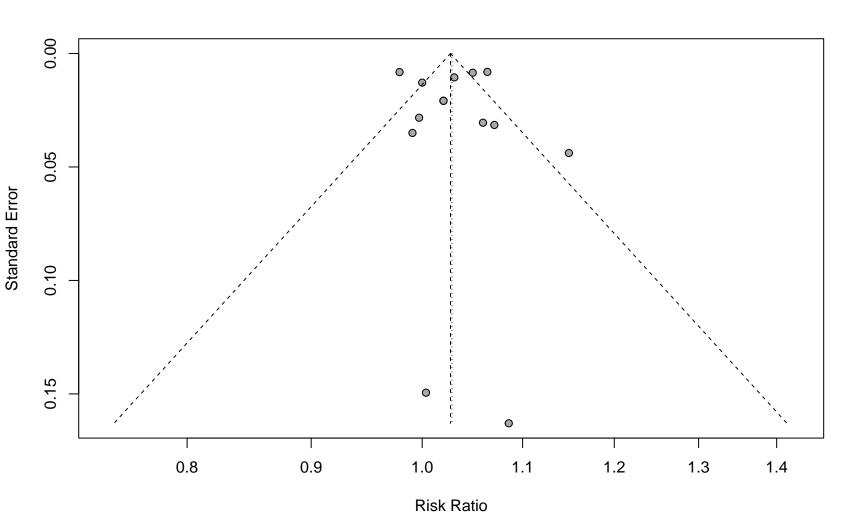


**CHO:FAT** 

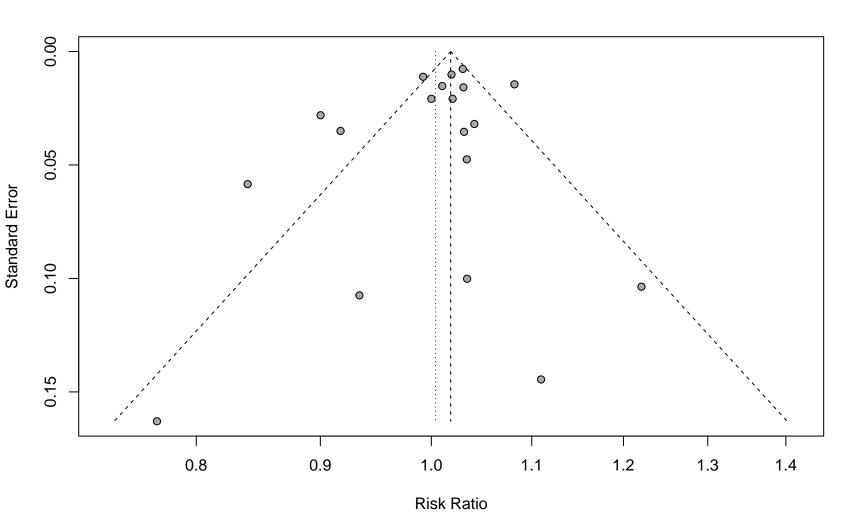
Heterogeneity:  $I^2 = 82\%$ ,  $\tau^2 = 0.0008$ , p < 0.01

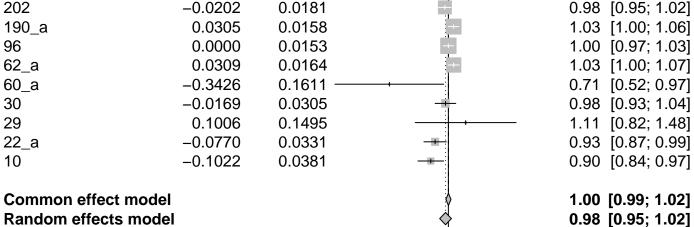
Weight

Weight



Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight (common)	Weight (random)
202	0.0000	0.0208	<del>-    </del>	1.00	[0.96; 1.04]	4.0%	7.2%
193	-0.0682	0.1075	<del></del>	0.93	[0.76; 1.15]	0.2%	1.4%
190_a	0.0305	0.0158	<del>-</del>	1.03	[1.00; 1.06]	7.0%	7.8%
174_a	-0.1744	0.0584	<del></del> [	0.84	[0.75; 0.94]	0.5%	3.4%
159	0.0191	0.0102	į:	1.02	[1.00; 1.04]	16.9%	8.2%
155_hpfs	0.0104	0.0152	<del></del>	1.01	[0.98; 1.04]	7.5%	7.8%
155_nhs	-0.0078	0.0111	<b>‡</b>	0.99	[0.97; 1.01]	14.1%	8.2%
117_a	0.1995	0.1036	<del>['</del>	1.22	[1.00; 1.50]	0.2%	1.5%
96	0.0202	0.0208	<del>  -</del>	1.02	[0.98; 1.06]	4.0%	7.2%
82_a	0.0339	0.1001	<del></del>	1.03	[0.85; 1.26]	0.2%	1.6%
73	0.0299	0.0077	+	1.03	[1.01; 1.05]	29.5%	8.4%
62_a	0.0789	0.0145	: <del></del>	1.08	[1.05; 1.11]	8.3%	7.9%
60_a	-0.2604	0.1629 —	<del></del>	0.77	[0.56; 1.06]	0.1%	0.7%
44_a	0.0337	0.0475	<del>- [i*</del>	1.03	[0.94; 1.14]	0.8%	4.3%
30	0.0408	0.0319	+1+-	1.04	[0.98; 1.11]	1.7%	5.9%
29	0.1042	0.1445		1.11	[0.84; 1.47]	0.1%	0.8%
22_a	-0.0862	0.0350	<del></del> [;	0.92	[0.86; 0.98]	1.4%	5.6%
15_a	0.0310	0.0354		1.03	[0.96; 1.11]	1.4%	5.5%
10	-0.1051	0.0281		0.90	[0.85; 0.95]	2.2%	6.4%
Common effect model			; <b>\</b>	1.02	[1.01; 1.03]	100.0%	
Random effects mo	del		<u> </u>	1.00	[0.98; 1.03]	-	100.0%
Heterogeneity: $I^2 = 76\%$ , $\tau^2 = 0.0023$ , $p < 0.01$			0.75 1 1.5 CHO:PRO				
Therefore the transfer of $t = 0.0023$ , $\mu < 0.01$			OI IO.I°INO				





Heterogeneity:  $I^2 = 70\%$ ,  $\tau^2 = 0.0016$ , p < 0.01

logRR SE(logRR)

Study

1.5

FAT:PRO

RR

RR

0.75

1.03 [1.00; 1.06] 1.00 [0.97; 1.03] 1.03 [1.00; 1.07] 0.71 [0.52: 0.97] 0.98 [0.93; 1.04] 1.11 [0.82; 1.48] 0.93 [0.87; 0.99] 22.6% 24.0% 20.8% 0.2% 6.0% 0.3% 5.1%

3.9%

100.0%

Weight

17.1%

95%-CI (common) (random)

Weight

15.7%

16.4%

16.5%

16.2%

1.1%

1.3%

9.9%

11.9%

11.2%

100.0%