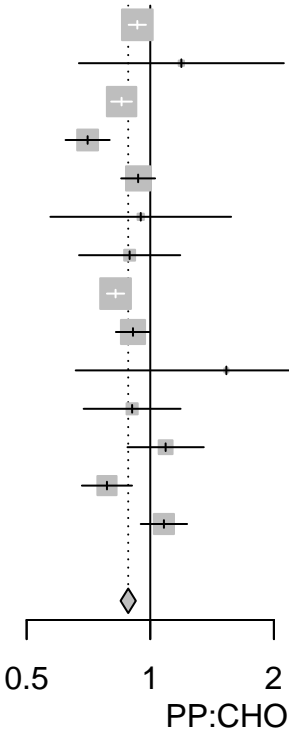


Study	logRR	SE(logRR)	RR	RR	95%–CI	Weight	RoB
190_NHANES_d1	−0.0726	0.0247		0.93	[0.89; 0.98]	16.7%	high
174_KIHD_d	0.1744	0.2931		1.19	[0.67; 2.11]	0.5%	some concerns
159_WHI	−0.1609	0.0297		0.85	[0.80; 0.90]	15.3%	some concerns
155_HPFS	−0.3512	0.0631		0.70	[0.62; 0.80]	7.7%	some concerns
155_NHS	−0.0680	0.0485		0.93	[0.85; 1.03]	10.4%	some concerns
117_InCHIANTI_d	−0.0534	0.2585		0.95	[0.57; 1.57]	0.7%	high
82_IWHS_d	−0.1157	0.1448		0.89	[0.67; 1.18]	2.1%	some concerns
73_NIH–AARP_d	−0.1946	0.0247		0.82	[0.78; 0.86]	16.7%	some concerns
62_UKB_d	−0.0968	0.0489		0.91	[0.82; 1.00]	10.3%	high
60_PREDIMED_d	0.4267	0.4310		1.53	[0.66; 3.57]	0.3%	high
44_EPIC–Italy_d	−0.1017	0.1386		0.90	[0.69; 1.19]	2.2%	some concerns
22_Rotterdam_d	0.0862	0.1092		1.09	[0.88; 1.35]	3.4%	some concerns
15_JPHC_d	−0.2428	0.0717		0.78	[0.68; 0.90]	6.5%	some concerns
10_EPIC–Heidelberg	0.0766	0.0663		1.08	[0.95; 1.23]	7.2%	high

Random effects model



0.88 [0.85; 0.92] 100.0%

Heterogeneity:  $I^2 = 72\%$ ,  $\tau^2 = 0.0023$ ,  $p < 0.01$

