8%	high
30	-0.0000	0.0554	-	1.00	[0.90; 1.11]	8.2%	high
10	-0.0324	0.0687	 	0.97	[0.85; 1.11]	7.2%	high
Random effects model			│	0.91	[0.86; 0.96]	100.0%	
			0.5 1 2				
Heterogeneity: $I^2 = 92\%$, $\tau^2 = 0.0084$, $p < 0.01$			MUFA:SF	A			

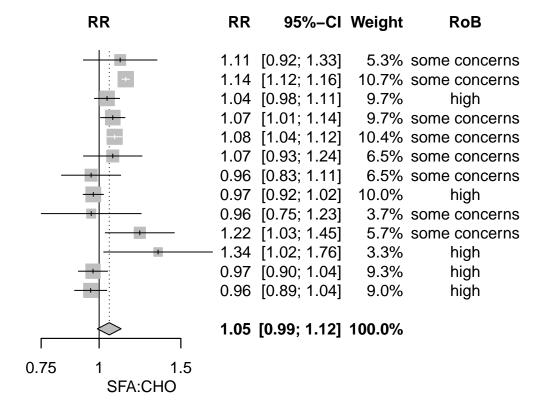


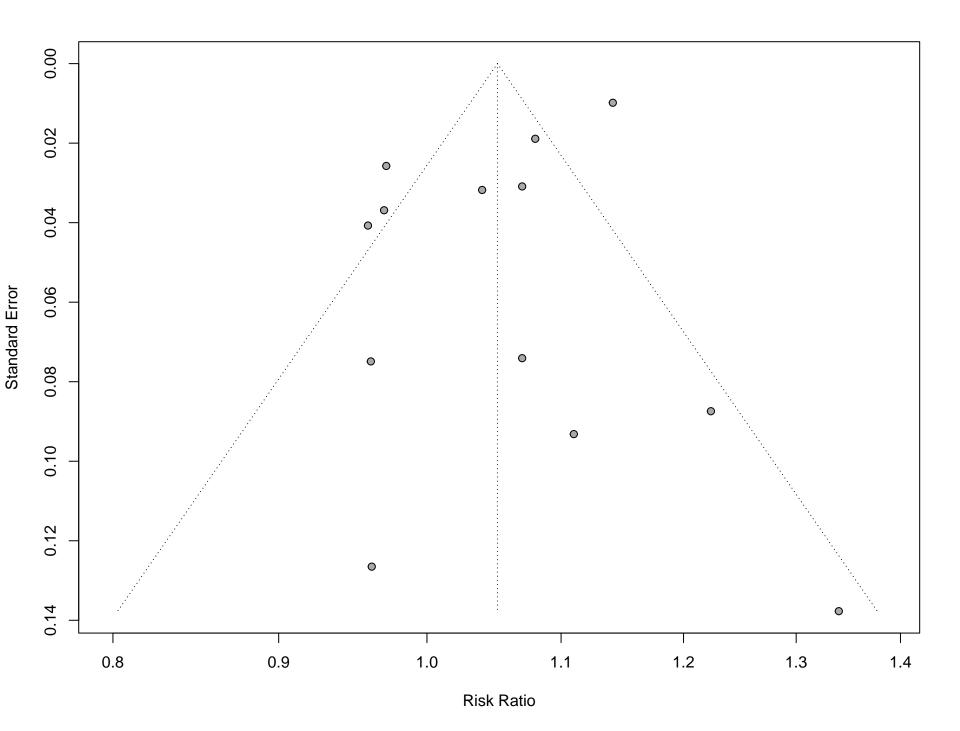
Study	logRR SE(logRR)	RR	RR	95%-CI	Weight	RoB
197 196_b 190_b	-0.0212	0.2612	-	0.98	[0.26; 0.72] [0.96; 1.00] [0.92; 1.06]		some concerns
190_b 179c_b 179b_b	-0.0513	0.0348 0.0232		0.95	[0.89; 1.02] [0.84; 0.92]	10.6%	high some concerns some concerns
124_b 115_b	-0.0912	0.0787 0.0749	-	0.91	[0.83; 1.13] [0.79; 1.06]	7.0% 7.3%	some concerns
62_b 51_b 35	-0.1508	0.0284 0.0649 0.1602		0.86	[0.91; 1.02] [0.76; 0.98] [0.69; 1.30]	11.1% 8.1% 3.0%	high some concerns high
30 10	-0.0305	0.0522 0.0566	\	0.97	[0.88; 1.07] [0.83; 1.04]	9.1% 8.8%	high high
Random effects mo	del		*	0.93	[0.88; 0.99]	100.0%	
Heterogeneity: $I^2 = 649$	$\frac{1}{2}$, $\tau^2 = 0.0084$, $p < 0.0084$).5 1 MUFA	2 A:CHO			



Study	logRR	SE(logRR)
197	0.1044	0.0932
196_b	0.1321	0.0098
190_b	0.0392	0.0318
179c_b	0.0677	0.0309
179b_b	0.0770	0.0189
124_b	0.0677	0.0741
115_b	-0.0399	0.0749
62_b	-0.0289	0.0257
51_b	-0.0392	0.1265
46	0.2018	0.0874
35	0.2927	0.1377
30	-0.0305	0.0369
10	-0.0419	0.0407

Heterogeneity: $I^2 = 83\%$, $\tau^2 = 0.0084$, p < 0.01





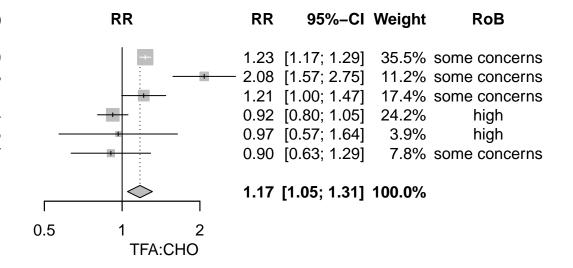
Study	logRR SE(log	ıRR)	RR	RR	95%-CI	Weight	RoB
196_b 179c_b 179b_b 62_b 51_b	-1.0742 0.1 -0.4935 0.1 -0.0687 0.2	0246 1467 — — — — — — — — — — — — — — — — — — —	*	0.34 0.61 0.93	[0.73; 0.80] [0.26; 0.46] [0.50; 0.75] [0.55; 1.59] [0.39; 1.00]	14.9% 23.4% 5.5%	some concerns some concerns some concerns high some concerns
Random effects mo	del	<u></u>	<u> </u>	0.64	[0.56; 0.73]	100.0%	
Heterogeneity: $I^2 = 88\%$	$\%$, $\tau^2 = 0.0084$, $p < 0.0$	0.5	1 2 PUFA:TFA				

Study	logRR SE(logRR)	RR R	R 95%-CI	Weight RoB
196_b 179c_b 179b_b 62_b 51_b	-0.2272 0.0255 -0.7830 0.1423 -0.3202 0.1001 -0.0054 0.2698 -0.0503 0.1807	0.4 		14.8% some concerns23.0% some concerns5.2% high
Random effects mod	el	0.7	4 [0.65; 0.84]	100.0%
Heterogeneity: $I^2 = 77\%$	$\tau^2 = 0.0084, p < 0.01$	0.5 1 2 MUFA:TFA		

Study	logRR SI	E(logRR)	RR	RR	95%-CI	Weight	RoB
196_b 179c_b 179b_b 62_b 51_b	-0.0739 -0.6640 -0.1154 0.0063 0.0614	0.0248 0.1414 — 0.0992 0.2695 0.2108		0.51 0.89 1.01	[0.88; 0.97] [0.39; 0.68] [0.73; 1.08] [0.59; 1.71] [0.70; 1.61]	15.2% 23.6% 5.3%	some concerns some concerns some concerns high some concerns
Random effects mod	del			0.85	[0.75; 0.97]	100.0%	
Heterogeneity: $I^2 = 77\%$	$6, \tau^2 = 0.0084, p$	< 0.01	0.5 1 SFA:TFA	2			

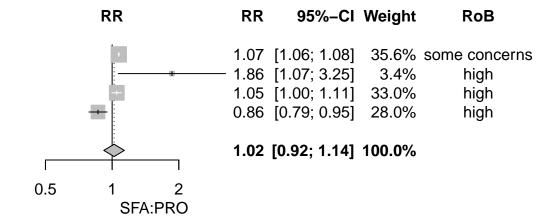
Study	logRR	SE(logRR)
196_b	0.2060	0.0249
179c_b	0.7317	0.1423
179b_b	0.1924	0.1001
90	-0.0834	0.0694
62_b	-0.0352	0.2695
51_b	-0.1006	0.1807

Heterogeneity: $I^2 = 85\%$, $\tau^2 = 0.0084$, p < 0.01



Study	logRR	SE(logRR)
191	0.0693	0.0043
103_d	0.6218	0.2842
62_b	0.0483	0.0264
10	-0.1470	0.0480

Heterogeneity: $I^2 = 88\%$, $\tau^2 = 0.0084$, p < 0.01



	Study	logRR	SE(logRR)		RR		RR	95%-CI	Weight	RoB
	62_b 10	-0.0266 0.0235	0.0382 0.0556		-			[0.90; 1.05] [0.92; 1.14]		_
Random effects model -				<u>:</u>		1.00	[0.86; 1.15]	100.0%		
	Heterogeneity: $I^2 = 0\%$, τ^2	= 0.0084, <i>p</i>	= 0.46	0.9	1 PUF/	1.1 A:PRO				

