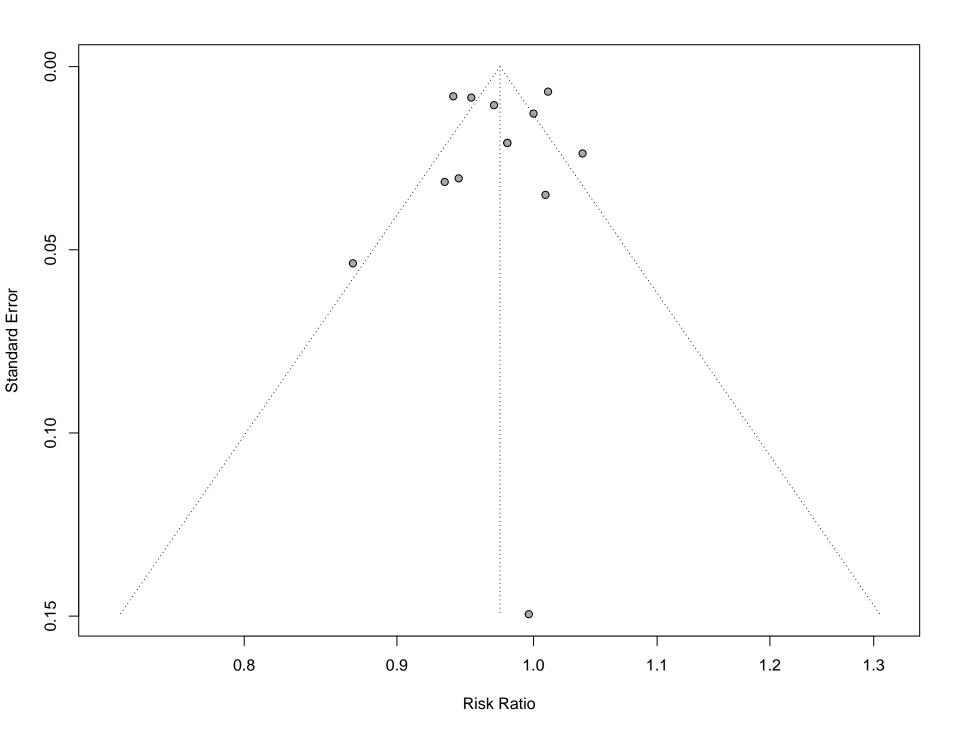
Study	logRR SI	E(logRR)	RR	RR	95%-CI	Weight	RoB
202_JACC 196_NIH-AARP_a 190_NHANES_a	-0.0202 0.0112 0.0000	0.0208 0.0068 0.0128		1.01	[0.94; 1.02] [1.00; 1.02] [0.98; 1.03]	10.3%	some concerns some concerns high
 179_HPFS_a	-0.0305	0.0105	<u>.</u>	0.97	[0.95; 0.99]	9.8%	some concerns
179_NHS_a 124_Takahama_a	-0.0619 -0.0202	0.0081	-	0.98	[0.93; 0.96] [0.94; 1.02]	7.7%	some concerns
96_NHANESIII 89_KoGES	-0.0202 -0.0685	0.0208 0.0315		0.93	[0.94; 1.02] [0.88; 0.99]	5.6%	high some concerns
62_UKB_a 51_PREDIMED_a	-0.0480 -0.1393	0.0085 0.0537			[0.94; 0.97] [0.78; 0.97]	10.1% 2.9%	high some concerns
30_PURE 29_CHAMP	-0.0577 -0.0036	0.0305 0.1495 -	-		[0.89; 1.00] [0.74; 1.34]		high some concerns
22_Rotterdam_a 10_EPIC–Heidelberg	0.0092 0.0378	0.0350 0.0237	+		[0.94; 1.08] [0.99; 1.09]		some concerns high
Random effects model		÷	0.97	[0.95; 1.00]	100.0%	Ü	
Heterogeneity: $I^2 = 83\%$, $\tau^2 = 0.0011$, $p < 0.01$			0.8 1 1.2 FAT:CHO	25			



Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight	RoB
202_JACC 190_NHANES_a	-0.0202 0.0305	0.0181 0.0158		1.03	[0.95; 1.02] [1.00; 1.06]	17.0%	some concerns high
96_NHANESIII 62_UKB_a 60 PREDIMED a2	0.0000 0.0309 -0.3426	0.0153 0.0164 0.1974 ——	+	1.03	[0.97; 1.03] [1.00; 1.07] [0.48; 1.05]		high high high
30_PURE 29_CHAMP	-0.0169 0.1006	0.0305 0.1495	-	0.98 1.11	[0.93; 1.04] [0.82; 1.48]	11.3% 1.0%	high some concerns
22_Rotterdam_a 10_EPIC-Heidelberg	-0.0770 -0.0673	0.0331 0.0348	-		[0.87; 0.99] [0.87; 1.00]		some concerns high
Random effects model		Γ	<u> </u>	0.99	[0.96; 1.02]	100.0%	
0.5 1 2 Heterogeneity: $I^2 = 63\%$, $\tau^2 = 0.0011$, $p < 0.01$ FAT:PRO							

Study	logRR S	E(logRR)	RR	RR	95%-CI	Weight	RoB
202_JACC	0.0000	0.0208	<u></u>	1 00	[0.96; 1.04]	7 5%	some concerns
193 CHNS	-0.0682	0.1075	_		[0.76; 1.15]		some concerns
190_NHANES_a	0.0305	0.1073	-		[1.00; 1.06]	8.5%	
174_KIHD_a	-0.1744	0.0136			[0.75; 0.94]		some concerns
159_WHI	0.0191	0.0102			[1.00; 1.04]		some concerns
155_HPFS	0.0104	0.0152			[0.98; 1.04]		some concerns
155_NHS	-0.0078	0.0111	+		[0.97; 1.01]		some concerns
117_InCHIANTI_a	0.1995	0.1036	*		[1.00; 1.50]	1.0%	high
96_NHANESIII	0.0202	0.0208		1.02	[0.98; 1.06]	7.5%	high
82_IWHS_a	0.0339	0.1001		1.03	[0.85; 1.26]	1.0%	some concerns
73_NIH-AARP_a	0.0312	0.0117	-	1.03	[1.01; 1.06]	9.3%	some concerns
62_UKB_a	0.0789	0.0145	+	1.08	[1.05; 1.11]	8.8%	high
60_PREDIMED_a1	-0.2604	0.1996 —	· · · · · ·	0.77	[0.52; 1.14]	0.3%	high
44_EPIC-Italy_a	0.0337	0.0475	 	1.03	[0.94; 1.14]	3.4%	some concerns
30_PURE	0.0408	0.0319	[1.04	[0.98; 1.11]	5.4%	high
29_CHAMP	0.1042	0.1445	*	1.11	[0.84; 1.47]	0.5%	some concerns
22_Rotterdam_a	-0.0862	0.0350	-	0.92	[0.86; 0.98]	4.9%	some concerns
15_JPHC_a	0.0310	0.0354	-	1.03	[0.96; 1.11]	4.9%	some concerns
10_EPIC-Heidelberg	-0.1051	0.0281	=		[0.85; 0.95]	6.1%	
ū							J
Random effects model		\	1.01	[0.99; 1.03]	100.0%		
			0.75 1 1.5				
Heterogeneity: $I^2 = 75\%$, $\tau^2 = 0.0011$, $p < 0.01$			CHO:PRO				

