

Study

RR

RR

0.94 [0.93; 0.95] 0.58 [0.31; 1.06]

96.6% 0.0%

95%-CI (common) (random)

Weight

0.95 [0.91; 1.01] 1.16 [1.06; 1.28]

2.7% 0.8%

29.0%

Weight

34.2%

32.6%

100.0%

4.2%

0.94 [0.94; 0.95]

100.0%

0.99 [0.86; 1.13]

191	-0.1812	0.0109	
103_d	-0.7701	0.3810 ——	
62_d	-0.0663	0.0536	
10	0.1185	0.0769	
Common effect model Random effects model	I		

Heterogeneity: $I^2 = 86\%$, $\tau^2 = 0.0228$, p < 0.01

logRR SE(logRR)

Study

RR

RR

PP:SFA

0.5

0.83 [0.82; 0.85] 0.46 [0.22; 0.98] 0.94 [0.84; 1.04]

1.13 [0.97; 1.31]

0.84 [0.83; 0.86]

0.92 [0.77; 1.09]

94.1% 0.1% 3.9%

1.9%

100.0%

Weight

95%-CI (common) (random)

Weight

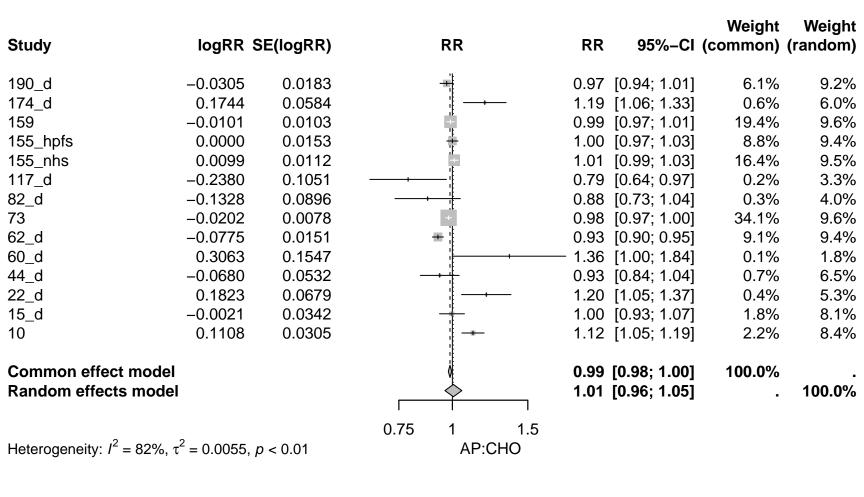
35.4%

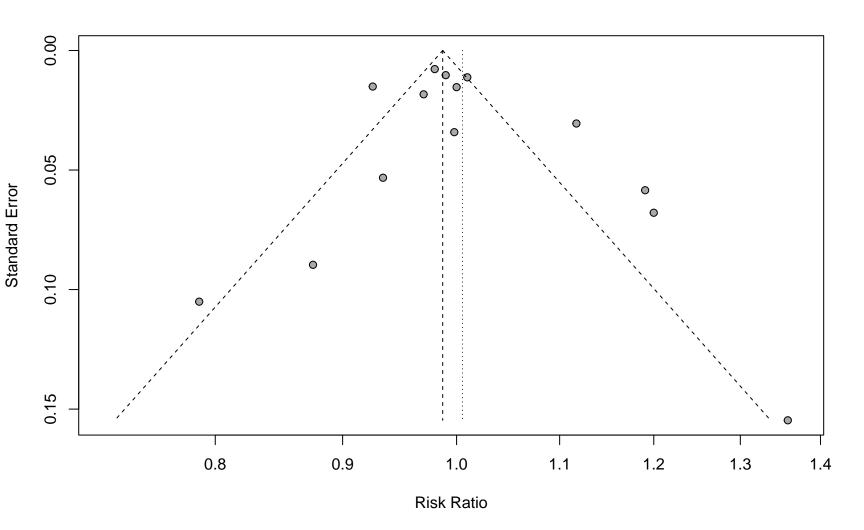
31.6%

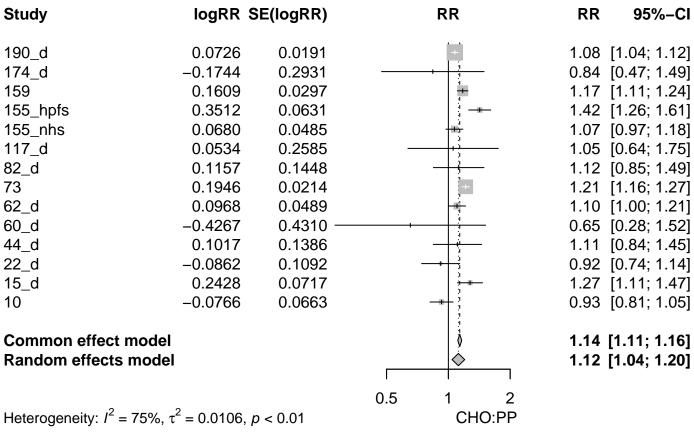
28.2%

100.0%

4.8%







1.42 [1.26; 1.61] 1.07 [0.97; 1.18] 1.05 [0.64; 1.75] 1.12 [0.85; 1.49] 1.21 [1.16; 1.27] Weight

35.2%

14.6%

3.2%

5.5%

0.2%

0.6%

5.4%

0.1%

0.7%

1.1%

2.5%

2.9%

100.0%

28.0%

0.1%

95%-CI (common) (random)

Weight

12.0%

11.5%

9.0%

10.2%

1.7%

4.2%

11.9%

10.1%

0.7%

4.4%

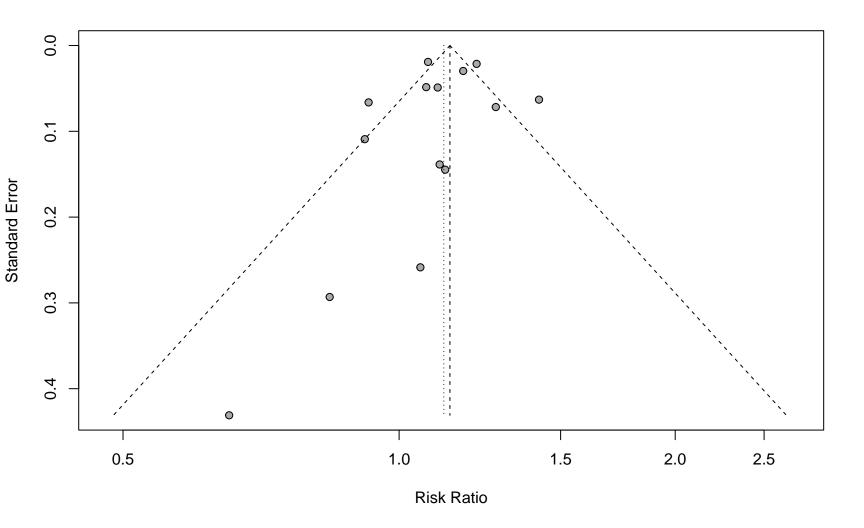
5.8%

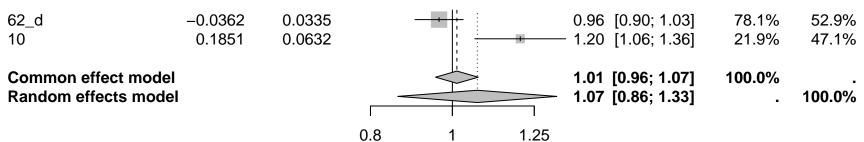
8.4%

8.8%

100.0%

1.4%





AP:MUFA

RR

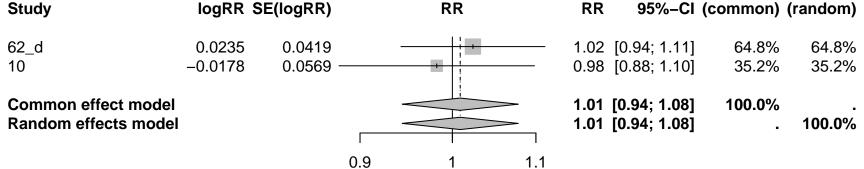
logRR SE(logRR)

Heterogeneity: $I^2 = 90\%$, $\tau^2 = 0.0219$, p < 0.01

Study

Weight

95%-CI (common) (random)



AP:PUFA

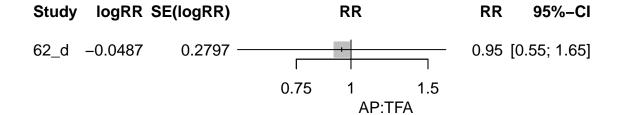
RR

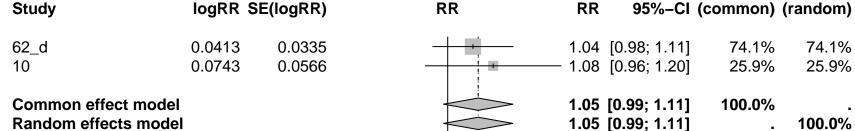
Study

Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$, p = 0.56

Weight

95%-CI (common) (random)





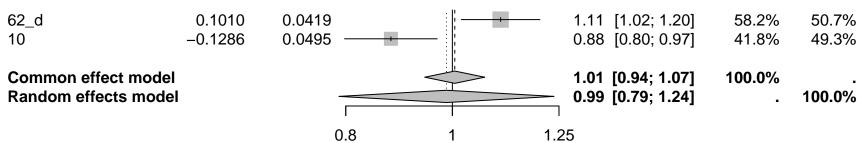
1.1

CHO:MUFA

0.9

Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$, p = 0.62

Weight



CHO:PUFA

RR

logRR SE(logRR)

Heterogeneity: $I^2 = 92\%$, $\tau^2 = 0.0243$, p < 0.01

Study

Weight

95%-CI (common) (random)

Common effect mode Random effects mode			1.03 [0.99; 1.08] 1.03 [0.99; 1.08]	100.0%	100.0%
62_d	0.0305	0.0266	1.03 [0.98; 1.09]	70.1%	70.1%
10	0.0419	0.0407	1.04 [0.96; 1.13]	29.9%	29.9%

0.9

RR

RR

1.1

CHO:SFA

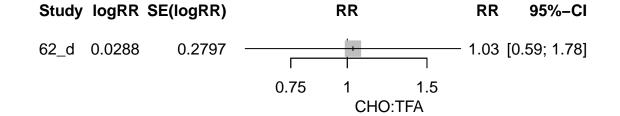
logRR SE(logRR)

Study

Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$, p = 0.81

Weight

95%-CI (common) (random)



62_d 10	0.0555 -0.1509	0.0574 0.0864 —				1.06 [0.94; 1.18] 0.86 [0.73; 1.02]
Common effect mode Random effects mode					_	0.99 [0.90; 1.09] 0.96 [0.79; 1.18]
			8.0	1	1.25	
Heterogeneity: $I^2 = 75\%$, $\tau^2 = 0.0159$, $p = 0.05$				MUF	A:PP	

Study

RR

RR

6 [0.94; 1.18] 6 [0.73; 1.02] 9 [0.90; 1.09]

69.4% 30.6% 100.0%

Weight

95%-CI (common) (random)

Weight

54.9%

45.1%

62_d 10	0.0597 -0.2029	0.0515 0.0742 —		+ + + + + + + + + + + + + + + + + + + +		1.06 [0.96; 1.17] 0.82 [0.71; 0.94]
Common effect model Random effects mode		_	-			0.97 [0.90; 1.06] 0.94 [0.72; 1.21]
			8.0	1	1.25	

Heterogeneity: $I^2 = 88\%$, $\tau^2 = 0.0304$, p < 0.01

Study

RR

RR

MUFA:PUFA

67.5% 32.5% 100.0%

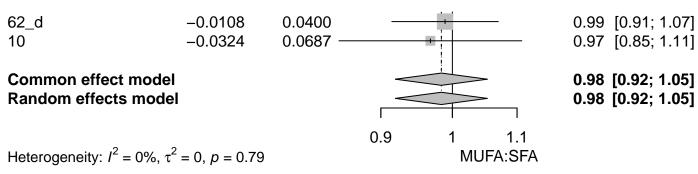
Weight

95%-CI (common) (random)

Weight

52.1%

47.9%



logRR SE(logRR)

Study

0.99 [0.91; 1.07] 0.97 [0.85; 1.11] 0.98 [0.92; 1.05]

RR

25.3% 100.0%

74.7%

Weight

95%-CI (common) (random)

Weight

74.7%

25.3%

62 d -0.0125	0 2813 —				0.99 [0.57; 1.71]
02_d =0.0125	0.2010				0.00 [0.07, 1.71]
		0.75	1	1.5	

MUFA:TFA

95%-CI

RR

Study logRR SE(logRR)

62_d 10	0.0042 -0.0520	0.0627 0.0819 ——	-	<u> </u>	1.00 [0.89; 1.14] 0.95 [0.81; 1.11]
Common effect model Random effects model					0.98 [0.89; 1.08] 0.98 [0.89; 1.08]
Heterogeneity: $I^2 = 0\%$, τ^2	= 0, <i>p</i> = 0.59		0.9	1 1.1 PP:PUFA	

Study

RR

RR

63.1% 36.9%

Weight

95%-CI (common) (random)

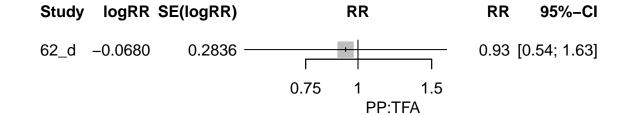
36.9%

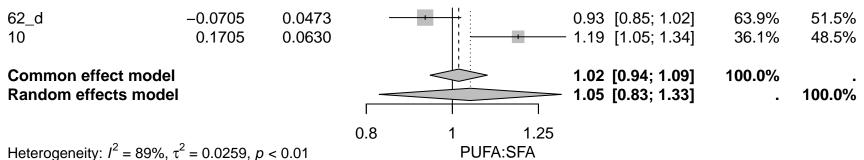
Weight

63.1%

100.0%







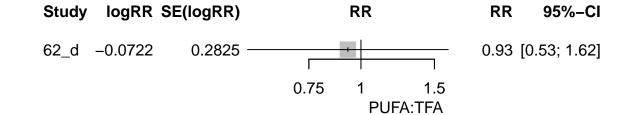
RR

logRR SE(logRR)

Study

Weight

95%-CI (common) (random)



Study	logRR SE	(logRR)		RR		RR	95%-CI
62_d	-0.0017	0.2806 —		İ		1.00 [0	0.58; 1.73]
			0.75	1	1.5		

SFA:TFA