

Comparison: other vs 'high quality CHO / Polysaccharides' (Random Effects Model) RR 95%-CI

Treatment	•	(Random Effects Me	odel)	RR	95%	%–CI
9 .) / Polysaccharides / Mono-/ Disaccharides	0.75	 	0.98 1.01 1.01 1.04	[0.98; [0.90; [0.96; [0.93; [0.98; [0.64;	1.06] 1.06] 1.09] 1.10]
		0.70	1.5			