

Tyler Prochnow

Contact Information

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Personal Statement

I am passionate about understanding the role social connections and interactions play in health behaviors. This passion has led to a research focus on social network analysis and health behavior. More specifically, I have focused my research on the social aspects of physical activity among children and families. Because of this focus, I have had the opportunity to get research experience in social network analysis, systematic observation, intervention development and implementation, as well as rural and minority health.

Education

Ph.D., Health Promotion, 2017-2021	Baylor University – Waco, Texas Concentrations: Public Health and Quantitative Research Methods Supervisor: Dr. M. Renée Umstattd Meyer
Master of Educational Leadership, 2015	Carthage College – Kenosha, Wisconsin Concentrations: Curriculum and Leadership Development
Bachelor of Arts, 2013	Carthage College – Kenosha, Wisconsin Major: Exercise Science and Management

Research Experience

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- 2019 - current *Research Administrative Assistant – Physical Activity Research Center (PARC)*
Physical Activity Research Center (PARC)
Funding Source: Robert Wood Johnson Foundation
- 2018 - current *Research Assistant / Evaluation Team – Chicago PlayStreets*
Baylor University, Johns Hopkins Bloomberg School of Public Health
Funding Source: Centers for Disease Control, Physical Activity Policy Resource Network (PAPRN+)
- 2017 - current *Research Assistant – Creating Safe Places to Play: Evaluating Culturally-Relevant Play Streets in Rural Communities*
Baylor University, Johns Hopkins Bloomberg School of Public Health
Funding Source: Robert Wood Johnson Foundation
- 2017 - current *Research Assistant – Salud Para Usted y Su Familia [Health for You and Your Family]*
Baylor University, Texas A&M University School of Public Health
Funding Source: United States Department of Agriculture

Peer Reviewed Journal Articles

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| In Press | <ol style="list-style-type: none"> 1. Prochnow T., Umstattd Meyer M.R., & Pollack Porter K.M. (In Press) I play, you play, we play: Concurrent activity at play streets. <i>Research Quarterly for Exercise and Sport</i>. 2. Prochnow T., van Woudenberg T.J. & Patterson M.S. (In Press) Network effects on adolescent perceived barriers to physical activity. <i>Journal of Physical Activity & Health</i>. 3. Patterson M.S., Russell A., Spadine M.N., Prochnow T., & Heinrich K.M. (In Press). Impact of social networks, mental health, and sobriety on exercise within a collegiate recovery community. <i>Health Behavior Research</i>. |
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| 2020 | <ol style="list-style-type: none"> 4. Prochnow T., Patterson M., Hartnell L., & Umstattd Meyer M.R. (2020). Depressive symptom associations with online and in person networks in an online gaming community: a pilot study. <i>Mental Health Review Journal</i>. 5. Patterson M.S., Prochnow T., Richardson, R., & Jackson K. (2020). Using network analysis to conduct a system-wide program evaluation within a university. <i>Evaluation and Program Planning</i>. 6. Prochnow T., Patterson M.S., & Hartnell L. (2020). Social support, depressive symptoms, and online gaming network communication. <i>Mental Health and Social Inclusion</i>. 7. Prochnow T., Delgado H., Patterson M.S., & Umstattd Meyer M. R. (2020). Social network analysis in child physical activity and sedentary behavior research: A systematic literature review. <i>Journal of Physical Activity & Health</i>. 8. Patterson, M. S., Prochnow, T., & Goodson, P. (2020). The spread and utility of social network analysis across a group of health behavior researchers. <i>Health Behavior Research</i>. |
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| 2019 | <ol style="list-style-type: none"> 9. Umstattd Meyer M. R., Bridges C. N., Prochnow T., Arnold K. T., McClendon M. E., Williams T. D., Abildso C., & Pollack Porter K. M. (2019). Come together, play, be active: Physical activity engagement of school-age children at Play Streets in four diverse rural communities in the U.S. <i>Preventive Medicine</i>. 10. Patterson, M. S., Gagnon, L. R., Vukelich, A., Brown, S. E., Nelson, J. L., & Prochnow, T. (2019). Social networks, group exercise, and anxiety among college students. <i>Journal of American College Health</i>. 11. Prochnow T., Patterson M.S. & Umstattd Meyer M. R. (2019). A social network approach to analyzing body dissatisfaction among sorority members using two network generators. <i>Journal of American College Health</i>. 12. Umstattd Meyer, M. R., Prochnow, T., Bridges, C., Carlton, T., Wilkins, E., Arnold, K., McClendon, M., McKenzie, T., & Pollack Porter, K. M. (2019). Assessing physical activity in temporary spaces: Application of SOPARC / iSOPARC® for Play Streets. <i>Research Quarterly for Exercise and Sport</i>. |
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13. Pollack Porter K.M., **Prochnow T.**, Mahoney P., Bridges Hamilton C.N., Delgado H., Wilkins E., Umstattd Meyer M.R. (2019). Transforming city streets to promote physical activity and health equity. *Health Affairs*.
 14. Salazar-Collier C. S., **Prochnow T.**, Clendennen S. L., Sumrall J., & Umstattd Meyer M. R. (2019). Churches as physical activity resources: A descriptive assessment. *Health Behavior and Policy Review*.
 15. **Prochnow T.**, Ylitalo K., Sharkey J. & Umstattd Meyer M. R. (2019). Perceived physical activity barriers of Mexican-heritage sibling dyads. *American Journal of Health Behavior*.
 16. Bridges C. N., **Prochnow T.**, Wilkins E. C., Pollack Porter K. M., & Umstattd Meyer M. R. (2019). Examining the implementation of Play Streets: A systematic review of the grey literature. *Journal of Public Health Management & Practice*.

Manuscripts Under Review (select first author only)

Prochnow T., Oglesby L., Patterson M.S., & Umstattd Meyer M.R. (Submitted 1/24/2020) *Feelings of burnout among group fitness instructors: a mixed methods approach*.

Prochnow T., Patterson M.S., Sharkey J., & Umstattd Meyer M. R. (Submitted 3/20/2020) *Impact of network position on perceived satisfaction and success within a health coalition: an examination of collaborative ties*.

Prochnow T., Patterson M.S., & Umstattd Meyer M.R. (Submitted 4/25/20) *A social network analysis approach to group and individual perceptions of child physical activity*.

Prochnow T., Patterson M.S., Bridges Hamilton CN., Delgado H., Craig S., & Umstattd Meyer M.R. (R&R Submitted 5/20/2020) *Spatial autocorrelation of perceived physical activity skill competence among adolescents at summer care programs*.

Prochnow T., Patterson M.S., Bridges Hamilton CN., Craig S., & Umstattd Meyer M.R. (Submitted 5/28/2020) *Social network effects on adolescent perceived physical activity at summer care programs*.

Prochnow T., Umstattd Meyer M.R., Patterson M.S., Gomez L., Trost S., & Sharkey J. (Submitted 6/8/2020) *Active play network influences on physical activity among children living in south Texas colonias*.

Prochnow T., Lightner J.S., Patterson M.S., Shank J., & McBain R. (Submitted 6/26/2020) *A longitudinal model of communication networks among HIV service providers in a Ryan White system*.

Prochnow T., Patterson M.S., Bridges Hamilton CN., Delgado H., Craig S., & Umstattd Meyer M.R. (Submitted 6/29/2020) *Sex differences in play networks and self-reported physical activity among children at summer care programs*.

Manuscripts In Progress (select first author only)

Prochnow T., Patterson M.S., Meyer A., & Umstattd Meyer M.R. *Network clustering based on team sport participation for adolescents attending summer care programs.*

Prochnow T., Umstattd Meyer M.R., Delgado H., Johnson C., Gomez L., & Sharkey J. *Promotora partnerships in the creation of the ¡Haz Espacio para Papi! program to engage Mexican-heritage youth and fathers.*

Prochnow T., Umstattd Meyer M. R., Bridges C. N., Wilkins E. C., & Pollack Porter K. M. *Play streets live: developing a real-time video scanning methodology to inform implementation of temporary play spaces*

Prochnow T., Umstattd Meyer M.R., Patterson M.S., McClendon M., Trost S., Gomez L., & Sharkey J. *Papas Activos: Associations between physical activity and personal networks among fathers living in Texas Colonias.*

Prochnow T., Patterson M.S., Hartnell L., & Umstattd Meyer M.R. *Implications of race and ethnicity for child physical activity and social connections at summer care programs.*

Prochnow T., Patterson M.S., Hartnell L., & Umstattd Meyer M.R. *Someone to talk to and game with: A Mixed Methods Analysis of Online Gaming Network Communication.*

Scientific Presentations

- 2020**
1. Umstattd Meyer M. R., **Prochnow T.**, Bridges Hamilton C. N., & Pollack Porter K. M. (June 17-19, 2020). *Rural Play Streets: Implementation, guide development, and dissemination.* Accepted as a podium presentation at the 2020 Annual Rural Health Conference. *
 2. Lightner J.S., Shank J., **Prochnow, T.**, & McBain R. (Oct. 24-28, 2020). *Social network analysis of medical and housing providers to coordinate care for HIV+ individuals with housing insecurity.* Selected as a presentation at the American Public Health Association (APHA) 148th Annual Meeting. San Francisco, CA.
 3. Patterson, M. S., **Prochnow, T.**, Spadine, M. N., Brown, S., Nelon, J. L., & Lanning, B. (Oct. 24-28, 2020). *How network composition and structure relate to college students' experience of intimate partner violence: An egocentric network analysis.* Selected as a presentation at the American Public Health Association (APHA) 148th Annual Meeting. San Francisco, CA.
 4. Patterson, M. S., Apostolopoulos, Y., Nelon, J. L., Lemke, M., Sonmez, S., Hege, A., & **Prochnow, T.** (Oct. 24-28, 2020). *Exploring the role of social network structure in sexually transmitted and bloodborne infection risk among long-haul truckers.* Selected as a presentation at the American Public Health Association (APHA) 148th Annual Meeting. San Francisco, CA
 5. **Prochnow T.**, Patterson M.S., Bridges Hamilton C.N., Delgado H., & Umstattd Meyer M.R. (Oct. 24-28, 2020). *Physical activity and adolescent social connection at summer care programs: a longitudinal network approach.* Accepted as a presentation at the American Public Health Association Annual Meeting and Expo. San Francisco, CA.
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6. **Prochnow T.**, Delgado H., Patterson M.S., Sharkey J., & Umstattd Meyer M.R. (Oct. 24-28, 2020). *Associations between child play networks, sedentary time, and moderate-to-vigorous intensity physical activity in Mexican-heritage Colonias*. Accepted as a presentation at the American Public Health Association Annual Meeting and Expo. San Francisco, CA.
 7. McCord C., **Prochnow T.**, Patterson M. S., Garney W., Nelon, J. L., & Hartnell, L. (June 2-7, 2020). *How social support and depressive symptoms relate to connections made among online gamers*. Accepted as an oral presentation at the International Network for Social Network Analysis Sunbelt Conference. Paris, France. Produced online. *
 8. Patterson M. S., **Prochnow T.**, Nelon, J. L., Garney W., & McCord C. (June 2-7, 2020). *Impact of egocentric networks on physical, emotional, and sexual violence among a sample of college students*. Accepted as an oral presentation at the International Network for Social Network Analysis Sunbelt Conference. Paris, France. Produced online. *
 9. Nelon, J. L., Patterson M. S., **Prochnow T.**, Garney W., & McCord C. (June 2-7, 2020). *The role of egocentric networks in the formation of rape myth acceptance*. Accepted as an oral presentation at the International Network for Social Network Analysis Sunbelt Conference. Paris, France. Produced online. *
 10. **Prochnow T.**, Patterson M.S., Hartnell L., & Umstattd Meyer M. R. (April 1-4, 2020). *Impact of online and offline network and support on depressive symptoms among a network of online gamers*. Accepted as a poster presentation at the Society of Behavioral Medicine (SBM) 41st Annual Meeting. San Francisco, CA. *
 11. **Prochnow T.**, Bridges Hamilton C. N., Patterson M.S., Delgado H., & Umstattd Meyer M. R. (April 1-4, 2020). *Perceived physical activity competence spatial autocorrelation among adolescent friendship networks at a summer care program*. Accepted as a poster presentation at the Society of Behavioral Medicine (SBM) 41st Annual Meeting. San Francisco, CA. *
 12. Patterson M. S., **Prochnow T.**, Spadine, M. S., Brown, S. E., Nelon, J. L., & Lanning, B. A. (April 1-4, 2020). *Impact of egocentric networks on physical, emotional, and sexual violence among a sample of college students*. Accepted as a poster presentation at the Society of Behavioral Medicine (SBM) 41st Annual Meeting. San Francisco, CA. *
 13. **Prochnow T.**, Delgado H., Patterson M.S., Sharkey J. & Umstattd Meyer M.R. (March 29-April 1). *Child play network influences on physical literacy in Mexican-heritage Colonias*. Accepted as an oral presentation at the 2020 Conference on the Value of Play: PLAY FOR ALL! Clemson, SC.*
 14. **Prochnow T.**, Patterson M.S., Bridges Hamilton C.N., Delgado H., & Umstattd Meyer M.R. (March 29-April 1). *Sport participation effects on adolescent play networks at summer care programs*. Accepted as a poster presentation at the 2020 Conference on the Value of Play: PLAY FOR ALL! Clemson, SC.*
 15. **Prochnow T.**, Umstattd Meyer M.R., & Pollack Porter K.M. (March 29-April 1). *I play, you*
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- play, we play: Concurrent play at PlayStreets*. Accepted as a poster presentation at the 2020 Conference on the Value of Play: PLAY FOR ALL! Clemson, SC.*
16. Umstattd Meyer M.R., **Prochnow T.**, Bridges Hamilton C.N., Holcombe M., & Pollack Porter K.M. (March 29-April 1). *Guide to Implementing Play Streets in Rural Communities: A Tool to Increase Active Play*. Accepted as an oral presentation at the 2020 Conference on the Value of Play: PLAY FOR ALL! Clemson, SC.*
 17. Bridges Hamilton C. N., Umstattd Meyer M. R., **Prochnow T.**, Delgado H., Wilkins E. C., & Pollack Porter K. M. (March 8-11, 2020). Evaluating youth's perceived physical literacy in Chicago communities while attending PlayStreets. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 18. Delgado H., **Prochnow T.**, McClendon M., Umstattd Meyer M.R. & Sharkey J. (March 8-March 11). *Relationships between Self-Regulation and use of Parenting Strategies among Mexican-Heritage Mothers*. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 19. **Prochnow T.**, Patterson M.S., Hartnell L., & Umstattd Meyer M.R. (March 8-11, 2020). *Offline social support and depressive symptoms as factors associated with online gaming friendships*. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 20. **Prochnow T.**, van Woudenberg T.J., & Patterson M.S. (March 8-11, 2020). *Network impact on adolescent perceived barriers to physical activity*. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 21. **Prochnow T.**, Patterson M.S., Bridges Hamilton C.N., Delgado H., & Umstattd Meyer M.R. (March 8-11, 2020). *Network clustering based on team sport participation for adolescents attending summer care programs*. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 22. Patterson, M. S., **Prochnow, T.**, Russell, A. M., & Barry, A. E. (March 8-11, 2020). *High-Risk Social Circles: Associations between Personal Alcohol Use and History of Sexual Assault to Peer Drinking Behavior*. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 23. Patterson, M. S., Russell, A. M., Spadine, M. S., Heinrich, K. M., & **Prochnow, T.** (March 8-11, 2020). *Predicting beneficial exercise behavior among college students in recovery: A social network analysis*. Accepted as a poster presentation at the American Academy of Health Behavior (AAHB) 20th Annual Meeting. Napa, CA. *
 24. **Prochnow T.**, Umstattd Meyer M.R., Delgado H., Johnson C., Gomez L., & Sharkey J. (Feb. 2-5, 2020). *Promotora partnerships in the creation of the ¡Haz Espacio para Papi! program to engage Mexican-heritage youth and fathers*. Accepted as a poster presentation at the Annual Active Living Conference. Orlando, FL. **Voted Most Innovative Poster Design Award.**
 25. Pollack Porter K.M., **Prochnow T.**, & Umstattd Meyer M.R. (Feb. 2-5, 2020). *The*
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customer discovery "SPRINT": Lessons from disseminating Play Streets to all communities. Accepted as a poster presentation at the Annual Active Living Conference. Orlando, FL.

26. Bridges Hamilton C. N., Umstattd Meyer M. R., **Prochnow T.**, Delgado H., Wilkins E. C. & Pollack Porter K. M. (Feb. 2-5, 2020). *More than a place to play: Exploring adults' perceptions of spillover effects in Chicago communities with PlayStreets.* Accepted as a poster presentation at the Annual Active Living Conference. Orlando, FL.
27. Umstattd Meyer M.R., Bridges Hamilton C.N., **Prochnow T.**, & Pollack Porter K.M. (Feb. 2-5, 2020). *Community-engaged development and dissemination of the Guide to Implementing Play Streets in Rural Communities.* Accepted as a poster presentation at the Annual Active Living Conference. Orlando, FL.
28. **Prochnow T.**, Patterson M., Bridges Hamilton C.N. & Umstattd Meyer M.R. (Feb. 2-5, 2020). *A social network analysis approach to group and individual perceptions of adolescent physical activity.* Accepted as an oral presentation at the Annual Active Living Conference. Orlando, FL.
29. **Prochnow T.**, Patterson M., Cullinan K., & Umstattd Meyer M.R. (Feb. 2-5, 2020). *Adolescent physical activity, self-efficacy, and friendships at summer care programs.* Accepted as a poster presentation at the Annual Active Living Conference. Orlando, FL.
30. **Prochnow T.**, Umstattd Meyer M.R., & Pollack Porter K.M. (Feb. 2-5, 2020). *I play, you play, we play: Concurrent play at PlayStreets.* Accepted as a poster presentation at the Annual Active Living Conference. Orlando, FL.

**Denotes conference presentations which were altered due to COVID-19*

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- 2019**
31. Renbarger R., **Prochnow T.**, Adair K., Abel H., Cassady B., & Scarlett, K. (Nov. 2019). *Are we too old for Ramen? Tackling food insecurity for graduate students.* Accepted as an oral presentation at the National Association of Graduate and Professional Students. Louisville, KY.
 32. Pollack Porter K.M., **Prochnow T.**, & Umstattd Meyer M.R. (Dec. 4-6, 2019). *The customer discovery "sprint": Lessons from spreading play streets to all.* Accepted as an oral presentation at the 12th Annual Conference on the Science of Dissemination and Implementation. Arlington, VA.
 33. Delgado H., Umstattd Meyer M.R., **Prochnow T.**, Ylitalo K., & Sharkey J. (Nov. 2-6, 2019). *Beyond walking: Conceptualization and assessment of streets as physical activity resources for children and families residing in low-resource, rural communities along the U.S.-Mexico border.* Accepted as an oral presentation at the American Public Health Association Annual Meeting and Expo. Philadelphia, PA.
 34. Umstattd Meyer M. R., Bridges C. N., **Prochnow T.**, Arnold K., McClendon M., Wilkins E., Benavidez G., Abildso C., & Pollack Porter K. (Nov. 2-6, 2019). *Increasing opportunities for active play in rural America: Play Streets go rural to help create the healthiest nation.* Accepted as an oral presentation at the American Public Health Association Annual Meeting and Expo. Philadelphia, PA.
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35. **Prochnow T.**, Umstattd Meyer M. R., & Pollack Porter KM. (Sept. 12, 2019). *I Play, You Play, We Play: Concurrent play at Play Streets*. Accepted as a twitter presentation at the American Public Health Association Physical Activity Twitter Conference.
 36. Patterson, M. S., **Prochnow, T.**, & Nelon, J. L. (June 18-23, 2019). *Do egocentric network relationships impact whole network centrality? A case study using a college sorority*. Selected as a poster presentation at the XXXIX Sunbelt Social Networks Conference. Montreal, Quebec.
 37. **Prochnow T.**, Delgado H., Patterson M., & Umstattd Meyer M. R. (June 4-7, 2019). *Social Network Analysis in child physical activity and sedentary behavior research: A systematic literature review*. Accepted as an oral presentation at the International Society for Behavioral Nutrition and Physical Activity 2019 Annual Meeting. Prague, Czech Republic.
 38. Umstattd Meyer M. R., Bridges C. N., **Prochnow T.**, Arnold K. T., McClendon M. E., Wilkins E., Benavidez G., Williams T. D., Abildso C., Morales F. E., & Pollack Porter K. M. (June 4-7, 2019). *Play Streets go rural! Physical activity of children at Play Streets in four diverse rural U.S. communities*. Accepted as an oral presentation at the International Society for Behavioral Nutrition and Physical Activity 2019 Annual Meeting. Prague, Czech Republic.
 39. **Prochnow T.**, Patterson M. & Umstattd Meyer M. R. (Mar 10-13, 2019). *Modeling Feelings of Body Dissatisfaction within a Sorority Using Two Different Relationships*. Accepted as a poster presentation at the 2019 Annual American Academy of Health Behavior. Greenville, SC.
 40. **Prochnow T.**, Oglesby L. & Umstattd Meyer M. R. (Mar 10-13, 2019). *Are Fitness Instructors feeling the burn(out)? An investigation of feelings of burnout and coping strategies among fitness instructors*. Accepted as a poster presentation at the 2019 Annual American Academy of Health Behavior. Greenville, SC.
 41. **Prochnow T.**, Umstattd Meyer M. R., Bridges C.N., McClendon M. E., Arnold K.T., Wilkins E., Williams T.D., Carlton T. & Pollack Porter K. M. (Feb. 17-20, 2019). *SOPARC Results for Rural Play Streets*. Accepted as an oral presentation at the Annual Active Living Research Conference. Charleston, SC
 42. **Prochnow T.**, Umstattd Meyer M. R., Bridges C.N., McClendon M. E., Arnold K.T., Wilkins E., Williams T.D., Carlton T. & Pollack Porter K. M. (Feb. 17-20, 2019). *Is three times (at one) the charm? Comparing two SOPARC methodologies for use at Play Streets*. Accepted as a poster presentation at the Annual Active Living Research Conference. Charleston, SC.
 43. **Prochnow T.**, Sharkey J., Delgado H. & Umstattd Meyer M. R. (Feb. 17-20, 2019). *Using social network analysis in health coalitions and 5210 implementation*. Accepted as a poster presentation at the Annual Active Living Research Conference. Charleston, SC.
 44. **Prochnow T.**, Ylitalo K., Sharkey J. & Umstattd Meyer M. R. (Feb. 17-20, 2019). *Perceived barriers of being physically active during the summer and school-year: How do siblings compare in Mexican-heritage families?* Accepted as a poster presentation at the Annual
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Active Living Research Conference. Charleston, SC.

45. Umstattd Meyer M. R., Bridges C. N., Wilkins E. C., **Prochnow T.**, & Pollack Porter K. M. (Feb. 17-20, 2019). *Play streets live: developing a real-time video scanning methodology to inform implementation of temporary play spaces*. Accepted as an oral presentation at the Annual Active Living Research Conference. Charleston, SC

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- 2018** 46. **Prochnow T.** & Patterson M (Nov. 28-Dec. 1, 2018). *The impact of centrality on body dissatisfaction within a sorority using two network generators*. Accepted as an oral presentation at the 2nd Annual North American Social Networks Conference 2018. Washington D.C. USA.
47. Umstattd Meyer M. R., Bridges C. N., **Prochnow T.**, Arnold K. T., McClendon M. E., Wilkins E., Morales F. E., Benavidez G. A., Williams T. D., Abildso C. & Pollack Porter K. (Mar. 4-7, 2018). *Come together, play, be active: Physical activity engagement of children at Play Streets in four diverse rural communities*. Accepted as a poster presentation at the 17th Annual Meeting of the American Academy of Health Behavior. Portland, OR.
48. Umstattd Meyer M. R., Ylitalo K. R., Gómez L. A., **Prochnow T.**, & Sharkey J. R. (Mar. 4-7, 2018). *Physical Activity Space Methodology for Assessment and Prioritization (PASMMap): Combining systematic observations with community perceptions to identify community physical activity resource priorities*. Accepted as a poster presentation at the 17th Annual Meeting of the American Academy of Health Behavior. Portland, OR.
49. McClendon, M. E., Umstattd Meyer, M. R., Sharkey, J. R., Perez, C. L., Garcia, R., Bridges, C., **Prochnow, T.** (Feb. 11-14, 2018). *Perceived Facilitators and Barriers to Child Physical Activity among Mexican-Origin Mothers*. Accepted as a poster presentation at the Annual Active Living Research Conference: Future-Proofing Activity: Application Across Sectors, Banff, Canada.
50. Umstattd Meyer M. R., Bridges C. N., **Prochnow T.**, Arnold K. T., McClendon M. E., Morales F. E., Benavidez G., Williams T. D., Abildso C., & Pollack Porter K. M. (Feb. 11-14, 2018). *Let them play: Physical activity of children attending Play Streets in four diverse rural communities*. Accepted as an oral presentation at the Annual Active Living Research Conference: Future-Proofing Activity: Application Across Sectors. Banff, CAN.
51. Umstattd Meyer M. R., Bridges C. N., **Prochnow T.**, McClendon M. E., Arnold K. T., Wilkins E., Williams T. D., Carlton T., & Pollack Porter K. M. (Feb. 11-14, 2018). *Applying SOPARC to measure physical activity in temporary play spaces: Assessing Play Streets*. Accepted as a poster presentation at the Annual Active Living Research Conference: Future-Proofing Activity: Application Across Sectors. Banff, CAN.

Research Support

- Expanding Meals-To-You's impact: Identification of physical and social-emotional health needs of rural families and potential solution (2020), PI: Umstattd Meyer, M.R. & **Prochnow, T.**
 - A mixed methods approach to understanding the unmet needs of rural families served by meal delivery programs.
 - Source: US Department of Agriculture
 - Role: Co-I
 - Outcome: In Review.
 - Amount: \$215,759
- Youth Engagement in Sport (2019), PI: Lightner, J.S. & Grimes, A.
 - Multi-site physical activity and nutrition intervention to understand how social influences impacts physical activity and nutrition behavior.
 - Source: US Health and Human Services.
 - Role: Consultant.
 - Outcome: Funded.
 - Amount: \$769,902 (total award)
- Social Networks and Health (2020), PI: Moody, J.
 - Fellowship training for Social Networks and Health through Duke Network Analysis Center.
 - Source: National Institutes of Health.
 - Role: Fellow.
 - Outcome: Funded.
 - Amount: \$3,000 (sub-award)
- Using Social Network Analysis to Determine Individual and Community-Level Impacts of Telehealth Use in a Rural Community (2019), PI: Patterson, M.S., **Prochnow T.** & McCord C.
 - Pilot testing whole social network data collection in a rural community with the express purpose of understanding Telehealth implementation and impacts.
 - Source: Texas A&M College of Education and Human Development Catapult Grant.
 - Role: Co-I.
 - Outcome: Funded.
 - Amount: \$30,000 (total award)
- Speeding Research-tested INTerventions (SPRINT): Play Streets for All (2019), PI: Umstattd Meyer, M.R. & Pollack Porter, K.M.
 - Training to strengthen interventions and improve dissemination; specifically, to improve Play Streets dissemination to help promote physical activity and play for all.
 - Source: National Cancer Institutes and Centers for Disease Control.
 - Role: Co-I.
 - Outcome: Funded.
 - Amount: \$21,750
- Modeling Physical Activity and Friendship in Summer Care Programs (2019), PI: Umstattd Meyer, M.R. & **Prochnow, T.**
 - Examine the effects of a summer care program on child friendships and physical activity.
 - Source: Baylor University Research Committee Grant Program.
 - Role: Co-I.
 - Outcome: Funded.
 - Amount: \$4,375

Peer Reviewed Book Reviews

- In Press**
1. **Prochnow T.** (In Press). Never Alone, Except for Now: Art, Networks, Populations, By Kris Cohen. London and Durham, NC: Duke University Press, 2017. ISBN 9780822369257, 208 pp., \$24.95. *Journal of Applied Arts & Health*.
 2. **Prochnow T.** (2020). Unanticipated Gains: Origins of Network Inequality in Everyday Life. By Mario Luis Small. New York. Oxford University Press, 2009. ISBN 978-0199764099, 312 pp., \$24.95. *Children & Society*.
 3. **Prochnow T.** (2020). Damon Centola. How Behavior Spreads: The Science of Complex Contagions. Princeton University Press, 2018. Hardcover. Pp.312. ISBN 9780691175317. \$35.00. *World Medical & Health Policy*.
 4. **Prochnow T.** (2020). Mario Luis Small. Someone To Talk To. Oxford University Press, 2017. Hardcover. pp. 274. ISBN 9780190661427 \$23.99. *World Medical & Health Policy*

Teaching Experience

Guest Lecturer – Baylor University

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| 2019 | Evaluation in Public Health (Graduate Level Online) – Social Networks and Health |
| 2019 | Evaluation in Public Health (Graduate Level) – Social Networks and Health |
| 2018 | Evaluation in Public Health (Graduate Level) – Social Networks and Health |

Adjunct Professor – Carthage College

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| 2017 (Spring) | Concepts of Physical Fitness (1 credit / 4 sections) |
| 2016 (Fall) | Concepts of Physical Fitness (1 credit / 4 sections) |
| 2016 (Fall) | TRX Suspension Training (1 credit / 2 sections) |
| 2016 (Spring) | Concepts of Physical Fitness (1 credit / 4 sections) |
| 2015 (Fall) | Concepts of Physical Fitness (1 credit / 4 sections) |

Teaching Assistant – Carthage College

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| 2014 (Spring) | Principles of Personal Training (4 credits / 1 section) |
| 2014 (Spring) | Tests and Measurement in Exercise Science (4 credits / 1 section) |
| 2013 (Fall) | Exercise Physiology (4 credits / 2 sections) |

Workshops Taught

- | | |
|------|---|
| 2020 | Introduction to Social Network Analysis in Active Living – Active Living Conference |
| 2020 | NCCOR's Tools in Action: Featuring Summer Physical Activity and Friendship Study |
| 2019 | Cultivating Your Online Academic Identity – Baylor University Graduate School |
| 2019 | Network Visualizations Using Gephi – Baylor University Library |

Awards

2020	Most Innovative Poster Design Award – Active Living Conference
2020	Baylor Graduate School Dissertation Fellowship Award
2020	Baylor Graduate School Outstanding Graduate Research Award
2020	Graduate Student Research Travel Award – Baylor University
2019	Honorable Mention – Student Who Rocked Public Health – Journal of Public Health Management and Practice
2019	Best Presentation – APHA Physical Activity Student Twitter Conference
2019	Graduate Student Research Travel Award – Baylor University
2018	Graduate Student Research Travel Award – Baylor University

Special Training

2020	Network Epidemiology Program – University of Maryland
2020	Social Networks & Health Fellowship – Duke University Network Analysis Center
2020	Teaching Capstone in Higher Education – Baylor University
2019	Social Networks & Health Participant – Duke University Network Analysis Center
2019	Certified Peer Reviewer – Publons Academy
2019	Baylor University Libraries Data Scholar – Baylor University
2018	Design for Online Teaching Success – Baylor University
2017	Certified Observer – System for Observing Play and Recreation in Communities
2013	Leadership Development and Engagement Coaching – Carthage College

Service

2020-current	American Journal of Health Education Reviewer
2020-current	Translational Journal of American College of Sports Medicine Reviewer
2020-current	Merrill-Palmer Quarterly Reviewer
2020-current	Active Living Conference Executive Program Committee Student Leader
2020-current	American Public Health Association Annual Conference Abstract Reviewer
2019-current	American Public Health Association Student Assembly Social/Expo Chair
2019-current	American Public Health Association Physical Activity Section Social Chair
2019-current	Family & Community Health Reviewer
2019-current	Baylor University Counseling Center Student Advisory Council
2018-current	Baylor University Graduate Student Association Vice President of Operations
2018-current	Baylor University Information Services Student Advisory Council
2018	Active Living Research Conference Abstract Reviewer
2018	American Academy of Health Behavior Conference Abstract Reviewer

Professional Affiliations

2019-current	Student Member, American Public Health Association
2019-current	Student Member, AcademyHealth
2019-current	Student Member, International Society of Behavioral Nutrition and Physical Activity
2019-current	Student Member, Society of Behavioral Medicine
2019-current	Student Member, International Network for Social Network Analysis
2017-current	Student Member, American Academy of Health Behavior

Industry Job Experience

Campus Recreation Director – Carthage College

August 2014 – June 2017

- Operated a 156,000-square-foot, multi-million-dollar facility
- Scheduled all monthly staff positions
- Performed pay roll responsibilities for student staff
- Supervised maintenance and purchasing including a multi-year renovation project
- Appointed to campus wide Safety Council to advise in risk management procedures
- Created and delivered yearly health and wellness curriculum to Carthage Community
- Created Fitness Certification Grant offerings for students looking to get a fitness certification
- Coordinated all group fitness classes, including scheduling, instructor training, and marketing