Treatment	Comparison: other vs 'PRO' (Random Effects Model)	RR	95%-CI
high quality CHO / Polysaccharides		0.99	[0.94; 1.04]
low quality CHO / Mono-/ Disaccharides		1.02	[0.97; 1.08]
PUFA		1.02	[0.94; 1.10]
MUFA		0.97	[0.89; 1.05]
SFA		1.03	[0.97; 1.09]
TFA		1.09	[0.64; 1.88]
PRO		1.00	

0.75   1   1.5