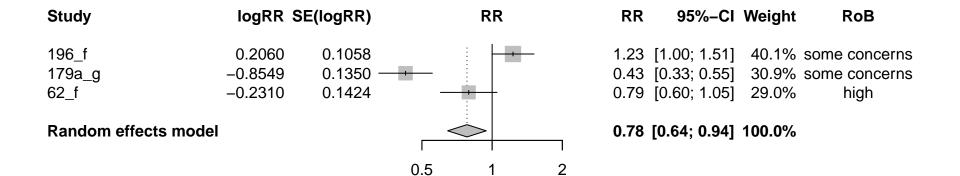
Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight	RoB
196_f	0.4145	0.1058	-	-	•		some concerns
179c_f	-0.1881	0.3054		0.83 [0.46; 1.51]	10.3%	some concerns
179b_f	-0.4719	0.3086 —	- 	0.62 [0.34; 1.14]	10.1%	some concerns
62_f	-0.1758	0.1431		0.84 [0.63; 1.11]	33.2%	high
Random effects	model			1.07 [0	0.87: 1.311	100.0%	

Heterogeneity: $I^2 = 82\%$, $\tau^2 = 0.0123$, p < 0.01

0.5 n3-PUFA:n6-PUFA



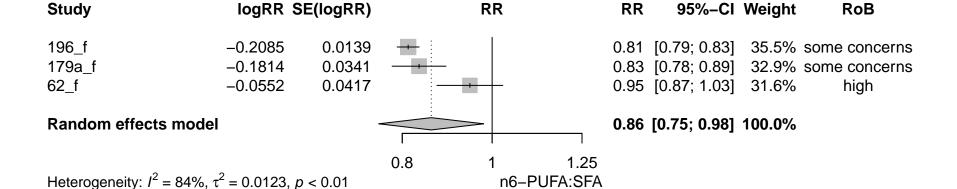
n3-PUFA:SFA

Heterogeneity: $I^2 = 95\%$, $\tau^2 = 0.0123$, p < 0.01

Study	logRR S	E(logRR)	RR		RR	95%-CI	Weight	RoB
196_f	0.2870	0.1061	_ +	•		[1.08; 1.64]		some concerns
179c_f 179b f	-0.5077 -0.6804	0.3054 0.3086	-			[0.33; 1.10] [0.28; 0.93]		some concerns
124_f	-0.3425	0.7977 —	•			[0.15; 3.39]		some concerns
62_f	-0.2567	0.1431	-		0.77	[0.58; 1.02]	32.7%	high
Random effects	s model	Γ		<u> </u>	0.92	[0.75; 1.13]	100.0%	
		0.3	2 0.5 1	2	5			

n3-PUFA:CHO

Heterogeneity: $I^2 = 78\%$, $\tau^2 = 0.0123$, p < 0.01

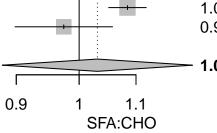


Study	logRR SE	(logRR)	RR	RR	95%-CI	Weight	RoB
196_f 179c_f 179b_f	-0.1275 -0.3196 -0.2085	0.0161 0.0580 — + 0.0416	_	0.73	-	22.4%	some concerns some concerns some concerns
62_f	-0.0809	0.0442	-		[0.85; 1.01]	24.6%	high
Random effects	model	- [0.84	[0.74; 0.94]	100.0%	
Heterogeneity: I^2 =	$\approx 80\%, \tau^2 = 0.0123, \rho$	0.7 < 0.01	_	1.5 FA:CHO			

Study	logRR	SE(logRR)
196_f	0.0810	0.0161
62_f	-0.0257	0.0417

Random effects model

Heterogeneity: $I^2 = 82\%$, $\tau^2 = 0.0123$, p = 0.02



RR

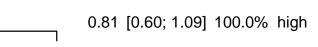
1.08 [1.05; 1.12] 52.8% some concerns 0.97 [0.90; 1.06] 47.2% high

RoB

95%-CI Weight

1.03 [0.88; 1.21] 100.0%

RR



RR

1.5

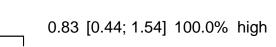
n3-PUFA:MUFA

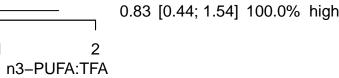
RR

0.75

Study logRR SE(logRR)

0.1517





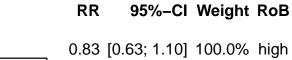
RR

RR

Study logRR SE(logRR)

0.3168

0.5



n3-PUFA:PRO

RR

95%-CI Weight RoB

Study logRR SE(logRR)

0.1432

0.75

-0.1836

62_f



1.1 n6-PUFA:MUFA

RR

95%-CI Weight RoB

RR

Study logRR SE(logRR)

0.0669

0.9

-0.0383

62_f



n6-PUFA:TFA

RR

0.75

Study logRR SE(logRR)

0.2860

62_f -0.0161

 0.98	[0.56;	1.72]	100.0%	high

	-	ĺ

-	0	S

RR

95%-CI Weight RoB



n6-PUFA:PRO



MUFA:SFA

RR

Study logRR SE(logRR)

0.0652

0.9

-0.0169

62_f

 $0.98 \ [0.87; 1.12] \ 100.0\% \ high$

95%-CI Weight RoB

1.02 [0.58; 1.81] 100.0% high

RR

95%-CI Weight RoB

	1
_	ı

1.5

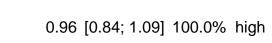
MUFA:TFA

RR

0.75

Study logRR SE(logRR)

0.2904





1.1 MUFA:CHO

RR

Study logRR SE(logRR)

0.0669

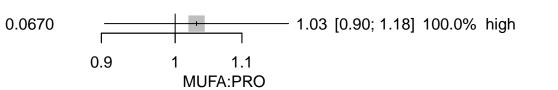
0.9

-0.0426

62_f



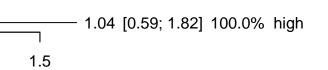
RR



RR

95%-CI Weight RoB

Study logRR SE(logRR)



RR

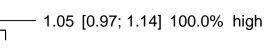
SFA:TFA

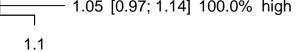
0.75

95%-CI Weight RoB

Study logRR SE(logRR)

0.2856





RR

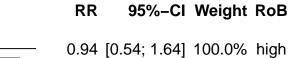
RR

SFA:PRO

Study logRR SE(logRR)

0.0419

0.9



TFA:CHO

RR

0.75

Study logRR SE(logRR)

0.2860

-0.0648

62_f



95%-CI Weight RoB

 1.01	[0.58; 1.77]	100.0%	high	

1.5

TFA:PRO

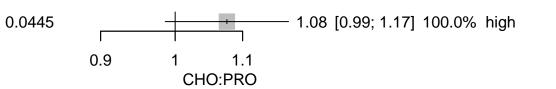
95%-CI Weight RoB

RR

0.75

Study logRR SE(logRR)

0.2861



RR

95%-CI Weight RoB

Study logRR SE(logRR)