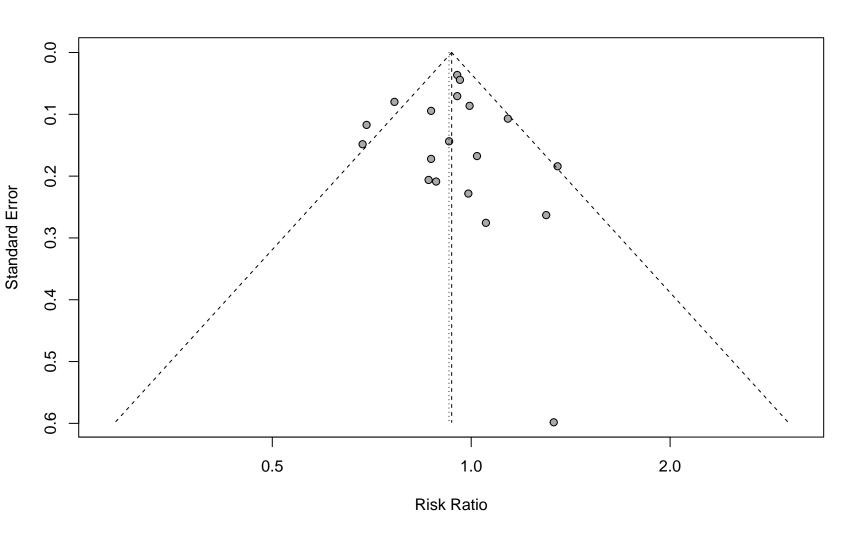
Study	logRR	SE(logRR)	RR	RR	95%-CI	Weight (common)	
62_b	-0.0488	0.0363	e	n 95	[0.89; 1.02]	32.6%	13.3%
198_b	-0.0400 -0.2675	0.0799		0.33	[0.65; 0.89]		8.6%
136_b	-0.2073 -0.0488	0.0799			[0.83; 1.09]		9.6%
118	-0.0056	0.0863	1 - 3		[0.84; 1.18]		8.0%
116_wghs_b	-0.1398	0.0944	<u></u>		-		7.3%
116_rsl_b	-0.0770	0.1436	- 1 - 1		[0.70; 1.23]		4.3%
 116_mesa_b	0.0513	0.2756			[0.61; 1.81]		1.5%
116_mdc_b	-0.1222	0.2088		0.88	[0.59; 1.33]	1.0%	2.4%
116_inter_b	-0.1484	0.2061		0.86	[0.58; 1.29]	1.0%	2.5%
116_hpfs_b	0.0202	0.1675	- ; }	1.02	[0.73; 1.42]	1.5%	3.4%
116_health_b	-0.3646	0.1171	 ;	0.69	[0.55; 0.87]	3.1%	5.7%
116_finrisk_b	0.2877	0.5983	-)	- 1.33	[0.41; 4.31]	0.1%	0.3%
116_fhs_b	0.2614	0.2631	- 1		[0.78; 2.17]		1.6%
116_epic_b	-0.0392	0.0443	-	0.96	[0.88; 1.05]	22.0%	12.4%
116_dch_b	-0.3784	0.1484		0.68	[0.51; 0.92]		4.1%
116_chs_b	0.3011	0.1841	i •	1.35	[0.94; 1.94]	1.3%	3.0%
116_bhs_b	-0.0100			0.99	[0.63; 1.55]		2.1%
116_aric_b	-0.1398	0.1721	*;		[0.62; 1.22]		3.3%
52_b	0.1278	0.1070	1 1	1.14	[0.92; 1.40]	3.8%	6.4%
	_		1				
Common effect mode			◊		[0.90; 0.97]	100.0%	
Random effects mode	el			0.93	[0.86; 0.99]	•	100.0%
			0.5 1 2				
Heterogeneity: $I^2 = 38\%$,	$\tau^2 = 0.0080$, p = 0.05	CHO:MUFA				



62_b -	-0.0080	0.0319	*	0.99 [0.93; 1.06]
			1	

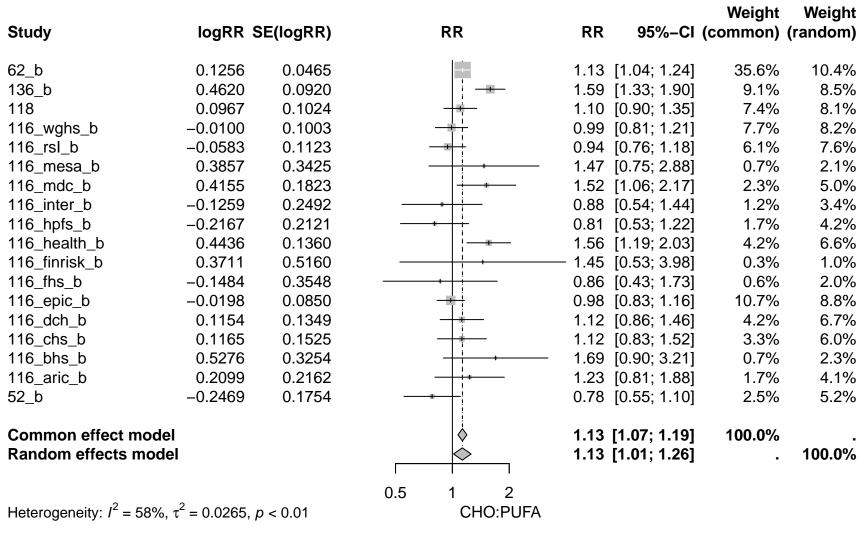
RR

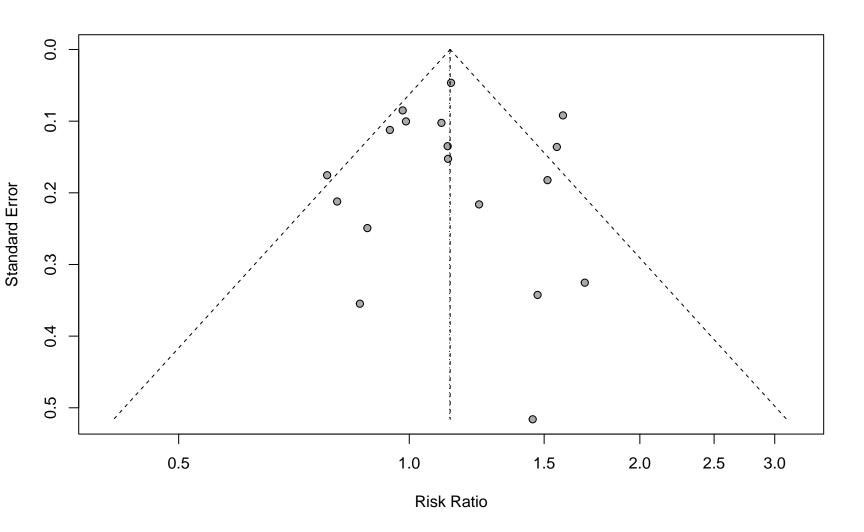
CHO:PRO

95%-CI

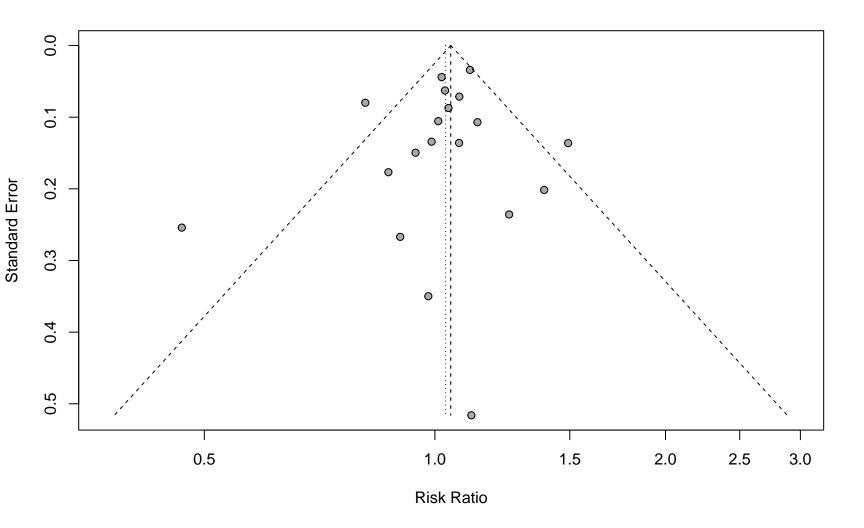
RR

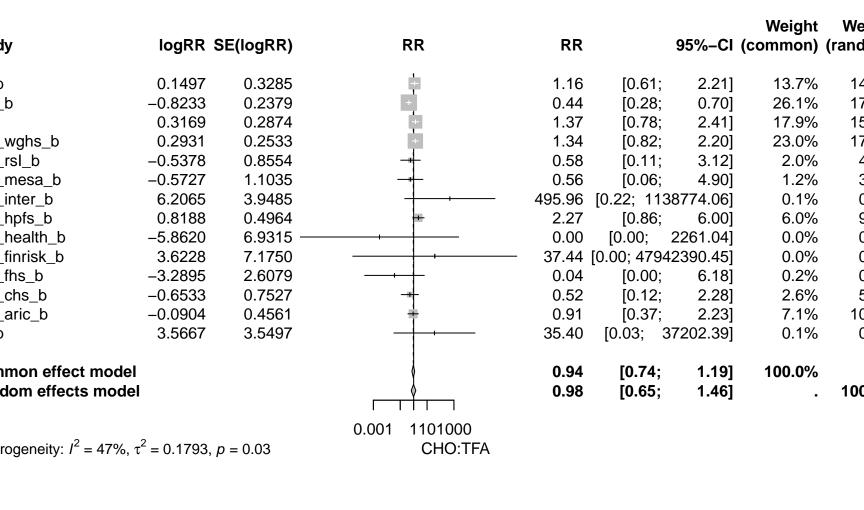
Study logRR SE(logRR)

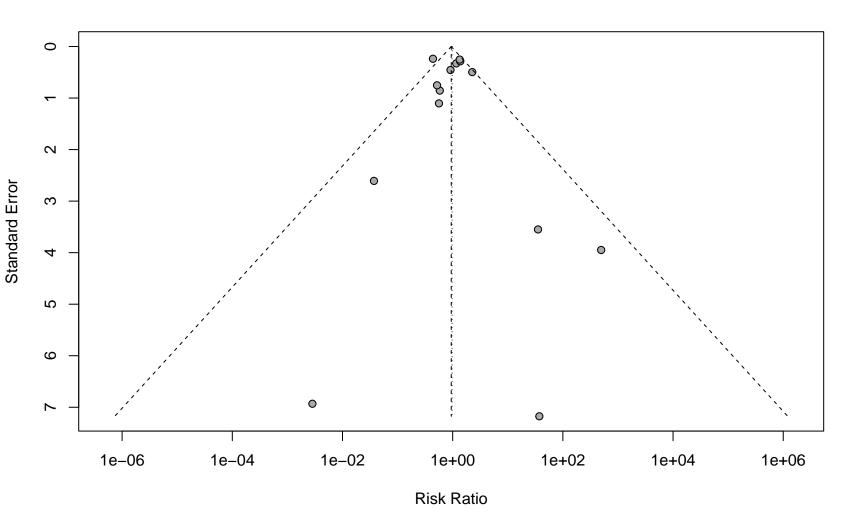




Otania	le «DD	OE(I - ::DD)	DD.	D.D.	050/ 01	Weight	Weight
Study	iogkk	SE(logRR)	RR	RR	95%-CI	(common)	(random)
62_b	0.1054	0.0341	+	1.11	[1.04; 1.19]	33.0%	13.0%
198_b	-0.2092	0.0799		0.81	[0.69; 0.95]	6.0%	8.2%
136_b	0.0305	0.0628	- [-	1.03	[0.91; 1.17]	9.7%	9.9%
118	0.0734	0.0713	 -	1.08	[0.94; 1.24]	7.5%	9.0%
116_wghs_b	0.0408	0.0872		1.04	[0.88; 1.24]	5.0%	7.5%
116_rsl_b	-0.0100	0.1342		0.99	[0.76; 1.29]	2.1%	4.5%
116_mesa_b	0.2231	0.2358	- ! +	1.25	[0.79; 1.98]	0.7%	1.8%
116_mdc_b	0.1278	0.1070		1.14	[0.92; 1.40]	3.3%	6.0%
116_inter_b	-0.0583	0.1496	# 1 1	0.94	[0.70; 1.26]	1.7%	3.8%
116_hpfs_b	-0.1398	0.1768		0.87	[0.61; 1.23]	1.2%	2.9%
116_health_b	0.0726	0.1360	——————————————————————————————————————	1.08	[0.82; 1.40]	2.1%	4.4%
116_finrisk_b	0.1097	0.5160	<u>1</u> 2+	1.12	[0.41; 3.07]	0.1%	0.4%
116_fhs_b	-0.1044	0.2670		0.90	[0.53; 1.52]	0.5%	1.4%
116_epic_b	0.0202	0.0441	-	1.02	[0.94; 1.11]	19.6%	11.9%
116_dch_b	0.0101	0.1056	- ! -	1.01	[0.82; 1.24]	3.4%	6.1%
116_chs_b	0.3285	0.2016	- 13 +	1.39	[0.94; 2.06]	0.9%	2.4%
116_bhs_b	-0.0198	0.3499		0.98	[0.49; 1.95]	0.3%	0.9%
116_aric_b	0.4005	0.1362) — 	1.49	[1.14; 1.95]	2.1%	4.4%
52_b	-0.7608	0.2541 -		0.47	[0.28; 0.77]	0.6%	1.6%
0			·	4.05	[4 04 4 00]	400.00/	
Common effect mod			(C)		[1.01; 1.09]		100.007
Random effects mo	del		$\qquad \qquad \diamondsuit$	1.03	[0.97; 1.10]	•	100.0%
			0.5 1 2				
Heterogeneity: $I^2 = 50\%$	$\%, \tau^2 = 0.0077,$	<i>p</i> < 0.01	CHO:SFA				







62_b 108	0.0408 -0.3817	0.0343 0.1571 -		-		
Common effect i Random effects				\rightarrow	<u>></u>	
Heterogeneity: <i>I</i> ² =	86%, τ^2 = 0.0763, ρ	< 0.01	0.75	1 MU	1.5 JFA:PRO	

logRR SE(logRR)

Study

RR

RR

1.04 [0.97; 1.11] 0.68 [0.50; 0.93]

1.02 [0.96; 1.09]

0.87 [0.58; 1.31]

95.4% 4.6%

100.0%

Weight

95%-CI (common) (random)

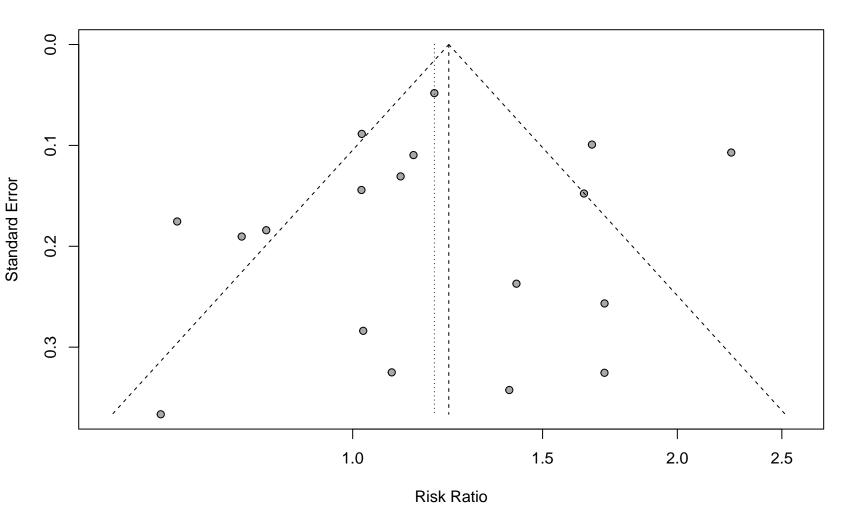
Weight

56.6%

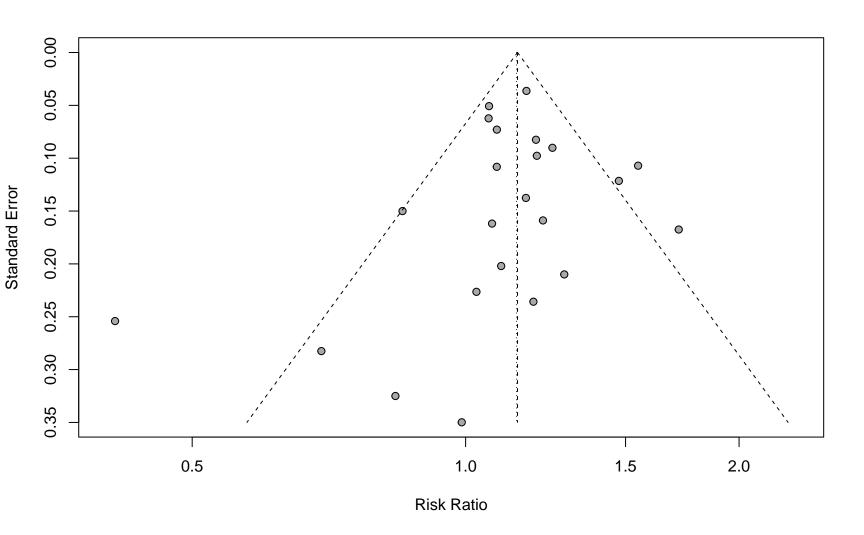
43.4%

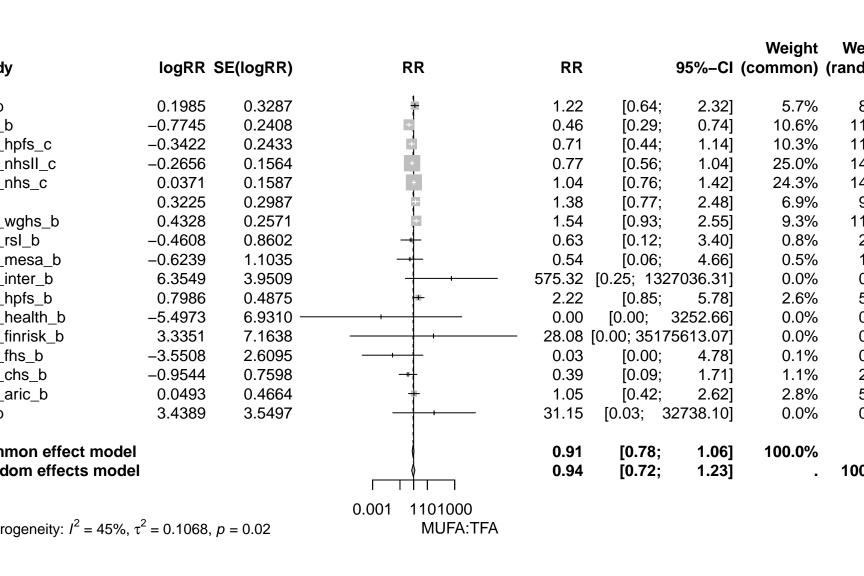
100.0%

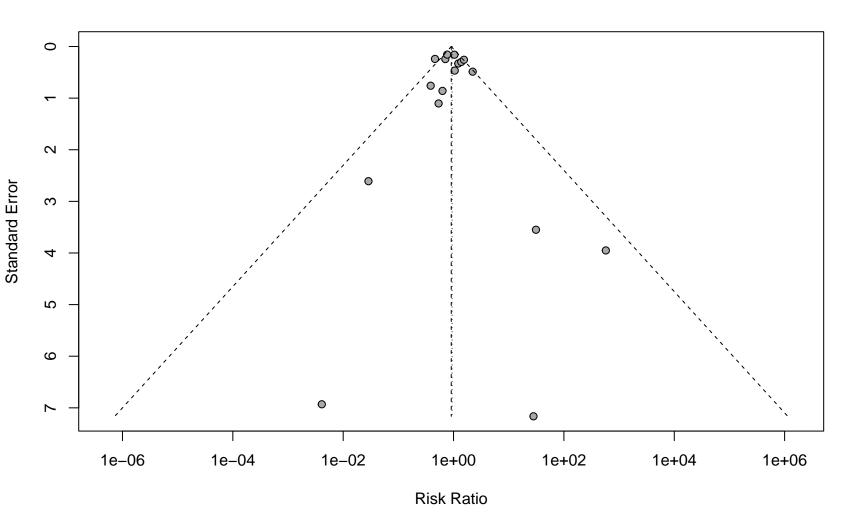
Ctudu	le «DD	CE(leaDD)	DD.	DD	0E0/ CI	Weight	Weight
Study	logkk	SE(logRR)	RR	RR	95%-CI	(common)	(randoni)
62_b	0.1744	0.0482	 i 	1.19	[1.08; 1.31]	37.4%	7.9%
136_b	0.5108	0.0992		1.67	[1.37; 2.02]	8.8%	7.2%
118	0.1023	0.1307	- ■ 	1.11	[0.86; 1.43]	5.1%	6.7%
116_wghs_b	0.1298	0.1096	 = 	1.14	[0.92; 1.41]	7.2%	7.1%
116_rsl_b	0.0187	0.1442	- • -	1.02	[0.77; 1.35]	4.2%	6.4%
116_mesa_b	0.3344	0.3425	- 1 +	1.40	[0.71; 2.73]	0.7%	3.3%
116_mdc_b	0.5377	0.2567		1.71	[1.04; 2.83]	1.3%	4.5%
116_inter_b	0.0225	0.2838	- <u>i</u> <u>ii</u>	1.02	[0.59; 1.78]	1.1%	4.1%
116_hpfs_b	-0.2369	0.1904		0.79	[0.54; 1.15]	2.4%	5.6%
116_health_b	0.8083	0.1071	_ 	2.24	[1.82; 2.77]	7.6%	7.1%
116_finrisk_b	0.0834	0.3250	+ ::	1.09	[0.57; 2.06]	0.8%	3.5%
116_fhs_b	-0.4098	0.3665		0.66	[0.32; 1.36]	0.6%	3.0%
116_epic_b	0.0194	0.0886	- 	1.02	[0.86; 1.21]	11.1%	7.4%
116_dch_b	0.4938	0.1477		1.64	[1.23; 2.19]	4.0%	6.4%
116_chs_b	-0.1846	0.1841		0.83	[0.58; 1.19]	2.6%	5.7%
116_bhs_b	0.5376	0.3254	 11	- 1.71	[0.90; 3.24]	0.8%	3.5%
116_aric_b	0.3496	0.2371	+ : -	1.42	[0.89; 2.26]	1.5%	4.8%
52_b	-0.3747	0.1754		0.69	[0.49; 0.97]	2.8%	5.9%
Common effect model	1			1.23	[1.16; 1.30]	100.0%	_
Random effects mode					[1.02; 1.40]		100.0%
_			0.5 1 2				
Heterogeneity: $I^2 = 79\%$,	$\tau^2 = 0.0810$, <i>p</i> < 0.01	MUFA:PUFA				

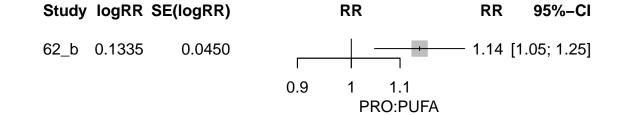


Study	logRR	SE(logRR)	RR	RR	95%-CI	(common)	(random)
62_b	0.1542	0.0363	l 📾	1.17	[1.09; 1.25]	29.7%	9.1%
198_b	0.0583	0.0623	T		[0.94; 1.20]	10.1%	7.8%
136_b	0.0792	0.0730			[0.94; 1.25]	7.4%	7.2%
133_hpfs_c	0.1528	0.1376			[0.89; 1.53]	2.1%	4.2%
133_nhsll_c	0.2200	0.0902			[1.04; 1.49]		6.3%
133_nhs_c	0.1783	0.0825			[1.02; 1.41]	5.8%	6.7%
118	0.0790	0.1082	-		[0.88; 1.34]	3.4%	5.4%
116_wghs_b	0.1806	0.0977			[0.99; 1.45]	4.1%	5.9%
116 rsl b	0.0670	0.1619	- • -		[0.78; 1.47]	1.5%	3.5%
116 mesa b	0.1719	0.2358	- !		[0.75; 1.89]		2.0%
116_mdc_b	0.2501	0.2100		1.28	[0.85; 1.94]	0.9%	2.4%
116_inter_b	0.0902	0.2020	- • - 	1.09	[0.74; 1.63]	1.0%	2.5%
116_hpfs_b	-0.1600	0.1500	- * 	0.85	[0.64; 1.14]	1.7%	3.8%
116_health_b	0.4372	0.1071		1.55	[1.26; 1.91]	3.4%	5.5%
116_finrisk_b	-0.1780	0.3250		0.84	[0.44; 1.58]	0.4%	1.2%
116_fhs_b	-0.3657	0.2825	+ 1	0.69	[0.40; 1.21]	0.5%	1.5%
116_epic_b	0.0594	0.0507	 	1.06	[0.96; 1.17]	15.2%	8.4%
116_dch_b	0.3885	0.1215		1.47	[1.16; 1.87]	2.7%	4.8%
116_chs_b	0.0274	0.2264		1.03	[0.66; 1.60]	0.8%	2.1%
116_bhs_b	-0.0099	0.3499	- 	0.99	[0.50; 1.97]	0.3%	1.0%
116_aric_b	0.5402	0.1675		1.72	[1.24; 2.38]	1.4%	3.3%
108	0.1961	0.1589	 • - 	1.22	[0.89; 1.66]	1.6%	3.5%
52_b	-0.8886	0.2541 —	→	0.41	[0.25; 0.68]	0.6%	1.8%
Common effect model			◊	1.14	[1.10; 1.19]	100.0%	
Random effects mode			\Diamond	1.14	[1.06; 1.22]		100.0%
			1 1 1				
			0.5 1 2				









62_b 108	0.1133 0.5778	0.0319 0.1115		=	1.12 [1.05; 1.19] + 1.78 [1.43; 2.22]	92.4% 7.6%	52.6% 47.4%
Common effect mode Random effects mode			_	\rightarrow	1.16 [1.09; 1.23] 1.40 [0.89; 2.20]	100.0%	100.0%

PRO:SFA

0.5

RR

RR

logRR SE(logRR)

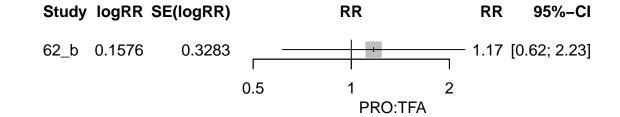
Heterogeneity: $I^2 = 94\%$, $\tau^2 = 0.1011$, p < 0.01

Study

Weight

95%-CI (common) (random)

Weight



Study	logRR	SE(logRR)	RR	RR	95%-CI	(common)	(random)
62_b	-0.0202	0.0465		0.98	[0.89; 1.07]	35.6%	11.0%
136_b	-0.4316	0.0938		0.65		8.8%	8.6%
118	-0.0233	0.1214	- 3		[0.77; 1.24]		7.2%
116_wghs_b	0.0508	0.1034	3 1		[0.86; 1.29]		
116_rsl_b	0.0483	0.1348	- 1	1.05	-		
116_mesa_b	-0.1625	0.3114		0.85	[0.46; 1.56]	0.8%	2.2%
116_mdc_b	-0.2877	0.1837		0.75	[0.52; 1.08]	2.3%	4.7%
116_inter_b	0.0677	0.2458		1.07	[0.66; 1.73]	1.3%	3.2%
116_hpfs_b	0.0770	0.1986		1.08	[0.73; 1.59]	2.0%	4.2%
116_health_b	-0.3711	0.1275	 ;	0.69	[0.54; 0.89]	4.7%	6.9%
116_finrisk_b	-0.2614	0.1183	- 1 2	0.77	[0.61; 0.97]	5.5%	7.3%
116_fhs_b	0.0441	0.3694		1.05	[0.51; 2.16]	0.6%	1.6%
116_epic_b	0.0400	0.0885	9 1	1.04	[0.88; 1.24]	9.8%	8.9%
116_dch_b	-0.1054	0.1046	- 	0.90	[0.73; 1.10]	7.0%	8.0%
116_chs_b	0.2120	0.2016	- 	1.24	[0.83; 1.84]	1.9%	4.2%
116_bhs_b	-0.5474	0.4198 —	+ 3	0.58	[0.25; 1.32]	0.4%	1.3%
116_aric_b	0.1906	0.2125	; *	1.21	[0.80; 1.84]	1.7%	3.9%
52_b	-0.5139	0.2896	- i	0.60	[0.34; 1.06]	0.9%	2.4%
Common effect mode Random effects mod					[0.87; 0.97] [0.82; 1.00]		100.0%
			1 1 1				
	2		0.5 1 2				
Heterogeneity: $I^2 = 55\%$	$\tau^2 = 0.0212$, <i>p</i> < 0.01	PUFA:SFA				

Weight Weight

