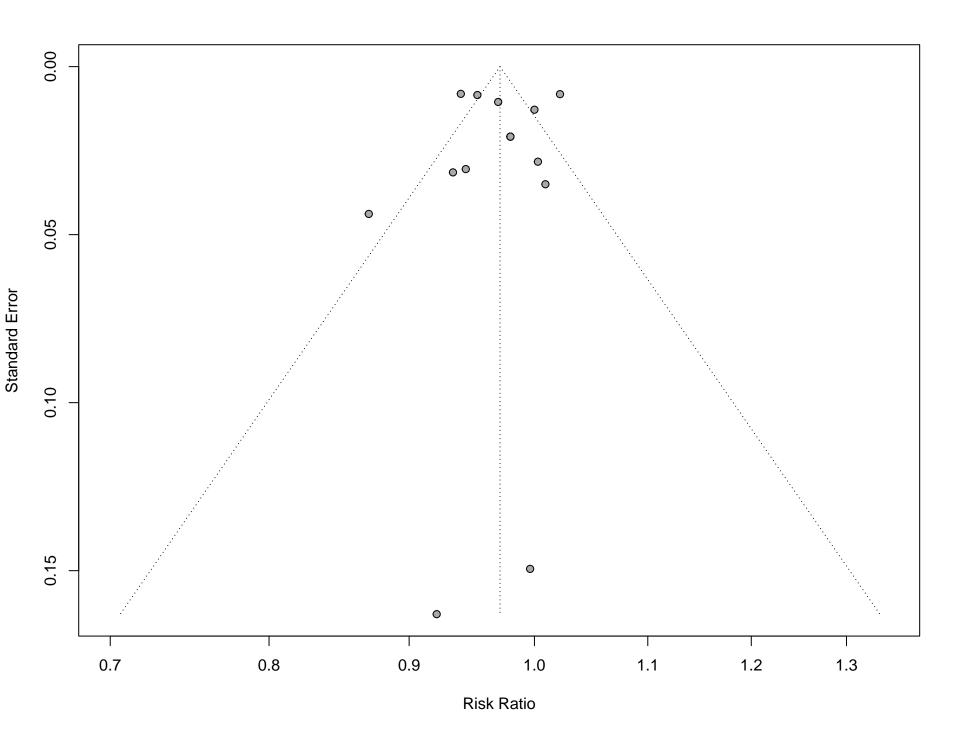
Study	logRR SI	E(logRR)	RR	RR	95%-CI	Weight	RoB
202 196_b 190_a 179c_a 179b_a 124_a 96 89 62_a	-0.0202 0.0215 0.0000 -0.0305 -0.0619 -0.0202 -0.0202 -0.0685 -0.0480	0.0208 0.0082 0.0128 0.0105 0.0081 0.0208 0.0208 0.0315 0.0085	+	0.98 1.02 1.00 0.97 0.94 0.98 0.98 0.93	[0.94; 1.02] [1.01; 1.04] [0.98; 1.03] [0.95; 0.99] [0.93; 0.96] [0.94; 1.02] [0.94; 1.02] [0.88; 0.99] [0.94; 0.97]	7.7% 10.1% 9.3% 9.8% 10.1% 7.7% 7.7% 5.6%	some concerns some concerns high some concerns some concerns high some concerns high
60_a 51_a 30 29 22_a 10	-0.0822 -0.1393 -0.0577 -0.0036 0.0092 0.0029	0.1629 — 0.0438 0.0305 0.1495 0.0350 0.0283		0.92 0.87 0.94 1.00 1.01 1.00	[0.67; 1.27] [0.80; 0.95] [0.89; 1.00] [0.74; 1.34] [0.94; 1.08] [0.95; 1.06]	0.4% 3.9% 5.8% 0.5% 5.1% 6.2%	high some concerns high some concerns some concerns high
Heterogeneity: $I^2 = 82\%$, $\tau^2 = 0.0011$, $p < 0.01$			0.8 1 1.25 FAT:CHO				



Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight	RoB
202 190_a 96 62_a 60_a 30 29 22_a 10	-0.0202 0.0305 0.0000 0.0309 -0.3426 -0.0169 0.1006 -0.0770 -0.1022	0.0181 0.0158 0.0153 0.0164 0.1611 — 0.0305 0.1495 0.0331 0.0381		1.03 1.00 1.03 0.71 0.98 1.11 0.93	[0.95; 1.02] [1.00; 1.06] [0.97; 1.03] [1.00; 1.07] [0.52; 0.97] [0.93; 1.04] [0.82; 1.48] [0.87; 0.99]	17.1% 17.3% 16.8% 0.8% 11.3% 1.0% 10.5%	some concerns high high high high some concerns some concerns
Random effects			0.75 1 1.5 FAT:PRO			9.0% 100.0%	high

Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight	RoB
202 193	0.0000 -0.0682	0.0208 0.1075			[0.96; 1.04] [0.76; 1.15]		some concerns
190_a 174_a	0.0305 -0.1744	0.0158 0.0584			[1.00; 1.06] [0.75; 0.94]	8.4% 2.5%	high some concerns
159 155_hpfs	0.0191 0.0104	0.0102 0.0152	+ 		[1.00; 1.04] [0.98; 1.04]		some concerns
155_nhs 117_a	-0.0078 0.1995	0.0111 0.1036	-		[0.97; 1.01] [1.00; 1.50]	9.3% 1.0%	some concerns high
96 82_a	0.0202 0.0339	0.0208 0.1001			[0.98; 1.06] [0.85; 1.26]	7.4% 1.0%	high some concerns
73 62_a	0.0299 0.0789	0.0077 0.0145	+	1.08	[1.01; 1.05] [1.05; 1.11]	8.7%	some concerns high
60_a 44_a	-0.2604 0.0337	0.1629 — 0.0475	<u>-</u>		[0.56; 1.06] [0.94; 1.14]		high some concerns
30 29	0.0408 0.1042	0.0319 0.1445		1.11	[0.98; 1.11] [0.84; 1.47]		high some concerns
22_a 15_a	-0.0862 0.0310	0.0350 0.0354		1.03	[0.86; 0.98] [0.96; 1.11]	4.8%	some concerns
10	-0.1051	0.0281	-		[0.85; 0.95]	6.0%	high
Random effects model		A	1.01	[0.99; 1.03]	100.0%		
Heterogeneity: $I^2 = 76\%$, $\tau^2 = 0.0011$, $p < 0.01$		0.75 1 1.5 CHO:PRO					

